

# SEVEN YEARS OF TORTURE

## Headaches and Indigestion Ended By "Fruit-a-lives"

### The Marvellous Fruit Medicine

Like thousands and thousands of other sufferers, Mr. Albert Varner of Buckingham, P.Q., tried many remedies and went to doctors and specialists; but nothing did him any good.

Finally a friend advised him to try "Fruit-a-lives"—now he is well. As he says in a letter:

"For seven years, I suffered terribly from Headaches and Indigestion. I had belching gas, bitter stuff would come up in my mouth, often vomiting, and was terribly constipated. I took Fruit-a-lives and this grand fruit medicine made me well."

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent by Fruit-a-lives Limited, Ottawa, Ont.

## Wedding Stationery

### ANNOUNCEMENTS INVITATIONS CAKE BOXES CARDS

Newest Designs  
Finest Quality

The Guide-Advocate

## CANADIAN NATIONAL RAILWAYS

### TIME TABLE

Trains leave Watford station as follows:

GOING WEST	
Accommodation, 111.....	8.42 a.m.
Chicago Express, 17.....	12.40 p.m.
Detroit Express, 83.....	6.51 p.m.
(a) Chicago Express.....	9.11 p.m.
GOING EAST	
Ontario Limited, 80.....	7.48 a.m.
Chicago Express, 6.....	11.22 a.m.
Express.....	2.50 p.m.
Accommodation, 112.....	5.38 p.m.
(a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago.	

C. W. VAIL, Agent, Watford.

Mother Graves' Worm Exterminator will drive worms from the system without injury to the child, because its action, while fully effective is mild.

FALL TERM OPENS AUG. 27TH

**ELLIOTT Business College**  
Yonge and Charles sts., Toronto.

Arrange now to enter this famous school—famous for strictly high grade work and for promptly helping graduates to secure employment. None better in Canada. Catalogue free.

W. J. ELLIOTT, Principal.

## Central Business College

STRAITFORD, ONTARIO

- FALL TERM FROM SEPT. 4
- Western Ontario's leading Commercial School, where you can get a thorough practical training under experienced instructors in
- Commercial, Shorthand or Telegraphy Departments.
- We assist graduates to positions. Get our free catalogue now.
- D. A. McLACHLAN, Principal.

## A. D. Hone

PAINTER AND DECORATOR  
PAPER HANGING.

WATFORD ONTARIO

- GOOD WORK
- PROMPT ATTENTION
- REASONABLE PRICES
- ESTIMATES FURNISHED
- SATISFACTION GUARANTEED

RESIDENCE—ST. CLAIR ST.

Is Your ad. in this paper this week?

## CHOP STUFF

(Crowded out last week.)

The Amherstburg fair grounds will be sold under mortgage.

A. P. McEwen, coal dealer at Ailsa Craig, has received a car of Alberta coal.

A little daughter of John Marshall of Strathroy, had a finger cut off while using an axe.

St. James' Anglican church, Parkhill, will hold golden jubilee services in September to celebrate their fiftieth anniversary.

Peter Gauld, a pioneer of Moore Township died at Bridgen last week at the home of his daughter. His wife died four years ago.

Miss Marion Moyle, who has been missing from her home on the 8th line of Metcalfe since Friday last, was found about 6 o'clock Monday evening in a well about eight feet from the house.

Charles P. Barrett of Parkhill is the plaintiff in an action which has been filed for trial in the county court against Hugh W. Brown. Barrett claims the sum of \$300 which, he alleges, is due him by the defendant on a horse deal.

The Grand Union Hotel on the St. Clair River front at Sombra has been purchased by Hugh Montgomery, ex-M.L.A., of Wyoming. Mr. Montgomery plans to make extensive alterations on the present building before occupying, and will conduct a first-class hotel.

The death occurred at the home of her son, David Hayter, Alvinston, of Melinda Smith, widow of the late James Hayter, in her 82nd year. Deceased had been in ill-health for some time. The funeral was held from the residence of her son on Friday afternoon to Alvinston cemetery.

The Daughters of the Empire, of Wheatley, have given the contract to C. A. Cullin, of that town, for a fine grey granite monument which they will erect to the memory of the soldiers of Wheatley who fell in the great war. The monument which will stand 12 feet 4 inches high, will be given a central position in the town.

Mrs. Harold Boufford was killed out-right and her husband seriously injured when a Pope-Hartford motor car he had become the owner of only that day, and in which they were driving homeward after an evening's enjoyable spin, turned upside down into the deepest part of the ditch on the north side of the Pike Road, just opposite the P. D. Campbell farm. Mr. Boufford's escape from instant death also was little less than a miracle.

## The Super-Salesman

—Long Distance

"In one afternoon we sold \$750,000 worth of bonds by Long Distance telephone" — says a banker.

The telephone has made success democratic. It is the creative force that enables business to rise superior to circumstances and competition, by creating opportunities.

Fearless methods of attacking the problem of sales are bringing proportionate results in other businesses, at minimum costs.

We will gladly compile a report on how the telephone is being successfully used in your business to increase sales.



Every Bell Telephone is a Long Distance Station

## "Lest We Forget"

### Made the Supreme Sacrifice

WATFORD AND VICINITY

Capt. Thos. L. Swift  
Sergt. Major L. G. Newell  
Pte. Alfred Woodward  
Pte. Percy Mitchell  
Pte. R. Whalton  
Pte. Thos. Lamb  
Pte. J. Ward  
Pte. Sid Brown  
Pte. Gordon Patterson  
Pte. F. Wakelin, D. C. M.  
Pte. T. Wakelin  
Pte. G. M. Fountain  
Pte. H. Holmes  
Pte. C. Stillwell  
Pte. Macklin Hagie  
Sergt. Clayton O. Fuller  
Gunner Russell H. Trenouth  
Pte. Nichol McLachlan  
Corp. Clarence L. Gibson  
Signaller Roy E. Acton  
Bandsman A. I. Small  
Capt. Ernest W. Lawrence  
Lieut. Leonard Crone  
Pte. John Richard Williamson  
Lieut. Chas. R. Hillis  
Lieut. Gerald I. Taylor  
Pte. Charles Lawrence  
Lieut. Basil J. Roche  
Pte. Alfred Bullough

Allan Scott, an employee of Langhan Bros. Ford garage Strathroy, was knocked unconscious and seriously injured Tuesday afternoon when the chain supporting a block and tackle for lifting cars broke, allowing the block to strike him on the top of the head. Dr. C. H. MacDougall dressed the wound.

Sandwich will make another effort to induce the Ontario Government to appoint a separate magistrate for the municipality. During the regime of the U.F.O. Government, Magistrate W. E. Gundy was made chief magistrate for the county, causing a great deal of resentment in certain quarters.

J. C. Waddell, 60 years of age, department of trade and commerce, Petrolia, inspector of binder twine and supervisor of crude petroleum bounties, died Monday morning at 11.30 after an illness of nearly six weeks. He had been suffering from bronchial pneumonia, and heart trouble.

Sarnia, July 30.—Gustave Pethke, contractor and well-to-do Sarnian, St. Vincent street, and Bernard Morley, Maxwell street, were to-day sentenced to 30 days in the county jail after pleading guilty to the theft of six bags of sugar and a quantity of jam from Stuart's Limited, during the last 30 days.

William C. White, one of the first mayors of Walkerville, and an old resident, succumbed Friday to an illness which started Saturday previous and resulted in pneumonia. He died at his home, 47 Kildare Road, aged 76 years. The late Mr. White, born in Essex County, moved to Walkerville 35 years ago, and for almost his entire residence there was in the employ of Hiram Walker & Sons, Limited. For more than 25 years he was superintendent of the Walker planing mill.

An old resident of Adelaide, Wm. Parsons, died Thursday night, aged 85 years and five months, at the residence of his son, Richard Parsons, lot 31, con. 1, Adelaide. Deceased was born in the city of Bristol, England, and emigrated to Canada at the age of 17 years. When he was married he settled in Lobo about 43 years ago, and moved to Adelaide, where he had since resided. He was a widower, his wife having died about nine years ago, and is survived by his son Richard, and two daughters, Miss Eliza Parsons and Mrs. Jos. Atkin of Adelaide.

Following the success of the distribution of deep well water by the syndicate of Blenheim whereby residents of McGregor and a few other streets are supplied with an excellent service in drinking water, a local joint stock company is now being formed for another waterworks system in the southern and eastern portion of the town. Application has been made for incorporation as a limited company to distribute deep well water to residents from the fine new well secured on the McCoubrey property by the School Board.

Miss Pearl Sharpe, nine year old daughter, of Mr. Adam Sharpe, sixth line, Enniskillen, who was among the successful candidates at the recent High School Entrance examinations, is the youngest pupil in Lambton County to gain this honor, and has set a record, passing through public school in four years. She started to public school when she was five years of age, to a day. Although considerable credit is due to her teachers, Miss Sharpe is to be highly complimented on her success.

## GRACE CHURCH S. S. PICNIC

(Crowded out last week.)

The picnic of Grace Church Sunday School was held at Bright's Grove on Thursday, July 26th, and a most enjoyable time was had. Dinner was served soon after arriving after which a large number enjoyed bathing and boating for several hours. Later in the afternoon a program of sports was held resulting as follows:

Tiny Tots Race—I. Lena Atchison; 2, Leonard Atchison; 3, Irene Morgan.  
Girl's race, 4 to 6 years—Myrtle Westgate, Dorothy Atchison.  
Boys' race, 4 to 6 years—Kenneth Morgan, Jimmy Morgan, Jimmy Westgate.  
Girls' race, 6 to 10 years—Muriel Waltham, Dorothy Westgate, Alma Westgate.  
Boys' race, 6 to 10 years—Allan Westgate, Clayton Morgan, Ivan Morgan.  
Boys' Sack race—Robert Pike, Gordon Harris, Ivan Morgan.  
Coat race—Jean Waltham and Morgan Cameron; Leila Westgate and Geo. Morris; Irene Westgate and Archie Cameron.  
Men's 100 yard race—Lloyd Eastbrook, Roy Phillips, Willard Morgan.  
Fat Man's race—Alex Westgate, Cecil Bryce.

Young ladies' race—Leila Westgate, Jean Westgate, Amy Cameron.  
Hoop race—captains—Jean Waltham, Elsie Eastbrook.  
Boot and Shoe race—Amy Cameron, Gertie Westgate, Leila Westgate.  
Blind race—Roy Phillips and Amy Cameron, Cecil Bryce and Jean Westgate, Geo. Morris and Leila Westgate.

A prize was given to the youngest child, Marie Waltham, and to the oldest person, Mr. Wm. Williamson. Supper was then served, after which the children and their parents and friends started home tired, but happy.

## ZAM-BUK

is the best remedy known for sunburn, heat rashes, eczema, sore feet, stings and blisters. A skin food!

All Druggists and Stores—50c.

## KERWOOD

(Crowded out last week.)

Mr. Geo. Wilkinson of Chicago is visiting his brother Mr. Joseph Wilkinson.

Mr. and Mrs. Ross Gregory of Marthaville and Mrs. Gordon and daughter, Jessie, of Petrolia were guests of Mr. and Mrs. Wm. Johnson over Sunday.

Miss Myrtle Weir of Windsor and Miss Margaret Middleditch of Woodstock spent Sunday with Miss Thelma Brunt.

Miss Margaret Lacudborough of Hyde Park is visiting friends in the village and vicinity.

Miss Mary and Mr. Chester Haynes of Marine City visited at Mr. Wm. Langford's this week.

Mr. and Mrs. G. J. Dowding and family spent Sunday in Port Huron.

Miss Vera Manicom of Sarnia is visiting her parents Mr. and Mrs. W. Manicom.

Mr. Fred Johnson spent a few days with friends in Dorchester.

Mrs. de Gex and Mrs. J. M. Brunt attended the W.I. meeting at Appin last week.

Miss Ada Moore has returned to her home in Glencoe; she was accompanied by her friend Miss Eileen Denning.

The Women's Missionary Society will meet on Thursday afternoon, Aug. 9th, at the home of Mrs. Wm. Thompson. A good attendance is requested.

Mr. R. A. Brunt has returned home from an extended visit to Philadelphia, Washington, Atlantic City and New York.



Clean to handle. Sold by all Druggists, Grocers and General Stores

## PUTS HEALTH AND VIM INTO WOMEN

### So Says Mrs. MacPherson of Lydia E. Pinkham's Vegetable Compound

Brantford, Ontario.—"I was always tired and the least exertion would put me out for a day or two. I had a pressing pain on the top of my head, pain in the nape of my neck, and when I stooped over I could not get up without help, because of pain in my back. I did not sleep well and was nervous at the least noise. I kept house, but I was such a wreck that I could not sweep the floor nor wash the dishes without lying down afterwards. A friend living near me told me what Lydia E. Pinkham's Vegetable Compound had done for her so I began to take it. With the first bottle I felt brighter and got so I could wash dishes and sweep without having to lie down. Later I became regular again in my monthly terms. I have taken ten bottles all told and am now all better. I can truly say that your wonderful medicine cannot be beaten for putting health and vim into a woman."—Mrs. JAMES H. MACPHERSON, 309 Greenwich St., Brantford, Ont.

If you are suffering from a displacement, irregularities, backache, or any other form of female weakness write to the Lydia E. Pinkham Medicine Co., Cobourg, Ontario, for Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women."

## MEDICAL

JAMES NEWELL, PH.B., M.D., L.R.C.P. & S., M.B.M.A., England, Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st. east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

W. G. SIDDALL, M.D., Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

## DR. HAMLET D. THOMPSON

Physician and Surgeon

334 Oakwood ave., TORONTO.  
Phone Hillcrest 7012  
Office Hours: 9 a.m., 1-3, 7-8 p.m.

6m-d12jan

## DENTAL

GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st., Watford. At Queen's Hotel, Arkona, 1st and 3rd Thursday, of each month.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

## VETERINARY SURGEON

J. MCGILLICUDDY, Veterinary Surgeon. Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

## AUCTIONEER

J. F. ELLIOT, Licensed Auctioneer, for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

## INSURANCE

## THE LAMBTON FARMERS' MUTUAL FIRE INSURANCE COMPANY

(Established in 1875)

JOHN W. KINGSTON.....President  
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GUILFORD BUTLER.....Director  
JOHN PETER MCVICAR.....Director  
JOHN COWAN K.C.....Solicitor  
J. F. ELLIOT  
ROBERT J. WHITE, Fire Inspectors  
ALEX. JAMIESON  
P. J. McEWEN.....Auditors  
W. G. WILLOUGHBY, Manager and  
Watford Sec.-Treasurer  
PETER MCPHEDRAN, Wainstead  
Agent for Warwick and Plympton

Is Your ad. in this paper this week?