

Gleaned by the Way.

People who are afflicted with sleeplessness always feel that they should take something for it.

St. Petersburg possesses the largest bronze statue in existence, that of Peter the Great. It weighs 1,000 tons.

Feared Paralysis.

Mr. F. A. Knott, Schenectady, writes: "For one year I was a complete nervous wreck, could not rest or sleep, had indigestion and terrible headache and constantly feared paralysis. Six boxes of Dr. Chase's Nerve Food made me well and strong. There is no treatment in the world so good as this for building up the nervous system."

Young ladies at Beaverlodge, Ind., have formed a league to promote recreation among young men, and, among other things, have resolved to marry no man who drinks or smokes.

"You look pale and thin. What's wrong?" "Work! From morning till night, and only a one-hour rest. 'How long have you been at it?' 'I begin to-morrow.'"

The Value of Turpentine.

When all else has failed the physician recommends the use of turpentine. It is the most valuable of all medicines. It is the most valuable of all medicines. It is the most valuable of all medicines.

"What did the doctor say was the matter with you?" "He said he didn't know." "Well, what doctor are you going to next?" "None. When a doctor dares to make such an admission as that, he must be about as high in his profession as he can get."

CASTORIA.

And does your mamma always call you 'Angie'?" asked the lady, who was making the formal call. "Oh, no," replied the sweet child, "only when we've got company. I wish we had company always. Cause I like 'Angie' so much better than 'Brit'."

A tickling or dry cough can be quickly loosened with Dr. Shoop's Cough Remedy. No opium, no chloroform, nothing unsafe or harsh. Sold by A. V. Rand.

A man went to consult a famous physician, and waited in an ante-room until, his patience becoming exhausted, he summoned an attendant. "Present my compliments to Doctor—", and tell him, if I am not admitted in one minute, I shall be well enough to go home!"

CASTORIA.

Little Ike came up to his father with a solemn face. "Is it true, father," he asked, "that marriage is a failure?"

His father surveyed him thoughtfully for a moment. "Well, Ike," he finally replied, "if you get rich wife it's almost as good as a failure."

"I thought you said this house had an extra large back yard?" said the prospective tenant. "So I did," answered the agent. "But it is only four feet deep, by actual measurement," protested the tenant.

"Well," rejoined the wily agent, "the ordinary yard is only three feet, you know."

To prove to you that Dr. Chase's Nerve Food is a reliable and safe medicine, we will send you a free trial bottle of our Nerve Food. It is the most valuable of all medicines. It is the most valuable of all medicines.

Both boys had been rude to their mother. She put them to bed earlier than usual, and then complained to their father about them. So he started up the stairs, and they heard him coming.

"Here comes papa," said Maurice; "I am going to make believe I am asleep."

"I'm not," said Harry. "I'm going to get up and put something on."

CASTORIA For Infants and Children. The Kind You Have Always Bought.

Bears the Signature of Dr. Chase's Nerve Food.

"I suppose you know, barber," said Percy, with a wink at the man in the other chair, "that the hair on a man's head grows at the rate of three millionths of an inch in a second."

"No, I never heard that before," said the barber, beating a tattoo on the strip with his razor. "But I know there's a spot on the back of your head where the hair wouldn't grow so much as that in a million years."

MIRANDA LAMBERTON DR. LIMITED. Greatly improved method of treating eye diseases. No pain, no danger. No expense. No loss of time. No loss of sight.

WILFRED DAGNE, Prop. of Grand Central Hotel, Schenectady, N. Y.

An exciting Mexican pastime is that of shooting balls with the head from horseback! The rider, galloping after the ball, seizes it by the tail and, passing his leg over the tail for the sake of leverage, pulls the poor beast round sideways until it trips and goes crashing to earth amidst a cloud of dust. Tradition says, the ball-thrower needs a strong head and steady nerves, or he may find himself in trouble.

Common Sense Out of Doors.

The first thing for you to do is to look upon the outdoors as a new country. The next thing is to step outside of the house onto the porch. Another step takes you to the garden or walk. The latter leads perhaps to a city park or to the river bank, to the beach, or to the mountain, or to the wooded fields. And only to go out of your porch or over into the woods and quietly rest outdoors, is in itself a real outing. It is the simplest form of outdoor living. Do that if you can do nothing more, and it is as good as a vacation. If you have a horse or an automobile or a boat your possibilities widen. Your inclination controlled by common sense, will dictate to you what sports to take up. I strongly advocate the neighborhood club for outdoor life. A general club, not a tennis or a golf or a boat club. A club that can be of your own crowd by land or water. You do not need to be chained to it, but you will find such a club of great help. For one thing the club can obtain equipment sufficient for all to use by turns at considerable saving of cost, though the wise man will provide himself with what outdoor appliances he can afford. It is money well invested. The club can arrange for picnics and field days and various tournaments. It can arrange for camps, permanent summer camps where members go for their respective vacations, and in many ways be a factor not to be ignored.

A St. Louis girl who lost her right hand in an accident some years ago is astonishing that city by her ability to write a hundred words a minute on a typewriter, and keep up the going indefinitely. But what is even more admirable than her dexterity, is the indomitable spirit she has shown, when crushed by misfortune—a spirit that has enabled her to surmount the obstacles cast across her path by the accident and to win for herself a career of usefulness in the world.

A falling tiny nerve—no larger than the finest silken thread—takes from the heart its impulse, its power, its regularity. The stomach also has its regularity, or inside nerve. It was Dr. Shoop who first told us it was wrong to drug a weak or falling stomach, heart or kidneys. His prescription, Dr. Shoop's Restorative, is directed straight for the cause of these ailments—those weak and falling inside nerves. This, no doubt clearly explains why the Restorative has of late grown so rapidly in popularity. Drug givers say that those who test the Restorative even for a few days soon become fully convinced of its wonderful merit. Anyway, don't drug the organ. Treat the cause of sickness is the only sensible and successful way. Sold by A. V. Rand.

On Saturday morning these took place in Antigonish county, N. S. One of the most peculiar and unexpected occurrences that ever occurred in this place. This was the evening of a large piece of the James River road, about five or six miles from town. The portion of the road that disappeared from sight was about 50 feet in length by 20 in width. This portion of the road was situated between two small lakes and the general reason for this peculiar caving-in is that the water from these lakes had the effect of dissolving the plaster underneath the road, thus forming a deep cave, or plaster hole. When the road disappeared from sight it carried with it a telegraph pole, which disappeared to the cross bar, thus proving that the gap must be 50 feet in depth.

Nothing in the way of a cough is quite so annoying as a croup, teaching, whooping, bronchial cough. The quickest relief comes perhaps from a prescription known to Druggists everywhere as Dr. Shoop's Cough Remedy. And besides, it is so thoroughly harmless that mothers give it with perfect faith even to the youngest babies. The tender leaves of a simple mountain shrub, give to Dr. Shoop's Cough Remedy its remarkable curative effect. It is truly a most certain and trustworthy prescription. Sold by A. V. Rand.

A Sweet Voice. "O Father, I wish I could sing! It's so nice to give pleasure to people. Florence sang at the concert to-day and we all enjoyed it so much. She sings every night to her father, too. I'd give anything if I could. But there's no use wishing; there isn't any music in me."

"Is that so?" asked her father, taking her wistful face between his hands. "Well, perhaps you can't sing, but don't tell me your voice has no music in it. To me it is full of music."

"Why father how can you say so?" "Almost every evening," answered the father, "when I come home, the first thing I hear is a merry laugh, and it rests me, no matter how tired I am. Yesterday I heard that voice saying, 'Don't cry, Biddie; sister!' I'll mend it for you. Sometimes I hear it reading to grandmother. Last week I heard it telling Mary, 'I'm sorry your head aches; I'll do the dishes to-night.'"

"That is the kind of music I like best. Don't tell me my little daughter hasn't a sweet voice!"

Pain can be easily and quickly stopped. Pain Tablets—Dr. Shoop's—stop headache, womanly pains, any pain, anywhere, in 30 minutes, sure. Remains on the 25c box. Ask your druggist or doctor about this formula—It's free. Sold by A. V. Rand.

There is always plenty of room at the 27th St. ten-story building that has no elevator.

Answer This Question

When shown positive and reliable proof that a certain remedy had cured numerous cases of female ills, wouldn't any sensible woman conclude that the same remedy would also benefit her if suffering with the same trouble?

Here are two letters which prove the efficiency of Lydia E. Pinkham's Vegetable Compound.

Glanford Station, Ont.—"I have taken Lydia E. Pinkham's Vegetable Compound for years and never found any medicine to compare with it. I had ulcers and falling of the uterus, and doctors did me no good. I suffered dreadfully until I began taking your medicine. It has also helped other women to whom I have recommended it."—Mrs. Henry Clark, Glanford Station, Ontario.

Another woman says Lydia E. Pinkham's Vegetable Compound is the best remedy in the world for women.

Fox Creek, N. B.—"I have always had pains in the legs and a weakness there, and often after my meals my food would digest and cause soreness. Lydia E. Pinkham's Vegetable Compound has done me much good. I am stronger, digestion is better, and I can walk with ambition. I have encouraged many mothers of families to take it, as it is the best remedy in the world for women. You can publish this in the papers."—Mrs. William Bourque, Fox Creek, N. B., Canada.

We will pay a handsome reward to any person who will prove to us that these letters are not genuine and truthful—or that either of these women were not paid in any way for their testimonials, or that the letters are published without their permission, or that the original letter from each did not come to us entirely unsolicited.

What more proof can any one ask?

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No sick woman does justice to herself who will not try this famous medicine. Made exclusively from roots and herbs, and has thousands of cures to its credit.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health free of charge. Address Mrs. Pinkham, Lynn, Mass.

DOMINION ATLANTIC RAILWAY. Steamship Lines to St. John via Digby, and Boston via Yarmouth.

"LAND OF EVANGELINE" ROUTE. On and after June 28, 1906, Steamship and Train Service of this railway will be as follows:

TRAINS WILL ARRIVE WOLFVILLE. (Sunday excepted.)

Bluenose from Halifax... 12:45, p.m. Express from Kennebec... 9:15, a.m. Express... 9:15, a.m. Express from Yarmouth... 4:23, p.m. Express from Halifax... 4:23, p.m. Bluenose from Yarmouth... 2:38, p.m. Accom. from Richmond... 12:15, p.m. Accom. from Annapolis Royal... 11:50, p.m.

TRAINS WILL LEAVE WOLFVILLE. (Sunday excepted.)

Bluenose for Yarmouth... 12:45, p.m. Express for Halifax... 6:15, a.m. Express for Yarmouth... 9:15, a.m. Express for Kennebec... 4:43, p.m. Express for Halifax... 4:43, p.m. Bluenose for Annapolis Royal... 2:08, p.m. Accom. for Annapolis Royal... 11:45, p.m.

Midland Division. Trains of the Midland Division leave Wolfville daily (except Sunday) for Truro at 7:00 a.m., 8:45 a.m., and 10:15 a.m., and for Truro at 6:30 a.m., 8:20 p.m., and 11:30 a.m., connecting at Truro with trains of the International Railway and at Windsor with express trains to and from Halifax and Yarmouth.

Commencing Monday, June 26th, the Royal and U. S. Mail Steamships "Prince Arthur" and "Prince George" will leave Yarmouth daily (except Sunday) on arrival of Bluenose train from Halifax, arriving in Boston next morning. Returns leave Long Wharf daily (except Saturday) at 2:00 p.m.

Royal Mail Steamship Prince Rupert. St. John and Digby. Daily Service (Sunday excepted) leaves St. John at 7:40 a.m., arrives in Digby 10:45 a.m.; leaves Digby same days on arrival of express train from Halifax. R. S. Prince Albert makes daily trips (Sunday excepted) between Parrsboro and Wolfville, calling at Kingsport in both directions.

Buffet Parlor Cars run each way daily (except Sunday) on Bluenose train between Halifax and Yarmouth. Trains and Steamers are run on Atlantic Standard Time.

P. GIFFKIN, General Manager, Kennebec, N. S.

30 YEARS' EXPERIENCE PATENTS TRADE MARKS DESIGNS COPYRIGHTS AND

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Fred H. Christie PAINTER PAPER HANGER.

Best Attention Given to Work Entrusted to Us. EP Orders left at the store of L. W. Shoop will be promptly attended to.

PATRONAGE SOLICITED.

These included in this offer will help us greatly by making prompt payment.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. H. H. Fletcher and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of

Dr. H. H. Fletcher The Kind You Have Always Bought In Use For Over 30 Years.

Father Morrissey's Prescriptions

have been curing for 30 years, and are curing to-day, all the common ailments that come to every family. We have hundreds of grateful letters to prove this.

Father Morrissey's No. 7 tones up the Kidneys, removes Uric Acid from the blood, and cures Rheumatism. In tablet form, 50c.

Father Morrissey's No. 10 is a most effective and reliable cure for Coughs, Colds, Bronchitis, Asthma and Whooping Cough. A real Lung Tonic. Trial Bottle, 25c. Regular Size, 50c.

Father Morrissey's No. 11 Tablets relieve and cure Dyspepsia and all forms of Indigestion. Each tablet will digest 1 1/2 pounds of food. Trial Bottle, 25c. Regular Size, 50c.

Father Morrissey's No. 26 positively cures Catarrh. A combined treatment—tablets for the blood, and a healing salve for the affected parts. Tablets and salve together, 50c.

Father Morrissey's Liniment is a household standby for all sorts of aches and pains. Pleasant to use—quick to relieve. Trial Bottle, 25c. Regular Size, 50c.

At your dealer's, or Father Morrissey Medicine Co., Ltd., Chatham, N. B.

Wm. Regan, HARNESS MAKER.

Local Salesman Wanted For Wolfville and adjoining country, to represent "CANADA'S GREATEST NURSERIES."

Largest list of commercial and domestic varieties of fruits ever offered, suitable for Nova Scotia planting. All the latest and improved specialties both in Fruit and Ornamental stock.

A permanent situation for the right man; liberal inducements; pay weekly; reserved territory; free equipment. Write for particulars.

Stone & Fellington, Fertilizer Commission, (Over 800 Acres), Toronto, Ontario.

FOR SALE MAN OR WOMAN.

My South African Veteran Bounty and Certificate issued by the Department of the Interior, Ottawa, good for 320 acres of any Dominion Land open for entry in Alberta, Saskatchewan or Manitoba. Any person over the age of 18 years, MAN OR WOMAN, can acquire this land with this Certificate. For immediate sale, \$250.00. Write or wire, L. E. TRILFORD, 11 Hunter Street, Toronto, Ontario, 41M.

H. Leopold Livery and Boarding Stable.

Stylish Single and Double Turnouts furnished. Teams meet all trains and boats. All kinds of trucking and expressing attended to promptly. Elm Avenue, (Next Royal Hotel), WOLFVILLE.

F. J. PORTER, Licensed Auctioneer.

WOLFVILLE, N. S. Will buy for accept calls to sell in any part of the county. Minard's Lignum vitae Clogs for Sale.

WANTED!

Will give \$5.00 to \$25.00 for Old Foreign Mailboxes used on the continent before 1870. Also want Quebec stamps and Jubilee Stamps. None of present issue wanted.

W. A. KAIN, 803 180, ST. JOHN, N. B.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

Air—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Morro—For God and Home and Native Land.

Bacon—A knot of White Ribbon.

Waterword—Agitate, educate, or govern.

OFFICERS OF WOLFVILLE UNION. President—Mrs. Walter Mitchell.

1st Vice President—Mrs. B. O. Davison. 2nd Vice President—Mrs. R. V. Jones. 3rd Vice President—Mrs. J. B. Hunsman.

Cor. Secretary—Mrs. Charlotte Murray. Recording Secy.—Mrs. A. E. Galloway. Treasurer—Mrs. Lewis Sleep.

Auditor—Mrs. C. W. Rossen. SUPERINTENDENTS. World's Mission Work (Laborer)—Mrs. (Dr.) DeWitt.

Parlor Meetings—Mrs. W. L. Archibald. Evangelistic—Mrs. F. W. Porter.

Aldershot Work—Mrs. Chambers. Flower Mission—Mrs. Wright. Narration—Mrs. M. P. Freeman.

Dress Work—Miss Margaret Jara. Temperance in Sabbath-schools—Mrs. Robert Chisholm.

Mothers' Meetings—Mrs. (Dr.) Hutchison. Luncheon—Mrs. Kempton.

Peace and Arbitration—L. H. Hunsman.

Alcohol a Brain Poison.

(By A. Beattie, in the "Temperance Leader.")

George Boston reached the highest water-mark ever reached in medical science when, as an Agent of the Scottish Temperance League in all parts of Scotland, he published the fact, "Alcohol is a brain poison."

He was an educator of men on the most important facts in individual and national life. In meeting an opponent he had not the ready utterance of John H. Smith. Still he sometimes hit hard. At Banff, on one occasion, George was at his best on the brain poison. One of the hearers stood up, and remarked that he had used alcohol all his life and he had never injured his brain. George took stock of his chairman and of the rest of his man. Then he said this state of things was easily accounted for, the gentleman who had just spoken had no brain on which alcohol could operate. On another occasion, at the close of his lecture, a man in black approached him, and put the question of how much salary he had. George told the sum. "Remarkable!" was the reply given; "that is as good as plenty of ministers of the Gospel have." "Yes," said the lecturer, "and a good deal more than plenty of the preachers of the gospel deserve. Guided by common-sense and by reason, the League has always held to the road. Have nothing to do with it. On this high ground we have always stood. 'Wine is a mocker, strong drink is raging, and whosoever is deceived thereby is not wise.'"

Alcohol is up for trial as it never was before. Great men have spoken on the great occasions. The result is generally very disappointing, as 'alcohol was used by the body as food.' Tom Dunne, of the League, frequently demonstrated on the food question. He proved that in the manufacture of alcohol the food of the people—the grain—was robbed of its nutritious parts, the blessing was turned into a curse, the food turned into a poison. He stood by Dr. Lee and both stood by the will, the work, and the purpose of the Creator. In the manufacture of alcohol we find the food of more than two millions annually destroyed in the United Kingdom.

The maker abstracts the life-giving power out of the grain, and the next step that the article so made takes the life out of the people. Although it is a food, it is the only sort known which sends a man to beat his wife and starve his children.

The "Daily Record and Mail" recently had an article on the drinking question. It was of a high-class character. Where and when doctors fell, it will be good for our countrymen when the newspapers start ahead and lead the way. May I live to see that day. This observation is made by the "Daily Record and Mail's" editor at the British Association, who had advanced the question on "Dope." This is plain speaking, and honest truth. Here, as in business, if a man does not keep up his shop to the times, he is left behind—he just drops out. I bear the doctors no ill-will, and would hurt none of them. When, however, they stand in the dark, they must just drop out. Further, one seems to feel that alcohol influences of a varied kind have tended to obscure the issue. And if a man looks at the drink question through a beer-bottle, he will see the sky, glass, or evening party, he shall never come to correct conclusions. The medium is obscured, and the truth and duty cannot be felt nor seen through them. Try the drink question by the power and spirit of patriotism, by the love of our fellow-men, and by the character and claims of our common faith, and self-deceit is the issue.

The "Record and Mail" presents the case of a gentleman who lived to a very great age. He daily allowed a quart of beer, and he never felt any discomfort. What is to be said for such a case? First, this gentleman is at the top and like opera, he does more for the beer than the beer does for him. Then next, such cases cannot settle the question. Where are the men who began to drink with him? He stands, but how many have fallen—have gone down by his side? In a battlefield a man may come out of the hottest part and not have a scratch on his head or foot, but you must count the soldiers dead or wounded in the neighborhood of the engagement. Well, a hundred thousand graves also opened every year to take in the victims of liquor.

A book on Rheumatism, by Dr. Shoop, of Racine, Wis., tells some plain truths, and in a plain and practical way. Get this booklet, and a free trial treatment of Dr. Shoop's Rheumatic Remedy for some disheartened sufferer in your vicinity. Make a grateful and appreciative friend of some one who is discouraged because of the failure of others to help him. Help us to make this test, and I'll personally help your suffering friend, A. V. Rand.

A factory has been established in Holland for the manufacture of drinking vessels made of ice. They are covered with an envelope of waxed paper which prevents the unpleasant sensation of handling melting ice. The method of manufacture is extremely simple; the water is put between an outer and inner mould and placed in a refrigerator apparatus, when it emerges as a delicate crystal goblet fit to receive the choicest vintage. It will be necessary to keep the vessel in a refrigerator until it is wanted.

Zam-Buk

When troubled with sunburn, blisters, insect stings, itching, itching, itching, apply Zam-Buk!

Itching how quickly it ceases the itching and itching! Cures sores on young babies.

Zam-Buk is made from pure natural essences. No animal fat, no mineral poisons. Finest halos! It dissolves out dirt, greases, etc.

KING EDWARD HOTEL.

Corner North & Lockman Sts., HALIFAX.

Fitted with all modern improvements, magnificently furnished. Situation and view unsurpassed in Halifax. Within five minutes ride by street car to the centre of the city.

Terms—\$2.00 to \$2.50 per day, according to location.

WM. WILSON, Proprietor.

J. J. Ellis

Wishes to notify the public that he is now in a position to do all kinds of TEAMING AND TRUCKING.

Quarries placed and placed and yards cleaned.

Leave your order at J. J. Ellis's, or to any of his numerous correspondents.

J. J. Ellis.

For Results advertise in the ACADIAN.