reduced one-eighth; hence in this we

have saved the positions of 1,188 men

prevented the introduction of the ple

\$774,675 per year. From the above figures you will see that we have de-

working nights, Sundays and

and Physicians Say Similar Re-

sults Are Always Likely.

St. Louis Republic.

Tight shoes caused the death of Phil-

ip Schreiber at the city hospital yes-

terday. The same fatal disease that re-

sulted from tight shoes in Schreiber's

case, according to Superintendent Otto Sutter, of the city hospital, threatens

every man and woman whose vanity is stronger than their desire for com-

fort. It is also a possible result from the wearing of corsets too tightly laced.

Schreiber in its most horrible form. His

death was agonizing. As to whether it

will serve as a horrible warning, Dr.

him considerable pain, but he could not discard them and buy another pair,

who have the money, but retain their tight shoes from preference, regardless

of the fact that death lurks within the

Besides being tight across the foot

instep of his right foot. It gradually

He applied at the city hospital for

treatment, but it was too late. Shortly after his admission lockjaw developed.

His jaws became fixed, his muscles rigid

and he was seized at intervals with convulsions. He died in horrible agony

That such a fate awaits the greater portion of the feminine population of

St. Louis and a large number of the male persuasion seems improbable, but

lockjaw to develop. Even with the advantage of anti-toxine in the treat-ment of the disease it is still dangerous

and must be taken in time to prevent

Another possible source of danger is

the wearing of corsets. Women addict-

ed to tight lacing are in considerable

danger, aside from that arising from

the compression of the vital organs. An exposed corset rib (they are usually of metal) may chafe the skin until an

abscess forms, and, while the danger of

with that in the case of a sore on the

oot, it would be likely to result seri-

A Bible Excuse for Drunken-

ness

A man arraigned in a New York po-

death, even with the anti-toxine

ously.

Dr. Sutter declares it to be a fact.

affect his entire system.

at 12 o'clock yesterday.

calfskin.

cause he had not the money. In this differed from fashion's followers,

utter does not care to venture an

The disease was lockjaw. It overtook

addition to the above sum.

but the amount would be

## The World of Labor.

Business Transacted by the Trades and Labor Council.

Meeting of the Canadian Stationary Engineers at Brockville-Paper on "The Indicator" Read by London's Delegate-Interesting News for the Toilers From Many Sources.

The regular meeting of the Trades and Labor Council this week was well attended. All the officers were present at roll call.

After routine business a communiration from the Single Tax Association of Toronto was read asking that the council pass a resolution requesting the mayor of Toronto to give the industrial organizations the right of representation at the convention to be held in that city to discuss municipal tax exemption. The matter was thor-oughly debated, and the request of the

single taxers approved.

The question of the standard rate of wages being paid by contractors who secure jobs on government buildings in this city was introduced, and the secretary was instructed to write to the department of public works at Ottawa and ascertain if the government was prepared to embody a clause providing for standard wages on all future work.

E. H. Russell having resigned the sition of recording secretary, Delegate Morrison was elected to the office. The Labor Day committee reported that arrangements for the monster picnic at Port Stanley were well under The programme of sports was ved. Besides a baseball match between the printers and eigarmakers, tugs of war between building laborers and all-comers, there are twelve other events, including a baby show. The committee are putting forth every ef-fort to make the affair the most suc-

Joseph T. Marks, general secretary of the Industrial Brotherhood, paid a visit to the directory in Woodstock this week, and addressed two largely at-tended meetings. The work of organization is progressing very favorably. The Woodstock brethren were trying to arrange for an excursion to Port Stanley on Labor Day in connection with the picnic of the labor organiza-tions of this city, but the railway company would not have cars avail-

A large number of unions throughout Canada have already elected delegates to the Trades and Labor Congress, which opens in Hamilton on Sept. 13. So far no delegates have been elected from London. The officers of the congress desire as large an attendance as possible, and every organization in this city is urged to appoint representatives. Some important destions will be brought before the

STATIONARY ENGINEERS MEET-ING AT BROCKVILLE.

Brockville, Aug. 20 .- The eighth anciation of Stationary Engineers opened today in the council chamber, with a large attendance. Mayor and Bro. W. F. Chapman welcomed the delegates on behalf of the city and of the local engineers. The morning session was taken up with routine business and reception of the secretary's and treasurer's reports. An open meeting was held in the afternoon, when interesting papers were read by Bro. A. M. Wickens, on "C. A. S. E."; by Bro. Philip, on "Use of Tower for Condensing Purposes," and by Bro. George Risler, or Advertiser establish don. Ont., on "The Use of the Indi cator." Following is the text of Mr.

Risler's paper: The indicator is an indispensable assistant to the engineer, and of late years it has become evident that intelligent and wideawake steam plant owners recognize the necessity for such a valuable instrument, and they are also appreciating the services of the

### A Daughter Speaks of Her Mothers' Afflictions and How They

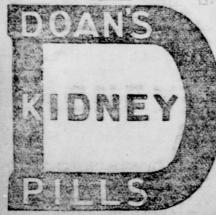
Were Relieved,

Miss Margaret Brown, 627 Colborne street, London, Ont., says: "My mother has been afflicted with nervousness and general debility for a time. She suffered a great deal with insomnia, and found it almost impos-

sible to sleep.
"I went to W. T. Strong's drug store and got a box of Milburn's Heart and Nerve Pills, which she took, and derived so much benefit from that I bought another box for her. They have done her a wonderful lot of good, making her nervous system much stronger. giving her restful sleep, and removin many other symptoms which previously distressed her.

"I can truly say that these pills are a great remedy for anyone suffering from weak nerves, general debility, sleeplessness or heart trouble.

Laxa Liver Pills cure constipation and sick headache. 25 cents. All drug-



Druggists, or Mailed an Receipt of Price by T. MILBURN & CO., Toronto.

engineer who is competent to use it properly.

The indicator diagram is actually the

tion. The engineer must be guided by circumstances, and if he finds himself to say that if this system had been

to say that if this system had been only means of showing on paper what really takes place in a cylinder. To readian indicator card correctly is not an do so, considerable study and prace are necessary. The handling of such a delicate instrument requires a great deal of care, and sometimes coniderable skill and ingenuity must be employed in making the needed attachments. By its use, many stumbling-blocks will be removed, while the calculations and geometrical work which the engineer will be impelled to make in connection with it will lead to the acquisition of a good, general knowledge of the whole subject. Careful consideration of the diagrams from different engines, under varied condi-

tions, cannot fail to lead to thought and investigation. A general knowledge of the law of gases (especially Mariotte's law) is needed, and a study of physics, mensuration and mechanics is most beneficial.

In order to determine the most economical plan of operating a steam plant, many tests are made. Such tests if properly conducted are valuable, and are much to be appreciated by steam

plant owners, who will find it to their nterest to give every encouragen and assistance to the engineer along this line. The diagrams traced by the indicator pencil will vary widely, and depend on the condition of the different igines from which they are taken, and it therefore becomes necessary to know how to interpret these variations cor-rectly. This information the engineer can only acquire through the processes of reasoning and hard study. In attaching the indicator considerable skill is sometimes needed, and circumances must determine what plan can has been established at St. Louis, and best be employed. The reducing me tion must be such that it will give to the paper barrel in its reduced scale

exact reproduction of the move-Examine your indicator, and see that every part of it is moving freely, has no lost motion, and is well oiled. A cord that will stretch is to be avoided. Good judgment is required in put-ting the proper tension on the paper arrel spring for differently speeded agines. The indicator springs should be tested occasionally to see if they agree with a standard steam guage of known accuracy. Do not use too light a spring for the pressure. If the intrument is a reliable one, and the ecessary precautions have been taken in every particular, the diagram will then show you the pressure acting on the piston on both sides, and at any part of the stroke during one revolution of the engine, and that is all it will do. Knowing the scale of the spring, it is an easy matter to determine the pres-sure at any point of the stroke. This Indian little tell-tale instrument will leave on a piece of paper a good deal of infor-

mation, providing the atmospheric pressure line is properly established on the diagram. It is of the greatest importance that this line be drawn correctly, as it is the neutral line of the diagram, and from it all pressures above and below must be determined. After removing the card from the paper barrel it is advisable that all data be made on it as complete as possib then will its study be pleasant and

The following terms are used in speaking of the different lines and curves: The atmospheric line, vacuum line, admission line, steam line, exhaust line, counter pressure line, compression and expansion curve. beginning and termination of some of these lines are called points, and their ontinuation indicates periods in the for pressure are as follows: Boiler pressure, absolute pressure, initial pressure, cut-off pressure, terminal pressure, back pressure and mean effective pressure. The mean effective pressure is what we must find in one of the manual pressure is what we must find in one of the number and formed this brother-

correctly. can be calculated as follows: Multiply by the cylinder volume in cubic feet. effective pressure is known, are as pressure by the cylinder area in square inches and by the piston speed in feet bacco put up by them as heretofore per minute and divide by 33,000. 2. is not prohibited by the provisions of

extent an impossibility

age. Nevertheless, diagrams have been

card is the only means of getting it

ltiply the mean effective pressure the act. by the length of the stroke in feet, by The International Association of Ma area of the cylinder in square nches, and the number of strokes per chinist O'Connell and Organizer Stephinute, and this, divided by 33,000, en B. Glen, of Chicago, on a tour of will equal the indicated horse power. the New England States, and Hugh From the foregoing it can easily be Doran, of the general executive board, seen that the indicator is invaluable to make a like trip through the Northin determining the work done by an west. Edward Hollis, of Kansas City, But this is not all, by any means. An in the westen states, and a man will analysis of the expansion curve, which shortly visit Canada on a similar mis- the Bible. On being asked to explain equires considerable knowledge and ocurred working from a geometrical tivity is to place the association in asked for a copy of the Bible and reading a readiness for a concerted movement the following passage from Proverbs, and arithmetical standpoint, is of eat value, and the nearer the actual for an eight-hour work-day May 1, xxxi, 6, 7: "Give strong drink expansion curve of the diagram ap- 1898

proaches the theoretical (often called The track-layers at Sifton to the he equilateral hyperbola) the greater number of about 70 have gone out on him drink, and forget his poverty, and ill be the economy. A considerable de- strike, leaving only some eight or ten viation from the actual and the hy- men at work. The men are asking fo ic curve impels the engineer to a raise of 25 cents a day all round think and to reason out the cause. A and better board and accommodation eaky piston, a leaky steam valve, re- The men are at present receiving \$1 50 evaporation in a cylinder, or a leaky exhaust valve—all these tend to bring about an expansion curve, which is not in accordance with the law of gases laid down by Mariatta viz. that the laid down by Mariotte, viz., that the to look for work there, while the rest volume should vary inversely as the of them came down to Dauphin. It is pressure. This, of course, is to some not likely that any arrangement gine be arrived at between them and the cylinder, owing to loss of heat and leak- contractors.-Dauphin Press.

taken from steam engines which are a has been received at the headquarters credit to the engineer, as well as to the of the Brotherhood of Locomotive engine builder, and are almost identi- Firemen at Peoria, saying they had cal in the expansion curve to the hy- won their suit against the receiver of perbola. It is not advisable to come to the Philadelphia, Reading and New nasty conclusions in regard to the ex- England Railroad to prevent the repansion and compression curve, as well duction of wages of the road men. as other lines, because the laws of na- They were the only organization which ture can have quite an influence in went into court and fought the rethis respect, owing to the surroundings duction. and conditions under which a steam suit against the Union Pacific engine may be working. The engineer decision was rendered in the federal well knows that dry steam should be court at Hartford, Conn. The receivers furnished to an engine; therefore, it is of the Philadelphia, Reading and East reasonable to state that the steam ern threatened to reduce wages. Col. boiler at times can be held responsible T. W. Harper, attorney of the firefor a diagram which does not approach | men's brotherhood, resisted the cut, If the steam pipe leading and the court decided substantially to the boiler is too small in diameter, that the firemen's wages should not

lication of it, but this should be veri- now. fied with the diagrams taken direct President James O'Connell, in his refrom the steam chest or the steam pipe.
The indicator card will furnish the means of knowing how the steam is distributed in the cylinder. If the intrades unions I have made a special in trades unions I have made a special valve gear is not properly working the effort since January, 1897, to gather card will show it. With calculations statistics from the most reliable sourcfrom the diagram we can find with es. From them I have compiled the what sort of ecohomy, mechanically and thermodynamically, the engine is working, and if underloaded or overloaded the engineer will be in a position to advise his employer exactly the exactly are the solution of the engineer will be in a position to advise his employer exactly which I believe to be the average rate what changes should be made in order | which I believe to be the average rate to insure greater economy in fuel. The steam line may show considerable initial expansion or loss of boiler press-sure, and the back pressure line can \$305,394 10 per year. Thirty-seven point out excessive resistance to the lodges reported having prevented a re-piston. Both cases are evidence of duction of wages, averaging 10 per wasteful expenditure of steam.

Economy, to the engineer, means keeping down the fuel account, having small bills for repairs, little or no loss from ehut-downs, regular speed, and tion was in force for that period of the down the fuel account to \$283,152 32 per year, if the reduction of \$283,152 32 per year, if the reduct

the attaining of strict economy impossible he then can only make the best of bad surroundings. Steam engine economy is made up of many factors, and it is be hoped that the endless study and exertion on the part of the intelligent and ambitious engineer will be appreciated by the employer.

It is my belief that many steam plant owners or managers are willing to assist the engineer financially in estimate one-fourth. Thus the posi-

taining such an instrument as the dicator, as well as other most valuable appliances which would serve as aids in many instances to the greatest The reading of Mr. Risler's paper was ollowed with hearty applause for the the efforts of the organization, onden branch. The election of ex- amounting to a sum total of \$2,181,ecutive officers resulted as follows: Mr. Phillips, president, Toronto; Mr. Chapman, vice-president, Brockville; Mr. Robertson, secretary, Montreal;

Mr. Pettigrew, treasurer, Hamilton; G. B. Risler, conductor, London; Mr. Moring, doorkeeper, Toronto. GENERAL LABOR NEWS. The colored waiters of Detroit have

rganized a union. The printers of Detroit are raising a fund for the striking miners. Findlay (Ohio) has organized Trades and Labor Assembly

The trade unions will open the Minnesota State Fair on Labor Day. Boston molders have struck against the introduction of the piece system. The performances at the Chicago Theater all last week were for the benefit of the striking miners. A branch of Debs' Social Democracy

one will be formed at Duluth. Erie, Pa., striking pattern-makers claim that union men at Cincinnati are doing work for Erie employers. St. Louis Central Labor Union re jected as a delegate from the printers'

union a man who now owns a saloon Church societies at Pleasanton, Cal., have induced owners of hop fields to discharge Chinese. Hop pickers get \$1 a day.

Nashville Trades and Labor Council held an indignation meeting Thursday to denounce injunctions placed upon miners' meetings. It is reported that the trouble be tween the metal polishers of Detroit

and the Peninsular stove works is in

a fair way to adjustment. The growing increase of women in the machinists' industry is engrossing the keenest thought and attention of the International Association of Ma-

Indianapolis Central Labor Union will hereafter refuse to patronize any person, firm or corporation that builds or is doing business in a building erected by non-union labor.

The American Agents' Association claims that its war on one of the industrial insurance companies last year cost that company \$1,000,000. The company has refused to employ canvassers and collectors who belong to the asso ciation. These agents handle union made goods exclusively.

Colored barbers who have hitherto belonged to the union in Toledo have withdrawn. Members of the union explain that the seceders demanded that they be assured employment in any union shop in which there was a vacancy. As the choice of a man rested with the employer, the assurance asked could not be given.

"Thiry-four years ago," says Chief hood. Now we have 536 lodges, have walk suffices to fill the shoes with pressure is what we must find in or-per book. Now we have 536 lodges, have walk suffices to fill the shoes with der to calculate the indicated horse paid over \$6,000,000 to widows and or-dirt and dust, particles of which are power of the engine, and the indicator phans of engineers, and disbursed over apt to remain in the sore and cause \$500,000 to the needy.

The National Tobacco Workers' Having once established the mean Union raised the question whether or effective pressure from the diagram, the not the label used by the union came work done in one stroke, in foot pounds, within the clause of section 10 of the new United States tariff law prohib-144 by the mean effective pressure, and iting anything to be attached to packy the cylinder volume in cubic feet, ages of smoking and fine cut chewing isplaced by the piston. Two simple and tobacco and cigarettes other than the asily remembered rules for finding the manufacturers' wrappers and labels cated horse power when the mean and the internal revenue stamp. The ssioner of internal revenu 1. Multiply the mean effective that the placing of such labels by

chinists has sent Grand Master Mais carrying on the work of organization The object of the general ac-

The Toledo Union says a telegram In 1894 they won a similar the indicator diagram will give an in- be cut, as they were none too high The Sweetest Part of the Elephant the Foot.

whose daily wages would amount to \$2,613 30 per day, or \$318,056 80 per year. Thirty-seven lodges reported having The flesh of the elephant is eaten its entirety by several of the Afric tribes, says Public Opinion. A detail of the process of butchering the mals is not pleasant reading. The tools used are the assegai and hatchets. Th rough outer skin is first removed in tions of 1,125 men have been saved, which amounts to \$2,475 per day, or large sheets. Beneath this is a su cuticle, a pliable membrane, from which the natives make water skins The elephant yields large quantities clared a dividend, which has gone into fat, used in cooking their sun-drie the pockets of the machinists, through biltong, or dried strips of elephant's flesh, and also in the preparation of

278 22. This amount does not show, by any means, the total financial gain. A race agree that one part of the elelarge number of lodges reported having phant's carcass, when properly cook is a succulent dish that will re gained higher rates for overtime when gale the most delicate taste. days. It is impossible for me to figure part, very strangely, is the first joint actual amount, not being able to of the leg below the knee, which one would suppose to be the toughest portell how much overtime has been tion of the animal. To prepare the joint a hole, three feet deep, is dug hundreds of thousands of dollars in earth, and the sides of it are baked hard by means of large live coals. Most of the coals are then tak-en out, and the elephant's foot is DANGER IN TIGHT SHOES placed in the rude oven. The hole hen filled with dirt, tightly packed, and Case of Lockjaw Developed From It blazing fire is built on top, which is kept replenished for three hours. The foot is then evenly baked, and when done, instead of strong, tough meat

### A LADY'S STRANGE FANCY.

In Bed for Thirty-Nine Years - She Was Big and Healthy.

last, publishes the following remark-able history: "A spinster lady of fortune died last week at Teignmouth, Devonshire, who for the last 39 years has led a most Schrieber's death was not the result extraordinary life. One evening in the of vanity. He was a molder, in poor year 1858, being then in her 38th year, ices. His home was at No. and in perfect health, she retired to 2,444 South Third street. Recently he rest as usual. The following morning purchased a new pair of shoes, which she remarked that bed was the most seemed to fit when he bought them, comfortable place in the world, and comfortable place in the world, and but proved too small when he had announced her intention of remaining walked in them awhile. They caused there for the rest of her natural life.

which she was placed in her coffin last week, she never got up again, although her death in the best of health. For two years she lay in an upstairs' room; but for the last 37 her bed was placed in one on the ground floor, comthe part that laced across the instep | manding the entrance to the house and bound Schreiber's foot securely, and by grounds. From this vantage point, by Tuesday a sore began to form on the an ingenious arrangement of mirrors, she could see everything that went on developed into an abscess, and Thurs- around the house and in the gardens day Schreiber decided he needed medi-cal attendance. The abscess seemed to acute that nothing transpired inside its four walls which escaped her attention Neither the death of her father nor that of her mother, which took place after she had retired for this long rest, operated to alter her resolution. On the latter's decease she found herself the possessor of the property. She had the house locked up at 9 o'clock every night, and the keys put on a table at her bedside. She proved an excellent woman of business, transacting all her affairs, managing her servants, entertaining her guests, and revising her visiting list, without turning a counter change her diet in any way, but, de spite her recumbent life, continued to consuming such things as ducks, game peaches, pork, and all things indigesti-ble, and taking her coffee and liquers

regularly all her life "Doctors visited her, but she had no need of their prescriptions, and it was only a few months ago that the effects of her extraordinary manner of life be gan to be visible. Then she gradually broke up. The medical men who made a post-mortem examination of her re mains found that her heart and lungs were free from disease, so that had she led an ordinary existence she would in all probability have lived for anothe or fifteen years. At her death, at lockjaw would be slight as compared the age of 77, she weighed nearly sev enteen stone, and the coffin in which she was buried was considered largest ever made in South Devon, She was no miser, but lived well, gave freely, and handed on her fortune unimpaired to her collateral descendants."

### List to the Singer.

lice court recently for drunkenness List to the singer, made the somewhat novel and start-List to the song: ling defense for himself that he had only been following the directions of All day long! what he meant by this, the accused O, man of sorrow!

Everywhere? him that is ready to perish, and wine unto those that be of heavy hearts. Let remember his misery no more.

This incident, it is said, "made quite a sensation," and the man was discharged. The Christian Advocate (New York) says that it has received a number of requests to explain the passage quoted, and, if possible, show that it was not properly used, or that it does not mean what it seems to preach. these requests, the Advocate replies, in part, as follows:

"There is no difficulty whatever in the passage. It is almost as great a perversion as the attempt to prove the propriety of suicide by these quota-tions; Judas 'went and hanged himself'; Go thou and do likewise.' The whole passage is this: 'Give not thy strength unto women, nor thy ways to that which destroyeth kings. It is not for kings, O Lemuel, it is not for kings to drink wine, nor for princes strong drink; est they drink, and forget the and pervert the judgment of any of the afflicted. Give strong drink unto him that is ready to perish, and wine unto those that be of heavy hearts. Let him No. drink and forget his poverty, and renember his misery no more.

"The first part teaches that both wine No. 9 Headache. and strong drink arouse evil passions. and so overthrow the judgment that a king is unfitted to rule, that he cannot No. 11 Delayed Periods. er the law and will decide unjustly.

Therefore, let not kings touch "The only use of such powerful agents is medicinal. If a man seems about to die from cold, exposure and debility. No. 15 Rheumatism. these stimulating compounds may be useful as a prescription; or if he is No. 19 Catarrh. in such a mental condition that unless No. 27 Kidney Diseases.) can be artificially supported or reduced to a state of sleep or stupor, he will become insane or physically diseased, they may be administered. If the reader thinks that this is a loose and dangerous way of speaking, he has only to consider that distilled liquors 50cts did not then exist. The process of making alcohol-brandy, gin, whiskywas not discovered till more than a thousand years afterward; 'strong drink' then was a mixture of wine and stupefying drugs. Nor was chloro-form or nitrous adid discovered."

the least possible loss from deteriora- time. We prevented the introduction equaled record of wonderful cures.

liver Oil with Hypophosphites brings back the ruddy glow of life to pale cheeks, the lips become red, the ears lose their transparency, the

cause it furnishes the body

with a needed food and

changes diseased action to

healthy. With a better cir-

culation and improved nu-

For sale at 50 cents and \$1.00 by all druggists.

SCOTT & BOWNE, Belleville, Out.

33333366666

WE BELIEVE

better soap made

Baby's Own

Soap-

care and skill in

the best materials

Its immense sales.

The Albert Toilet Soap Co., Mfrs.

Montreal.

WEAK BACK,

BACKACHE,

DOAN'S KIDNEY PILLS

WILL CURE YOU.

IF SO YOU HAVE WEAK KIDNEYS. DOAN'S

PILLS WILL STRENGTHEN THEM.

DOAN'S PILLS WILL CURE YOU.

BY DISORDERED KIDNEYS.

CURE. @

MOAPO

HINDOO REMEDY

DO YOUR HANDS OR FEET SWELL?

HAVE YOU DROPSY, KIDNEY OR URI-

NARY TROUBLES OF ANY KIND? IF SO,

SOMETHING WORTH KNOWING.

HEADACHES, DIZZINESS, FRIGHTFUL

DREAMS, DISTURBED SLEEP, DROWSI-

NESS, FORGETFULNESS, COLD CHILLS,

NERVOUSNESS, ETC., ARE OFTEN CAUSED

EVEN IF YOUR MEMORY IS DEFECTIVE

YOU SHOULD ALWAYS REMEMBER THAT

DOAN'S PILLS CURE ALL KIDNEY TROU-

SOLD AT ALL DRUG STORES.

got it, we will send it prepaid. HINDOO REMEDY CO., Propre, Chicago, Ill. or our Agents, Anderson & Nelles, 240 Dundas St., LONDON, ONT

0000000000000000

DAIRYMEN

And their Wives,

"INDURATED FIBREWARE."

Indurated Fibre Pails, Milk

Pans, Dishes and Butter Tubs,

and will put money in your

THE E. B. EDDY CO.

LIMITED

HULL, CANADA.

0000000000000

free our booklet on

pockets.

Drop us a post card, and get

It costs nothing, tells all about

Indapo

Made a well

Man of

d quickly but

BLES, AND EVERY DOSE HELPS THE

LAME BACK,

LUMBAGO OR

RHEUMATISM

are the reason.

THE PROOF—

making and

there is no

than our

trition, the rest follow.

step is quick and elastic, work is no longer a burden, exercise is not followed by exhaustion; and it does this be-

African explorers of the Caucasian fibre, it is a gelatinous consistency that may be eaten with a spoon.

The London Daily Mail, of July 12,

And she did. "From that day until the day upon

List to the happy voices singing

O, man of care! Don't you see sweet Nature smiling

Bright, happy songsters The woodlands throng; Hear the merry robins carol Full and strong!

List in the morning, At break of day All the birds are making music Blithe and gay!

List to the singer. List to the song; List to the happy voices singing All day long! -M. Louis Swart.

## CURES

No. 1 Fever, Congestion,

No. 2 Worms. 3 Infants' Diseases.

4 Diarrhea.

7 Coughs & Colds.

No. 10 Dyspepsia, Indigestion.

No. 12 Leuchorrea.

No. 13 Croup. No. 14 Skin Diseases.

and John Sts., New York.

No. 34 Sore Throat. No. 77 Grip & Hay Fever. Dr. Humphreys' Homeopathic Manual of Diseases at your Druggists or Mailed Free. Sold by druggists, or sent on receipt of 25cts., 50cts or \$1. Humphreys' Med. Co., Cor. William

Suicide Many men, and women too are guilty of this means ing inferior or ill-cooked food. The Hub is noted for tho excellence of its fare, Dine with us and prolong your life.

203, 2051 The Hub, Dundas Street

Scott's Emulsion of Cod- LONDON SHOW CASE WORKS

having removed to new quarters, corner Bathurst and William streets, are pre-pared to take orders for Show Cases, A few good Second-Hand Cases for sals Estimates given and contracts taken for wood carving by an expert. S. Gillies & Son.

You Will Be Satisfied If you buy your meat from us. Prompt delivery to all parts of the city.

A. HICKS, 298 Richmond St.

### NOTICE\_\_\_

Cooking Stoves, new and second hand, also Bedroom Suites, Sideboards, Chairs, Mat tresses, Springs, cheap for cash. Old fur-niture taken in exchange. Call and get prices before buying. G. PARISH, South Market, 357 Talbot Street

Mammoth Livery Hacks, Coupes, Landaus, Busses and Light Livery. Saddle Horses, Sale and Boarding Stable. Open day and night. Phone 503.

A. G. STROYAN Dundas St.

The Outward Sign of Inward HEALTH.



### LOVELY FACES

BEAUTIFUL NECKS. WHITE ARMS AND HANDS. DR. CAMPBELL'S SAFE ARSENIO COMPEXION WAFERS

AND FOULD'S MEDICATED ARSENIC COMPLEXION SOAP

Will Give You All These. Will Givo You Afi These.

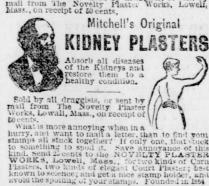
If you are annoved with PIMPLES, BLACK HEADS, FRECKLES, 9LOTCHES, MOTH, FLESH WORMS, ECZEMA, or any blemish on the skin, call or send for a box of DR. CAMPBELL'S WAFBS and a cake of FOULD'S MEDICATED ARSENIC SOAP, the only genuine beautifiers in the world. WAFERS by mail, \$1; 6 LARGE BOXES, \$5. Scap. 50 cents, Address all orders to H B. FOULD, Sole Proprietor, 14 Younge ETREET, TORONTO, ONT. LYMAN BROS. & CO., Wholesale Agents, 71 FRONT STREET EAST TORONTO CANADA.

TCRONTO CANADA. Sold by Druggists Everywhere

# ELECTRICITY a. 31 COURSES & Bridge



Sold by all Druggists ASK FOR MITCHELL'S CORN PLASTER. nine cases out of ten where Mitchell's Cure Form and Bunion Plaster is applied, the pair



LYMAN BROS. CO. TORONTO SOLE AGENTS FOR THE DOMINION OF CANADA

Brass and Iron . . .

BEDSTEADS. TILES, CRATES, HEARTHS AND MANTELS. . . . .

RANGES, HEATERS, FIRES

LIMITED Cor. King and Victoria Sts., Toronto

HAVE YOU Bore Throat, Pimples, Copper Colored Spots, Ached, Old Sores Ulcers in Mouth, Hair-Valling! Write COCM BEMED Y CO., 307 Masonic Temple Chicago, Ill., for proofs of cures. Capital, \$5500,000. Worst cases cured in 18