

OUR No.1 FOUNTAIN PEN FREE



(Made by Sanford & Bennet, New York. Value, \$2.00 cash.)

You can get this pen very easily by showing this copy of the 'Northern Messenger' to your friends. Take their subscriptions at the rate of 20c each to the end of the year. Ten subscriptions at this rate make \$2.00. Send us the \$2.00 and we will send you the fountain pen free, and will send the 'Messenger' every week to the end of the year to each of your ten friends. They will enjoy the story which is being run serially.

CONSOLATION PRIZE—If any of those who start out to get the above club find that they cannot get them all, we will send our Number 2 Fountain Pen, so long as they send us at least five subscriptions to the end of the year at 20c each. This pen is highly recommended by the manufacturer. The nib is gold-plated, flow of ink free, without leaking. A delightful pen to write with. Surprising value. Of course, this pen does not cost as much as our No. 1, and will probably not wear so long, but it has been used by several of the managers of departments in the 'Witness' Office with great satisfaction. Every one that sees it wonders how we can offer it on such easy terms.

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JOHN DOUGALL & SON, Publishers, MONTREAL.

within the limit of the uses and mercies of the time. By invitation the homeless ought to be brought into the home circle for the day. The sick should be visited—especially the sick to whom a visit is not a common delight. There are claims of kindred and of intimate friendship which should be met. By the father's cheerfulness in social meetings and in social service, by his high level of thought and conversation, he ought to interpret the meaning of the day and teach his children to hold it above all common cares and business talk in kindly, cheerful intercourse.

Is there any better opportunity for comradeship than this free day at home affords to busy fathers and their busy children in the chance for common interests in reading? Are there not books which each might read alone, but which would be remembered with more than double interest if the father read them with his children? Sometimes they would be the children's books—which would be good for the father—and sometimes the father's books—which would open new worlds of thought to the children. This common reading would go on from week to week, and the treasures of the father's experience and the child's fresh point of view would enrich the text with comment and with question.

If on no other day, on the Lord's Day the family should worship together with the father as its priest. The 'prayers' should be brief, but not so brief that the children are allowed to have their part. Let them read, or, better still, recite parts of the Scripture lesson, or repeat a hymn and sing, and, if a good catechism can be found, let old and young give answer to its questions.

Sunday rest is not stagnation, but variety. The child cannot sit still and the father should not. The comradeship of worship, study, recreation, reading, which I have outlined, varied to suit the special conditions of each family, will restrain childish exuberance while it relaxes and enlivens fatherly sobriety. It will make a busy, but a happy, and therefore restful, day. There should be no perturbations of spirit in it, but much peace and pleasure. It will need to be planned for. It will require initial and continued self-denial, which will, however, bear fruit in happy memories a hundredfold. It cannot be adopted full grown, but must be step by step attained through forethought and endeavor. It is an ideal only half fulfilled with most of us, but it is worth attaining at far larger cost than it requires.

Selected Recipes

Unfermented Grape Juice.—To 10 lbs. of ripe fruit add two quarts of water. Boil slowly for three minutes. Press out the juice from the pulp. Add 2 lbs. of white sugar, bring to a boil; skim, and put in to glass jars while hot. Keep in a cool, dry place.

Apple Snow.—Grate one large apple, add the white of one egg and three-fourths of a cup of powdered sugar. Beat until thick enough to keep its shape as you pile it on the dish. A cup of mashed strawberries, peaches or raspberries can be used in place of the apple. It is very nice used as a filling for layer cake or, served as a dessert, with a custard sauce.

A NEW STORY.

The New and Thrilling Story just begun in the 'Messenger' will be run serially for three months.

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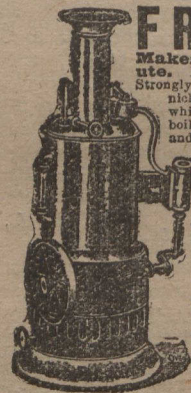
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All business communications should be addressed 'John Dougall & Son,' and all letters to the editor should be addressed Editor of the 'Northern Messenger.'