

PAGE OF INTEREST TO WOMEN

SOCIAL and PERSONAL

TELL IT TO THE SOCIETY EDITOR.

Mrs. White of Windsor is the guest of her sister, Mrs. Yarker, at Elmhurst.

Mrs. A. C. Joseph has returned to the city after attending the annual meeting of the Ontario Graduate Nurses' Association, held in Ottawa.

Mrs. Crowder of 28 Elmwood avenue announces the engagement of her daughter, Alice M., to Mr. Clifford J. Buchanan of Detroit, the marriage to take place soon.

Mr. H. H. Pampall announces the engagement of his daughter, Blanche Agnes, to Mr. D. H. Cooper, son of Mr. and Mrs. Horace Cooper, Hamilton, Bermuda, the wedding to take place in the immediate future.

The members of the Girls' Friendly Society were the hostesses of a very enjoyable party last evening, when they entertained a number of young people to an old-fashioned supper. Toasts were offered and many games played, ending up in an old-fashioned spelling-match.

The announcement of several more box parties for Friday night at the Majestic Theatre in an effort to raise the presentation of "Liberty Hall" there by the Women's Press Club is to be a social event. Among those having box parties are Mrs. E. B. Smith, Dr. and Mrs. Hugh McCullum and Miss Markham. Another theatre party on the same evening will be that given by Col. W. M. Garthshore, who will have

as his guests the heads of the different departments at McClary's.

SUCH-DARLING.

On April 7 a prettily wedding took place at the home of the bride's parents, Mr. and Mrs. Alex. Darling of Oliver, when their eldest daughter, Eva May, was united in marriage to Arthur such of Aylmer. The bride, who entered the parlor on the arm of her father, to the strains of the wedding march played by Mrs. Conway, looked charming in a gown of white silk. The ceremony was performed by Rev. W. Conway of Kintore, after which a dainty wedding breakfast was served. The happy couple left on the 7 o'clock train for a short wedding tour.

HOLIE-JEFFERY.

The marriage of Ella Mae, eldest daughter of Mr. and Mrs. B. F. Jeffery, of Kintore, to Mr. H. B. Jeffery, of Kintore, took place at the home of the bride's parents, Mr. and Mrs. H. B. Jeffery, of Kintore, on April 7. The bride, who entered the parlor on the arm of her father, to the strains of the wedding march played by Mrs. Conway, looked charming in a gown of white silk. The ceremony was performed by Rev. W. Conway of Kintore, after which a dainty wedding breakfast was served. The happy couple left on the 7 o'clock train for a short wedding tour.

LARGEST OFFERING IN W. M. S. HISTORY

Presentation To Miss Russen-holt At St. Andrew's.

The Easter offering given at Monday's meeting of the W. M. S. of St. Andrew's Church proved to be the largest in its history, amounting to \$400. In spite of the unfavorable weather there was a very large turnout of members who were privileged to hear the Rev. H. B. Burwell of China deliver an address on "The Challenge of Chungchow." After the meeting tea was served.

At St. Andrew's.

An address by Dr. Carter of India was the principal feature of a large and enthusiastic meeting of the W. M. S. of St. Andrew's Church held on Monday evening. Dr. Carter's address dealt largely with the conditions in India, and the relation of the church in making these conditions better. A report of the recent Presbytery held in Stratford was read by Mrs. George MacDonald, and a presentation of an umbrella was made to Miss Russenholt, the deaconess, who is shortly leaving the city. At the close of the meeting tea was served.

Cynthia Grey's Mail-Box

Dear Miss Grey.—Here I come to bother some more. My husband wished me to write and ask for copies of "The Gypsy's Warning," and "The Answer to the Gypsy's Warning." He wished me to ask if you, or any of the boxites could supply him with the words and music or even the words of a song commencing like this,

"If a star should wash a flower, And fall from its house on high, Really Miss Grey, I do not know what we would do without your Mail-Box. It certainly is his help. If you have any list of croquet ball patterns in the Mail-Box, would you please lend them to me. I am sending stamped addressed envelopes for songs, etc. Sincerely yours,

ANS.—I am mailing "The Gypsy's Warning," and the answer, the other song referred to readers.

LOTS OF ROOM.

Dear Madam.—I am a newcomer to your page, and hope you will find room for me. Will you please send me your famous stocking-foot pattern, and also mitt pattern.

How quickly Little Patches set to work to dig. His paws were small, but soon he had unearthed a large juicy-looking bone. Just as Patches was about to dig his teeth in it a great roar sounded close at hand. Mike ran away as fast as he could. Poor Patches turned and faced an angry bulldog, who was glaring at him fiercely.

[To Be Continued.]

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A Lover of Flowers.

Miss Grey.—I have not called for some time, but am going to try to cheer someone. I have kept a callily as long as seven years, but it has a blossom at last. A lady I knew was telling how many blossoms hers had on, and I inquired how long she had had the plant. When she reckoned up she had it 38 years, so it is quite a blossom, but I knew a person who got a bulb from her, and it blossomed the second year, so it all depends on the warmth of house. I always had a cold one until now.

How nice to get a leopard pattern slip, would exchange slips with anyone when it is time, as I have several varieties. Would like to get the main pattern. Am enclosing ten cents for Children's Hospital.

Mother's Helper.

Dear Miss Grey.—I was in Saturday's paper where English Buttercup wanted the recipe for a three-layer light cake. I am 13 years old, I go to school every day. On Saturday, I help mama bake and generally have good luck. I am enclosing ten cents for Children's Hospital.

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Advertiser Patterns

Owing to the pattern manufacturer, increasing the price of patterns to us, all patterns advertised from this date will be

15 CENTS EACH.

3084

the Velasquez silhouette

A wonderful new fashion creation has just appeared. It is known as the Velasquez Silhouette. On it will be the coming styles for 1922. Imported from Spain, it is a striking mode for May. Ten charming illustrations of the Velasquez silhouette, fashion's latest decree, with a full account of its origin, its development and its popularity, will be found under "The Velasquez Silhouette and Other Hints" in the April 12th issue of WOMAN'S WORLD. Add to this the exclusive showing of "Le Costume Royal" Spring Styles, and you have two fashion features you cannot afford to miss. Both appear in

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40 OTHER FEATURES

20 CENTS PER COPY

115,000 Copies into 115,000 Homes per Month

Caution: Be careful to increase the above illustration, and send size of pattern wanted. When the pattern is sent, you need only mark 38, 34, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of application.

MRS. LUTHER HOLLING

Mrs. Luther Holling, who was selected as women's candidate for one of the Winnipeg seats in the Manitoba Legislature. She is running as absolutely independent.

words. If English Buttercup wants another good recipe for a two-layer cake or a chocolate cake I can send it to her. Yours for success,

MOTHER'S HELPER.

Light Layer Cake.

1 cup granulated sugar, beat light

2 eggs, beat light.

3 tablespoons baking powder.

1 cup sweet milk, flavoring.

Sift the baking powder and the flour together. Bake the cake in three jolly tins.

The pan we make our sheet cake in is 14 inches long and 8 inches wide.

Ans.—Now pagettes look through your old time music, and please send the words of some requested.

Agrees With Mother Carey

Dear Miss Grey.—I agree with Mother Carey, and would not call the letters about town and country. "War," they were merely the pioneers in the "Get Together and Find Each Other's View Point" movement. May be it is advisable to apply the closure, when the discussions have become too long drawn out, and perhaps a few of the writers might express their opinions more courteously, but much unparliamentary language should be forgiven women who have just obtained the vote, when even the speaker in the marble halls at Ottawa is kept busy calling on the members to retreat.

LOCH KATRINE.

Here's Blue Eyes.

Dear Miss Grey.—I have read your columns for some time and enjoy them very much.

Could you tell me anything that would stop blackheads and pimples? Also I would like the wonderful stocking foot pattern. In return here is a very nice recipe.

COCONUT MACAROONS.

1 egg, (whites only), beaten.

1 cup sugar.

1 cup coconut.

Drop on buttered tin.

The above will make about one dozen.

ANS.—Blackheads are caused by the pores of the skin becoming clogged with dust and face powders. Keep the skin absolutely clean by washing with good soap and water, and a cold rinse. Never allow powder to remain on the face for too long an interval. A good way is to wash face thoroughly with hot water before retiring, then apply cold cream.

COMES FOR HELP.

Dear Miss Grey.—This is my first letter to your Mail-Box, but have been a constant reader of it for a long time.

I am coming to get a leopard pattern slip, would exchange slips with anyone when it is time, as I have several varieties. Would like to get the main pattern. Am enclosing ten cents for Children's Hospital.

ANS.—Now pagettes, it is up to you.

HER FIRST VISIT.

Dear Miss Grey.—This is my first visit to your Mail-Box, but I always read it with much interest.

I am 14 years old, and would like to see my boy or girl to correspond with me. I would prefer if they were older. I will leave my address with Miss Grey.

ANS.—Brown Eyes is looking for a correspondent, I will send her address to you.

A CALL FROM MOLLY.

Dear Miss Grey.—I have been a silent but interested reader of your page for some time, so thought you would perhaps be able to find a little corner for me. Among the many valuable hints found in your column, I would like to say that I tried Farmer's Wife's bread, May Lizzy's Spanish cake, and Peg o' My Heart's hard soap, with great success.

Here is a recipe which may be useful to some of the readers:

Meats Pudding.—One-quarter cup of butter, 1/2 cup of milk, 1/2 cup of sour milk, 1 egg, 1/2 teaspoon of soda, 1 teaspoon salt, 1/2 cup raisins (stoned and chopped) for figs, 1/4 or 2 cups brown flour. Steam in buttered mold 2 1/2 hours. Serve with sauce.

Inclosed is an addressed envelope, for which please send me the famous S. F. P. pattern; also the mite for C. H. F. Wishing you all success with your page, I remain,

Thanks, Molly. How about calling again?

Good Little Freckles.

Dear Miss Grey.—I am sending in directions for a butterfly yoke. I see how you have been asking for one. You can print them as you wish. This you have a chance to clip it out, or send it on to someone, just as you wish. This

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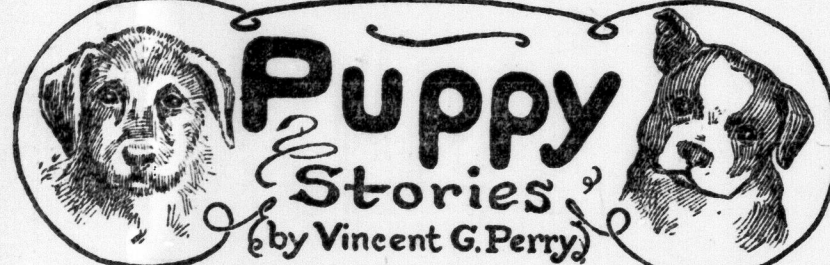
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Puppy Stories by Vincent G. Perry

THE STORY OF PATCHES.

PATCHES.

Patches had walked a long way before he became tired and had to sit down to rest. It was beautiful weather and he enjoyed his travels. But walking you know makes one hungry and soon Patches was reminded he had come away without first having had his dinner.

Along came a strange dog. "Please, little dog, can you tell me where I can get something to eat?" asked Patches, but the strange dog just sniffed, turned up his nose and passed on.

"My, what a mighty dog of a fellow he is," thought Patches to himself, as he looked after the dog. After all, it did not seem as if the other dogs of the world were any kinder than his own brothers and sisters who had treated him so meanly.

Just then along came another dog. He was a grumpy-looking dog and when Patches caught sight of him, he knew at once that he would be friendly. It was the Irish terrier.

"Good morning," said Mike, speaking before he was spoken to, like a true Irishman. "You look hungry."

"And indeed, so I am," Patches answered.

"Then come along with me. I will show you where a great lot of bones are hidden," said Mike joyfully. Patches trotted along with his new friend. At last they arrived in a yard many blocks away. Mike pointed to a log close by.

"Now right under that log there are lots of nice things buried," said Mike. "but we can't get at them. The best bones are buried there," he said, as he pointed to a spot in the garden.

"How quickly Little Patches set to work to dig. His paws were small, but soon he had unearthed a large juicy-looking bone. Just as Patches was about to dig his teeth in it a great roar sounded close at hand. Mike ran away as fast as he could. Poor Patches turned and faced an angry bulldog, who was glaring at him fiercely.

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HOME ECONOMICS

MRS. ELIZABETH KENT, MacDONALD COLLEGE.

BABY'S TUB BATH.

A full bath should not be given before a baby is ten days old. Many people advocate no tub bath for the first two months, but with care in regulating the temperature of the room and of the water there should be no ill effects after ten days or a fortnight.

The temperature of the room should be 70 degrees or 72 degrees F., and the baby should be protected from draughts. The temperature of the bath should be 100 degrees F., for early infancy, and be lowered gradually to 98 degrees F. By the time the baby is six months old, the temperature may be reduced to 95 degrees F., and at from one to two years it should be from 85 degrees to 90 degrees F.

In bathing a baby use a soft sponge for all of the body except the face. For the face use a soft cloth which is boiled often and kept scrupulously clean; do not use a sponge, because it may become dirty and infect the baby's eyes.

A bath should not be given for one hour or longer after nursing. The nurse should have a soft warm flannel on her knees, and lay the baby upon this. The face and head should be washed first and dried with little rubbing. The body should then be soaped.

TALKS ON HEALTH

BY WILLIAM BRADY, M. D., Noted Physician and Author.

Dr. Brady will answer all signed letters pertaining to health. Writers' names are never printed. Only inquiries of general interest are answered in this column, but all letters will be answered by mail if written in ink and a stamped, self-addressed envelope is enclosed. Requests for diagnosis or treatment of individual cases cannot be considered. Address Dr. William Brady, in care of this paper.

Unromantic Hygiene. 3.—The Harm Done by Physio.

An adult who had suffered for years with an annoyance attributed to irritability of the bladder—an abnormal frequency which at times became a handicap—discovered at last what was the matter. He had consulted numerous physicians and urologists, none of whom was able to determine the cause or cure of the trouble. Finally the patient's family physician happened to mention the untoward or by-effects of the physio habit, which remark prompted the patient to speak of a habit of taking every night an "herb" physio, a habit which had been followed for just about the duration of the bladder trouble. The "herb" tablets contain a good dash of aloes, together with the other home medicines which make up practically all "liver pills" and "herb" teas and such junk—jalap, colocynth, a sprinkling of everything cheap. These drugs, unfortunately, are not specific in effect; that is, they do not merely produce congestion and irritation of the bowel—and consequently evacuation or cramp—but also they cause irritation of the kidneys and bladder and of the other vic organs in both sexes. In this particular instance the withdrawal of the daily dose of "herb" physio relieved the trouble with which the misguided patient had suffered several years.

I sometimes wonder how many thousands of drug-taking victims of constipation suffer in other ways from their drug habit. The crude stuff dispensed in "liver" pills, "vegetable"

tablets and "herb" teas undoubtedly produces many symptoms which prove obstinate and discouraging, and the ridiculous part of it all is that the poor victim of the physio habit is quite likely to "try" this and that nostrum which purports to be good for what he or she imagines may be wrong—namely, the trouble.

A powerful factor in the widespread physio habit is the fool notion that a physio somehow clears the blood of poisonous matter—a notion which is not for a moment entertained by an intelligent physician or by any one with an elementary knowledge of human physiology.

A dose of indiscriminate physio, in my opinion, is just a little worse than the constipation it is supposed to overcome. That is to say, less harm is done by the failure of the bowels to act for a few days than by the average physio which forces a bowel movement, or by an enema. Circumstances rarely arise in which a physio or an enema may be advisable, but there is no advantage to health in the habit of resorting to such artifices nearly every day.

Castor oil, senna (as in castoria), and similar drugs fed to tender infants impair the physiological co-ordination of the digestive processes which normally takes care of bowel function, and thus a constipated condition is established by figuratively throwing a monkey wrench into the human machinery.

QUESTIONS AND ANSWERS.

Rings.

I have rings around my eyes and would like to know what causes them. I get from seven to eight hours' sleep every night. Thank you.

A YOUNG BOY.

Any—if you want to thank me, my boy, take me a box of my 21¢ boxes every night. Also take a pint of fresh milk, with some crackers or bread and butter, every night before going to bed.

Pacific Habit.

My baby is a year old. While he eats well, he is pale and wastes only 2 1/2 pounds, seems cross, and wakes several times every night. He has a pacifier. Are they harmful?

LITTLE MOTHER.

Ans.—Pacifiers are harmful in many ways. You do not mention what the baby's diet has been. By all means feed him fresh milk, meat broths, fruit juices, and the pulp of stewed vegetables, strained through a sieve.

Newest Arrivals

OF SUITS, COATS AND DRESSES, in the season's latest styles and shades, at reasonable prices. Your inspection is invited.

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