of its terrors under the Hygienic plan of medicatin; while the milder ones disappear so rapidly that persons are apt to conclude "there was not much the matter." Typus Fever, Diptheria, &c., are usually considered (and justly) as dangerous; yet the Hygienic system restores nearly all that are treated before medicines have been resorted to.

## CHRONIC DISEASES.

To those who are suffering from chronic diseases we offer words of cheer. The thygienic system is admirably (because naturally) adapted to diseases the most obstinate and chronic, and otherwise hopeless. Movements alone enable the Hygienic physician to treat, with eminent success, chronic disease and deformities hitherto deemed incurable. And again, when our patients are cured, other diseases do not "set in." We do not believe in "curing one disease by producing another;" instead of adding new ones, we remove the causes of disease, and so get rid of it entirely. Persons who are in the habit of taking drugs when sick, will find their ailments increase, both in number and severity, so that the more they "doctor" the more they need to: and sooner or later their lives will be prematurely cut off. By employing Nature's life-giving agents, the sick are not only saved the nausea of drug-taking, and the suffering induced by its terrible effects, but they save the'r constitutions. After the purifying process is over, they rise from their beds, not with aches and pains and swollen limbs, but feeling as if life had been renewed.

CONSUMPTION.

Probably, under drug treatment, four fifths of the cases treated result fatally, while of those who, in the first stage of the disease, resort to the Hygienic method, four-fifths recover. There is but one method by which consumption can be cared. That method consists in ritalizing the blood corpuscles, and changing the color of that fluid to a bright searlet. If this is done before the disease has progressed too far, it will be arrested, and the patient will be saved. The Hygienic system, when intelligently administered, most admirably accomplishes this desirable result. On the other hand, the treatment with medicines poisons the blood and prevents the recovery of the patient. There is a time, in the progress of this disease, when no earthly power can save. Thousands have lost their lives with consumption by depending on patent medicines that are so persistently advertized in almost every newspaper in the country. The Cod-Liver Oil and Alcoholic treatment is, also, as unscientific and fatal as it is common in the treatment of this disease.

## DISEASES OF WOMEN.

The Hygienic system presents facilities for treating those obstinate diseases with which women are afflicted, and by its aid we shall be able to do for woman-kind what the ordinary methods of treatment can never hope to accomplish. Movements are worth more in these cases than all the supports, braces, pessaries, &c., in existence. In most cases these troubles are caused by a weakened condition of the muscular system; hence all the Hygienic appliances can be made available with decided avantage.

## TO MARRIED WOMEN.

The Hygienic system lessens the dangers incident to raising a family to a degree that is scarcely credible, except to those who are acquainted with the results. Fatal hemorrhage, puerperal fever, &c., together with accidents, so common

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