

### New Overcoats For Men and Young Men

Our bulletin will interest many men this week. Everything new, correct and good is awaiting you. By our convenient arrangement you can go thru the line without waste of time. Many have come in expecting to pay at least \$60 for a good overcoat, and expressed their surprise at the values they found here at \$25 to \$50. One of them makes a Christmas gift that is sure to be appreciated and valued.

Gilmour's, 68 King St.

**BOARD MEETING ADJOURNED**  
Women's Auxiliary Board Meeting is adjourned to meet in Stone Church School Room on Tuesday evening, Dec. 9th. Representatives are asked to report for Anglian Forward Movement meeting at Trinity School House this afternoon at 2:30 o'clock. All members please attend that meeting.

R. W. Hewson, Judge of Probate for Westmorland, is in the city.

### Family Talks

Shopping at our counters during this month—all because of the prestige and the good value which is synonymous with the name Birks.

This may seem like egotism but we tell you just the bare facts in order to give you the right perspective of the Birks Service.

Write for the Birks Year Book today.

**Birks**  
SILVERSMITHS  
JEWELLERS  
WATCHMAKERS  
MONTECAL  
1000 BIRKS BUILDING  
ST. JOHN'S

## INVALID LADIES This is For You

There are thousands of females who suffer untold miseries common to their sex.

This is largely due to the stress and strain of everyday life, the trials and drudgery of household duties, or perhaps the improper training of girlhood. Then, too, the physical changes that mark the different eras of womanhood (maiden, wife, mother, change of life) have much to do with her sufferings, much of which are endured in silence, unknown by even the family physician and most intimate friends.

To all those whose hollow cheeks, pale face, sunken eyes and feeble footsteps point to palpitation of the heart, nervousness, faint and dizzy spells, shortness of breath, sinking and smothering spells, rush of blood to the head, and many other troubles, we would earnestly recommend a course of

## MILBURN'S HEART AND NERVE PILLS

They have a wonderful effect on a woman's system, making pains and aches vanish, bring color to the pale cheeks, and sparkle to the eyes. They do this by strengthening the weak heart and restoring and toning up the run-down nervous system, and making the whole being thrill with new life and vigor.

Milburn's Heart and Nerve Pills are 50c. a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

### HALIFAX ENJOYS BIG BUSINESS.

The Halifax winter port season, 1919-20, has opened with a rush, and the past week has been one of the busiest in recent years. Since last Saturday morning 25 steamers, with a total gross tonnage of over 150,000 tons, have entered this port, in addition to the regular coastal trade. In the same period twelve have sailed, the majority bound to transatlantic ports.

This rush is due primarily to the coal strike in the United States. The majority of the steamers coming here the last week required coal. Some have bunkered and have left for their destinations, while others are filling their bunkers, and there

are several in port awaiting their turn to be coaled. During the past week several ships have loaded cargo here, and the stevedores have been kept busy.

The port greatly resembles war time days, when convoys were collected here, and the majority of the berths have been constantly occupied during the week, and even then many ships had to anchor in the stream. Yesterday there were four steamers at the South End Terminal, the Comino, Digby, Wynote and Valaida, at the Deep Water Terminal there were the Metagama, Canadian Trooper, Canadian Sailor, Cuferino and Rosalind, while anchored in the stream were the Hydaspes, Pathfinder, Ruth, Zaslenski, Corinthio, Polyarp, Cherryleaf and Durham. At the Furness Pier were the Francisco and Lake Flandera—Halifax Chronicle.

### Scottish Night Greatly Enjoyed

Members of St. Andrew's Society and Friends Gathered in Masonic Hall Last Night—Greetings from Other Societies and Addresses.

Honor to speech, song and music was paid last evening to the memory of St. Andrew, and to the land of Scotland, from whence the members of St. Andrew's Society, or their ancestors came to a home in Canada. The gathering took this year the form of a Scottish Night held at the Masonic Hall and after a delightful programme had been given twelve dances and three supper dances were enjoyed.

The rooms were elaborately decorated with flags, banners of the Society, and other symbols of Scotland carried out in white on blue background and views of Scottish heroes and scenes of Scotch beauty. At the back of the small stage was a large St. Andrew's Cross brilliantly illuminated with electric lights and set against a background of dark blue. In the centre of the cross a golden thistle shone. On either side of this large decoration were draped the Union Jack and the Canadian ensign, while about the walls the Scottish flag was in evidence. A banner bearing the inscription "St. Andrew's Society organized 1768" was noticeable. In the upper room the walls were hung with blue and white streamers.

The president, Alexander McMillan, on behalf of the St. Andrew's Society gave a very cordial welcome to those present, referring to the fact that, while St. Andrew's day has been celebrated quietly each year since 1915 there had been no public gathering held. He was glad to welcome so many friends. The society was, according to John White, financially sound and the membership increasing. Hearty applause greeted the president. Greetings from St. Patrick's Society were given in a witty speech delivered by Judge Ritchie who kept the audience laughing at his dry bits and Irish way of putting things.

John White read greetings from numerous societies elsewhere to which clever and original replies had been sent. The following cities wired greeting and good wishes: Halifax, Montreal, Philadelphia, Ottawa, Prince Edward Island, Winnipeg, Quebec, St. Stephen, Vancouver, Toronto and Boston.

Dr. Herbert L. Stewart, of Dalhousie University who spoke on "The Day and a Wha Honor It," put his audience in the best of humor at the start by a couple of original and witty stories. He touched on the risk St. Andrew's committee had run in inviting to participate in this holiday of all days, one who is really an unknown alien, whose opinions, or views on the haggis, oatmeal, Robert Burns, and other Scottish institutions must be unknown to the members of this society. "What a situation—what a strange thing that you should ask me to speak on this great day. Perhaps my Rotary Club friends gave you a guarantee but even under the most favorable circumstances you took a risk in summoning an Irishman, and a Halifax Irishman at that. However, I thank you for the McMillan on his third election to the highest office in the gift of the

## What are Pepps

Pepps provide a new treatment for coughs, colds and lung troubles. They are little tablets made up from Pine extracts and medicinal essences. When put into the mouth these medicinal ingredients turn into healing vapors, which are breathed down direct to the lungs, throat and bronchial tubes. The Pepps treatment is direct. Swallowing cough mixtures into the stomach, to cure ailments and disorders in throat and lungs, is indirect. Pepps are revulsive in the treatment of colds and their price is within the reach of all. All dealers, 50c. box, send stamps for FREE TRIAL PACKAGE.

Society, and congratulated the Society as well on its choice of one who had cordial invitation and for the opportunity given me to be here." Dr. Stewart congratulated President on such honor overseas. Why, asked Dr. Stewart, did the Scottish people adopt St. Andrew as their own particular property? Why lay claim to him

### INFLAMED GUMS—CAUSE OF LOOSE TEETH

Pyorrhea is undoubtedly a vital danger to both gums and teeth. Tender gums indicate it, and with it come loosening teeth. Imperceptibly, as first, the gums recede from the normal gum line. They inflame. They prevent many tiny openings for millions of bacteria to attack the unenslaved tooth base. Tooth-base decay quickly follows. Even if the cavity be filled and the tooth saved, the gums continue to recede. Remember, too, that inflamed and bleeding gums act as so many doorways for disease germs to enter the system—inferring joints or tonils—or causing other ailments.

Against this Pyorrhea (Riggs' Disease) ordinary tooth-pastes are powerless. Yet Pyorrhea attacks four out of five people who are over forty, and many under this age. But Forhan's—if used in time and used consistently—positively prevents Pyorrhea. It is a scientific tooth cleanser as well. Brush your teeth with it. See how promptly bleeding or gum tenderness ceases and how your teeth are kept white and clean.

If gum-irritations have already set in, start using Forhan's and consult a dentist immediately for special treatment. 50c and 60c tubes. All Druggists. FORHAN'S, LTD., Montreal.

**Forhan's**  
FOR THE GUMS

for their exclusive use? It must be merely the racial characteristics breaking loose again, that trait of appropriating to themselves whatever is best and claiming it as their own. The best was none too good. No second-rate saints would satisfy the Scottish people. They broke right into the inner circle of the twelve apostles, took the one they wanted, and my only surprise is that they did not grab the lot. "So I speak tonight on St. Andrew, though in my heart I know he hadn't a thing to do with you. Every nationality has its own characteristics, and each because of this condition makes its own contribution to the general well-being of the human race. Among the Scottish people, three traits stand out clearly, the enthusiasm for education, industry and thrift. And these are the qualities needed for the restoration of world order today. In our present struggle three problems trouble us. There are those who would make us an idle world, those who would make it a spendthrift world, those who would make it a quarrelsome world. In these dangers there is not a race to whom we can turn with greater confidence appeal than to the Scots, whose historic national characteristics will prove of incalculable value to the world today. Because the Scottish race is to all man kind the outstanding exemplification of those qualities which the world now demands, we honor the day of St. Andrew, and look to those of Scottish descent to aid the human race in these hours of peril."

Dr. Stewart's address was brightened by numerous witty stories, appropriate references to local and national incidents, and was listened to with the closest attention by all.

The passing of the Muri by Mrs. Charles W. Bell is always an interesting feature of the celebration. The musical numbers on the programme were greatly appreciated and a very fine Highland Fling was danced by Alexander Campbell, (late Pipe Major of the 50th Battalion) to a march composed by Piper Ross and played for the first time last evening.

The programme was as follows: "We'll their bonnets an' feathers an' glitterin' gear An' the pibroch soundin' sweet an' clear." Address—The President. Song—"The Hundred Pipers."—Mr. Guy. Song—"Gae sing ta me the auld Scots' Sangs."—Miss Louise Knight. Address—"The Day an' a' wha honor it."—Prof. Herbert L. Stewart, (Dalhousie University). Song—"Scots Wha Hae."—Mr. David Allan. "Then Scotland's right and Scotland's hills for me." Highland Fling—Mr. Alexander Campbell, (late Pipe Major, 50th Battalion).

Song—"The March of the Cameron Men."—Miss Louise Anderson. Accompanists Miss Dorothy Bayard, The Misses Louise and Agnes Anderson.

**PILES**  
Do not suffer further with itching, bleeding, protruding PILES. No surgical operation required. Dr. Chase's Ointment will relieve you at once and as a certainty cure you, see a post card to dealers of Edinburgh, Hays & Co., Limited, Toronto. Sample has free if you mention this paper and enclose 10c. stamp to pay postage.

## Strong, Forceful Men With Plenty of Iron In Their Blood

These Are the Ones With the Power and Energy to Win

"Many a capable man or woman fails just short of winning because they don't back up their mentality with the physical strength and energy which come from having plenty of iron in the blood," says Dr. James Francis Sullivan, formerly physician of Bellevue Hospital (Outdoor Dept.) New York, and the Westchester County Hospital. "Lack of iron in the blood not only makes a man a physical and mental weakling, nervous, irritable, easily fatigued, but it utterly robs him of that virile force, that stamina and strength of will which are so necessary to success and power in every walk of life. It may also transform a beautiful, sweet-tempered woman into one who is cross, nervous and irritable. To help make strong, keen red-blooded Americans there is nothing in my experience which I have found so valuable as organic iron—Nuxated Iron. It often increases the strength and endurance of weak, nervous, run-down people, in two weeks' time. Nuxated Iron is now being used by over three million people annually and it has been used and endorsed by such men as Ignace Jan Paderewski, Premier of Poland and Master Pianist; Former United States Senator and Vice-President of the United States Charles A. Tamm; Former Health Commissioner Wm. H. Kerr, of Chicago; also United States Judge G. W. Atkinson of the Court of Claims of Washington, and others.

**CAUTION:** NOTE: Nuxated Iron, which is recommended above, is not a secret remedy, but one which is well known to druggists everywhere. Unlike the older organic iron products, it is easily assimilated, does not injure the stomach, makes them black up upon the stomach. The manufacturer guarantees successful and entirely satisfactory results to every purchaser or they will refund your money. It is dispensed by all good druggists.



### SCOTLAND FOREVER

(From PUNCH)  
They came from unlovely highlands,  
From the glens where their fathers were free  
From misty and mountainous islands  
Set fast in the throat of the sea;  
They fought for the honor of Britain,  
They died in defence of the right;  
Their deeds are in history written  
In letters of light.

They fell where the Ganges is flowing;  
They lie north the Russian Roodan;  
Their dust o'er the desert is glowing  
In the whirlwinds of far Kurdistan.  
The sons of Glen Orchy and Ranach  
Slept sound by the slow-moving Scheldt,  
And the bones of the men of Loch Faurich  
Are white on the veid.

But the Lewis and Lochmaben and Galgosh  
Still march to the battle array  
And the fighters from many a fair loch  
Like their fathers, leap forth to the fray;  
Red flame tears the darkness asunder  
Where the curtain of battle is drawn  
Where the clansmen through death-  
cloud and thunder,  
Go over, at dawn.

In the strength of the hills and the heather,

With salt of the sea in their blood,  
They sweep from the trenches through  
With the force of an oncoming flood;  
Like the billows that beat upon Moindart  
When the gales from the Hebrides blow,  
Like a storm on the mountains of Knoidart  
They burst on the foe.

### YOUNGSTERS!

Need "Cascarets" when Sick, Bilious, Constipated.

When your child is bilious, constipated, sick or full of cold; when the little tongue is coated, breath bad and stomach sour; get a box of Cascarets and straighten the little one right up. Children gladly take this harmless candy cathartic and it cleanses the little liver and bowels without griping. Cascarets contain no calomel or dangerous drugs and can be depended upon to move the sour bile, rouse and indigestible waste right out of the bowels. Best family cathartic because it never cramps, sickens or causes inconvenience.

### Day

Amount of this writing contain Pen instead of

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Gifts

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Beautifully Cool and Sweet Smoking

# PLAYER'S

NAVY CUT CIGARETTES

PLAYER'S CIGARETTES have an immense sale all over the world due entirely to their high quality and excellence of manufacture

15c. PER PACKAGE—TWO FOR 35c.