SUNDAY, AUGUST 15, 1875.

LESSON VII.—THE BREAD OF LIFE. John 6. 47-58.

Berean Notes.

Lender. 47 Verily, verily, I say unto you, He that believeth on me hath everlasting life.

School, 48 I am that bread of life.

L. 49 Your fathers did eat manua in the wilderness, and are dead.

8. 50 This is the bread which cometh down from heaven, that a man may eat thereof, and not die.

L. 51 I am the living bread which came down from heaven; if any man eat of this bread, he shall live for ever; and the bread that I will give is my flesh, which I will give for the life of the world.

S. 52 The Jews therefore strove among themselves, saying, How can this man give us his flesh to eat?

L. 53 Then Jesus said unto them, Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you.

S. 54 Whose eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day.

L. 55 For my flesh is mea tindeed, and my blood is drink indeed.

S. 56 He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him.

L. 57 As the living Father hath sent me, and I live by the Father; so he that eateth me, even he shall live by

3. 58 This is that bread which came down from heaven: not as your fathers did eat manna, and are dead : he that eateth of this bread shall live for ever.

HOME READINGS.

T. 1 Cor. 10, 15-33. M. John 6. 47-71. F. Matt. 26, 17-30. Tu. John 6, 22-35. W. Exodus 16, 14-31. S. John 5, 17-29. Sabbath. Rev. 7, 9-17.

TOPIC: Help for the Dying Soul-Jesus the Bread of Life.

GOLDEN TEXT: This is the bread which the Lord hath given you to eat. Exod. 16. 15.

OUTLINE: 1. The Typical Bread. 2. The Irue Bread.

GENERAL STATEMENT.

Jesus has linked religious teaching with almost every incident of daily life. He would have life's commonest things suggest the most exalted things of his spiritual kingdom. He used

water as an emblem of salvation, and it is not strange that he should use bread, "the staff of life," as an emblem of that by which the soul is nourished. Bread saves the perishing body. and so in this lesson on The Bread of Life, the Topic presents Help for the Dying Soul-Jesus the Bread of Life. Jesus, like the manna of old, is God's gift to his people, hence of him, as of the manna, it is true as stated in the GOLDEN Text: " This is the bread which the Lord hath given you to eat." In the OUTLINE we find for our study; 1. THE TYPICAL BREAD; 2. THE TRUE BREAD. The Doctrine suggested by the subject is Life through Christ. Our prime object in this lesson should be so to present this bread that each may eat and live forever.

LESSON HYMN. - Tune "Horton." - T's.

Bread of heaven, on thee we feed, For thy flesh is meat indeed; Ever let our sou s be fed With this true and living bread !

Day by day, with strength supplied Through the life of him who died, Lord of life, O let us be Rooted, grafted, built in thee!

QUESTIONS.

Recite TITLE, TOPIC, GOLDEN TEXT, and OUTLINE.

1. The typical bread, v. 49, 58.

What is meant by "the typical bread?" [Ans.—Manna is meant. This was a type of Christ, because God sent it from heaven to satisfy and save perishing

What is stated about this bread in our lesson, and in our Golden Text ?

What do you remember about manna?

2. The true bread, v. 47, 48, 50-58. What titles does Jesus take to himself in this lesson? How many times does he tell whence this bread came? How did Jesus come down from heaven ?

What good effects of eating this bread are named in v. 50, 51, 58 ?

What is meant by " not die " and by " live forever?" Why is it better to eat this bread than to eat manna? What reasons can you give for calling Jesus " the true bread ? "

How can we " eat" this bread?

How do Christians show they have caten it? [See 1 Cor. 10. 16; 11. 24.]

[Read John 6. 27, 35.]

What does Jesus, in v. 51, say the bread which he will give is?

For what does he say it is given ? How does Jesus give his flesh "for the life of the

world ?"

How may we " eat " this flesh? What blessings come to those who eat it? v. 54-57.