Winnip

Written

proach "No,

swered

two pie don't s

o' think "Wel

than Ja about

when \ and Ea

come ( doesn't

Cally

it eith

come

"No.

"Tha stiff.

"Sh-

An

girl no

red h

freckle

were

of her

"Ho

"Do

"Yo

And

he se

of ho

strate

by h

side-s

while

breat

comp

Walt

some

er of

boys "Ja night

one just noth

com thre cato wad

Cal

and h

## BAKER'S Breakfast Is the Standard for Quality



For all those whose occupations require clear heads and steady nerves, as well as those in poor health or of delicate digestive powers, it is the ideal beverage.

Trade-mark on Every Package Booklet of Choice Recipes Sent Free

Walter Baker & Co. Ltd.

Dorchester, Mass.

## WANTED

Reliable parties to do Machine Knitting for us at home. \$7 to \$10 per week easily earned. Wool, etc., furnished free. Distance no hindrance. For full particulars address :

The Canadian Wholesale Distributing Co. Orillia, Ont.

fore they woke in the morning, but they were watching me."

"They kept that up on me for three years," said Bob. "During all that time they never game me a minute's peace, but after that they gave me up. They haven't troubled me for a long time."

"You were too clever for them?" "Well, yes, I guess so, but I had a better pair of legs and a better pair of bellows in my wind box than any of them. When I saw that they intended to hit the trail with me I used to get up a little extemporised athletic contests, show them some stunts, and ask them if they could do them; like this, for instance," and he extended one leg forward at a right angle from his body and slowly sat down on the other heel.

me I had them buffalloed before started. If they started with me I set such a pace that I had their throats dry and their legs aching before we went into camp at night. Then I lay down for two hours and started again. seldom ran across one that could stay with me and never two at once, and chanced along it spoils the flavor of it a alone."

"And you like it"
"Yes, there is a fascination about it, as there is to every dangerous enterprise, with a big reward for the successful. I know of nothing at which I could make more money. You see I could make more money. You see I buy nothing but the finest, most expensive furs, and I pay the Indians more for them than they can get from any

"I was down at Athabaska Landing a month or two ago. There are ome great openings there for a man who would develop them properly. What do you say if we go down there and go at it; quit roving around and grow up with the country. We'll look the place over, pick out something good, there's a lot of such things there; we'll go into partnership, and by the time the country is settled up and flourishing, we'll be old timers in on the ground floor.'

"I'm with you. I don't need another warning like the one I've had to-day, besides I see I am not so well built for this sort of thing as you are. I'd better quit while I have a chance."

Not everyone at Athabaska Landing knows what brought the Minturn brothers there as we do.



Written for The Western Home Monthly by Robt. E. Gullins, Winnipeg.

If you cannot, on the ocean Sail among the swiftest fleet, Rocking on the highest billows, Laughing at the storms you meet, You can stand among the sailors, Anchored yet within the bay, You can lend a hand to help them, As they launch their boats away.

If you have not gold and silver Ever ready at command, If you cannot toward the needy Reach an ever-helping hand, You can succor the afflicted, O'er the erring you can weep, You can be a true disciple, Sitting at the Master's feet.

If you cannot in the conflict Prove yourself a soldier true; If, where fire and smoke are thickest, There's no work for you to do, When the battlefield is silent, You can go with careful tread You can bear away the wounded, You can cover up the dead.

Do not, then, stand idly waiting For some greater work to do; Fortune is a lazy goddess, She will never come to you. Go and toil within life's vineyard, Do not fear to do or dare, If you want a field of labor, You can find it anywhere.



Athalmer, B.C., showing Water Frontage on Columbia River.

then he slid to the ground so that he was sitting squarely on the ground behind his right heel with his left leg still extended rigidly forward, but not touching the ground. Then without allowing the extended foot or leg to touch, and without touching anything with his hands he slowly rose to a standing position by sheer strength of his right leg. He did it several times in succession without pause. "I could keep it up till you would be tired of watching me. I never ran across one that could do my sunts, and if they took the trail with

The Indians have come to one else. know me. They save their choice furs till I come for them; but I have been thinking lately of settling down. am getting pretty well on toward forty, and a man is not so fleet of foot beyond forty as before he reaches it. Most of them keep on till the North gets them. It might be wiser to quit in time."

"It has been getting hold of me. was enjoying it, but when I think what might have happened if you hadn't chanced a ong it spoils the flavor of it a bit for me.

Are you a user of Sunlight Soap? That is the vital If you are not a user of Sunlight,

question. If you are, we give you our thanks and also our assurance that, at all times and at all costs, the high standard of Sunlight is maintained. Always Pure.

5c. a bar.

may we modestly suggest that you might be, and add, with advantage. No Rubbing or Scrubbing.

The name LEVER on Soap is a Guarantee of Purity and Excellence