

of the patient is then ordered by the specialist in charge and the course begun. Continuous baths in hot or warm water have been found to be wonderfully successful in soothing excited or nervous patients and this treatment is often used for varying lengths of time. In some cases the patients remain in these hot baths from two to eight hours at a time. This has a soothing effect on the nerves and even the most excited and violent patients are soon quieted and put at ease. Rockwood Hospital is splendidly equipped for these treatments with large white baths, supplied with flowing heated water. A large number of patients can receive this treatment at one time, each in a separate and private bath.

In other cases hot air treatments are found to be best, the patients sitting in specially constructed compartments warmed by a hot air current.

Massage is another important branch. Nurses with special training give treatments of massage which have in numerous cases achieved marvellous results. Lavatory, bathroom and washroom equipment is all of white enamel with floors and walls of tile, all immaculate and sanitary, indeed the remarkable spotlessness of the whole institution is amazing.

Some Won't Eat.

In despondent or morbid cases the patient sometimes refuses to eat and will not swallow food or drink at all. Such cases are fed by a tube inserted through the mouth, or sometimes even through the nose, and life is thus sustained till with improving health the patient learns to eat and drink again. Some of the problems that doctors and nurses in such an institution as Rockwood Hospital must meet can be judged from such cases.

Taught to Work Again.

Re-education is one of the great steps in the treatment of mental diseases that has been given careful study at Rockwood, and which under the supervision of Dr. Ryan has been advanced further than in any other hospital in Canada. By a carefully arranged plan the hands and eyes, made useless when the guidance of the brain was withdrawn, are taught to work again and as the mind improves, work is commenced once more. Some patients may evince no interest in anything but they are gradually brought around to the useful work. Some of them may be able to do only the simplest things at first, such as putting little perforated beads on a spindle. Others, more improved, learn again to knit, to crochet, or to sew, and take