Here are two recipes for coffee that are well vouched for. ground Java sufficient for six cups with one-half teaspoonful of white of egg. To this add hot water and ring to a boil only. Remove to a cooler part of the range, and on serving on have a drink letter than wine.

To coarsely ground coitee add boiling water and the shalls of two eggs.

Boil briskly ten minutes, and remove to back of range units served. the milk to be used, but not to boiling, and serve with sugar to taste. Cold

milk destroys the flavor of the finest coffee.

And here are some nuggets of household wisdom:—A round piece cut from worn out cashmere hose, and cat-stitched to the wrong side of the kne of children's hose with strong cotton, will strengthen them greatly.

When you set your stoves away for the summer wipe them over with a

cloth wet in kerosene oil, to prevent them rusting.

Nothing so quickly restores tone to exhausted nerves and strength to a weary body as a bath containing an ounce of aqua-ammoria to each pailful of water. It makes the flesh firm and smooth as marble, and renders the body pure and free from all odors.

Rub black walnut furniture, or any wood furniture finished in oil, with cloth slightly moistened with kerosene cil, to remove scratches and restore

When one is fatigued and foot sore from much walking, it is very refreshing to bathe the feet in warm water and rub them with extract of arnica.

And, but this must do for this time, from

Yours devotedly,

Boston.

DINAH STURGIS.

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&c.|SHATFORD

Liverpool Wharf, Halifax, N.S. here from 26 23 and 27 35.

DRAUGHTS-CHECKERS

We have not as yet had time to work out the several solutions to problem 150 to our entire satisfaction, but hope to gratify our checkerists by presenting them next week.

SERGEANT W. MUIR, whose name has frequently appeared in this col umn as an expert in the "silent game," arrived here from Britain in the S S. Vancouver on Sunday last, promises to give all-comers a hearty reception at headquarters, 36 Grafton Street, at any time during his stay in this city.

TO CORRESPONDENTS

ALPHA, Ottawa.- I will look over that new solution. At present it seems to me to be quite correct. However I will study it further and give details in our next issue if I find it sound in every respect.

Joe, Montreal.—Your favor is re-ceived and reply has been sent by mail.

Solutions.

PROBLEM 161.—The position was: Black men 11, 15, 18; white kings 2, 29; white to play and draw.
2 7 21 17 11 15

-16 18--23 19--24 11. *29 25 7 11 *15 19 19 15 1 16-19 15-19 23-27 27 17 22 22 18 15 18 24—28 27—32 drawn. *25 21 19. _24

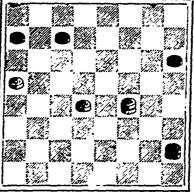
*Only moves to ensure a draw.

VAR I. 20—24 15—19 7 10 10 15 16-20 25 30 drawn.

PROBLEM No. 163.

By R. Robertson in the Glasgow Herald.

Black men 5, 6, 12, king 28



White men 13, 18, king 19. White to play. What result?

We will send a copy of the Ameri can Checker Review to the best solver, as we consider the above a beauty.

GAME LIII .- DOUBLE CORNER. Played between W. Forsyth and P. O'Hearn.

10-19 14-22 18 23 16 32 27 12-3_ 11-18 22 18 15 20 16 22 10--18 -11 13-29 25 22 15 16 9 6. -10 -11 2--11 17 22 b-26 22 15 26 24 20 11 -18 19**—23** 1-6 11-8-22 15 c-21 17 27 24 31 -13 23-26 17 9--19 15drawn 30 24 15

NOTES.
a This is original. We think that it has never appeared in print before. What do our exchanges say?

c This was rather unexpected, and we thought O'Hearn had got into a tight place, but he was quite equal to the occasion.



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