

Regular Habits

An Absolute Necessity For Good Health

You might as well expect to find a man or woman healthy with constipated bowels as to find a city healthy when its sewers are blocked with refuse.

Nature demands that the indigestible food and waste matter which collects in the lower bowels shall be got rid of at least once in twenty-four hours.

Naturally, this poison affects the work of every organ. The liver is deranged, digestion is upset, and slowness, headache, lassitude and dizzy spells follow.

Literally millions of people suffer these results of constipation without realizing the cause, or doing anything to remove it.

Take, for example, the case of Mr. George Andrews, Halifax, N.S., who himself describes it:

"For many years I have been troubled with chronic constipation. This ailment never comes single handed, and I have been victim to many illnesses that constipation brought on by train. The medicine I have taken in order to find relief, but all left me in the same hopeless condition. At last I read about Dr. Morse's Indian Root Pills. I was tired of a lucky day for me, for I also happened to be in the statements contained therein that I determined to try them. I have regulated my stomach, and I am cured of constipation and clear, healthy as a child."

Dr. Morse's Indian Root Pills were first taken to cure constipation nearly a hundred years ago, and during the last half century they have been very extensively and very successfully used throughout the world.

They are entirely vegetable in composition and do not sicken, weaken or grip like mineral purgatives.

DR. MORSE'S INDIAN ROOT PILLS For Constipation For Sale Everywhere at 25c. per Box.

SALMON ASH COAL

Railroads, factories and individuals who are using this new coal mined in the only deep mines in New Brunswick, pronounce it to be the Best for Steam Purposes—The Best for Household Use.

Prompt deliveries from coal sheds, Duffell Wharf, Charlotte Street. 'Phone 1172 Main. Sold in any quantity from peck to cargo.

CANADIAN COAL CORPORATION, P. O. Box 13.

SHIPPING

MINIATURE ALMANAC 1910 Sun Times Rise and High Low 12-Thurs. 5.01 7.39 1.42 8.26

SAILINGS FOR ST. JOHN. Manchester Commerce, Mersy, May 2. Rappahock, London, from New York.

DOMINION PORTS. Halifax, N.S., May 11—Artd strms Volturo, from Rotterdam and sailed for New York.

FOREIGN PORTS. Portland, Maine, May 11—Sld schr Etta Vaughan, for Yarmouth (N.S.).

MARINE NEWS. The Norwegian ship Superior, 1240 tons, Captain Hellum, arrived here on Saturday.

CHANCELLER AGAIN. Mr. Black-Nannie, Ah see in de papers dey an advertising chic trimmed spring hats.

NO SUBSTITUTE for the natural cocoa butter found in the cocoa bean is used in the manufacture of Tobler's Swiss Milk Chocolate.

Be sure you get Tobler's pure Swiss Milk Chocolate

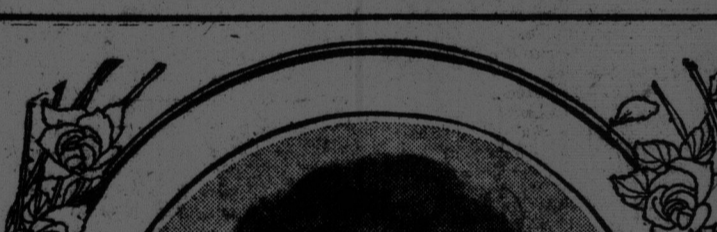
Fashion Hint for Times Readers



THIS YEAR'S ATHLETIC MAID

The smartness of a sweater depends entirely on its trim and tidy fit. The shrunken, heavy or starchy sweater of last season—no matter how expensive the garment was in the first place—should be discarded.

PLAYS AND PLAYERS, CHATTY NEWS OF THE GREEN ROOM



MISS MADEIRA ADAMS

For years it has been Madeira Adams' ambition to play Rosalind. This now is to be gratified in the greatest production of "As You Like It."

Miss Collins, of "Te-ra-ra-Boom-de-ay" fame, whose death in London is announced, was the English ball singer who rose to fame upon her performance in one song and cleared \$2,000 in her first American tour.

Robert Edson presented for the first time a new play which he has written for himself, "Where the Trail Divides."

Miss Clara Adams, who has been engaged to marry a young man in a little country village in New York state, is now appearing in the play "Lulu's Husband."

Little Daphne Pollard, who will be remembered here through her connection with the Pollard Opera Troupe, is now appearing in vaudeville.

Tom E. Clifford's singing is being enjoyed by the St. John Nickel patrons this week. Mr. Clifford has won fame as a vocalist and his rich voice and the dramatic interpretation of his selections have afforded much pleasure to his St. John audiences.

Joseph McKenna, a local boy, won much applause last week in Campbellton, in a performance given by the Amateur Dramatic Club of that town.

W.S. Harkins and the Lucia Nola Opera Company had a narrow escape of having a long stay at Trinidad. They concluded their engagement there last month and the company is now on its way to the States.

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one of the best-known tenor singers in America, died recently in New York in his seventy-fifth year.

Mr. Brown has played to his usual good houses, and has presented his usual high class of productions which have been much enjoyed, though it would have added to the success of the company were there new plays added.

Miss Ethel Barrymore scored a great hit this week in Boston when she appeared in Mid Chancel at the Hollis street theatre, the first presentation of the play in Boston.

In its last week's edition the New York Review dealt at some length with the life of Florence Roberts, an actress whom St. John theatre-goers have witnessed on local stages many times.

She frequently with the late Lewis Morris. The dramatic company which she heads a great many fine qualities as an actress and in her private life, and states that she has had a brilliant career.

She is now in the company presenting "Jim the Penman," in New York, under the direction of Messrs. Shubert. Next season she will be seen in the new play by Edward Sheldon, author of "Salvation Nell."

Harry O. Stubbs and C. D. Wilson have leased the summer theatre at Columbus, Ohio, and opened a stock engagement, a company, whose leading lady is Miss Sue Van Duser. These names are familiar in St. John.

The remnant of the old Robinson Opera Co. are still playing to fair success in New York. The company is headed by his wife, Jack Leslie and wife, Chas. Hillman and others remembered here are still in the company.

In opening the Actors' Fair in New York president Taft said: "There is nothing that I know of for a nervous, straining life that equals the relaxation of a good play, well mounted and well played, and you get all human nature under obligation by holding up the mirror to nature."

State of Ohio, City of Toledo, Lucas County. Frank J. Cheney makes oath that he is senior partner of the firm of J. Cheney & Co., doing business in the City of Toledo, Ohio, and that he is the owner of ONE HUNDRED DOLLARS of each and every share of the stock of said firm.

Sworn to before me on this 12th day of December, A. D. 1910. W. GLEASON, Notary Public.

Hall's Catarrh Cure makes oath that he is a doctor and acts directly on the blood and mucous surfaces of the system. Send for testimonials free.

St. John Baptist Church Prize Drawings. The drawing in the lotteries in connection with the high tea conducted by the congregation of St. John Baptist church a short while ago, was conducted by the Rev. Father Dicks, and resulted as follows:

1st prize, \$100.00—Mrs. J. H. Dicks, 127 City Road, ticket 780; 2nd prize, \$50.00—Mrs. J. H. Dicks, 127 City Road, ticket 780; 3rd prize, \$25.00—Mrs. J. H. Dicks, 127 City Road, ticket 780.

4th prize, \$12.50—Mrs. J. H. Dicks, 127 City Road, ticket 780; 5th prize, \$6.25—Mrs. J. H. Dicks, 127 City Road, ticket 780.

6th prize, \$3.12—Mrs. J. H. Dicks, 127 City Road, ticket 780; 7th prize, \$1.56—Mrs. J. H. Dicks, 127 City Road, ticket 780.

8th prize, \$0.78—Mrs. J. H. Dicks, 127 City Road, ticket 780; 9th prize, \$0.39—Mrs. J. H. Dicks, 127 City Road, ticket 780.

10th prize, \$0.19—Mrs. J. H. Dicks, 127 City Road, ticket 780; 11th prize, \$0.09—Mrs. J. H. Dicks, 127 City Road, ticket 780.

12th prize, \$0.04—Mrs. J. H. Dicks, 127 City Road, ticket 780; 13th prize, \$0.02—Mrs. J. H. Dicks, 127 City Road, ticket 780.

14th prize, \$0.01—Mrs. J. H. Dicks, 127 City Road, ticket 780; 15th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780.

16th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780; 17th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780.

18th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780; 19th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780.

20th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780; 21st prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780.

22nd prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780; 23rd prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780.

24th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780; 25th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780.

26th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780; 27th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780.

28th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780; 29th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780.

30th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780; 31st prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780.

32nd prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780; 33rd prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780.

34th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780; 35th prize, \$0.00—Mrs. J. H. Dicks, 127 City Road, ticket 780.

Your money back if Purity Flour does not prove entirely satisfactory in the baking.

DON'T simply buy flour from the dollar and cent side of it. Buy high-quality flour. That means PURITY FLOUR. The first little extra cost is more than made up by the extra number of loaves of bread it makes—by the superiority of the bread and pastry in respect of flavor and nourishing qualities.

"MORE BREAD AND BETTER BREAD" PURITY FLOUR

You can buy as little as a pound cotton bag or in 14, 24, 49, and 98 pound sacks. Also in barrels and half-barrels.

WESTERN CANADA FLOUR MILLS CO., LIMITED Mills at Winnipeg, Goderich, Brandon

AN UP-TO-DATE STOVE

Do you realize there is no longer any reason why you should use a coal range? Oil is cheaper than coal; it is lighter and easier to handle, and gives an intense heat. Provided you have the right stove, oil is more economical, cleaner and less trouble. Have you seen the

New Perfection Oil Cook-stove

The accompanying illustration gives you only a rough idea of its appearance. You really can't appreciate it until you either use it yourself, or to someone who has used it. It does everything that a coal range will do—except heat the room. The New Perfection Oil Cook-stove will do anything from heating a

kettle of water to cooking a course dinner, but it won't heat a room. It doesn't "smell," it doesn't smoke. It can't get out of order. Light and it is ready. Turn it down and it is out. Only a woman who knows the trouble of carrying coal and cooking in a hot kitchen can appreciate what it means to have a clean, perfect stove that will cook anything, boil, bake or roast, and yet won't heat the kitchen. How is it done? The flame is controlled in turquoise-blue enamel chimneys, and directed against the bottom of pot, pan, kettle or oven, and only there. The flame organizes exactly where it is needed—and nowhere else. With this stove your kitchen is cool.

The nickel finish with the bright blue enamel makes the stove ornamental and attractive. Made with 1, 2 and 3 burners; the 2 and 3 burner stoves can be had with or without Cabinet.

Write for literature: if not at your store, write for descriptive circular to the nearest agency of The Imperial Oil Company, Limited.

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