

THE GOOPS THE NURSERY

SOCIETY

NOTE—Mrs. Edmund Phillips, who for the past several years has been in charge of the "On Dit" column in The Mail and Empire, has joined the staff of The World. Tomorrow and Monday next Mrs. Phillips will have charge of the Society Column in this paper. Her telephone number is College 1112.

At the Anglican Church, Winona, yesterday, the marriage was solemnized of Miss Verna Rowena, daughter of Senator and Mrs. E. D. Smith, to Gordon Daniel Conant, son of the late Thos. C. Conant of Oshawa. Miss Armstrong was maid of honor, and five girl friends of the bride acted as bridesmaids. There were Miss Marguerite Cotton, Miss Beatrice Telfer, Miss Madeleine Baker, Miss Julia Carpenter and Miss Mabel Van Dusen. Armand Smith, a brother of the bride, supported Mr. Conant. The groomsmen were Dr. Gordon Heyd of New York, Arthur Dyas, Gordon M. Shaver, W. K. Murphy Jr. and Hugh Donald. After the wedding a reception and dinner was held at the residence of Senator Smith.

The president and officers of the Balm Beach Club will hold their weekly dance this evening in the clubhouse at 8.30 o'clock.

A quiet house wedding was solemnized by Rev. C. W. Cosens at Elmira, Ont., at noon on Wednesday, June 26, at the residence of Mr. and Mrs. Chas. Cook, when their eldest daughter, Miss Lydia, was married to Mr. Herbert Maxwell, youngest son of the late Mr. and Mrs. John Maxwell, Peel Township. After the wedding breakfast the young couple left on a wedding trip to the Niagara Peninsula, and from there to the Muskoka Lakes. On their return Mr. and Mrs. Maxwell will reside at 124 Sherwood avenue, North Toronto.

On Tuesday afternoon at 3 o'clock the home of Mr. W. H. Patton, 177 Havelock street, was the scene of a very pretty wedding, when his sister, Elizabeth, was united in marriage to Mr. James McCaffrey, son of Mr. Chas. McCaffrey, Omeene, Ont. The Rev. Dr. Hincks of Broadway Tabernacle performed the ceremony. The wedding march was played by Miss Ethel McCaffrey, sister of the groom. The bride, who was given away by her brother, looked charming in a gown of broad-clothed silk crepe with Venetian lace and pearl trimmings, and carried a bouquet of bridal roses and lilies of the valley. Mr. and Mrs. McCaffrey left on the 6.20 train for New York City, where their return will reside on Thorold avenue.

Mr. and Mrs. John A. Torg and family have left for their summer home in Nova Scotia.

The Band of the 48th Highlanders is giving a band concert this evening from 8 to 10 o'clock at the R.C.Y.C.

Miss Hazel Fitzgerald is leaving town to pay a series of visits in the country.

Mrs. Willie Gwynne is in Ottawa, staying with Mrs. Collingwood Schreiber.

Mrs. W. J. McWhinney and family and Mrs. Thompson left yesterday to spend the summer in Southampton.

Miss Charlotte Chaplin has arrived from England for her sister's wedding, having been abroad for eight months.

Mr. and Mrs. Hedleigh Bond are going to England in September.

The Misses Plummer of "Sylvan Towers" have returned from England.

The Church of the Messiah was the scene of a wedding yesterday at noon, when the marriage was solemnized of Miss Florence, daughter of Mr. and Mrs. Thomas Patterson, to Mr. William Elwood Cox, son of Mr. and Mrs. Geo. Cox. The church was decorated with palms, peonies and ferns, and the ceremony was performed by the rector, Rev. Robert Sims. Miss Isabel Hewitt presided at the organ, and Mr. Barnaby Nelson sang "The Years of the Spring." The bride, who was given away by her father, wore a gown of white crepe de chine trimmed with white lace, tulle veil with orange blossoms, and carried a bouquet of roses and lilies of the valley. She also wore the groom's gift, a pearl and diamond brooch. The bridegroom wore a white tuxedo, and the ushers were Mr. Arthur Follett and Mr. Walter Peace.

The marriage took place at 574 Shaw street on Wednesday evening of Mr. Lou Skuce and Miss Dorothy Edis, daughter of Mr. and Mrs. Thos. Edis, Rev. M. Powell, rector of St. Barnabas, Riverdale, officiated. The bride, dressed in white satin, carried a bouquet of white roses and lilies of the valley. She carried a shower bouquet of white roses and lilies of the valley. The bridegroom wore a white tuxedo, and the ushers were Mr. Elma Sturdy of Gederich, who wore a pink satin, draped with silk embroidered marquisette, with mob



**SPECIAL
JUNE
SALE
OF
PIANOS**

Best Piano, 3 piece front panels, excellent tone, ebonized case \$160
Newcomb Upright, 4 piece front panels, excellent tone, ebonized case \$155
R. F. Wilks & Co. Player Piano, special, 88 notes, must be sold this month \$155
Haines Bros. Player, 65 notes \$150
Haines Bros. Upright, mahogany, Chippendale, special \$400
Upright Pianos from \$28 up.

R. F. WILKS & CO., 11 and 13 Bloor St. E.
North 4278. "THE UPTOWN PIANO HOUSE."
Columbia Gramophones and Records.

WOMEN'S SECTION

THE NURSERY

CONDUCTED BY
Elmer Murray
Suitable Food.

A child five years old can be taught to know what to eat and what not to eat. He can be made to understand that bad foods will do him as much harm as any other dangerous thing he knows to avoid. I remember reading an article once about Horace Fletcher's grandchildren who at a party where other children were enjoying cakes and sweets, asked for a piece of bread and butter.

As every mouthful of starchy food is by digestion converted into sugar, your child will be far better if he never tastes sweet things. Avoid giving him or her in fact, letting him taste, pies, cakes, preserves, candies. A green vegetable well cooked or a simple salad should be given every day. Cauliflower with cream sauce, young carrots, spinach, chopped fine, very young peas, beans, corn, tender string beans, white cabbage chopped fine, boiled in salted water for half an hour and served with lettuce and celery and apples may be served raw. The food value is increased if they are made into salads, using a French dressing. Olive oil and lemon juice is a nutritious dressing. All fresh ripe fruits are good in season. A dish of prunes, a well-cooked cereal and cream, a slice of whole wheat bread, well buttered, and a glass of milk slipped slowly give a sustaining power not equaled by meat and bread.

All fruits cooked with sugar should be avoided, and acid fruits, such as rhubarb, grape fruit and oranges are good, and when other fresh fruit is out of season in winter use baked or stewed apples or cooked bananas.

For candy use chopped dates and figs made into caramel squares. A cup custard or a rice pudding is a good dessert for a dinner where no meat is served, and a baked apple or apple tapioca when nuts or beans are served instead of meat.

Cocoa and milk are foods and should be slipped and masticated, not swallowed like water.

Teach your children to masticate every bit of food put into the mouth. It means a long, hard struggle, I know, but insist upon it always and you will preserve their teeth and general health as is possible by no other method.

GOOPS



ESTELLE GEHENNA
is a lass
Who dearly loves
her looking-glass.
A dozen times
a day she'll stare
Admiring long
her image there!
What it makes
Estelle so vain?
She is a Goop—
Tis very plain.

Don't Be A Goop!

HYDRO REPLACING FAULTY INSULATORS

Thirty thousand dollars will be expended by the Hydro-Electric Commission in replacing the faulty insulators which have been interfering with the service. To make the whole system thoroughly reliable under any circumstances is the object and large bodies of men are now working towards this end. Five autos will rush the insulators out along the lines when they arrive in Hamilton.

OFF TO ENGLAND

James L. Hughes and a party of 108 Toronto public school teachers, leave tomorrow for a two months' tour of Europe.

SOCIETY HOUSEKEEPING

THERE are greater opportunities to save money buying a piano during the Summer months than at any other time of the year. It is doubtful if prices as low as those in the lists that follow would be quoted at any other time. Your advantage is today.

JUST TWELVE BARGAIN PIANOS

—Offered at Big Sacrifice by Ye Olde Firme—

Heintzman & Co., Ltd.

Makers World's Best Piano

HERE ARE SIX BARGAINS IN UPRIGHT PIANOS

GLOUGH & WARREN Upright Piano in dark rosewood case, three panels in top door, two pedals, nicely carved trusses, this piano has been revarnished and overhauled thoroughly and is in splendid condition. Special at \$200

NORDHEIMER Upright in dark rosewood case, three panels in top door, two pedals, an extremely nice toned instrument and has been gone right through from top to bottom in our workshop. A decided bargain at \$225

WEBER Upright Piano in dark rosewood case, two large panels in top door, two pedals, handsome trusses and casters. This piano has also been revarnished and overhauled in our repair shop, and is practically as good as new. Original price \$400. Selling to clear at \$265

HERE ARE SIX BARGAINS IN SQUARE PIANOS

GEIB & WALLSEE small practice square piano, rosewood case, put in first-class condition in our factory. Specially priced at \$60

THOMAS & CO. nice rosewood case, full metal frame, overstrung scale, put in perfect condition by our experts, and will make a good practice instrument. A snap at \$70

RAND Square Piano, a handsome instrument, full range keyboard, full metal plate and overstrung scale. Special at \$75

JENNIS & SONS, double row square piano, practice instrument, with carved legs, full handsome carved legs, full

HERE ARE OUR EASY TERMS OF PAYMENT

Square Pianos, \$60.00 and over, \$8.00 cash and \$4.00 per month; quarterly payments arranged if desired. Uprights, under \$250.00, \$10.00 cash and \$6.00 per month; over \$250.00, \$15.00 cash and \$7.00 per month.

Piano Salon: 193-195-197 Yonge St. TORONTO

EFFICIENT HOUSEKEEPING BY HENRIETTA D. GRAUEL DOMESTIC SCIENCE LECTURER

For the Belated Gardener

If the spring housecleaning, or moving day, has left you no time for gardening, you find the outside of your home looking bare and neglected. But for every ill in life there is a remedy and for this one, box gardens will prove a satisfactory prescription.

You can put them in every place where a bright color will add artistic, or the old-fashioned mass of color that a mixture of sweet alyssum, geraniums, heliotrope, tiny French marigolds and other pot plants give.

A pretty fancy for porch boxes is to have three; the centre one filled with pink or scarlet blooming plants and the two end boxes with only white flowers.

One showy box garden that was a prize winner at a school garden competition last season contained French marigolds, and asparagus springer for the upright plants with overhanging nasturtiums for vines. The brilliant yellow flowers and the contrasting light and dark greens made an original and attractive little garden.

"Jennie gardens" is the old name the French give to baskets, or boxes of blooming plants that fill the windows and porches of their closely built apartment houses. The name comes from an old, popular song that praises

"The garden of Jennie, the sewing girl,
Contented heart, content to live,
She might be rich, but she prefers
To have what God shall give."

It seems absurd to attempt to have a garden in a box, to persons who have real gardens, but a "Jennie" garden is a pleasant oasis in a world of brick and stone and capable of giving much happiness.

The boxes need not be more than eight inches deep. Bore holes in the bottom and put in bits of broken crockery for drainage.

Fasten the boxes securely and fill with soil. Now for the plants; get them from a reliable grower. The market women bring in harder plants at this season than the florists. As it is late in the season you can make a good bargain for pot plants by the dozen.

Avoid putting flowers that require different conditions for blooming in the same box. For instance, begonias, fuchsias and ferns need shade, while heliotrope, lemon verbena and ivy demand quantities of water and hot sun.

Box garden plants need a little tonic to produce luxuriant bloom. Buy ten cents worth of sheep manure or any seed store. Put it in an old bucket in the sprinkling can and they will grow wonderfully and bloom lavishly in return.

Do not kill your plants with kindness; unless the weather is very hot and dry, boxes and hanging baskets should not be wet often than twice you do wet them, and give no more until they seem thirsty.

This is the season to start plants for fall and winter blooming and I will be glad to give advice or answer the questions of flower lovers who write to me about their gardens. I am only too glad to tell you my garden secrets and to hear yours.

"Make Your Wedding Gift an Electric One—\$3.00 and Up."



Overheard at the Bride's Reception

"Good tea, that."
"Glad you like it."
"Wish I were able to have such luck."
"There's no luck to it. This Electric Samovar, you see, doesn't require any. Simply put in cold water and turn the switch and then when the water boils, adjust the tea ball to make tea to suit your taste. You can make the tea any strength you like, and the beauty of it is, girls, the tea is always just right—it never has that bitter taste."
"Of course, I admire and am fond of all my gifts, but this Electric Samovar—well, I hardly know what I'd do without it—it's so handy, and it makes such good tea."
"Bother! Why, no! It's no more trouble to clean than a plate. But let me help you to another cup."
"If you please. . . . Thank you."

Ask the demonstrator to show you the Electric Samovar. Sample the delicious tea it brews, or better still, make a cup for yourself, then you'll learn how easy it is. From every standpoint it makes an admirable wedding gift.

The Toronto Electric Light Company, Limited

"At Your Service"

12 Adelaide Street East Telephone Adelaide 404

In the heart of the shopping district—just off Yonge.