

6. Late Cancer is incurable though not always unrelievable. Radium, X-ray, ligation, ceutery or palliative operations may change distress to comfort and may even prolong life.

7. Cancer of the Breast. All chronic lumps in the breast should be removed without delay. Benign tumors can be removed without mutilation. Examine all specimens microscopically. An immediate microscopical examination is desirable since, if positive, it permits a radical operation at the same sitting. A radical operation performed ten days after an exploration is nearly always unsuccessful in curing cancer of the breast.

8. Cancer of the Uterus. Any irregular flowing demands thorough investigation. Offensive or even very slight serous flows are especially suspicious. Curette and examine microscopically. Amputate all eroded surfaces which do not yield promptly to treatment. Do not wait for a positive diagnosis.

9. Cancer of the Digestive System is difficult of early diagnosis and therefore unfavorable in prognosis. All persistent and recurring indigestions (more especially if attended by change of color and loss of weight) and any bleeding or offensive discharges demand prompt and thorough investigation.

10. Cancer of the Skin. Any wart, moles or birthmarks which enlarge, change color, or become irritated should be removed promptly. They are likely to become cancer. Do not wait for a positive diagnosis.

#### DR. COOK ON CANCER.

Cancer is of "greater frequency at ages over forty than pneumonia, tuberculosis, typhoid fever, or digestive diseases." It proves fatal in over 90 per cent. of the attacks. It occurs and often kills its victim when they are in the stage of life during which they are most needed by society. "If taken in the beginning, the majority of cases of cancer are curable, but the only cure is the removal of every vestige of the disease."

The occurrence of cancer is usually associated with some form of injury or long continued irritation of body tissue. Because it rarely causes pain in the beginning, it is often neglected. The following precautions should be rigidly exercised:

Seek early examination by a competent physician in case of—

- (1) Any chronic sore, lump, an irritated or growing mole.
- (2) Chronic indigestion, after forty, particularly with vomiting.
- (3) Persistent abnormal uterine discharge, particularly if bloody.

Never be afraid to know the truth. Delays are always dangerous, sometimes fatal.