Poung People's Work. FOR CHRIST AND THE CHURCH.

COMMITTER ON YOUNG PROPER'S WORKE W. W. Coulter, Chairman; J. J. Sozaliman, Mrs. R. H. Cameron,

C. E. Prayer-Meeting Notes.

GEO. FOWLER.

Dec. 9.—Helps and hindrances to a Christian life.-Luke viii. 4-15.

The Christian life is one of activity. There is no place for the idler. The work to be accomplished by Christ's disciples is great. Battles are to be fought and victories won. We are waging an incessant warfare against powerful and insidious foes; we require assistance. Our arms must be strengthened and our hearts encouraged as we are bound down in the mighty conflict, stripped of our armorgand carried away into bondage.

Some of the hindrances to the Christian life are:

- t. The demands of self." It is an easy thing to gratify the desires of the heart.' It is the temptation that our Saviour resisted, "Command these stones to be made bread." Self is to be subordinated to a higher law. We
- 2. The glamour, the glitter, the riches, the pleasures and the allurements of the world hinder the development of the Christ life. The spirit of the world runs counter to God's will. We are to live the life in this do not expect to be taken bodily away who commanded. to another sphere to make preparation world by hiding in convents and lead- system. ing hermit lives is cowardly. In the classes or castes are leading many away where we find those who are not confrom Christ. The church, tne mission cerned about their eternal welfare: of which is the faithful proclamation Some think that because they are not of the truth, is being converted into a engaged in open warfare against Jesus, social club for the entertainment of a
- hinder the development of the Christ us in its power? Do we not realize life. Heb. ii. 1-3.
- onment, Many have not Christian homes. They are subject to severe temptation. It is a mighty struggle for them to rise above the things of this

reome, many difficulties to be sur mounted and hindrances to be removed as we journey Zionward, no one attempts to deny. Alone, unaided, we would be wrecked in the fierce storms which we would encounter; but there are helps as well as hindrances:

s. We have one to assist us who is greater than all that are against us. Christ has promised to be with us. Matt. xxviii. 20. As our Saviour overcame all difficulties, withstood all temptation, and came forth from all conflicts victorious, so we in His strength meet the foe and sweep forward to a triumphant victory.

2. We have the Holy Spirit to dwell in our hearts as a comforter. Acts ii. 38.

3. What would we do without the Word? When Christ was tempted He hurled at Satan the Word. We ought to know how to wield the sword of the Spirit. Let us while young store our minds with the precious word of God, xix. 7; Rom. i. 16; Heb. iv. 12.

God in prayer. A careful study of the yard's Pectoral Balsam—the best throat gospels reveals that the great source of and lung remedy in use.

Christ's strength was prayer. If the Divine man needed to frequently spend hours, and sometimes all night, in prayer, how much more are we in need of availing ourselves of this means of

5. A fifth assistance to the Christian is the church with all her Sunday and our treasury. These societies would mid-week services. Heb. x. 25.

We should never go forth without our whole armour on, and then let service to Christ. [Applause.] Money Satan rage, we will conquer in the name higher type of Christians, a more thorof Him who always conquered.

6. One of the most valuable aids in the overcoming of opposition in the Christian life is the privilege that we have of co-operating with God in carrying on His work on earth, 2 Cor. vi. s.

Dec. 16 .- Different ways of rejecting Christ.-Mark xv. 6-14; Heb. iv. 6.

That men reject Christ is a mystery. To think that we harden our hearts to the appeals of Divine love, veil our eyes to that scene on Calvary, and close our ears to the proffered offers of eternal life is beyond human comprehension. What can be the cause? What leads men to reject the Saviour?

In what ways do we reject Christ? r. We reject Him by refusing to accept His word as authoritative, by are not to live by bread alone. Christ's disobeying his commands. Christ is service demands sacrifice. We must supreme. He is Lord of Lords and King of Kings. God has spoken unto us by His Son. The Book of Inspirhas been the cause of the downfall of fist was tightly shut in its mitten as if nations and individuals. If we disobey holding something there. world amidst scenes of iniquity. We the commands of Christ we reject Him

for our future life; and to endeavor to divinity. The divinity of Christ is the get into one of the banks, but was run away from the temptations of the fundamental truth of the Christian afraid of the great doors, at men hurry-

present age we need to be strongly to accept Him. We have more to fear of the banks that seemed less dangerous. fortified against the plausible arguments from indifference than from open hos! A good natured newsboy opened it for and bold pretensions of the world. Itility. The besetting sin of this age is him, and in he went. Before him, a The demands of fashion, the pride of not so much open and wilful opposition great, broad stair, with a subber mat life, the division of the Church into to the Lord as indifference. Every- on each stair, wound up: That was bit. they are for Him. "He that is not with us is against us," said Christ, 4. A fourth hindrance is our envir- Christ. "How shall we escape if we touch the knob of the door. neglect so great salvation." Associate members, why do you refuse to submit sin is death."

That mighty obstacles are to be is to yield yourselves and move to the the door. Finally, a big, kind hearted his new friend. dominion of sin. "He that continues, fellow, wondering at the persistent faithful to the end shall be saved" creak at the door, looked up, then corner, blue and miserable with the Would you receive a crown of everlast. leaned over a desk and opened the cold, and very glad to sell a rooster, ing life, you must not faint by the door. An atom of humanity drifted Mr. Wilson stood by, greatly amused wayside, but press onward from conversion to death. Heaven's gates are closed against those who stop short of the end.

Fellow traveller from the cradle to the grave, are you rejecting Christ? If so, stop in your course and consider well your position. Would you be partakers with those who crucified the Lord? Would you be numbered with those who are arrayed against the broad palm, then walked around the lifted Frank to a seat. Frank thought loving Jesus and in league with the enemy of God and man? "Turn ye, turn ye, from your evil ways; for why will ye die?" " How shall we escape if tue neglect so great salvation."

On the Platform.

Public speakers and singers are name?" which is so powerful.—Ps. exix. 105; often troubled with sore throat and hoarseness and are liable to severe readily, his eyes half closing in merry woman, with a baby in her arms, body. 4. Another important help to the bronchial attacks which might be pre- smile as he caught the gay twinkle in opened it. Christian is the privilege of approaching vented and cured by the use of Hag- Wilson's.

Christian Endeavor.

The following extract from J. Z. Tyler's report on "Christian Endeavor" is sensible and timely :---

It will be a mistake, however, if we come to look upon our societies as merely agencies to bring money into better be preserved as schools for spiritual culture and training in personal is not our greatest need. We need a ough and intelligent consecration to Christ. We need to be so possessed by the very Word of our Master that we will repeat His life of serving and giving. Let the production of this type of character be the chief aim of every Christian Endeavor society among the ter?" Disciples of Christ.

Children's Work.

Mrs. Jas. Lediard, Supt., Owen Sound, Ont. to whom communications for this department should be addressed.

On 'Change.

BY AGNES.

It was a blowy day in March, so cold the sun could see his face reflected in the ice. The nostrils pinched and the lungs smarted with the cold wind.

Up and down a short street, through which hurried busy men, a tiny boy struggled. The wind was so strong his ation is closed. If we add to or sub- sturdy little legs could hardly make tract] from His word, we are rejecting headway. His face was as scarlet as him as supreme. Disobedience is and his muffrer and his mittens. One little

street, with rooms for lawyers' offices paste board botz for it to sleep in." 2. We reject Him by denying His above them. The little lad wanted to ing through clanged them after them. 3. Many reject Christ by neglecting He saw another door at the side of one the way to the offices above, but he did not know that.

Up le toiled, both feet on a step, panting, for the wind had taken his His honest, determined little fare was breath. At the first floor he came to alive with glee. he walked along the passage to a frosted 3. Our cares and our indifference Why do we allow indifference to hold glass door with "Bain, Morris & Me-Neal" painted on it in blackletters. Here then he set the boy on the floor, and Wilson's last visit. the terrible consequences of rejecting he met a fresh difficulty, he could only put on his cap and overcoat.

Inside, it was warm as summer. The clerks, industriously reading and yourself to the Lord? "The wages of writing in stylishly ragged office coats, did not notice for a long time the tightly he could hardly pul' his mitten Discovered that 9, when upside down, 4. A fourth way of rejecting Christ attempts some one was making to open on over his fist, then n arched out with in. The student looked down puzzled at the little fellow's earnest examinaand amused as the child struggled with tion of the roosters. The wind had his mitten. He was still more amused rather demoralized their talls. The when the little fellow threw a copper selection was made, and the five cent upon the desk and piped out, "Please, bit handed up without a backward look. change it," then putting his hands upon Mr. Wilson wrapped it carefully in his the desk he tried to bring his eyes high handkerchief and put it in a big pocket lenough to see over.

The young man picked up the copper, looked at it as it lay on his shops. Mr. Wilson entered one, and

Wilson?" asked one of the students,

they all laughed.

Wilson seated his client on his knee.

44 Frank Stokes, eh? And who sent afraid you were lost." you out to get your copper changed?" "Tourse I wasn't," said Frank with and strengthens the system.

"I wanted two, but fozzer only dave me one, he said p'r'aps I tould det it changed."

"Who is your father?"

"He-oh-he. We live in the down'tairs of the Nashnal buildin'."

"Oh, I see, he is the caretaker of the National building, is he?"

"Yes, he teeps the furnace doin', an' does fings," said Frank importantly. "What do you want with the change?'

"If I touldn't det it changed I was doin' to buy Maimie, my little sister, a tandy ball, and if I get it changed I'll buy her a rooster."

"A rooster! What kind of a roos-

"Oh, the Dado dirl at the torner sells 'em. They've dot real fezzers in their tails, an' you tan blow in 'em."

"And it is all for Maimie, not for yourself?"

"Oh, no-I don't need tandy, nor roosters, nor fings. It's all for Maimie. Maimie ought to be bigger'n me, but she aint, she fell down on the 'tone 'tairs an' hurted her back. Now she fever I did not seem to gather strongth, and had bed."

"Can she play with you?" asked Wilson, with a different glisten in his brown eyes.

"Oh, yes, she knows heaps of plays. Fozzer fixed a board on two chairs, an' we play on that. I hunt for business tards in the halls when fazzer's sweepin'."

" Does she like picture books."

"You bet; if I had money I'd buy her one," said the youthful financier, Four great banks fronted on this But she dot two now, an' a doll, an'

"Do you go to kind-rgarten?"

" No, dot to look after Maimie. Mozzer has the baby."

Frank fidgeted a little.

"Dess I better go now. Maimie 'll wonder if I dot it changed. Will you got you a rooster." change it?"

pocket and drew out a bright five cent

"How will that do?" he asked.

" Oh, that's silver: fozzer never dives me only coppers." His eyes shone.

Mr. Wilson gravely handed over the I can't bear to send her away from us." five cents and pocketed the copper,

"You must allow me the pleasure of seeing you and your rooster safe: home this windy day," he said smiling.

Frank clutched his five cents so

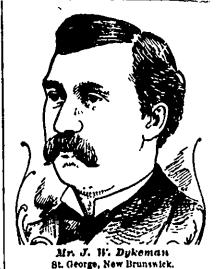
Incy tound the Italian girl at the

for sale carriage.

They turned on a street gay with long desk and picked up the youngster. Christmas must have come again, there "What on earth have you got there, were so many things. When they in the pocket with the rooster.

They reached the National building. "So you want this money changed," and Frank led the way to a side

"Oh, Frankie, my little son, I was



After the Grip

No Strength, No Ambition 'lood's Sarsaparilla Gave Perfect Health.

The following letter is from a well-known merchant tallor of St. George, N. B.:

C. I. Hood & Co., Lowell, Mass.:
"Gentlemen—I am glad to say that Hood's Sarsaparilla and Hood's Pills have done me a great deal of good. I had a severe attack of the grip in the winter, and after getting over the lays on the sofy when she aint layin' in no ambition. Iloed's Sarsaparilla proved to be just what I needed. The results were very satisfactory, and I recommend this medicine to all who are afficied with rheumatism or other

Hood's salid Cures always keep Hood's Sarsaparilia in my hous

and useft when I need z tonic. We also keep Hood's Fills on hand and think highly of them."
J. W. DYKEMAN, St. George, New Brunswick. Mood's Pills are purely vegetable, and do not purge, pain or gripe. Sold by all druggists.

mannish scorn. "This is the dentleman that changed my topper."

Mr. Wilson stood, cap in hand, and explained politely, but Mrs. Stokes was shocked and mortified.

Frank hurried his friend in to see Maimie.

"Maimie, Maimie, here's a dentleman. He changed the topper, and I

Mr. Wilson produced the rooster, and the child's sickly face grew radiant. The young man put his hand in his Then the ball and book were brought out and offered to the child's mother with a boyish blush and stammer.

Mrs. Stokes took them gracefully and gratefully.

"It takes so much for doctors and instruments and medicines for her," she said, "that we have very little left for her amusements, and her father and

Frank never asked to have his money changed again, but that was not Mr.

Nine and Six.

A queer little boy who had been to ichool,

And was up to all sorts of tricks. Would pass for the figure six.

So, when asked his age by a good old dame,

The comical youngster said, I'm 9 when I stand on my feet like

But 6 when I stand on my head !" The Pains of Rheumatism

According to the best authorities, originate in a morbid condition of the blood. Lactic acid, caused by the decomposition of the gelatinous and albuminous tissues, circulates with the blood and attacks the fibrous tissues, particularly in the joints, and thus causes the local manifestations of the disease. The back and shoulders are the parts usually affected by rheumatism, and the joints at the knees, were so many things. When they ankles, hips and wrists are also somewent out, there was a beautiful, large times attacked. Thousands of people "A client," answered Wilson, and picture book and a gaily painted ball have found in Hood's Sarsaparilla a positive and permanent cure for theumatism. It has had remarkable success in curing the most severe cases. The secret of its success lies in the he said gravely. "What is your entrance. Down stairs they went, and fact that it attacks at once the cause of along a passage to a door on which the disease by neutralizing the lactic "Frank Stotes," answered the child Frank pounded. A tender faced acid and purifying the blood, as well as atrengthening every function of the

> Pure blood is absolutely necessary in order to enjoy perfect health. Hood's Sarsaparilla purifies the blood