

If We Know.

Could we but draw back the curtains That surround each other's lives, See their naked heart and spirit, Know what their hearts are giving, Often we would find it better, Purer than we judge we should— We should love each other better, If we only understood.

Could we judge all deeds by motives, Bred and bred and bred within, Often we should love the sinner, All the while we loath the sin. Could we know the powers working To overthrow integrity, We should judge each other's errors With more patient charity.

If we knew the care and trials, And the bitter disappointment, Understood the loss and gain, Would the grim eternal roughness Seem, I wonder, just the same? Would we help where now we hinder? Would we pity where we blame?

Oh, we judge each other harshly, Knowing not life's hidden foe; Knowing not the fount of action Is less turbid at its source. Seeing not the evil, All the good that's in it, Oh, we'd love each other better, If we only understood.

CURED OF EPILEPSY.

THE STORY OF A ST. CATHARINES LADY WHO IS RESTORED TO HEALTH.

She Suffered Severely, sometimes having as Many as Four Spasms in a Week— Several Doctors Consulted Without Benefit.

From the Star, St. Catharines Mrs. S. B. Wright, of St. Catharines, has for a number of years been a severe sufferer from epilepsy, from which dread disease she is now happily free.

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THE WHITE RIBBON.

"For God and Home and Native Land."

Condensed by the Ladies of the W. C. T. U.

OFFICERS.

President—Mrs. Trotter.

Vice-Presidents—Mrs. Hemmison, Mrs. Chambers.

Vice-Pres. at Large—Mrs. Jones.

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Systematic Giving—Mrs. Fitch.

Flower Mission—Miss L. Johnson.

Narcotics—Mrs. Newcomb.

Health, Heredity and Social Purity—Mrs. Hatch.

Mother's Meetings—Mrs. Hemmison.

Next meeting in King's Daughters' Rooms, Thursday, August 17th, at 3.30 P.M.

The meetings are always open to any who wish to become members.

Visiting members of other W. C. T. U. unions are cordially welcomed.

Frances E. Willard made herself popular by doing unpopular things; and she made unpopular things popular because she did them.

The White Ribbon in the East.

I look for the white ribbon—the symbol of purity and love—wherever I go.

In our tour of eight months in China, Japan and Korea I was delighted to find the white ribbon not only on the dresses of our missionaries from the home land, but also on the dresses of native women and girls.

At Ching King, on the great Yangtze river, China, in Miss Mary Robinson's model girls' boarding school, I found a most vigorous Temperance Union.

It was among the initiative knowledge of the girls of our W. C. T. U. history in the United States. They were even informed on our great struggle to get temperance instructions into the schools of New York.

I had the pleasure of attending one of their monthly meetings, presided over by their president, Mrs. Wier, the wife of the interpreter at our consulate.

The programme was most interesting and profitable, and the temperance songs rang out with all the fervor that we have in the home land.

Six new members came forward and received the white ribbon that day.

At Kin King, many miles further up the river, I was another union in our girls' boarding school there.

Later we went away up to Hakodati on the island of Yesso Japan, and there we found a large company of women calling themselves the "White Ribbon Temperance and Improvement Society," and I had the pleasure of meeting and talking to them on Sunday afternoon.

This society includes women of different denominations, and it was a great delight to me to see the white ribbon on their dresses.

There were a number of heathen women present who are interested in the work. I spoke to them especially on the use of tobacco, as the women of Japan smoke as well as the men.

Miss Clara Parrish had visited them and helped them much. Later I had the pleasure of seeing Miss Parrish in Tokyo.

I am hoping that the temperance physiologists may yet be put into the mission and government schools in Japan and indeed in all mission schools at least in the east.

From a letter to the Union Signal.

England, France, and Germany are beginning to realize the monstrous evil of the liquor traffic in Africa; that it causes idleness and demoralization among the natives.

So seriously does this affect the finances of the powers, that there is to be a conference in Brussels for international action on the subject.

Our mother country, always with a good head for business, seems to be awakening at last to the situation.

Wendell Phillips said, "Young men, attach yourselves to some righteous or unpopular cause, and fight manfully for it."

Young men, young women, rally to the cause of total abstinence, and with the watchword "A white life for two," make the world better because you have lived in it, and success from the highest standpoint will be yours.

Counsel for Girls.

An association of young women in a Western city wrote through a committee of one—the most effective sort of a committee—to their favorite religious editor.

Nothing else will give you any comfort when you come to his care.

"I know of no better words of advice than I can give to you, and other girls readers of my writings, than those of the author of 'Waverley,' which I have just quoted.

"Be clever, if you will, and can; but first of all, be good.

"I think I cannot do better than to urge upon you, and all my other young women, readers the importance of sincerity and earnestness of purpose. Let it be your sinners in every set of life, to be rather than to seem.

"Avoid all hypocrisies and shams of every kind. Be wholly sincere in every word you speak and everything you do.

"Remember that intense earnestness and earnest, conscientious labor are the keys to success in every undertaking. Be in earnest, then. Work hard. Having formed a purpose, let nothing tempt you from its accomplishment.

"If you have high and lofty aims, no matter how hard the struggle you may have to make before they may be realized, press on, fight on, till you have attained them.

"What if you have to sacrifice the thousand and one pleasures of life? Let them go without a thought. Time enough for that when sincerity and earnestness have made you more than conquerors; have brought you, a triumphant winner of a good life, to a commanding elevation, whence you can look down in peace and contentment upon the rugged path up which you have struggled.

"If you and all my other young women readers will conscientiously follow this advice, and be true to yourselves and to God, you will do all that is possible to attain the happiness that is sincerely wished you by.

Very truly yours,

GEORGE N. RAND, Druggist, Wolfville, N. S.

Family Government.

It is not "all in the child" by any means. With the majority of children there is a natural impulse toward that form of independence which brings the child into conflict with the parental discipline, no doubt, but it is very largely the manner in which this discipline is exercised which determines whether the parent or the child is to be the real "master of the situation."

In one home the word of the mother, expressed with kindness but firmness, is the accepted and respected law of the child. In another few are the minutes that pass unpenetrated by reproofs, threats, scoldings—in none of which has love or dignity a share.

The threats fall on callous ears, and for long experience has shown the child that they are "mere words." As it will be said by a recent writer: "Everything has been said as a matter of custom, without any intention of carrying out the threat. Instead the child has received endless warnings on his disobedience and obstinacy. The reprimands, the threats, the scoldings, and the parent, on their side, lose what little authority they have in continual nagging and fault finding. Soon other incidents present themselves, to be followed by fresh disobediences and a still longer discourse. There is never a moment of respite for anybody. And, if the child does not become enraged it is because he is thinking of something quite different when one is finding fault with him."—Good Housekeeping.

LOOK!

There will always be found a large stock of best quality at my meat-store in

Crystal Palace Block!

Fresh and Salt Meats, Hams, Bacon, Bologna, Sausages, and all kinds of Poultry in stock.

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Livery Stables

Until further notice at Central Hotel.

First-class teams with all the seasonable equipments. Come one, come all and you shall be used right.

Beautiful Double Teams, for special occasions. Telephone No. 41. Office Central Telephone.

W. J. BALCOM, PROPRIETOR.

Wolfville, Nov. 19th, 1894.

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Hello! Horsemen and Farmers!

Having one of the best Harness Stores in the Province, I am prepared to give you Horse Goods of all kinds, consisting of Harness, Rugs, Robes, Whips, Collars, Oils, Brushes, Combs, &c. My Harnesses are the best made in the County, for the price asked; all Hand Made. Call and inspect.

WM. RECAN.

Wolfville, Oct. 14th, 1897.

Torbrook } Myrtleton } Red Wilkes 1794

28613 } 9577 } Myrtle 2254

Nubietta } Nutwood 600, 2183

Bonnie Wilkes 2254

Torbrook, bay horse foaled 1893, 16 h. 1 in. high, 1100 lbs. standard bred and registered, once better bred, a perfect individual, having size, style and speed, and will bear inspection. Sired by Myrtleton, 3 in list, he by Red Wilkes, the greatest living producer of speed.

Lockhart, 2084