REMINICANADA MADA MADA MADE IN CANADA

## PAGE OF INTEREST TO

### SOCIAL and PERSONAL

TELL IT TO THE SOCIETY EDITOR.

Bermuda, the wedding to take place quietly in the immediate future.

Mrs. A. C. Joseph has returned to the city after attending the annual meeting if the Ontario Graduate Nurses' Association, held in Ottawa.

Mrs. Crowder of 28 Elmwood avenue announces the engagement of her daughter, Alice M., to Mr. Clifford J. Buchanan of Detroit, the marriage to take place soon.

Mr. H. Pamplin announces the engagement of his daughter, Blanche Agnes, to Mr. Dolph I. Cooper, son of Mr. and Mrs. Horace Cooper, Hamilton, Bermuda, the wedding to take place the strains of the wedding to take place to the wedding march placed to the wedding to take place to the wedding march placed weather there was a very late out of members who were private to the wedding to take the wedding to tak short wedding tour.

short wedding tour.

The members of the Girls' Friendly Society were the hostesses of a very enjoyable party last evening, when they entertained a number of young people to an old-fashioned supper. Toasts were offered and many games played, ending up in an old-fashioned spelling-match.

The announcement of several more box parties for Friday night at the Majestic Theatre is an indication that the presentation of "Liberty Hall" there by the Women's Press Club is to be a social event. Among those having box parties are Mr. and Mrs. E. B. Smith, Dr. and Mrs Hugh McCallum and Miss Markham. Another theatre party for the same evening will be that given by Col. W. M. Gartshore, who will have



THE STORY OF PATCHES. PART TWO.

Patches had walked a long way before he became tired and had to sit down to rest. It was beautiful weather and he enjoyed his travels. But walking you know makes one hungry and soon Patches was reminded he had trotted along with his new friend. At

"Good morning," said Mike, speaking before he was spoken to, like a true Irishman. "You look hungry." "And indeed, so I am," Patches an-Irishman.

soon Patches was reminded he had come away without first having had his dinner.

Along came a strange dog. "Please, little dog, can you fell me where I can get something to eat" asked Patches, but the strange dog Just sniffed, turned up his nose and passed on.

"My, what a mighty sort of a fellow he is," thought Patches to himself, as he looked after the dog. After all, it did not seem as if the other dogs of the world were any kinder than his own brothers and sisters who had treated him so meanly.

Just then along came another dog. How was a grimpy-looking dog and when Patches caught sight of him, he knew at once that he would be friendly. It was the Irish terrier.

"It become things buried," said Mike, pointed to a log close by away. Mike pointed to a log close by "Now right under that log there are lots of nice things buried," said Mike, pointed to a spot in the garden.

"Wow right under that log there are lots of nice things buried," said Mike, pointed to a spot in the garden.

"Will you please send me your famous stockingfoot pattern, and also mitt pattern?

The following is a recipe for a delicious pie.

The following is a recipe for a delicious pie.

One cup of dark brown sugar, two tablespoons flour, one tablespoon butter, yolks of two eggs (whites for frosting, one cup sweet milk. Cook in double boller and put in baked crust. It improves if left for two days. Inclosed find ten cents for Sick Children's Hospital. ONE STAP.

# IN W. M. S. HISTORY

Mrs. White of Windsor is the guest as his guests the heads of the different Presentation To Miss Russenof her sister, Mrs. Yarker, at Elmhurst, departments at McClary's. holt At St. Andrew's.

> The Easter offering given at Monday's meeting of the W. M. S. of the First Methodist Church proved to be the largest in its history, amounting to \$400. In spite of the unfavorable weather there was a very large turn-out of members who were privileged to hear the Rev. H. B. Burwell of China deliver an address on "The Challenge

At St. Andrew's.

An address by Dr. Cartér of India
was the principal feature of a large

## Mail-Box

One cup of dark brown sugar, two tablespoons flour, one tablespoon butter, yolks of two eggs (whites for frosting, one cup sweet milk. Cook in double boiler and put in baked crust. It improves if left for two days. Inclosed find ten cents for Sick Children's Hospital. LONE STAR.

BABY'S TUB BATH.

A full bath should not be given before a baby is ten days old. Many people advocate no tub bath for the first two months, but with care in regulating the temperature of the room and of the water there should be no lill effects after ten days or a fortinisht.

The temperature of the room should be 70 degrees F, for early in farmer, and be lowered gradually to gra

ment. Cleanliness, like most of the homely virtues is best assured by the formation of habits so strong that they become unbreakable. A baby who has always been clean learns more easily to keep himself always clean.

The Chesley Avenue Club

Gives Program At Empress

Mrs. Pellow, president of the Chesley Avenue Mothers' Club, was the speaker at a meeting of the Empress Avenue

Advertiser Patterns Owing to the pattern manufactur-ers increasing the price of patterns to us all patterns advertised from this date will be

15 CENTS EACH.

A New Frock for the "Little One."

3084—For this style one could choose soft silk, poplin, repp, batiste, or nainsook; for service and utility, check or plaid woolen or gingham, chambray, or linen could be employed. The sleeve may be in wrist length with a band cuff, or cut short and finished with a "turn"

or cut short and finished with a "turn-

The Pattern is cut in 4 Sizes: 2, 3, 4 and 5 years. Size 4 will require 3 yards of 27-inch material. Collar and cuffs

of 21-inch material. Collar and cuffs may be of contrasting material.

A Pattern of this illustration mailed to any address on receipt of 15 cents in silver or 1 and 2 cent stamps.

Name

Age (if child's or misses' pattern)....

Measurement: Bust..... Waist....

back" cuff.

at from one to twp years it should be from 85 degrees to 90 degrees F.

In bathing a baby use a soft sponge for all of the body except the face. For the face use a soft cloth which is boiled often and kept scrupniously clean; do not use a sponge, became it may become dirty and infect the baby's eyes or mouth.

A bath should not be given for one hour or longer after nursing. The nurse should have a soft warm flanned on her knees, and lay the baby upon this. The face and head should be washed first and dried with little rubbing. The body should then be soaped

Dr. Brady will answer all signed letters pertaining to health. Writers' names are never printed. Only inquiries of general interest are answered in this column, but all letters will be answered by mail if written in ink and a stamped, self-addressed envelope is inclosed. Requests for diagnosis or treatment of individual cases cannot be considered. Address Dr. William Brady, in care of this

Unromantic Hygiene. 3-The Harm Done by Physic.

An adult who had suffered for years tablets and "herb" teas undoubtedly with an annoyance attributed to irritability of the bladder—an abnormal frequency which at times became a handicap—discovered at last what was the matter. The patient had consulted numerous physicians and urologists, none of whom was able to determine the cause or nature of the trouble.

Name Harm Done by Fnysic.

An adult who had suffered for years tablets and "herb" teas undoubtedly produces many symptoms which prove obstinate and discouraging, and the ridiculous part of it all is that the proor victim of the physic habit is quite likely to "try" this and that nostrum which purports to be good for what he or she imagines may be wrong—mostly the patient's family physician.

A powerful factor in the widespread. Finally the patient's family physician happened to mention the untoward or by-effects of the physic habit, which remark prompted the patient to speak of a habit of taking every night an "herb" physic, a habit which had been to the patient to speak with the duration of the patient of the pat followed for just about the duration of the bladder trouble. The "herb" tab-lets contain a good dash of aloes, to-gether with the other horse medicines which make up practically all 'liver pills' and 'herb' teas and such junk -jalap, colocynth, a sprinkle of everythings cheap. These drugs, unfortunately, are not specific in effect; that is, they do not merely produce congestion and irritation of the bowel—and consequent evacuation or cramp—but also they cause irritation of the kidalso they cause irritation of the kid-neys and bladder and of the other pel-vic organs in both sexes. In this particular instance the withdrawal of the daily dose of "herb" physic promptly and permanently relieved the bladder trouble with which the misguided patient had suffered several years.
I sometimes wonder how many thousands of drug-taking victims of constipation suffer in other ways from their drug habit? The crude stuff dis-pensed in "liver" pills, "vegetable"



the or she imagines may be wrong—mostly she.

A powerful factor in the widespread physic habit is the fool notion that a physic somehow clears the blood of polsonous matter-a notion which is not for a moment entertained by an intelligent physician or by any one with an elementary knowledge of

human physiology.

A dose of indiscriminate physic, in my opinion, is just a little worse than the constipation it is supposed to overcome. That is to say, less harm is done by the failure of the bowels to act for a few days than by the average physic which forces a bowel movement, or by an enema. Circumstances rarely arise in which a physic or an enema may be advisable, but there is no advantage to health in the habit of resorting to such artifices nearly every day.

Castor oil, senna (as in castoria), and

similar drugs fed to tender infants im-pair the physiological co-ordination of the digestive processes which normof the digestive processes which hormally takes care of bowel function, and thus a constipated condition is established by figuratively throwing a monkey wrench into the human machinery,

QUESTIONS AND ANSWERS.

Rings.
I have rings around my eyes and would like to know what causes them.
I get from seven to eight hours' sleep every night. Thank you. A YOUNG BOY.

Ans.—If you want to thank me, my boy, take at least nine hours' sleep every night. Also take a pint of fresh milk with some creakers. milk, with some crackers or bread and butter, every night before going to

Newest Arrivals

Newest Arrivals

OF SUITS, COAIS AND DRESSES, in the season's latest styles and shades, at reasonable prices. Your inspection is invited.

LITTLE MOTHER.

Ans.—Pacifiers are harmful in many ways. You do not mention what the baby's diet has been. By all means feed him fresh milk, meat broths, fruit juices, and the pulp of stewed vegetal times.

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure, 22, 24, 26, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure when misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns and the pulp of stewed vegetal times every night. He has a pacifier.

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Ans.—Pacifiers are harmful in many ways. You do not mention what the child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns on one week from the date of application.





Mrs. Luther Holling, who was selected as women's candidate for one of the Winnipeg seats in the Manitoba Legis-lature. She is runnip as absolutely independent.

words. If English Buttercup wants another good recipe for a two-layer cake or a chocolate cake I can send it to her. Yours for success,

MOTHER'S HELPER.

Light Layer Cake—

2 tablespoons soft butter.

2 cups granulated sugar, beat light in butter. In butter.

2 eggs, beat light.

3 tablespoons baking powder.

3 cups flour.

Dear Miss Grey.—Here I comy to bother some more. My husband wished me to write and ask for copies of "The Gypsy's Warning." and "The Answer to the Gypsy's Warning." He also wished me to ask if you, or any of the boxites could supply him with the words and music or even the words of a song commencing like this,

"If a star should wed a flower, And fall from its home on high." Really Miss Grey, I do not know what we would do without your Mail-Box, it certainly is a big help. If you have any filet crochet yoke paterns in the Mail-3ox, would you please lend them to me. I am sending stamped addressed envelope for songs, etc.

Sincerely yours.

Sift the baking powder and the flour together. Bake the cake in three jelly time.

The pan we make our sheet cake in is 14 inches long and 8 inches wide.

Ans.—Now pageites look through your old time music, and please send the words of song requested.

Agree With Mother Carey

Dear Miss Grey,—I agree with Mother Carey, and would not call the letters about town and country, "War." They were merely the ploneers in the "Get Together and Find Each Other's View Point," movement. May be it is advisable to apply the closure, when the discussions have become too long drawn out, and, perhaps a few of the writers might express their opinions more courteously, but much unparliamentary language should be forgiven women who have just obtained the marble halls at Ottawa is kept busy calling on the members to retract. Dear Miss Grey,—I agree with Mother Carey, and would not call the letters about town and country, "War." They were merely the pioneers in the "Get Together and Find Each Other's View Point," movement. May be it is advisable to apply the closure, when the discussions have become too long drawn out, and, perhaps a few of the writers might express their opinions more courteously, but much unparliamentary language should be forgiven women who have just obtained the vote, when even the speaker in the marble halls at Ottawa is kept busy calling on the members to retract. LOCH KATRINE.

Here's Blue Eyes. Dear Miss Grey,-I have read your columns for some time and enjoy them very much. Could you tell me anything that would stop blackheads and pimples Also I would like the wonderful stock-

Also I would like the wonderful stocking foot pattern. In return here is
a very nice recipe.
Cocoanut Macaroons—
1 egg, (whites only); beaten.
1 tablespoon flour.

real open work? I will copy them
off and return to you. Hoping I am
not asking too much. Am inclosing
ten cents for Children's Hospital. I

for patterns if there are any there for

read your columns, and and would like interested.

I am 14 years old, and would like some boy or girl to correspond with. I would prefer if they were older. I will leave my address with Miss Grey. ROSEBUD.

Ans.—Brown Eyes is looking for a correspondent, I will send her address

A Call From Molly.

Dear Miss Grey,-I have been a stlent but interested reader of your page for but interested reader of your page for some time, so thought you would perhaps be able to find a little corner for me. Among the many valuable hints found in your column, I would like to say that I tried Farmer's Wife's berad, May Lizzy's Spanish bun cake, and Peg o' My Heart's hard soap, with great success.

Here is a recipe which may be use-il to some of the readers:

Meota Pudding—One-quarter cup of Meota Pudding—One-quarter cup of butter. ½ cup of molasses, ½ cup of sour milk, 1 egg, ½ teaspoon of soda, 1 teaspoon salt, ½ cup raisins (stoned and chopped) (or figs), 1½ or 2 cups brown flour. Steam in buttered mold 2½ hours. Serve with sauce.

Inclosed is an addressed envelope, for which please send me the famous S. F. pattern; also the mite for C. H. F. Wishing you all success with your page, I remain. MOLLY BONN. Thanks, Molly. How about calling

Good Little Freckles. Dear Miss Grey.—I am sending in directions for a butterfly yoke. I see where several have been asking for one.

That made me think of the run of sen That made me think of the run of sen That made me think of the run. You can print them so everyone may have a chance to clip it out, or send it on to someone, just as you wish. This

### the Velasquez silhouette

A wonderful new fashion creation has just appeared. It is known as the Velasquez Silhouette. On it will be based the coming styles for 1920. Imported from Spain, it is a striking Mode for Milady. Ten charming illustra-tions of the Velasquez silhouette, fashof its origin, its development and its popularity, will be found under "The Fashionable Silhouette and Other Helpful Hints" in the April EVERY-WOMAN'S WORLD. Add to this the exclusive showing of "Le Costume Royal" Spring Styles, and you have two fashion features you cannot afford to miss. Both appear in

ALL NEWS STANDS



me from Lover of Fresh Eggs or any one else, and please, Miss Grey, could you tell me what would give a panama hat a satisfactory cleaning?-Ans.—I will keep directions in Mail-Box, and forward it to any readers on request. Thank you for your trouble. Dear Miss Grey,—This is my first Box, and forward it to any readers on visit to your Mail-Box, but I always request. Thank you for your trouble, read your columns, and am very much There is no mail here at present for you, Freckles. I never tried to clean a pan-ama hat, but some of the Pageites I know will have suggestions.

Found, a Correspondent. Dear Miss Grey,-This is my second visit to the Mail-Box, and hope to be of some help to someone in need. I have copied the song, "Wait Till You Get Them Up in the Air," for Smiles, for you to kindly forward it to Smiles. I am

a lover of fancy work, especially crocheting, and would love to get some patterns from some of the readers. Could anyone give me the words of "It's Only a Pansy Blossom." and body's Waiting for Someone"? If anyone would like to correspond with me, my address is with Miss Grey. I think it just great fun getting acquainted with each other. Wishing the Mail-Box the best of luck, I remain as before.

MISS M. D. L.

Ans.—I'm sending you the address of
a charming correspondent, so you may
write to your heart's content. Who
will send in songs requested?

P. B. I., please send in your address for songs requested. Best Page of Paper.

Dear Miss Grey,—I have read your page many times, and have often wondered if you are what is called a busy person, for I think you are. As I hapof sap. That made me think of writing to your page for something to pass away the time. It is the best page of the paper, for so many things are

discussed that really mean something This being my first letter, I will close by asking you to please forward in-closed letter to E. M. F., whose address you have.

Ans.—Say, Maple Boy. I think you might have invited us to a sugaring-off party. Now, don't forget next year. Thinks It a Great Idea.

Dear Miss Grey,—Perhaps I come too often. Rut I saw where the song, "The Rose of No Man's Land," was wanted. I do not know by whom. I am inclosing it with 10 cents for the S. F. P. I think that is a great idea of helping the Sick Children's Hospital. that is a great idea of helping the Sick Children's Hospital.

I think it would be lots of fun to have a convention. Can any reader tell me what to do with a Christmas fruit cake that has become dry? I have tried putting an apple in with it, but it didn't seem to have much effect on it. I read a great deal and have many favorite. great deal and have many favorite authors and authoresses. Here are a Perhaps, though, before those few minfew: Mrs. L. T. Meade. Jean Stratton, utes are up it will be too hot for me if Porter, E. M. Dell, Ridgewell Cullum, those returned soldiers are any place Porter, E. M. Dell, Ridgewell Cullum, those returned soldiers are any place Ralph Connor. Has anybody read "The close by. But say, to save my hide, Knave of Diamonds." by E. M. Dell? It is splendid. I think I have the qualifications that Mahaska wishes, so if she I am as hard up as "Grandpa Willie." would care to correspond with me I I live on a farm with nothing but bare would be delighted. My address is with ground all around me, I don't have to Miss Grey. I am inclosing a self-saw logs for a living, though, As long addressed envelope. would be delighted. My address is with ground all around me. I don't have to Miss Grey. I am inclosing a self-saw logs for a living, though. As long addressed envelone.

JAKALOO.

Ans.—Wrap cake in a damp cloth, and needles, for it's hard to say who Jakaloo, and see if that helps a bit. I'm will come in, and I am afraid to leave

Dear Miss Grev.—This is my first letter to your mail-box. I enjoy your nage very much and get many helpful hints from it. We have taken The Advertiser for several years. Could you please tell me a way to clean the tops of white kid shoes? I would like to correspond with some girl about fifteen or sixteen,

ka's address.

FIVE ROSES FLOUR
for Breads-Cakes-Puddings-Pastries

A Spool o' Silk

Just the kind of a spool o'

One which gives you those well-stitched, closely held seams that are the life of a

garment-perfectly flat seams that stay flat and never pucker. A spool of silk which runs smoothly through your sewing machine, even at highest speed, and does

not split nor bunch up in maddening

Such a spool of silk, guaranteed to do perfect work, is BELDINGS - lustrous,

For sale at the best stores everywhere in Canada A spool to match all fashionable colorings.

BELDING PAUL CORTICELLI LIMITED MONTREAL TORONTO WINNIPES VANCOUVER

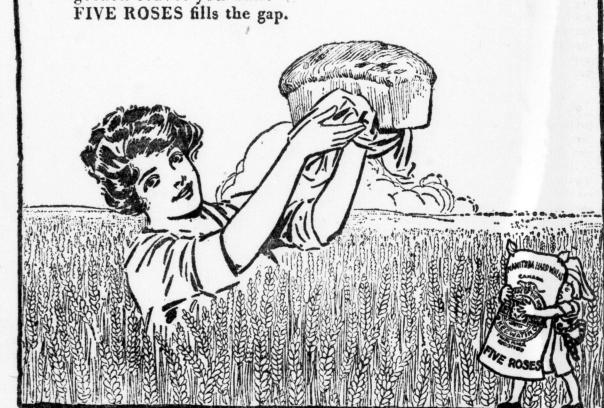
BELDINGS Spool Silks are pure silk.

silk you enjoy using!

knots that spoil seams.

durable, beautiful.

Between the sunripened fruit of the western prairie and the golden loaves you bake-



if she would write first. My address is with Miss Grey. How should a girl of 15 comb her hair? Could you tell my character by my handwriting? Wishing

your page every success.

A HIGH SCHOOL LASS.

Ans.—There are preparations for cleaning gloves and white kid boots, which you may purchase at shoe stores.

Comb it softly back from the face, and tie with ribbon at nape of neck.

No. I am not clever enough to read character by writing.

What Will We Do to Him? Dear Miss Grey,-Can you possibly make room for me for a few minutes?

mercies of Ura Kidd. Listen, Pageites, the real honest-to-goodness name sending you. along with pattern, Mahas-ka's address.

for fear you give me a kick for a send-off. But, I believe the latter would be over with the quickest, so I will take that course. But first please find inclosed 25c for fund, for which I would like S. F. P.

Appetizing and Delicious.

## **UPTON'S** ORANGE MARMALADE

Your Grocer can supply you.

PRESERVED BY The T. Upton Co., Limited, Hamilton, Can.

sounds Scotch. but don't tell, so we won't be too hard on our make-believe Kaiser, and besides, hasn't he donated What a Catastrophel

fund, for which I would like S. F. P.
And say, do you think it safe to stick around any longer, or had I best go and jump in the river? Whatever you say I'll do. I will await your answer.

KAISER WILHELM, NO. 4.
Ans.—If I know anything about the fat meat, dip in milk before putting correspondent.

Pageites, I'm atrain your mind the Box a pretty hot place, Mr. Kaiser.

Box a pretty hot place, Mr. Kaiser.

Think I'll turn you over to the tender

Think I'll turn you over to the tender worn down dip in water and put to worn down dip in water and put to a new cake, and you will find they will stick together. So many girls in our town have broad noses, I thought maybe someone could give some advice to help them. I will leave my address with Miss Grey, any one wanting to write, about 15 or 16.

Hoping I haven't taken up too much space. Yours truly,

What a Catastrophe!

Dear Miss Grey and Readers,—If
you will allow me to peep into your
cosy corner I will do so. I am going
to send you a few hints. When frying
fat meat, dip in milk before putting

space. Yours truly.

FORGETNOTS.

We can help those poor inoses. I am
told a broad nose denotes a musical
temperament, if that is any consolation. Will try to find you a real nice