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CARGO**Anthracite
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Cheapest Cash Price.**A. E. HICKMAN CO., Ltd.**

sept 30, 21

**Side Talks
by Ruth Cameron**

THE WHITE WOMAN'S BURDEN.

Just to be able to come and go without a rest rushing about to leave things in order during my absence, not to have the thought of the forgotten order for the butcher or an ice cream, that ought to be in the window—all that in itself was a task.

That is the way a friend of mine described a little vacation which she took recently from her household as a homemaker and holder of three children.

The place to which she had not a grand place, and did not have any luxuries or exciting amusements and yet she said she had a wonderful time and a glorious rest for the reasons she describes so aptly above.

The Infinite Petty Detail.

Can you understand how she left? I most emphatically can.

And I feel sure that there is not a busy housewife who reads this who does not thoroughly understand and appreciate what that woman means.

It isn't the fact that housework is so hard that makes it so much as the fact that it is so full of petty exacting, mustn't be forgotten details.

The actual foot pounds of energy expended in it is far less these days than it was in the days of our grandmothers, but I sometimes think the infinite detail of it has grown more complicated.

Easier to Give Up Than Play.

The man of the house, visions his wife as having so much free time but while she may have a good deal of time which is not occupied by actual definite work, she is tied to her job by the constant need of her oversight, her guiding hand. The smallest outing means so much arranging to the busy woman without domestic help that she often stays home simply because her tired mind revolts from the thought of making

Makes a Family Supply of Cough Remedy

Really better than ready-made cough syrup, and saves about \$1. Easily and quickly prepared.

If you combined the curative properties of every known "ready-made" cough remedy, you probably could not get as much real curative power as there is in this simple home-made cough syrup, which is easily prepared in a few minutes.

Get from any druggist 2½ ounces of Pinex, pour it into a 16-oz bottle and fill the bottle with syrup, using either plain granulated sugar syrup, clarified molasses, honey, or corn syrup, as desired. The result is 16 ounces of really better cough syrup than you could buy ready-made and saves easily \$2. Tastes pleasant, and never spoils.

This Pinex and Syrup preparation gets right at the cause of a cough and gives almost immediate relief. It loosens the phlegm, stops the nasty throat tickle and heals the sore, irritated membrane, to rest and easily that it is really astonishing.

A day's use will usually overcome the ordinary cough and for whooping, croup, hoarseness and bronchial asthma, there is nothing better.

Pinex is a most valuable expectorant compound of genuine *Pinus strobus* extract, and has been used for generations to break up severe coughs.

To avoid disappointment, ask your druggist for 2½ ounces of Pinex, with full directions, and don't accept anything else. Guarantee to give complete satisfaction or money promptly refunded. The Pinex Co., Toronto, Ont.

**The Limpets
Wonderful Tongue.**

At the seaside you cannot help noticing the humble limpet, whose existence seems to be one of the most monotonous in the whole world.

To remain glued tightly all one's life to the same stone seems a horrible fate; but as a matter of fact the limpet does not remain permanently in his place. He is able to get about quite well, and he moves good deal when the tide rises and covers him.

He is a wonderful stickler; no matter how hard you try you cannot pull him away, and if you try to prise him off, you will break his shell before you loosen his hold.

Clinging like Rock.

You can catch him snapping sometimes if you approach quietly and give him a sudden sharp blow sideways with a stick. This will usually dislodge him, and when he is knocked off his perch you may be surprised to find that he was not holding on to the flat surface of the rock, but that he had a little hollow to rest in. This hollow, which exactly fits his shell, the limpet made. If he is a big, old fellow, his hole may be a quarter of an inch deep.

Now how did such a soft-bodied creature manage to hollow out the rock in this way? He did it by means of his tongue! Like all snails—for the limpet is a snail—he has a long, ribbon-like tongue which is armed with thousands of tiny teeth as sharp as razors and as hard as flint.

This tongue is used in the ordinary way for feeding purposes. It is passed like a file up and down over the seaweeds which he eats, and by its action it scrapes off tiny fragments which are conveyed to the mouth. When he is sitting on his rock the tongue, with its myriads of teeth, moves up and down over the hard surface of the stone and scrapes at the hollow which is its owner's home.

The Crow Tribe.

Many people are unable to tell the difference between a rook, a crow, and a jackdaw.

The rook, when a year old, has a bare face, and its plumage is shiny black; the hooded crow is when gray with a black head; while the carrion, though the same size as the rook, has a steel-blue shimmer on its plumage, and its wings are by no means so long as those of the rook.

The jackdaw can be distinguished easily from any of the other three, first because it is smaller—being only about fourteen inches long—secondly, because it has purplish plumage and a grey neck.

The middle between the members of the crow tribe is not, however, so strange as that between the weasel and the stoat.

The stoat is nearly three times as big as the weasel, and three times as heavy, and while the stoat has a long black-tufted tail, the weasel has hardly any tail at all. In both stoat and weasel the female is very much larger than the male.

The reason why the confusion between the two creatures matters is that the stoat is a poacher and poultry murderer, while the weasel is a useful creature that lives almost entirely upon mice, and so should be carefully protected.

Household Notes.

A very good marmalade can be made with apples, raisins, candied ginger, almonds and lemon juice.

If your white window shades become soiled, try painting them white on one side and green on the other.

If apples are baked until just beginning to soften and then canned in syrup they will be nice for winter use.

Old flower wreaths may be painted with water-colors, shellaced with white and used for another season.

Laugh and grow fat is an old axiom. We advise the use of a good tonic.

"BRICK'S TASTELESS"

is a wonderful tonic and will certainly improve your health.

The selection of a tonic is a matter of great importance, as your health depends upon it. To fight disease successfully during the changeable autumn months the system should receive a tonic up. The facts we state about Brick's Tasteless silence all criticism.

Weigh yourself the day you commence to take Brick's Tasteless, then weigh yourself two (2) weeks later and note the increase.

DR. F. STAFFORD & SON, Wholesale and Retail Chemists and Druggists, St. John's, Newfoundland.

Est. Mrs. Stewart's Home-made Bread, apr 13, 1905

FALL GOODS

AT RIGHT PRICES



If you do justice to these bargains you will judge by their worth rather than the price we ask for them. Here is really a remarkable chance for you to SAVE MONEY on dependable "right now" goods. You can't afford not to investigate.

MURPHY'S GOOD THINGS**Men's
Wool
Under-
wear**

Very strong values are these heavy weight wool garments. We have priced them to interest you, yet no indications to us on the part of manufacturers' guarantee that we can replace these to sell for the same.

Per Garment, 1.79 to 2.98



Here is a Special Value in a good-looking and serviceable

SHIRT

All Sizes.

These Shirts at the price here quoted should not be overlooked. They are made of a strong Cambric Shirting material, showing a very attractive pattern of stripes. We have these with or without collar.

Each, 1.98

Boys' Woolen Underwear

When days grow chilly—every boy wants the feel of snug, warm Underwear when starting off to school. Recent shipments have brought complete size ranges in many wanted styles and weights.

Per Garment, 1.79

Boys' School Hose

Heavy Weight.

This Hose is made of a good quality yarn, spliced heel and toe. A Stocking a boy will find very difficult to wear out.

Per Pair, 59c

**Ladies' Tams**

The newest and snappiest styles for Fall wear; especially designed to match the Novelty Sweaters and Sport Costumes. Velvet and plush cloths that are so popular, artistically trimmed make these Tam O'Shanter's the favorite cap.

1.19 to 4.25

**Men's Plain
Cashmere Socks**

Colors: Brown, Black, Green Heather.

These Socks are made in plain weave from selected soft Wool yarns, plated over strong Cotton yarns with fine-ribbed tops, double toes and heels, and seamless throughout.

98c to 1.25

**Ladies' Fall
—and—
Winter Hats**

SPLENDID VALUES IN THE MORE ADVANCED STYLES.

Take your choice of these new and very stylish Ready-to-Wear Hats. Some are Plush Sailors; some small Velvet Turban shapes; some have the wide leaf; some turn up all around. All are beautifully trimmed.

Prices: 2.98, 3.98, 4.98, 5.98, 6.98

Quilt Cottons

Made from strong twisted Cotton Yarns. This Cotton will give everlasting service for Quilts. Sold by the bundle; five pounds in each bundle.

Per Pound, 49c

Red and White Flannel

28 inches wide. 1.25 Per Yard.

An all-Wool Flannel woven from good select yarns. It is particularly suited for Children's Undergarments, Chest Protectors, and so on. Thoroughly dependable quality, and very moderately priced.

Blue and White Denim

Where hard wear is necessary, we strongly recommend this Blue and White Denim. It is of good weight, woven from hard twisted Cotton Yarns and should give great satisfaction.

Per Yard, 29c

Navy Blue All-Wool Serge

This smooth-finished Wool Serge is a splendid fabric for Suits, Skirts or tailored style Dresses. It is firmly woven from soft yarns, and we can guarantee it to be satisfactory in every way; 31 inches wide.

Per Yard, 1.25

Tricotine

In beautiful Dark Red shade. Decidedly smart and effective is this English-made all-Wool Tricotine. It wears extremely well and is one of Fashion's most favored fabrics for Suits, Skirts and Dresses. Color Red.

Per Yard, 69c

Heavy Cotton Tweed

Heavy Cotton Tweeds; Dark patterns; real stuff for making Work Pants.

Per Yard, 45c

Fleece Calico

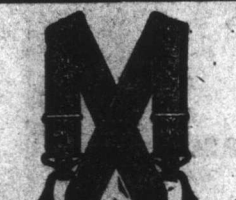
Bleached Fleece Calico, made from strong Cotton yarns, twilled backs with a soft fleecy top.

Per Yard, 49c

**Light Weight
Suit Cases**

Splendid for those who do not wish to invest a great amount of money.

Each, 2.98

**Police Braces**

For the out-of-door man broad band, stout suspenders to resist the constant tug and pull during busy working days.

Per Pair, 49c

**Full Size
Bed Blankets**

Careful consideration of these values will point the wisdom of replenishing Blanket supplies now.

Per Pair, 3.25

**Men's Fleece**

Each, 89c

**PHIL.
MURPHY,**

317 Water Street.

STORE OPEN EVERY NIGHT

**Men's Blue Work Shirts**

Each, 25c

**Men's Winter Caps**

Both father and son will smile at cold weather if one of our new Caps is part of their wardrobe. These Caps are in softest and warmest weaves and sell at very low prices for such splendid values.

Each, 1.98 to 2.59

**Heavy Weight Socks**

Don't miss the opportunity to buy work socks; warmth-giving socks of splendid serviceability.

Per Pair, 59c

**"School Maid" Dresses**

Children's Gingham Dresses in Plaids, plain Blue and Pink.

Worth ... \$4.25

Now, 1.79

**Men's Warm Scarfs**

They serve a double purpose—protecting the throat from cold and keeping your white collar from being soiled by the rubbing of your overcoat collar. Soft-knit Scarfs, warm without being bungleome.

98c to 1.25

Men's Blue Work Shirts

Good weight Blue Chambray, strongly woven, fast color, double stitched, pointed end collar on extended neck-band, yoke, large button front, pocket, face sleeves, wide cuffs gusseted.

Each, 99c