

it is too late, and is started in quest of a health which has been forever lost. A young lady comes to me complaining of all that lot of symptoms which physicians know indicate disease within the pelvic cavity. Her general health is largely impaired. She is given a tonic, some advice as to the local management of her case, takes a month's rest from the school-room—for she is a teacher—and returns quite restored. Another lady, of the same calling, comes to tell about the same story, only she has another chapter to add. In addition to the backache, the front pain low down in the abdomen, constipation and painful urination, and painful menstruation, too. She tells of great soreness in the pelvis when she walks. She feels the jar when she makes a misstep. She has to stop a few times as she makes the ascent to her room in the third or fourth story of the school-house; and the enforced standing while teaching is almost unbearable. She applies for treatment only when her physical discomfort makes such a course imperative. She is subjected to all the so-called "conservative" measures of treatment, both local and general, for from six months to two years. But all to no purpose, for there is now irreparable disease of the uterine appendages, and she finally purchases immunity from pain and restoration to health by going upon the surgeon's table, having the abdomen opened, and the diseased organs extirpated.

I could multiply the list of cases, but it would take too much space. I could cite instances in which both girls and women, pupils and teachers, had contracted diseases while in the discharge of school duties, and diseases, too, from which they had died. And just here I want to emphasize the fact that in the instances which I have cited I have painted you no mere fanciful pictures; they are cases from my note-book, where many more can be found. I bring them forward in this connection only that the discussion in which I purpose to indulge shall have a basis of fact.

Taking the schools with which I am most familiar as one basis of calculation and the alleged vital statistics and the school statistics of the State as the other elements, I estimate