

Household Hints.

PLUSIT goods, and all articles dyed with aniline dyes, which have become faded from exposure to the light, will look as bright as ever if sponged over with chloroform.

SPIRITS of ammonia diluted with water, if applied with a sponge or flannel to discoloured spots upon the carpets or garments, will often restore the colour.

BAPTIST CAKES.—These cakes are simply pieces of bread sponge, which has been mixed as stiff as it can be stirred the night before. Fry the cakes in boiling hot fat for six minutes and serve them with silver drip syrup or maple syrup.

It is not generally known that repeated applications of water (as hot as it can be borne) will drive away a ring around or ordinary boil, though the swelling, which is nature's method for purifying the blood, is quite likely to come in some other part of the body.

CORN BREAD.—There is no better form of corn bread than a plain Johnny cake baked on a griddle. Scald a pint of meal with slightly salted water; make it of a consistency to spread smoothly upon the griddle which has been heated very hot and buttered. Make the cake about an inch thick; cover with a buttered pan and cook until brown on the under side; then turn and brown on the other side. Serve hot.

MEAT SCALLOP.—Take cracker crumbs, macaroni, cold meat, the gravy of the meat, or soup stock. Boil the macaroni until soft, and put a little water on it to prevent it from sticking together. Cover the bottom of a deep dish with the crumbs; then a layer of meat cut in small pieces, seasoned with salt and pepper; a layer of macaroni; a layer of crumbs and meat; and so on until the dish is filled, having the crumbs come last. Pour over all the gravy, and bake one hour.

RICE CREAM.—To a pint of new milk add a quarter of a pound of ground rice, a lump of butter the size of a walnut, a little lemon peel, and a tablespoonful of powdered sugar. Boil them together for five minutes, then add half an ounce of gelatine, which has been dissolved, and let the mixture cool. When cool add half a pint of good cream whisked to a froth, mix all together, and set it for a time in a very cool place or on the ice. When to be used, turn it out of the basin into a dish, and pour fruit juice around it, or serve it with stewed apple or pear.

TO STOP A COLD.—1. Bathe the feet in hot water, and drink a pint of hot lemonade. Then sponge with salt water and remain in a warm room. 2. Bathe the face in very hot water every five minutes for an hour. 3. Snuff up the nostrils hot salt water every three hours. 4. Inhale ammonia or menthol. 5. Take four hours' active exercise in the open air. Summer colds are the worst of all colds oftentimes, as it is then very difficult to protect one's self properly. A ten grain dose of quinine will usually break up a cold in the beginning. Anything that will set the blood actively in circulation will do it, whether it be drugs or the use of a hucksaw.

WHITE BREAD WITHOUT YEAST.—To each pint of flour add one heaping teaspoonful of baking powder and a saltspoonful of salt. Sift the whole thoroughly three times, make sure that the powder and salt are evenly mixed in the flour. Mix with milk until the dough is stiff enough to mould well. Make in loaf shape, place in hot, buttered pans and put in a moderate oven, where there will be a steady heat and bake at once. If the ven chances to be very hot, turn another baking tin over the bread for fifteen minutes, unless covered bread pans are used. This bread is very good when a tablespoonful of lard is used for each pint of flour and the bread mixed with water. Two quarts of flour will make two small loaves.

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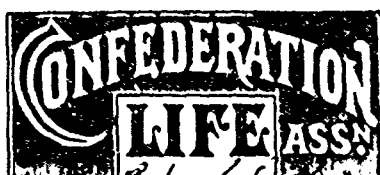
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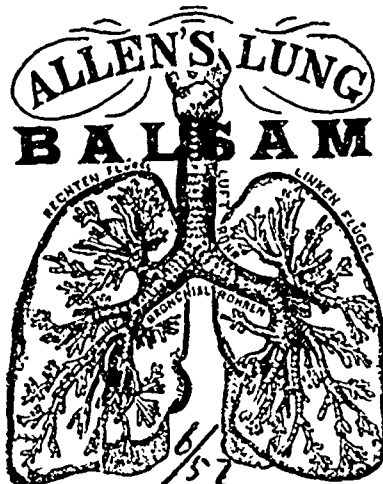
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(This Engraving represents the Lungs in a healthy state.)

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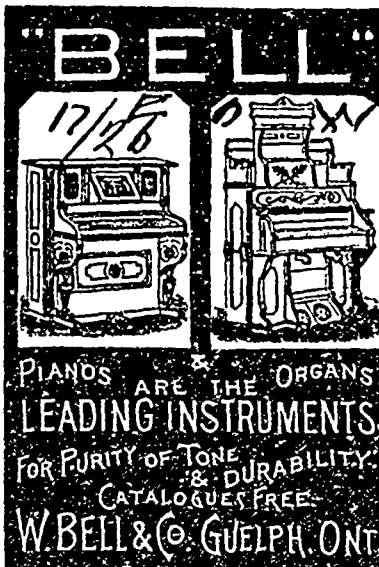
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