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Zeballos Arm and Espinosa Inlet, which are extensions of Esperanza Inlet; Tashish Arm and Kokeshittle Arm, which are extensions of Kyuquot Sound; Quatsino Sound, with its three branches, namely, the South Arm, Rupert Arm and West Arm; and Saanich Arm, with its extension known as Finlayson Inlet. There are many others, and in addition numerous harbors, but these will be considered later, the object at present being to give a general idea of the topography of the Island. Speaking generally, the West Coast is rugged and mountainous, the East Coast having a more gradual slope towards the water. The mountain range, which forms the backbone of the Island, lies nearer the West Coast than the East Coast, sending out spurs to the former. It is by no means of uniform altitude. Some of the principal elevations may be given: The conspicuous peak visible from Victoria over the Sooke Hills is 2,188 feet high; Mount Prevost, near Duncan, 2,637 feet; Mount Benson, near Nanaimo, 3,366 feet; Mount Moriarity, due west of Nanaimo about 20 miles, 5,185 feet; Mount Arrowsmith, south of Cameron Lake, 5,970; the highest point in the Beaufort Range, 5,420 feet; a range about 20 miles west of Comox averaging from 6,000 to 7,000 feet; Crown Mountain, near the northwestern corner of the E. & N. Railway lands, 6,082 feet; Victoria Peak about 20 miles northwest of Crown Mountain, 7,484 feet; Mount Karmutzen, near the lake of the same name, 5,500 feet; Twin Peaks, about 15 miles southwest of Port McNeil, 4,520 and 4,630 feet respectively; Garibaldi Peak, 4,416; Snow Saddle, 4,150, and several other peaks ranging from 3,000 to 4,999 feet around the head of the arms of Kyuquot Sound; an unnamed peak near Zeballos Arm, 5,795; Corunna Peak, 4,887, and several peaks on either side of Canton Gorge, reached from Nootka Sound, varying from 4,400 to 5,000 feet; several peaks near Muchalat Arm ranging from 2,000 to 4,895 feet; an unnamed peak at the head of Herbert Arm, 4,500 feet, and one near Bedwell Sound, 4,400 feet, the peaks along Alberni Canal which vary from 2,000 to 3,500 feet; the House Cone, northwest of northeast of Carmanah, 2,500 feet, and others. These elevations are taken from the Admiralty chart.