

What Good Is His Money Now?

ade the roses along the railroad track smell like Blest-though they were just wild and only pink and sweet and ot worth a penny in the world-what did he think then of the wild extrava ce of the hand that flung them there to seed and blossom, just becaus ey were pretty and made the world brighter to look at.

ht to be pulled up for taking the ground away from the potatoes.

he thought everything that wasn't good to eat was just a weed, and

When the winter stars sparkled frostily in the cold sky, did he ever look up at them, this man who worked so hard and lived so poor-to save a for--and wonder why they shone so brightly?

The butterflies, little yellow fellows with white spots of silver on their igs, they grow that way down in Connecticut where this poor rich man lived, and great brown moths with wings of ringed yellow-what did he think of them, I wonder, and of their part in the great plan of creation?

The wild cucumber vine crept up over his lonely habitation and spangled humble roof with its veil of bubbling lace. I wonder why? There was no money in it.

Of evenings when the lonely old man sat for a while on the hard earth

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Copyright, 1914, by L. K. Hirshberg. 7 OU have two pairs of twin screens over your most precious possession. The upper and lower eyelids protect your eveballs mechanically, tenderly, chemically and physically. When the Sand Man comes around the eyelids begin to droop. Do you know why? Sleep sits heavily upon the lids. It weighs them down. Then you have an exposition of sleep come upon you. The eyelids begin to droop when the magic wand of

sleep waves before your eyes, because the rhythm of lost attention, which induces sleep, paralyzes the lid muscles. Paralysis is not precisely what happens. The timely dew of sleep creeps into the "oculomotor," or nerves of the

Sagging of One Eyelid

eyelid muscles. This squeezes the strength right out of the muscle, nerve and eyelid.

Then it droops and "feels heavy." A sensation of sleepiness is the up shot of this pseudo-paralysis. First the lids, then the rest of the body, then

Secrets of Health and Happiness

By Dr. LEONARD KEENE HIRSHBERG

A. B., M. A., M. D. (Johns Hopkins).

Warns of Coming Ills

shot of this pseudo-paralysis. First the lids, then the rest of the body, then the eyes themselves and the "dreamy brain" last are lulled into slumber. Be this as it may, whenever you see a fact that either the individual is tired, sleepy or weak, or he is truly sick. Diogenes, who was something of a cynic, besides being an experimental genius and a philosopher, when he fell into a slumber was roused out of it by his physician, and asked: "What alls you?"

"Nothing. sir," said he, "only one prother anticipates another; sleep before

Sagging Early Sign.

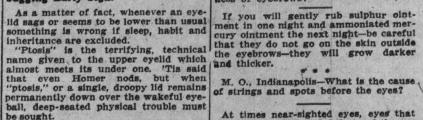
As a matter of fact, whenever an eye-lid sags or seems to be lower than usual something is wrong if sleep, habit and inheritance are excluded.

DR. HIRSHBERG



Answers to Health Questions

C. J. H.-What will increase the thick ness of eyebrows?



bail, deep-seated physical trouble must be sought. The imitation paralysis found in eye-lids that are drowsy becomes an honest-to-goodness, really and righty paralysis of the eyelid under certain but various to the eyelid under certain but various are in the juices of the eye. A tonic

circumstances. An early sign of eye muscle trouble, swollen eyebulbs, locomotor ataxia, pare-sis and true paralysis is a sagging of ataion, irregular pulse and dizziness. Are heart pills any good?



Main Street

Volume

Volume portrait

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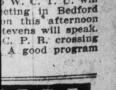


TION ELLENT YEAR

he Annual Meetst Gratifying Respect.

ng of the Canadian vas held yesterday Street Methodist s of the work beance were exceedveral letters being kers in Southern s of Miss De Jaris and of Mr. Gibson were full of dewere the various nadian auxiliaries. idress, by Mrs. C. enthusiastic. The idressed the meet-session and Mrs. ributed two de Caven's report in the financial

nization. TO W. C. T. U. W. C. T. U. will





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MENU-6 Clam Chowder, New England Style. Fish Turbot, Baked Tomato, ned Asparagus

wicked extravagance of nature?

Brown will run the water in the brooks and deep and deep will rush the swelling tide of the hurrying river to the brimming sea-all wasted, all thrown away, for what?

Not a savings bank in sight for Mother Nature!

What a mistake it all must have seemed to the honest, hard-working old man-who saved-and died.

Newest, All-Fish Menus By Jeannette Young Norton

OR lenten Fridays, when in many In the first menu, if the endive salad households an all-fish dinner is is made by splitting the blade of leaves, served, a half dozen fish menus then stuffing them with the cheese will aid the cook in making her choice crushed into a paste moistened with French dressing, then pressed together of things different from every-day. and piled into the salad bowl before

MENU-1 putting on the well chilled mayonnaise, Clam Cocktails. it will be found most tasty. Tomato Bouillon, Toasted Crouton In the second menu the spring salad is made of thinly sliced cucumbers, rad-Finited Shad, Baked Potatoes, Stuffed Peppers. Endive Salad, Roquefort Cheese. Soffee Jelly, Whipped Cream, Macaroons. ishes and spring onions, with some white lettuce leaves cut with the scissors into ·Coffee.

ribbons. A sour cream dressing, or a MENU-2 Grape Fruit Cocktail. Cream of Asparagus Soup. Bluefish, New Potatoes, Macaro Gratin.

Spring Salad. -Prune Souffle, Whipped Cream. Coffee. MENU-3 Fish Chowder. Lobster Cutlets, Sauce Tartare. Fried Cauliflower. Broiled Mushrooms on Toast.

Fruit Salad. Floating Island. Coffee. MENU-4

Sardine Relisii. Cream of Celery Soup. Brolled Shad, Broiled Pointoes, Asparagus. Cream Cheese Salad. Pineapple Shortcake. Coffee. MENU-5

Mussels au Vinalgreite, Tomato Bisque, Steak, Pofato Puffs, Cucumber Grain. Oress and Cucumber Salad, Cherry Cobler. Coffee,

an Sauce Rhubarb Tartlet.

terest.

XLIX.

Facing Household Problems

DON'T believe I

get my sensa-

Peter's Adventures in Matrimony

By Leona Dalrymple

Author of the new novel, "Diane of the Green Van," awarded a prize of \$10,000 by Ida M. Tarbell and S. S. McClure as judges.

proved married style. I was pretty busy when there came a tearful call

from the head of the stairs.

bld Problems DON'T believe I shall ever for-set my sensa-"Other head of the stars. "Peter, is that you?" "It certainly is," I assured her grimly. "Mary, tell me, why did you let this thing get the better of you again? How

* get my sensa-tions when I struck home late that af-did homeway with the sense of the sense o

Geraldine Farrar

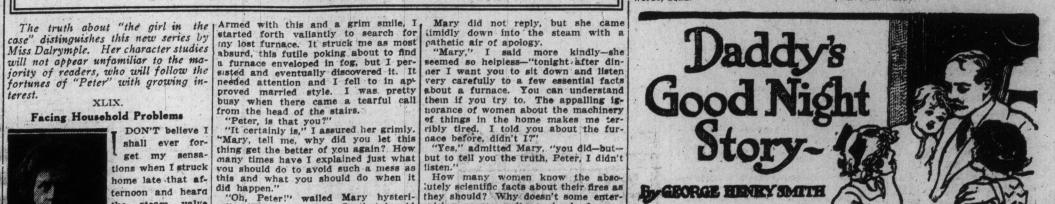
Geraldine Farrar's Famous Italian Dishes

By Ann Marie Lloyd

"Spell ferment and give its definition," requested the teacher. "Fe-er-m-en-t, to work," responded a diminutive maiden. "Now place it in a sentence so that I may be sure you understand its mean-ing." said the teacher. "In the summer I would rather play out of doors than ferment in the school-house." returned the small scholar with such doleful frankness and unconscious humor that the teacher found it hard to suppress a smile. "T do!" unexpectedly exclaimed a juvenile upstart, whose mother allowed

A class in grammar was reciting, and one of the younger boys was asked to compare "sick."

compare "Bick." He began thoughtfully: "Sick"-paused while his brain struggled with the prob-lem-then finished triumphantly, "Sick, worse, dead." Mamma-And, the fairy godmother brought Cinderella a beautiful carriage. Gracie – Wouldn't Cinderella rather have an auto?



OW did you know I was coming?" asked Mister Plymouth Rock in surprise as he neared Dobbin, the horse, who was feeding in the field.

"I did not hear you coming," said Dobbin. "I saw your shadow." "You are very observing," replied Mister Plymouth Rock.

"I have to be," answered Dobbin. "The bigger an animal is, the more he has to be on the lookout. Besides, a horse has to take people on his back or draw them in a carriage and he must be careful on their account."

"You make me feel as if I were no use at all," said the Rooster.

"You are useful," said Dobbin. "Everything, everybody, is useful in some way or another. You mustn't stand still and try to be useful. Do something."

"What shall I do to be useful?" asked Mister Plymouth Rock squinting up at Dobbin.

"Well," said Dobbin, "don't go a mile away, look around you. There is Mrs. Rhode Island Red trying to get something to eat for her brood of chicks. Go and scratch a few worms for the little things."

"What good would that do?" asked the Rooster.

"It would keep you busy and that would be a good idea. Idleness never helps any one."

Off went Mister Plymouth Rock to where Mrs. Rhode Island Red was busy clucking to her chicks. He began to scratch like mad.

"Hold on!" exclaimed Mrs. Rhode Island Red. "Are you trying to dig a hole to China?"

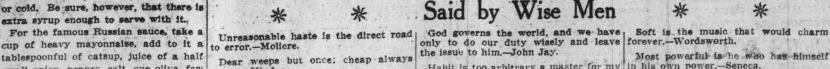
"No," answered Mister Plymouth Rock. "I was trying to dig some worms for those babies of yours."

"How kind of you. May I ask what happened to you that you stopped being so lazy? You never helped me before," said the hen.

"I find I am happiest when busiest," said the Rooster as he began again

of biscuit dough, and may be eaten hot. or cold. Be sure, however, that there is * extra syrup enough to serve with it.,

tablespoontul of catsup, juice of a half small onion, pepper, salt, one olive, few blades of abless always weeps.-Hindoo. tablespoonful of catsup, juice of a half



Most powerful is he who has himself Habit is too arbitrary a master for my in his own power .- Seneca.

*

them if you try to. The appalling ig-norance of women about the machinery

of things in the home makes me ter-ribly tired. I told you about the fur-nace before, didn't I?"

"Yes," admitted Mary, "you did-but-but to tell you the truth, Peter, I didn't

of fine bread crumbs, one egg, juice of an onion, juice of half a lemon, pepper and salt. Form into cutlets, dip in egg, roll in crumbs and fry in hot fat; serve with garnish of cress and sauce tartare. The cream cheese salad in the fourth menu is made by having a bed of white lettuce leaves in the salad bowl, and at the last minute putting a package of cream cheese into the ricer and lightly squeezing it over the lettuce. It houss ilke spaghetti and is decorative and cool. A French dressing is poured on just as it is served. Pineapple shortcake is made like the old-fashioned shortcake is construction the salad board. A French dressing is poured on just as it is served. Pineapple shortcake is made like the old-fashioned shortcake is construction the leater on participation of the salad board. A French dressing is poured on just as it is served. Pineapple shortcake is made like the old-fashioned shortcake is made like the old-

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home late that af-ternoon and heard the steam valve popping like a se-ries of thurder. ries of thunder-claps in the cellar. What shall I do? Mary was appar-ently nowhere in additional for the additional pook for the edification of householders? A sea captain knows all about the coal-ing of his vessel. He knows how to get the best result with the least fuel. What woman does? Compare the diflight mayonnaise is best with this salad. The lobster cutlets of the third menu are made by flaking the cold boiled lob-ster and adding to the meat a half cup of fine bread crumbs, one egg, juice of and lit the gas. The cellar was a of fine bread crumbs, one egg, juice of things that seen to have a which the most unexpected places. I might just as well say, Mary, that it would places me considerably if you'd try to I mantain that it doesn't hurt any the most unexpected places are considerably if you'd try to I mantain that it doesn't hurt any the most unexpected places are considerably if you'd try to I mantain that it doesn't hurt any