

*From the Literature Superintendent.*

"Building a Programme," by Mrs. Nasmith, Toronto, new Canadian Leaflet, just printed. It is the very thing needed, being full of helpful suggestions to all who have a thing to do with programmes, whether it is Church Mission Prayer Meetings, Young People's Society, or the Monthly Auxiliary Meeting. Please send your orders to the Literature Superintendent. Price 2 cents.

The American Board Almanac for 1899 waits your order, contains several maps of different mission fields, and is full of missionary information. 10 cents. Please send orders to

MRS. MOODIE,

185 Mance Street, Montreal.

*From Miss Helen J. Melville.*

Care W. P. MELVILLE,

SAULT STE. MARIE, Mich., U.S.

Dec. 21st, 1898

MY DEAR MRS. SANDERS,—I will try and write a little about our journey home. Mrs. Currie and I left Cisamba on Jan. 21st. We took a short march, Mr. Currie going and taking with us in the camp. The next day we made a long march and reach Ocilonda, where we spent a very pleasant evening with Mr. and Mrs. Lane, of the English Mission. The next day we again made a long march, wishing to spend Sunday with Rev. and Mrs. Read at Sakanjimba. Our welcome was so royal that we not only spent Sunday but Monday and Tuesday as well. After leaving Sakanjimba we took marches of about six hours each day. We would be up in the morning about 6 o'clock. We would roll up our blankets and beds and give them to the men who carried them. We had a man for each bed. The boy would have our breakfast ready. While we were eating it the men would take down our tent and roll it into two loads. After breakfast the food boxes and dishes were packed and given to the two men who carried them. We were now ready to start, most of the men and boys having gone on before us. We found it very cold, and were glad to put on a warm coat and wrap a shawl around our feet. We would travel over mountains and plains, rocks and streams, some of which had bridges, some we had to ford, some were very deep, others were very steep banks on either side, which made it very hard for men. About one o'clock we would stop at a camp, where we would find huts for the men. We would have our lunch, pack our tent and prepare for the night. The tepoias were always in first, next food boxes and tent; others would come straggling