

LAME BACK Spells Kidney Trouble

There's no use putting on liniments and plasters to cure that ache in your hips or back—the trouble is inside. Your kidneys are out of order. GIN PILLS go right to the cause of the backache and heal and regulate the kidney and bladder action. Then you get relief, permanent relief!

Many a man and woman who has been doubled up with shooting pains in the back having to stop work and lie down to get a little relief, has found new health and comfort in

GIN PILLS FOR THE KIDNEYS

Two boxes completely cured Arnold McAskeel, of Lower Selma, N.S. "I have never had any trouble with my back since," he says.

If you have a lame back—or any sign of kidney trouble—get GIN PILLS to-day and start the cure working. Six boxes, six boxes for \$2.50—and every box guaranteed to give satisfaction or your money back. Trial treatment free if you write

National Drug & Chemical Co. of Canada, Limited
Toronto Ont. 15



BOARD OF EDUCATION.

Minutes of regular meeting held Oct. 4th. Present, P. J. Dodds, chairman; Dr. Hicks, D. A. Maxwell, Rev. T. M. Mead, R. C. McLeay, J. White and Dr. Howden.

Minutes of last regular and special meetings were read and confirmed.

Public school report for September was read, and on motion received and filed.

Communications were read from Principal Steer containing courses of study in the several High School forms, etc.

Mead-Hicks, and carried, that the communications be received and filed.

McLeay—Maxwell, and carried, that requirements as recommended by Principal Steer for upper school physics, amounting to \$34.10, be supplied.

Howden—McLeay, and carried, that G. Stevenson's account, \$12.50 for work at High School, be paid.

Hicks—Mead, and carried, that Mrs. (Dr.) Auld be refunded \$1 for examination not taken.

Maxwell—White, and carried, that we advise the Municipal Council that we will require as follows: for public school, \$500, \$200 payable immediately and balance of \$350 by Oct. 31st; for high school \$1000, \$550 payable immediately and \$450 by Oct. 31st.

Howden—White, and carried, that the pupils' fees be paid by the term, all fees this term to be paid by Oct. 15th.

Maxwell—Howden, and carried, that we adjourn.

D. WATT, Secretary.

A Standard Medicine. Parmelee's Vegetable Pills, compounded of entirely vegetable substances known to have a revivifying and salutary effect upon the digestive organs, have through years of use attained so eminent a position that they rank as a standard medicine. The following should remember this. Simple in their composition, they can be assimilated by the weakest stomach and are certain to have a healthful and agreeable effect on the sluggish digestive organs.

SCHOOL REPORTS.

Report of S. S. No. 12, Warwick, for September. Class III.—Sr.—Vera Kersey 89, Willie Hollingsworth 83, Maize Pike 82, Morgan Cameron 80, Gordon Westgate 77, Ola Routly 69, Albert McLean 64. Class III.—Jr.—Irene Westgate 77, Milton Williamson 52, Percy Ward 50, Verma Pyke 47. Class II.—Jr.—Nelson McLean 73, Amelia Pyke 65, Melvin Routley 48, Melvin Williamson 48, Chester Fifield 34. Class I.—Jr.—Hilda Fifield 98, Archie Cameron 93, Gilbert Kersey 81, Fred O'Neil 75, Lorenzo McLean 62, Oscar Westgate 40.

Primary—Harold Westgate 100, Wilson Westgate 98, Robert Routly 64.—MARTHA BARRETT, Teacher.

Good-bye to Asthma. Persons suffering from that extremely trying trouble known as asthma know what it is to long with all their hearts for escape as from a tyrant. Never do they know when an attack may come and they know that to struggle unaided is vain. With Dr. J. D. Kellogg's Asthma Remedy at hand, however, they can say good-bye to their enemy and enjoy life again. It helps at once.

The largest grower of tobacco in the Leamington section this year is G. A. Brown, who has 80 acres in tobacco on his Talbot St. east farm. This is the largest tobacco acreage ever grown in that locality, it is claimed. He has about 60 acres of the Warne variety and the balance chiefly Burley, which he expects to yield about a ton to the acre.

The ease with which corns and warts can be removed by Holloway's Corn Cure is its strongest recommendation. It seldom fails.

HELP PROBLEM.

Summer Is Especially Hard on the Servant.

PUT YOURSELF IN HER PLACE.

Be Considerate of the Maid Who Must Toil in the Hot Kitchen While the Mistress of the House Takes Her Ease.

The warm weather is hard on rich and poor, on mistress and on maid, but where the wealthy can escape from the heat by leaving town the poor must stay and face it. While the mistress can keep cool by avoiding exercise and by the thinness of garments, the maid must bear the heat of the kitchen as best she can. For this reason the hot weather is a very trying time on all those who must work.

Those of you who have the means to employ servants to do your work for you should be particularly considerate of them in the heat of summer. There are so many little things you can do to make the heat less hard for your maid to bear. If you can mentally put yourself in her place you will be far more thoughtful of her comfort than if you look on her as a mere automaton.

The kitchen is far from cool at any time in the summer, but you as mistress can do much to keep it from growing any hotter. For instance, try to avoid many roasts, for to keep the oven glowing for two or three hours is to make the kitchen a real inferno. One roast or two at most in the week is plenty for summer months. But when you have a roast let it be sufficiently large so that it will last several days. It can be served cold for one meal and then as a stew, with onions, carrots, etc., or as a pie or in croquette form. If you have the forethought to provide three days' meals from one roast you will save the maid much of that excessive heat which attends all baking in hot weather.

Ironing day is most trying for the girl, and you can, if you will, do much to help her through this as well. If you will allow her to keep the swinging door into the dining room open and the windows in the kitchen and dining room open while she is doing her ironing the draft through will carry off a good part of the warmth without making the rest of the house any hotter.

On washing and ironing days try to have the dinners as simple and as easy to prepare as possible. Have as few dishes as possible that require long cooking. Vegetables that need to be boiled very long give off a great deal of steam, heating the kitchen to a high degree. To be obliged to iron or wash, both of which are very hot work, in a room already rendered warm by the stove, is nothing short of torture in the heat of summer.

It really is to your advantage to try to save your maid as much as possible during the hot weather. She will be able to do far better, far more satisfactory work if you try to help her a little than if you go on regardless of her comfort. No one is able to do her best when she is overcome by the exhaustion of too great heat, and the work your girl can do for you will only be of the best if you try to protect her from the heat so far as it is possible.

If you can only picture to yourself how she feels on the days you find warm you will be more thoughtful of her comfort. And the girl, seeing your regard for her interests, will have the incentive to work all the harder, whereas if you pile on the work regardless of the temperature, you will exhaust the girl and rob her of all her ability to do good work.

Widows in China.

There are no merry widows in China. When a Chinese husband dies his widow is despised by every member of her family as a woman who has incurred the wrath of the gods.

Seems To.

They say there is no intelligence in inanimate things, but a pin works a heap more tractably for a woman than it does for a man.—Kansas City Journal.

A thousand evils do afflict that man which hath to himself an idle and unprofitable carcass.—Shallust.

THE FUTURE.

I do not say we ought to be happier as we grow older, but we ought to be calmer, knowing better what life is and looking forward to another which we believe to be a reality, though we cannot tell what it means.—Jewett.

Think of your wonderful immunity from harm if you mind your own business.—Loomis.

A CAPTIOUS CRITIC

He Dallies With Some Noted Verse Makers and Kicks.

TOO MUCH POETIC LICENSE.

The Big Guns of Literature, in His Opinion, Take Liberties the Little Ones Would Not Dare Take and Cites Examples to Prove His Case.

"I've been dipping into poetry," remarked the casual caller, "not as a writer, you understand, but as a reader. At that I think I could do as well as some of them if I could also write my own license."

"The mere versifier must stick to all the rules of the game or be treated as a joke, but the fellow who can get across with the idea that he's a real poet can make his own rules and take liberties with rhiming and common sense that would make a gargoyle ashamed of himself, which no one could do under a regular journeyman poet's license."

"Take 'Lochinvar,' for instance:

"So light to the croup the fair lady he swung;
So light to the saddle before her he sprung!

"How could he? I ask you that. With the lady once mounted how could he spring to the saddle without kicking her off in the act—unless he mounted backward? And who but a poet himself would license a poet to make his hero do such a fool thing as that? Those Netherby people would have died laughing at the spectacle. And that's only the start, for we also have:

"And save his good broadsword he weapons had none;
He rode all unarmed and he rode all alone.

"Silly, isn't it, to crack a man up as riding unarmed when he carried a broadsword that ranked with the weapons of those days about where a machine gun does now? We wouldn't boast of the nerve of a man these days who went to call on his ladylove with a gatling, would we?

"These poetry heroes do such very foolish things! There's also 'Horatius,' you know:

"So he spake, and, speaking, sheathed
His good sword by his side.
And with his harness on his back,
Plunged headlong in the tide.

"Can you imagine it? A man with a couple of tons of iron attached to his person and very likely a spiked helmet diving head first into a river! Why, he'd have spiked himself to the bottom so hard that he'd be there yet. It's supremely ridiculous, and no one but a major poet would have dared even hint at such a thing. What Horatius really did, if he had the sense of a brass pup, was to jump in feet first so that he could begin churning himself to the surface the minute he struck the water.

"But it's when he monkeys with ships and railroad trains that the poet becomes most absurd:

"We are lost! the captain shouted
As he staggered down the stairs.
Remember that old favorite, illustrating the power of faith? Read it to a seafaring man some day and hear him snort. Why, a captain who'd leave his post in a storm and go skipping down to the cabin to throw a scare into his passengers couldn't hold a job as a mule driver for a canal boat.

Think of it! A great storm, when he's needed to handle the ship, and the poet sends him bellowing into the cabin to start a panic—with no reason for it either, for we learn later that they "anchored safe in harbor when the sun was shining clear!" It's on a par with the engineer's story:

"The train was heavily laden, so I let my engine rest,
Climbing the grading slowly till we reached the upland's crest.

"I put that up to a railroad man once and he told me with much emphasis that any engineer who let his engine rest on an upgrade with a heavily loaded train would be chased off the right of way with bricks—if he got his train through, which he probably wouldn't. The chances are the train would slip back and pile up in a ditch somewhere while the engine was resting.

"But for supreme idiocy commend me to 'Casablanca.' Why, say, if that boy had been left in a house and the house caught fire and the boy had refused to let the firemen rescue him because papa had told him not to go away you'd never think of cracking him up as anything but an example of unprecedented imbecility! You'd reason, 'Well, that kid didn't have sense enough to grow up anyway,' and let it go at that. Yet the poet goes to work and roasts him to death on a burning ship just because papa isn't there and expects you to applaud the inhuman act. It makes me tired!

"And the rhiming that some of these big guns do is simply atrocious. A little fellow couldn't get across with it in a thousand years. Here take 'Mandalay,' for example:

"On the road to Mandalay,
Where the old fottilla lay,

With our sick beneath the awnings when we went to Mandalay.

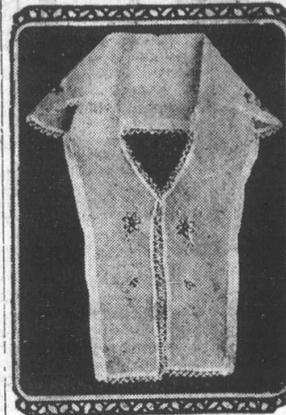
"What kind of rhiming is that—lay, lay, lay? It's repetition, not rhiming at all. You couldn't get a license to do that kind of thing, and neither could I; so it's plain enough that Kipling must have filled out his own license and the public stood for it. It isn't fair; but it's done all the time—by the big people. Dig into their work a bit and see if it isn't."

Well, I have, and I am sorry now that I listened to the casual caller. I can no longer read poetry with my former careless appreciation of it; I have become too critical.—Elliott Flower in Chicago Herald.

DAINTY NECKWEAR.

Batiste, Embroidery and Lace Used in Pretty Collar.

The shops show many alluring designs in neckwear this season, one of which is shown in the illustration.



COLLAR AND VEST.

Sheer batiste embroidered in daisies and edged by a bobbin lace makes a dainty collar and chemisette for wear with a silk or cotton gown.

Old Straw Hats.

Perhaps your old summer straw hat would do if you turned it wrong side out, as that generally gives the desired drooping shape. If it's not quite the shape you want steam it over a steaming tea kettle. Then you can do with it what you please. As soon as the steam has dried, which is only a moment, your hat will be free from dust and have its original stiffness.

Last Resort.

"Well, we have exhausted reason, logic, common sense and justice. What more can we do?"

"I guess we'll simply have to go to law."—Life.

A Lover of Music.

He—I took Maud to a musical evening last night. She—Was it good? He—I don't know. I didn't hear much of it. Maud was telling me how fond she is of music.

What do we live for if not to make life less difficult to each other?—George Elliot.

Perfect Vision.

"You big mutt," said the batter as the umpire called the third strike, "that was a foot outside. What's the matter with your eyes?"

"Nothing at all," replied the arbitrator in chilling tones. "I can see from here to the clubhouse, and if I don't see you over there in five minutes it'll cost you \$50."—Philadelphia Ledger.

Keen Eyesight of Birds.

A hawk can spy a lark upon earth almost exactly the same color at twenty times the distance at which it is perceptible to a man or a dog. A kite soaring out of human sight can still distinguish and pounce upon lizards and field mice on the ground, and the distance from which vultures and eagles can spy their prey is almost incredible.

Giants Nearly Twenty Feet Tall.

The giant Ferragus, who was slain by Orlando, the nephew of Charlemagne, was, it is alleged, eighteen feet high. He always accompanied the army on foot, there being no horse tall and strong enough to carry him. Platerus in his published writings tells of a giant whom he examined at Lucerne whose body measured nineteen feet four inches and three lines.

Bare Possibility.

Mr. Umson—Hurry, Mary, or we'll be late for the play.
His Wife—But I can't leave the house mused up like this.

Mr. Umson—Who is going to see it while we are away?

His Wife—It's hard to tell. A burglar might break in.

WHEN BUYING YEAST INSIST ON HAVING THIS PACKAGE



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