

to Jan. 24th, 1916

Worthy, Miss Ada, Cochrane St.
Worthy, Miss Flossie, Queen's St.
Worthy, John, Hayward Ave.

Miss Agnes, LeMarchant Rd.
Miss Albert, New Gower St.
Miss Mary, Pleasant St.
Miss Dorman, late Salvation Army Shelter
Miss James, Pleasant St.
Miss Mr., King's Road

Wm. Arthur, slip, Water St.
R. A. Emanuel, care General Delivery

Miss Mrs. Albert, New Gower St.
Miss Mabel, Barnes Road
Miss Mrs. Andrew, Water St. West
Miss Emma, Hamilton St.
Miss Mr. Cyril, card.

Miss Capt. care Reld Co.
Miss Mrs. R. LeMarchant Road
Miss Capt. G. H. Hamilton St.
Miss Mr. W. V. Hamilton St.
Miss Fred, care Mrs. Pike
Miss Miss Ella, Bragley's Square
Miss Charles, Hamilton St.
Miss F. Hamilton St.

Miss Mrs. A. Charlton St.
Miss T. J. Water St.
Miss and Butt, South Side West
Miss Miss Munnie
Miss Mrs. N. C. Hamilton St.
Miss Mrs. Dorcas, Hamilton St.
Miss Mrs. Frederick

Miss Mrs. James, York St.
Miss Miss Bridie, care Matthew
Miss Mrs. Matthew
Miss Mr. Thomas, care Matthew
Miss Mrs. Mary, College Square

Miss Miss Nellie, Barron St.
Miss James, S. Pilot's Hill
Miss Mrs. Thomas, Carter's Hill
Miss Mrs. Thomas, Patrick Hill
Miss Mrs. Holmes
Miss Tom

Miss Mrs. N. Monkstown Road
Miss Miss Bella, Gower St.
Miss Miss Jessie, 72 St.
Miss Miss Bella, Brien St.
Miss Miss Will

Miss George, Allendale Road
Miss Herbert, Allendale Road
Miss Miss, Long Pond Road
Miss Miss Elfreda, New Gower St.
Miss Miss Ida, care Mrs. G. Parsons, Henry St.

Miss Mrs. G. Parsons, Henry St.
Miss Miss A. card, Musgrave Terrace
Miss James, Long's Hill
Miss Croix, Ed. J. New Gower St.
Miss Mrs. R. Kimberley Row
Miss Mrs. W. Springdale St.
Miss Mrs. Edward, Belvidere St.
Miss Mrs. George R.

Miss care General Post Office
Miss Mrs. A. Newtown Road
Miss Miss H. M. card
Miss Miss Lizzie, King's ridge
Miss Miss Nellie

Miss Mrs. L. J. Freshwater Road
Miss Mrs. Levi, Monroe St.
Miss Mrs. Gertrude
Miss Mrs. Victoria

Miss Mrs. Victoria
Miss Jack, care Ayre & Sons
Miss Miss B. M. card
Miss Mrs. W. B. Springdale St.
Miss Mrs. Hamilton Avenue
Miss John, George's St.
Miss Edward T.

Miss Miss Hilda, Duckworth St.
Miss Miss D. B. card
Miss Robert, Duckworth St.
Miss Mrs. R.

Miss Mrs. J. A. care E. E. Mason
Miss Mrs. N. J. Cabot St.
Miss Mrs. Cyril
Miss Mrs. A. C. Cabot St.
Miss Mr. and Mrs. J. E. Colonial Street

Miss Mrs. Wm. E.
Miss Mrs. Wm. E. care Mrs. Campbell
Miss C. R. Boncloddy St.
Miss Miss Ida, George's St.
Miss Miss, New Gower St.

Miss Mrs. John, Sebastian St.
Miss Miss P. Gower St.
Miss Miss Agnes, Carter's Hill
Miss Miss Bertha

Miss Miss Lizzie, Springdale St.
Miss Mrs. Martin, Long Pond Road
Miss Miss Ethel, Queen's Road
Miss Miss M. A. Mount St.
Miss Mrs. Isaac, Water St. West
Miss G. Operator

Miss Mrs. James, Newtown Road
Miss Mrs. Miss Elsie, care G. P. O.
Miss Mrs. E. Bond St.
Miss Mrs. M. George's St. East
Miss Mrs. care G. P. O.

Miss Mrs. Miss Tossie, Allendale Rd.
Miss Mrs. W. C. Prescott St.
Miss Miss Essie
Miss Mrs. Miss Power, Theatre Hill
Miss Capt. Ernest, John St.
Miss Mrs. Thomas, card, Victoria St.
Miss Mrs. Robert, Cabot St.
Miss Mrs. Joseph, card
Miss Miss Margaret, Nunnery Hill
Miss Mrs. R. J. care Bennett & Co.

Miss Jacob, schr. Mabel D. Hines
Miss Corbet, schr. Mabel D. Hines
Miss W. schr. Mary D. Young
Miss Capt. George, schr. Molega
Miss Edgar, schr. Maggie Sullivan

Miss Capt. Colin, schr. Nellie-M
Miss Alfred, schr. New Toal
Miss John Hugh

Miss Capt. John, schr. Success
Miss Mrs. Arthur, schr. Springdale
Miss Wm. schr. Stundand
Miss George, schr. S.
Miss Jacob, schr. Samuel R.
Miss Dan Joe, schr. Willie K.

H. J. B. WOODS, P.M.G.

THE CHAMOIS

is possibly the most sure-footed of all animals,
and it is famed for its remarkable agility.

SUNLIGHT SOAP

is the sure friend of every careful housewife
and it is famed all over the world for the
remarkable ease
with which it
dispels dirt from
the clothes in
the wash. The
Chamois is to be
found only on the
loftiest mountain
ridges, but SUN-
LIGHT SOAP is
found in all parts
of the civilized
world.

Twenty Thousand
Canadian Troops

GOING FORWARD TO ENGLAND.

Ottawa, Jan. 31.—Major-General Sir
Sam Hughes, Minister of Militia, an-
nounced to-night that the War Office
has asked that 20,000 more Canadian
troops be sent to England, and this
number will go forward in the next
month, or as soon as transports can
be secured. The battalion will be
chosen, so far as is possible, in the
order of their efficiency.

The offer of this number was made
some months ago, and is only now
accepted because the War Office could
not make provision for housing addi-
tional troops at that time. Arrange-
ments are now under way to establish
the 20,000 additional Canadians in
camps there.

Sir Sam Hughes also announced
that Canada will supply her own
troops with machine guns, and that
each extra machine gun as were on
hand would be pooled with guns for
the British troops.

Give the Children "The D. & L."
Emulsion throughout the cold weath-
er. It is as palatable as cream and
will ward off colds and maintain full
weight and strength. 50c. and \$1.00
bottles. Davis & Lawrence Co., Mon-
tréal.

SPRING COMIC

The winter winds
and slings it is
snow, the wind is
keen and frost is
king. Cheer up,
cheer up, for soon
will blow the soft
and balmy airs of
spring. You r
whiskers are now
frozen stiff, it is a
bleak and bitter
day; your ears are
cold, but what's
the diff? Before you know it,
it will be May. The tempest batters
at the door, the night wind wails a
dreadful tune, but in three shakes, or
maybe four, you'll wade around knee
deep in June. And thus it is with ev-
ery grief: it hurts our course, but soon
it's sped; the darkest, coldest night
is brief, and sunshine glitters just
ahead. My feet are frozen hard to-
night, and yet I am a cheerful scout;
I know that spring will come, all
right, and April winds will thaw them
out. It's true the wintertime is filled
with things that bring my spirit care;
but in the spring the birds will build
their nests among my beard and hair,
let winter roar and do its worst, the
gentle spring will soon be here, when
winter griefs like bubbles burst, and
in the azure disappear.

A Certified Cure of
Bilious Headache.

Chronic Liver Trouble Was Entirely Cured by the Use of Dr. Chase's Kid-
ney-Liver Pills.—Endorsement by Justice of the Peace.

Many people are habitually bilious.
Mode of life tends to make chronic a
torpid condition of the liver. The re-
sult is spells of biliousness with sick
headache, stomach derangements and
much irritability and depression of
spirits.
"Too many neglect to take active
means of curing biliousness. The bad
spell passes over and for a time they
are all right. But a unusually
heavy meal upsets the liver and con-
sequently the usual discomfort and
suffering."
The writer of this letter has broken
up this habit of biliousness and is
now enjoying the best of health. Her
experience should prove of value to
many who, like her, have suffered for
years from bilious spells and sick
headaches.
Miss Cora Cochran, Salisbury, N.
B. writes:—"I was nearly always
troubled with headaches, and every
two or three weeks would have to lose

could not possibly get into the parlour.
"I then went outside and as I stood
on the ice at the rear of my apart-
ment, I suddenly saw Madame Du-
faut standing at the window crying
for help. 'Don't jump,' I warned her,
'wait.' Then the firemen came along
with the net and she jumped into it.
I only had on my light house dress.
We were taken down to the Chateau,
where the two nurses and the babies
were safe."

Madame Sevigny only two days be-
fore had shown the two ladies the
way out of the House in case of fire.
There were three exits from the
rooms, and each was carefully point-
ed out by Madame Sevigny. There
were two ways through the windows
and a third down the stairs and into
the corridor.

"Oh, if those two ladies had only
followed me when I tugged at their
skirts instead of returning for their
furs, they would have been safe," said
Madame Sevigny several times during
the conversation. She was greatly at-
tached to both of them.

EXPLOSIONS WERE LIKE SHELLS.

Fire Chief Graham of Ottawa, de-
clares in no uncertain way that the
fire was the work of some incendiary.
"It was set and well set," he stated.
"I distinctly heard five explosions the
like of which I never heard at a fire
before. The explosions were not even
like ordinary explosions of gunpow-
der. They were like the explosions
from shells. There was a sort of
long, singing 'zi-t-i-in-g.' A Major
of the Engineers who was with me
said these are certainly shells. The
policemen told me that the fire ran
along the floors like a prairie fire."

E. M. MACDONALD HAD NARROW
ESCAPE.

Ottawa, Feb. 3.—Mr. E. M. Mac-
donald, the member for Pictou, was
in the visitors' gallery talking to
friends, when the alarm came. He
said to-night

"I was seated in the gallery when
Mr. Mederic Martin, of Montreal, and
Mr. Frank Glass, of East Middlesex,
came rushing into the Chamber
shouting 'fire.' I got down from the
gallery in two minutes, but was un-
able to get my hat and coat, and
rushed out to the front of the build-
ings. The rapidity with which the
fire spread was remarkable. I can-
not understand how such a thick vol-
ume of smoke gathered in such a
short time, nor can I understand how
the fire made such progress."

Sir Robert Borden stated that he
was in his office when his under-se-
cretary hurried in and informed him
that the building was afire. He turned
back for his hat and coat, but was
persuaded that it would be dangerous
to wait for them. Sir Robert told
the Eastern Press representative to-
night that he was glad he had accept-
ed the advice, as he experienced con-
siderable difficulty in making his way
out of the building, as it was.

Mr. John Stanfield, Chief Conserv-
ative Whip, was trapped in his room
and had to escape down a ladder,
which was extended to him by some
firemen, with the assistance of some
newspaper men.

In Milady's Boudoir.



BEAUTIFUL ELBOWS.

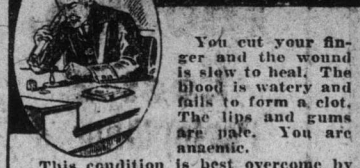
Elbows brown and elbows red are
seen in every conspicuous gathering,
peeping out of short sleeves, uncon-
scious of their ugliness. Why do wo-
men waste so much time on their
faces and neglect to scrub their el-
bows? A shrug of the shoulders
from most women would be the only
answer to my question, I fear.

A brush that costs not more than a
quarter and a cake of soap would
keep the elbows beautiful, soft and
rosy for a whole year. Scrub them,
massage them lightly, soap them,
bathe them in warm water, care for
them for they are very conspicuous
with your ball, dinner and theatre
gowns and nine out of ten elbows seen
exposed are very ugly.

Maybe the elbows have become
chapped and a coarse substance of
flesh has gathered over them. They
may look cracked and dry. Or, may-
be, they are rough and brown look-
ing. Raise your sleeves and take no-
tice.

If they are chapped it is because
they were not properly dried after the
bath, and if they are brown and hard
it is because you constantly lean upon
them, and never take the trouble to
rub cold cream into them before re-
tiring.

When an extra strain is placed on
one side of the foot it becomes cal-
loused and that is just what happens
to the elbows when one leans one's
whole weight upon them.

Blood was like Water
Anaemia

You cut your fin-
ger and the wound
is slow to heal. The
blood is watery and
fails to form a clot.
The lips and gums
are pale. You are
anemic.

This condition is best overcome by
using Dr. Chase's Nerve Food. In this
food, cure there are combined in con-
centrated form the elements that go
to form new, rich, red blood.
The appetite is sharpened, digestion
improved, color and strength return,
and you rid yourself of weakness and
many annoying derangements.
50 cts. a box; 6 for \$2.50, all dealers,
or Edmanston, Bates & Co., Ltd., Tor-
onto.

Dr. Chase's
Nerve FoodCaptains for
Halifax Sealing Ships.

It has been finally decided on that
Capt. Jacob Keen and Capt. Bob
Bartlett will be in command of the
Halifax steamers Sable I and Seal, re-
spectively, at the sealfishery this
spring. The selections are popular
as both are capable skippers and
noted seal hunters. Last year and
several previous ones Capt. Keen was
in the Adventure and prosecuted
north. Capt. Bartlett, who is better
known locally as a Gulf man, was in
charge of the Bonaventure in the Gulf
last spring and was first home and the
only ship to bring in a load of seals.
It is not yet definitely agreed as to
which of the sealing grounds the Sable
will hunt for the whitecoats in,
and more than likely it will be north,
but the Seal is already slated for the
Gulf.

All Children Love
"Syrup of Figs" for
Liver and Bowels

Give it when feverish, cross, bilious,
for bad breath or sour
stomach.

Look at the tongue, Mother! If coat-
ed, it is a sure sign that your little
one's stomach, liver and bowels need
a gentle, thorough cleansing at once.
When feverish, cross, listless, pale,
doesn't sleep, doesn't eat or act nat-
urally, or is feverish, stomach sour,
breath bad; has stomach-ache, sore
throat, diarrhea, full of cold, give a
teaspoonful of "California Syrup of
Figs," and in a few hours all the foul,
constipated waste, undigested food
and sour bile gently moves out of its
little bowels without griping, and
you have a well, playful child again.

You needn't ask to see that
to take this harmless "fruit laxative";
they love its delicious taste, and it al-
ways makes them feel splendid.
Ask your druggist for a 50-cent bot-
tle of "California Syrup of Figs,"
which has directions for babies, child-
ren of all ages and for grown-ups
plainly on the bottle. Beware of
counterfeits sold here. To be sure
you get the genuine, ask to see that
it is made by "California Fig Syrup
Company." Refuse any other kind
with contempt.

More Steamers
to Call at Halifax.

The purchase by the Furness Withy
Company of the Johnston line of
steamers means that Halifax will have
more steamers calling there within
the next few weeks. The steamer
Graceland and the Drummond are slated
to come here shortly. They will
bring freight load freight here. There
is much freight waiting shipment at
this port and the arrival of these two
big liners, built specially for the
freight carrying trade, will greatly
help to relieve the congestion.—Ex-

"Staford's Liniment" cures
Rheumatism, Lumbago, Neuralgia,
and all Aches and Pains.
Sold in over 500 stores—Jan 5, 16

Overdue Vessel.

The largest Lake St. Lawrence is now
ninety days out to this port from
Naples where she went and landed a
cargo of codfish and fears are be-
ginning to be entertained for her
safety. There is a theory expressed
amongst sea-faring men that she is
not out of Straits, as she has not yet
been reported at Gibraltar.

YES—IT IS POSSIBLE
TO STOP RHEUMATISM

Rheumatism is a tormenting and
stubborn malady. In some cases it
yields to treatment which, without
avail in other cases.

The darting pains, lame muscles or
stiffened joints only disappear by grad-
ually expelling the uric acid, and so
many thousands have been relieved by
the blood-enriching oil-food in Scott's
Emulsion that you should give it a
faithful trial. Scott's Emulsion acts as
a powerful blood-purifier by increasing
the red corpuscles and it strengthens
the organs to carry off the acids which
cause the trouble.

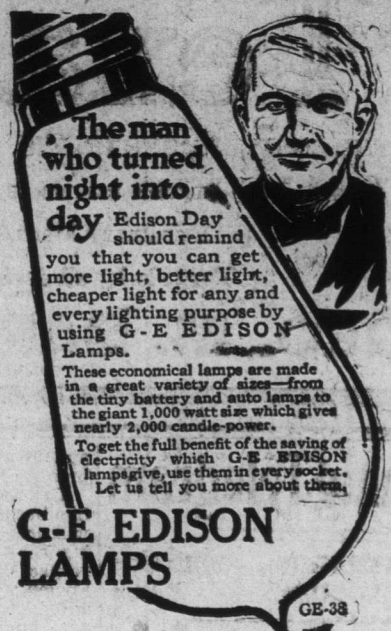
Try Scott's Emulsion. It cannot harm.
It has helped thousands and may be ex-
actly what you need. No drugs.
Scott & Borne, Toronto, Ont. 15-2

FRESH NEW STOCK!

2, 4, 8 C. P. CARBON LAMPS.
10, 15, 20, 40, 60, 100 Watts TUNGSTEN
LAMPS.

MULTI-CATCH SOCKETS (10).
MULTI-CATCH SOCKETS (25).
MULTI-CATCH RECEPTACLES.
KEYLESS RECEPTACLES.
COMBINED SOCKET & ATTACHING
PLUGS.

ATTACHING PLUGS.
CEILING ROSETTES.
SNAP SWITCHES.
BATTERY AMATERS.
STAND & HANGING LAMPS.
ELECTRIC POCKET & FLASH LIGHTS.
ELECTRIC CORD, LANTERNS.

G-E EDISON
LAMPS

AYRE & SONS, Limited.

Facts of Interest!

To every man in need of GLOVES, TIES, HANDKERCHIEFS, SHIRTS,
COLLARS, WINTER CAPS, etc., we say, see our window this week.

WHITE WOOL GLOVES . . . 55 cts. per pair
TIES—Silk Poplin, 45c. ea. Collars, 15c. and 20c.
Wide Ends. SHIRTS, 85 cts. and \$1.20.
Handkerchiefs, Excelsa, 25c.

at
A. & S. Rodger's.

WHAT ARE YOU DOING

To protect yourself from cold during
this frosty weather?

This week we offer you good Heavy Weight

Sweater
Coats

In Ladies' and Gents' sizes, worth \$1.30 each,
in Brown, Navy and Marone, for

\$1.00 each.

Can you afford to let this chance slip by?

S. MILLEY.