# $\mathfrak{A} \mathfrak{g x i z i t l t i t i a l . ~}$ 

## SEED TIME AND HARVEST.

Cheer thee! faint and weary one,
Wearied with the sowing,
On the rugged paths of life,
Tears from eyes o'erflowing,
Deem not one is shed in vain;
Doth not Heaven's gentle rain
Set earth's blossome blowing?
Sow in Faith, or tears. or seed, O'er thy pathway flinging;
Then await the rich reward
From these germs upspringing.
Over each God's angel bends,
To the earth-born flowers he tends,
Dew and sunshine briaging.
Sow in Hope-no dark desparr, Mingled with thy weeping;
Sad may be the seed-time here; Joy awaits the reapins.
He who wept for human wo,
Deems thy tear drops. as they flow, Worthy of his keeping.

But o'er all things, sow in Iove, Hand and heart o'ertiowing; Soon, oh faint and weary one! Thuu shalt cease frcm sowing,
And, behold, each seed time tear,
"First the blade and then the ear,"
In God's harvest growing!

## A SHORT CHAPTER ON BREAD-MAKING.

At no period of our civil history bas so much attention been directed to the best means of sustaining life, as at the present. The partial failare of the cereal and roct crops in Europe, together with the rapid increase of their already crowded population. has led the chemist, the political economist, and the philanthropist to a clearer and more accurate investigation of the lifrsustaining properties of the various articles commonly used as food.
The term " bread," in the broadest sense, can be applied to the main staple, in the support and nourisnment of man; whether it be the "potatoes and point" of the Irishman; the ostrich. the puanacho, or the wild bull of the Buenos Ayrean Guacho; the blubber of the Greenlander; the cassaya, banana, or sugar cane of the West India nogro; the hump steak of prairie hunter. The rice of the glutionous Siam se, the contents of the ample wallet well filled with dates. of the Timbuctoo merchant, and the rich white bread of the American table.-all are to different individuais but so many different forms of "daily bread."
The French Chemists have, by the most patient series of analyses, fixed the utmost alimentary limits of almost every article used as diet. Wheat above all other thiugs, slands pre-eminent as an aricle ol food. With us, as a nation, it forms a most important part of life's confort. The question before me now is, as to the best way of deriving the entire nutritious substance of wheat when presented in the form of baked bread. That we fail in gaining the object by the use of fermentatives, such as jeas!, leaven, \&c., can be easily shown. The melligent reader need not be told that fermentation cannot take place in any substance that does not contain sugar in large quantities, and in the preportion thrat sugar predominales will be the activity of the fermentation. In other words, the activity of the fermentation deponds upon the strength or ability of the yeast or leaven to change or convert anto carbonic acid gas the saccharine contained in the
wheat. Experiments in this respect enabled me to speak knowingly. The quantuty of nutritious mattor destroyed in. getting what our wives call a "haht raise," is as eight ti, one hundied; or, out of every one hundred pounds of flour, we destroy eught, while the balance is largely injured by the process.
Nor is the practice of naising bread by the use of salaratus any better; inleed, it is infinitely worse. Why are maty-niue out of every one hundied of the American people afficted with pour teeth? Solely trom the use of salaralus, nut " $s x$ eet' things, as many suppose. I am confident that the love of gan ought to tead us to abaudon the use of the first ingredient, while the love of health, and, above all, a good set of teeth, should induce us to abstain from the use of the latter.
A sweeter and be:ter kind of bread can be made by following the recipe given below. One thal, I am satisfied, will convuce any one.

## Three cups of flowi ;

Two teaspoon:uls of cream of tarter;
One teaspoonful of carbouate of soda, dissolved in hot water.

A little salt, and a small piece of barter or lard.
Mix with sweet milk, roll out and bake them quickly. Add a little sugar, .nd it makes a very nice, healthy cake for children. The same proportions may be carried out to make a large batch of biead.
By placing the bread, when taken from the oven, in a current of sweet, fresh air, it soon recol ers the oxygen that was expelled fromit while it was in the oven. No bread should ever be eaten while it is hot. It is not fit for the stomach, and will certainly prodece de-rangement,-such as flatulence, acidity, biliousness, \&c. It is a want of economy to use warm bread. Many persons will eat thice or four warm biscuts, whle seldom will they eat more than two when they are coid; and yet the two cold biscuits contan more nourishment than the four warmones.- Valley Farmer.

Apple Custard. - Tumake the cheapest and best every day larmer's apple custard, take sweet apples that will cook, (euch is every farmer ought to have through the summer, fall, winter and spring.) pare, cut, and stew them; when well done, stir tull the pieces are all broken; when cool, thin with milk 10 a proper consistency, and bake with one crust like prompkin pie. Eggs may be prepared and added with the milk if handy, though it will do without. No sweetening is necessayy. It may be seasoned with any kind of spice to sutt the taste-the less the better.

Security Against Poison. - Hundreds of lives misht be saved by the knowiedge of this single recipe. A large teaspoonful of mustard mixed in a tumbler of warm water, and swallowed as soon as possible, acts as an instantaneous emetic sufficiently powertul to remove all that is in the stomarh.

Dressing Wofinds.-Nine times out of ten, a wound will heal quicker if done up in ats own bloud, than in any other way. As for a burn, whatever will entirely exclude the air the quackest, is the best. Coiton will do this; so will olled silk, if stuck down at the edges by any hand of sticking salves. Put nothin' on a burn to bral 11. Nature will somn do that, when the air is excluded, and the pain will almost immediaiely cease.

A Discovery in Surgrat.-A Prussian named Aran is saul to have recently made a discovery in surgery that is exciting conviderable interest in the scientific circles of Berlin. It is the application of chlorine to relieve pain. Unlike chloroform it can be used without the least danger to the patient, and is very effectual in the operation. From the account, a small quantity of the flaid, (from ten to iwenty drops) is dropped on the jart affected, or on a lint bandage slaghty moistened $u$ ith water, and then apphed, and all bound up in oll ailk, and a linen band. Afier from two to ten minutes the patt becomes insensible, and the pain is no longer tell, whether it be from rheumatic, nervous, or other disorders. After a cime it returns again, but nsoally weaker, and with several applications it is often entirely relieved. The discoveret has presented a memoral on the subject to the Academy at Paris.

Tue Tuscan Sthaw Braders.-In Tuscany the girls and women devote themselves exclustvely, almost, to the plating of the beatuful Tuscun straw, of which are made the elegant and costly bonnets which are every where sought at such proces. No cottage door can be passed where the mmates will not be seen weaving this delicate braid. They in Italy who weave this Tuscan bratl are the came who in Americ a would achieve their inderendence at the cotton mills of Lowell Manchester, and Waltham. There, as here, industry is a mational rait, notwithstanding the sotiness and luxury of the climate; and there, as here, claims and receives $n$ ith unvarying certainty its large reward-with this difference, that the joung Italian gurl can not so soon boast the independence which she has secured by the labor of her own hands. The wages at straw braiding are about for:y cents a day.

Fattrning Pork on Oatmeal.-A prime Lancashire porker has been slaughtered at Garstrang, which weighed. when cut up, 671 lls ., and was valued at $\pm 15$ is 6 d . It was fed on oatmeal, and is stated to well repay the keeper.

Cradling Feat.-Near Hollidaysburg, Pa., two weeks ago, a man named Cope, undertook for a wager, to cradle two acres of wheal in two hours. At four o'clock, in the presence of a large number of persons to rake and bind after ham, and showed himself to be the finest cradler in that part of the country, but he failerl by eight minutes in accomplishing the tast. He cut more rain than some of the boasted reaping machnes. - Buffulo E:-

Who can Beat it?-Mr. D. C. Balis, of Oriskany, in this county, has oatheted from a plot of ground, 30 fret square, fiffy bustels of onions, being $2,4,20$ bushels tn the acre. The man who puiled them, says, it is not only truc, but a crying fact.-N. Y. Herald.
"A Buster."-Mr. T. Wrods, sen'r., of this town, killed a fatted caif on the 6 th instant, only 7 weeks old, weighing 160 lbs. It was raised by G. Armstrong, Esq., of Eramosa.-Guelph Adv.

Interesting Fxperiment in Feeding CowsIn Swizzerland they estimate that hay louses at least a third of its nutritive value by the process of fermentation. The following experimenis were made upon cows:-Thirteen cows were put up, and each got daily 36 lbs. of newly-made hay, and gave, one with the other, 25 lbs . of malk; the same got afterwards, and during 15 days, 36 lbs. of old hay of the preceeding year. from the same meadow. They gave, after the fift day, 20 lbs . of milk; after 10 days, 14 lbs.; and the last two days only 12 lbs. The same cows were again put upon new hay, and gave, after the fifth day, 18 lbs ., after the tenth day, 22 lbs ; and after the fifteenth, yave again 25 lbs . This experimeni shows clearly that the hay during the process of fermentation loses a great deal of ats nutrative value, and if there were means of preventing the fermentation, it would be of great service.

Ho.w to (iex Rid or Crowe. - A motemporary says that some acute fellow "down east" has discovered a novel mode of getting rid of crows. You must take some small shelled conn, and run a horse har through the grain with a nerdle. and tie a knot in the hair close to the grin. and swem in corn fields, and the crows will pirk up this grain with the hair 10 it, and it will tiekle thens, and they will kill themselves a scratching. This is gwing them the "Old Scratch" mith a vengeance.

Pitent Mifalic Air Exhalsted Coffies Mrssts. A. MrCiure \& (Co., have these coffins for sale. They are shaped like whe ordinary coffin and cannot be distunguashed frum tosc-wod. Their advantages are preservation of semains, frecdom from contagion, prevention of violation, transportation of bodies, re-interments. Messrs. MeClure \& Ca have certificates from the reiations of persons deceased, which testity that bodies placed in these coffins. from which the air is exhausted, have been preserved for suatig threc years. They are a verg usetul and unique inveration.-N. $\bar{y}$. Exchangc.

