Was Completely Laid Up With Severe Case of Piles.

Sworn Statement From a Man Who Has Unbounded Confidence in Dr

St Thomas's

Meeting Last Night.

St. Thomas's Men's Bible Class re opened for its weekly meetings las

night in Canon Wood Hall. In the

absence of Rev. Dr. Jones, who wa

prevented from attending by illness

the Rev. C. A. Moulton acted as chair

man, who regretted the illness of th

Rector, and announced that Mr. V

H. Jones had kindly consented to as

sist him in conducting the class dur

ing the winter, and who would ad

dress the Class this evening. He the

called upon the Secretary to read

report of the work of the Class fo

last year, which after being read wa

received and adopted. All last year'

officers were re-appointed, excepting

the organist. Mr. H. W. Stirling wa

appointed for this session in place of

Mr. H. J. Earle, who kindly acted a

organist last year. The Chairman the

called upon Mr. Jones to give the ad

dress, and on rising he received

warm welcome from the members

the Class, which was just as heartily

reciprocated by Mr. Jones. He tool

as his subject "The Hand-writing o

the Wall," and from the narrative in

the 5th chapter of Daniel drew some

greatly appreciated by all present. make it juicy add milk.

Next Thursday night Mr. Jones will again address the Class, taking for his subject, "Wonders of the Bible." Men's Bible Class Fresh Oysters at WOOD'S

Restaurants.—nov4,tf Begins Its Winter Session. — First

	City Collection	ms.
-	The state of the state of	-
st	1916.	Mar and the
e	Revenue.	
S	Arrears	\$ 595.73
3,	Water and Sewerage Rates	
	Customs Water Rates	109.85
9	Customs Water Rates Customs Coal Duties	1,888.95
1.	Sundry Revenue	551.70
3-		
-	Property of the second	\$5,425.13
1000	Expenditure.	
a	Pay Rolls	\$1,603.67
r	Pay Rolls	815.06
S		
S	1915.	\$2,418,73
g		
S	Revenue.	ef Febre
f	Gustoms Water Botes	101.05
S	Customs Water Rates Customs Coal Duties	9-596 50
n	Sundry Revenue	097 57
-	buildry Revenue	991.91
a		\$5,214.68
f	Expenditure.	
У	Pay Rolls	\$1,500.40
k	Bills	759.20
n I		
n	BANK THE SALES TO SEE THE SECOND STREET, STREE	STATE OF THE PARTY OF THE PARTY.



The Big Thing In Every Home

is health. And the biggest factor in health is

Grape-Nuts

is famed the world around for its scientifically complete food values—the entire nutri-ment of whole wheat and barley, including the vital mineral elements for perfect balance of body, brain and nerve.

Besides Grape-Nuts has a wonderful flavor, a delight to young and old. Every table should have its daily ration of Grape-

"There's a Reason

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

SURGEON-MAJOR MACPHERSON

Given a Big Reception Yesterday or Retarning on Sick Furlough.

There is no longer any debate as to the best treatment for itching bleeding or protruding piles. But since about one person in every four suffers more or less from this annoying ailment it is necessary to keep on telling people about Dr. Chase's Ointment.

Mr. Wm. Shaw, Island Brook, Que, writes: "I am writing this to let you know the benefit I have derived from your Ointment. I have suffered more or less for years with protruding piles and last wlinter I got so bad, I was completely laid up with them. I went to our local storekeeper and asket him if he had anything that was good for piles and he recommended Dr. Chase's Ointment. I purchased a box and took it home and used it according to directions and for over one year I have not been troubled with piles.

I had tried other remedies before but they only gave me temporary relief and that one box of your Ointment if our objects. We have used it for other purposes in the family, such as burns and cuts, scratches, etc., and my wife for piles. I work have ever had in the house. Although you only charge sixty cents a box for it, it is well worth \$5 a box for any one afflicted with piles. Now, you can use this letter if you wish or refer anyone to me who wants to know about it for piles. I might say that in my business I am known all over the English portion of Quebec, and am having this statement sworn to before a Justice of the Peace."

"Sworn before me this first day of April, 1916. M. M. Holbrook, J. P., Island Brook, Que," Dr. Chase's Ointment one too of your Ointment did more for me than all the others, as I ed her husband from England, step ped from the train, she was presented by Lady Davidson with a magnificent later a German prisoner was captur bouquet of beautiful flowers consist- ed having in his possession a respira ing chiefly of chrysanthemums and tor. The medical men started right in lilies. After the usual hand-shakes to improve on the Hun invention, and and hearty welcome from their nu- after many attempts were made Dr merous friends, the party proceeded Macpherson's suggestions were found to the front of the station, where the to be the best. He was therefore sen Premier in extending an official wel- back to London where he completed come to Major Macpherson, said: his work and produced what is now "On behalf of the Ladies' Reception known as the Macpherson Gas Hel-Committee and the country at large

we assemble here this afternoon to invention the doctor allowed himself first to be gassed while he wore the welcome you home and also to thank you for your services in the great helmet, and came through the ordeal without suffering the slightest inconwar in which we are now engaged. Through the medium of the press and venience. Leaving France he was ordered to Salonika where he was busy by private correspondence we were from time to time enabled to follow attending to the medical business of your career, and we are glad to know the great eastern army. While in the your work was appreciated by the east he met Lieut. Col. Curling, Lieut. Army and those in authority who are Brown, R.A.M.C., Lieut. Will Weaver best fitted to judge. Every person in and Nurses Parsons and Bradshaw, all our country should know that a great Nfidrs. After spending several responsibility rests upon us, and months in the Greek country he was should we in one moment slacken in sent to Egypt and from there he our duty towards the Empire, it will be so much the worse should there come a day of reckoning. You have done your part and the welcome we extend to you to-day is a mark of appreciation of the valuable services you have rendered. We are also pleased to

welcome Mrs. Macpherson who as Secretary of the Ladies' Patriotic Association, has, like her gallant husand, nobly done her part." Surgeon-Major Macpherson, in a brief speech thanked the Premier and the Ladies of practical and helpful dessons appli- If the chicken is old, the best way cable to modern life, which were to cook it is en casserole, and to the Reception Committee from the octtom of his heart, but soldier-like efrained from telling of his own exeriences. He considered whatever services he had rendered the Empire was to him a great privilege and joy, and after his furlough had expired he hoped to be able to take up his work with as much vigor as when he left Premier address the boys it was Pleasantville, when the first commis sions in the Regiment were given. Sir Edward said to him, "I never realized till this moment they cannot all com back." In very touching words he spoke of the irreparable loss the Regiment had suffered in the death of Capt. A. O'Brien, who was not only a great favorite with his own soldiers out was also held in the highest eseem by the officers and men of other egiments. He referred to Captain onnelly's unassuming quiet way, who in speaking of his experiences at Caribou Hill referred to it as a school boy would speak of a snow-ball match etween two schools. Lieut. Cecil Clift was worshipped by his men, who say of him, "if we all had advanced as fast and straight as he did, we would not be here now to tell the tale." Of Lieut. Sam Ebsary, he said he was the organizing man of the regiment and at all times took a deep interest in the men under his care. With Lieut. Norris he was not so intimately acquainted, but he was told by those best fitted to know that like a true soldier he fought and died with his face to the foe. In the early days of the war, said the Major, the badge of the Nfid. Re-giment was not known to many and barely recognized on the streets of London, but to-day a far different view of it is taken, and since the immortal charge of July 1st the badge is looked up to and honored by the millions of the world's greatest metropolis. Speaking of the boys in hospital he said they are a cheerful lot and the Nid. smile which has become pro-

SONS & CO., Limited

Grocery Department.

Just arrived, a large

Bulbs!

Hyacinths:

Single Superfine White.

Single Superfine Rose.

Single Superfine Dark Blue.

Single Superfine Yellow.

Double Superfine White. Double Superfine Rose and

Double Superfine Dark Blue

and Light.

Early White Roman.

Tulips:

Double Superfine Mixed.

Single Superfine Mixed.

Daffodils:

Golden Spur.

Narcissus:

Bicolar Victoria. Emperor. Von Sion.

Barri Comspicum.
Paper White.

Poeticus Pheasant Eye.

Ornatus.

CHINESE SACRED LILIES.

'Phone 679

Red.

his gratitude for the right royal wel come the people of old St. John's had offered him. Major and Mrs. Mac pherson were then taken in Mr. Har-old Macpherson's motor car to Gov-ernment House where they were heartily received by His Excellency As is well known, shortly after leav ing here in March, 1915, Major Mac-pherson was ordered to the front and was at the medical headquarters of the British Army in France when the

rmans first used the gas. A few days

verbial is everywhere in evidence The organization of the whole medical

service is a miracle of despatch and

each individual careful and personal attention. On behalf of Mrs. Macpher-

son and himself he again expresse

poarded a transport bound for Eng and with a load of mules, arriving there about the end of September.

if you are one of those who have not yet tried Zam-Buk—Nature's Herbal Healer. Zam-Buk is composed exclusively of vegetable oils and herbal essences, with none of the animal fats or poisonous drugs found in ordinary ointments. It is so cuperior that it is capable of curing where other ointments fail. Not only so, but Zam-Buk cures are permanent.

Zam-Buk is the surest and quickest cure for eczema,

LADIES OF CULTURE AND RE-FINEMENT USE SALVIA HAIR TONIC. IT MAKES HAIR BEAU-TIFUL. At last a remedy has been discovered that will positively destroy the Pest Dandruff.

That Dandruff is caused by germs is accepted by every sensible person. Dandruff is the root of all hair met. Having every confidence in his

SALVIA will kill the dandruff germs and remove dandruff in ten days, or money back.

The manufacturer guarantees it. It will grow hair, stop itching scalp, falling hair, and make the hair thick and abundant. It prevents hair from turning grey, and adds life and lustre.

SALVIA is a hair dressing that has become the favorite with women of taste and culture, who know the social value of beautiful hair. A large, generous bottle costs only 50c. at leading druggists everywhere. The word "SALVIA" is on every bottle.

The state of the second second second

the motor car owner will be asked to make good that amount to the Council. Incidentally the Mayor intimated that it was the intention of the car owner to sue the Council for having the hydrant in the way as the car was damaged.

Cultrages and insults of the Hur; the other is the stay-at-home who makes all kinds of excuses and is classed as a coward. "Young man to which the hur, the other is the stay-at-home who makes all kinds of excuses and is classed as a coward. "Young man to which the hur, the other is the stay-at-home who makes all kinds of excuses and is classed as a coward. "Young man to which other is the stay-at-home who makes all kinds of excuses and is classed as a coward. "Young man to which other is the stay-at-home who makes all kinds of excuses and is classed as a coward. "Young man to which other is the stay-at-home who makes all kinds of excuses and is classed as a coward."

Statements were also submitted by the Engineer of the water tests made in the East End of the city and the water waste, which, according to the exact figures, was found to be actually in excess of the consumption. In 15 localities there were 71,780 feet of mains tested with a daily waste of 678,000 gallons and 1,578 feet of service pipes tested showing a waste of 895,000 gallons, or a total wastage of 1,535,000 gallons for the East End per day. The amount of the supply of water which sees through the city

ngly.

R. W. Jeans asked for an order for fice requisites. Application filed.

The East and West End Road Inpectors reports were received and dopted as was also the Health Office. The meeting adjourned at 10 pm. SGT. DUNPHY DOING WELL.— Irs. Dunphy, 33 Cochrane Street, is in eccipt of a communication from Mr.

ring-worm, ulcers, old wounds, abscesses, boils, pimples, blood-poisoning, piles, burns, scalds, cuts and all skin injuries and diseases. Zam-Buk's purity makes if the best ointment for baby's tender skin.

Here is a chance to try Zam-Buk at our expense. Send this advertisement and 1c stamp to cover return postage and free trial box will be sent year.

return postage and free trial box will be sent you by the Zam-Buk Co., Toronto.

All drugglits sell at 50c box, 3 for \$1.25.

Another Big Recruiting Meeting.

At The City Hall.

Water Pressure in City the Best Yet—
Tends to Reduce Fire Insurance
Rates Considerably.

Headed by the T. A. Band, the Naval Reservists and Volunteers left the Court House at 7.40 last night and marched to the Seamen's Institute. From their they returned and marched west to Steer's Cove. Leaving there they returned to the Square in front of the Court House where some Water Pressure in City the Best YetTends to Reduce Fire Insurance
Rates Considerably.

Mayor Goeling presided at last hight's weekly session of the Municipal Board. Councillor Brownrigg was absent through ilhiess.

In reply to Council's letter re tax of \$500 pald by Contractors Rhody and McDonald the Council give their final answer that the contractors can seek redress at the courts.

Permission was asked by Messrs. Clift and Pinsent to build house in Macklin Place for Wm. Ruxon. Referred to Engineer, as was also C. Couch's complaint of a broken sewer in his yard on Gower Street.

W. Taylor, South Side, complained of a pile of stones in front of his door. They belong to a city contractor who will be asked to remove them.

The Engineer was instructed to enquire into R. T. McGrah's request for J. Grills to regiair house Water Street West and also to install water and Sewerage.

Permission was granted Thomas Sneigrove, Battery Road, to build a porch on his residence.

C. J. Fox, on behalf of the S. P. A. complained of the impassable condition of Long's Hill for animal traffic. Being attended to.

Plans of proposed stable for Isinor Wiensky were referred to the Health Officer.

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complained of the impassable condition of Long's Hill for animal traffic. Being attended to.

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The City Engineer's report was then read showing that several breaks had occurred in the water main during the week, but the work of repairs in each case was finished promptly and effectively. The report also stated that an automobile had collided with and carried away a hydrant on Garrison Hill. The hydrant, which was totally destroyed, was valued at \$60.00 and

of Indigestion or Sour, Acid Stomach

Wonder what upset your stomach—which goes through the city fluctuates at different times of the year but it is estimated to be 5½ and 7 million gallons. In other words, to make a conservative estimate of the entire city there would be at least fully 3½ million gallons being wasted daily and less than that amount legitimately used.

The water tests taken last week show the pressures to be over 90 percent better than fast year. This, the Board contends, ought have a material effect towards reducing the rates of fire insurance and the Board of Fire Underwriters will be written accordingly.

Wonder what upset your stomach—which pool did the damage—do you? Well, don't bother. If your stomach is in a revolt; if sour, gassy and upset, and what you just ate has fermented into stubborn the hard dizzy and aches; belch gases and acids and eructate undigested just take a little Pape's Diapepsin and in five minutes you wonder what became of the indigestion and distress.

Millons of men and women to-day know that it is needless to have a bad stomach. A little Diapepsin occasionally keeps this delicate over an order for casionally keeps this delicate or casionally keeps the case of the damage—do you? Well, do casionally, keeps this delicate organ regulated and they eat their favorite

foods without fear. If your stomach doesn't take care of your liberal limit without rebellion; if your food is a damage instead of a help, remember the quickest, surest ipt of a communication from Mr. most narmiess related to the support of a large case at drug stores. It's truly wanderful, it digests food and sets nost harmless relief is Pape's Diawonderful-it digests food and sets things straight, so gently and easily that it is really astonishing. Please for your sake, don't go on and on with a weak, disordered stomach; it's

iass do you belong"? Both speakers referred to the good work of the Navy, without whom nothing would be possible.

The C. C. Band will parade tonight and it is hoped another big batch will come forward and enlist.

Those that answered the call last picht ware:

Those that answered the call last night were:—
FOR THE ARMY.
Wm. Cook, W. Woods, Edmund Nozeworthy, M. McGrath, R. Fowler, M. Perry, F. O'Donel, R. Skanes, R. Cook, S. Dawe, T. Power, T. McGrath, M. Walsh, J. Dempsey, W. Reardigan, M. Mitchell, A. Ivany and R. B. Thistle, from the city; L. Walker, Change Islands; L. Wheeler, Princeton, B.B.; and H. F. Fleming, Torbay.

Torbay.

FOR THE NAVY.

W. Sparks, J. Redmond, R. Gill, E. Rodgers, F. Butler, J. Bowdridge, L. Evans, P. Maher, L. Cluney, Patk. Maher, M. Clancey, M. Walkins, P. Dunn, from the city; W. Upward, Green Bay, N.D.B.; Philip Saunders, Cape Cove, N.D.B.; W. Dicker, Flat Island, B.B.; and Selby Stuckless, Pt. Leamington, N.D.B.

A Child's Tongue Shows if Liver or **Bowels Are Active**

has red blood in his veins and is will-ing to fight for the protection of his mother, sister or sweetheart from the outrages and insults of the Hun; the pany."

Just arrived, 7th July,

Choice Cargo Screened North Sydney Coal.

the Company having the largest number of Policy Holders in Newfoundland.

Every satisfaction given in Office: 167 Water Street.
Adrain Bldg. P. O. Box 782. QUEEN INS. CO.,

THE WEEK US READ' STEAM

TO



Pillow Cases.

A 4 dozen lot of these with a broidered ends, size 22 x 33; dainty looking, made of strong cotton, no filling. Reg. 38c. Friday, Saturday and Monday.

Table Damasks.

Fine White Table Damasks, ches wide, absolutely the best

White Sheetings.

160 yards of plain White Sh the best values procurable in English make, 70 inches wie nowned for wear. Reg. 70c. p Friday, Saturday and Monday

Saxony Flannels.

2 pieces of White Saxony Fl an all wool product, hard to be day for value, 29 inches wide. 70. Friday, Saturday and Monda Stair Carpet.

3 pieces of pretty Tapesty Carpets showing nice floral p on Fawn and Green grounds; represent the best pre-war val you need Stair Carpets see

Tea Cloths.

Some in White Linen her and neatly embroidered, othe good wearing Damasks, size 30 clearing line from our Napie partment. Reg. up to 75c. Saturday and Monday

Table Centres.

Pretty little Battenburg Table tres, size 16 x 16; an attractive

Cushion Covers.

Handsome Cushion Cove Cream Repp, nicely embro colored Silks; good enough best room in the house; stock. Reg. 80c. Friday, Satu Monday

ANOTHER SHIPM Hydrogen Per

We've been asked for again and are pleased t Small size 10c



NEW BLOU

Handsome patterns, wear, just the necessary fancy stripes; 30 inches yard. Friday, Saturday

Turkish Towels.

Handy size in unbleached Turkish quality, plain hemmed ends; these are without doubt the best value to be had in hard wearing Towels for every day use. Special Friday, Saturday and Monday, per pair .. 29c



Yes! Our Rubber stor everybody in high or low Misses', 11 to 2. --

A TORONO TORONO