

and yet they overcame. They had as many trials as any you can possibly have, and yet they overcame. They fought; they wrestled; they struggled. You must do the same.

What was the secret of their victory?—their faith. They believed on Jesus, and believing were made strong. They believed on Jesus, and believing were held up. In all their battles they kept their eyes on Jesus, and he never left them nor forsook them. They overcame by the blood of the Lamb and the word of his testimony, and so may you.

I set these truths before you. I ask you to lay them to heart. Resolve, by the grace of God, to be an overcoming Christian.

Christian Miscellany.

HOLD YOUR TONGUE.

MEN can guide ships, bridle horses, tame lions, run telegraph cables under the ocean, navigate the air, signal the storms and tunnel the mountains, but the tongue remains unconquered.

The tongue was made to speak words of hope, to sing anthems of praise, to console the broken hearted, to encourage the doubting, and proclaim the beauties and glories of an immortal world. Its words were to distil like the dew, and to be as sweet as honey, but how perverted. It is sharper than a sword, stings like the viper and wounds the heart of men. Words of blasphemy, of distrust, of despair are uttered, when there should be only words of hope, of truth, and of love, falling like rain-drops on the new-mown grass.

It was the tongue of an elegant Greek which calmed the stormy passions of the multitude. It was the tongue of an angel that proclaimed the tidings of love and hope to the fallen earth. It was the tongue of our blessed Lord that proclaimed the world's forgiveness in His name. And we behold cloven tongues of fire ready to proclaim the pentecostal Gospel, when the tidings of life were to go forth to the nations. Unknown tongues were heard in the infant Church, and uttered the wonderful words of the Father's love.

But there are times when the tongue should be silent. Men are to be judged by their words. When two men are in a quarrel, hold your tongue; when you have nothing good to say of others, hold your tongue; when your words are to be carried by feet that are swift in running to mischief, hold your tongue.