

n raise to leader. ays, with the crowd

"RUIT-A-TIVES" Brings Vigor and Vitality and Thus Protects Against Disease There can be no doubt that the situation regarding the spread of Influenza throughout Canada is one

constitute an epicefine source as caused the suffering and sorrow during the tertible days of 1918. Yet there is no disguising the fact that everyone should be on their guard against the

disease. In Montreal alone, from January 20th to February 21st, three thousand, one hundred and twenty-two cases of Infuenza and 189 deaths from the

se were reported to the Health

the outbreak had come at the

and, we might reasonably feel the very cold weather would

erinning of the winter instead of

check the spread of the disease. But

coming as it has, at the end of the winter, there is grave fear that an

pidemic may occur. For spring, ith its slush and rain under foot,

with its studin and than under 100t, its dampness and chill, its constant changing from cold to warm and back again, is a prolific source of coughs and colds, pleurisy and

The best protection, in fact, the only safeguard against the 'Flu, is, GOOD HEALTH.

Those who are not as well and

Fruit-a-tives" regulates the

idneys and bowels, causing these

ogans to eliminate waste regularly ad naturally as nature intended. "Fruit-a-tives" keeps the skin active, and insures an abundant supply of

pure, rich blood. "Fruit-a-tives"

of digestion, sharpens the appetite, brings restful sleep and renews the

itality of the nervous system. Fruit-a-tives" contains everything hat an ideal tonic should have; to

urify the blood, to build up strength ind vigor, and to regulate the eliminating organs, so that the whole system would be in the best possible wolld to regulate the set of the state of the set of t

Get a box of "Fruit-a-tives" today

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bank has been opened This bank has now n countries, and is in elled service.



DESTITUTION IN

Ill-Clad Children Seen Daily

on the Streets.

in order to get the cup of soup with

a piece of hardtack, or the mug of

of the day.

Starvation and Disease Cause Indescribable Suffering in Eastern Europe.

The hardships of this winter will mean death to thousands of Jews in Poland, unless outside aid intervenes t once according to Lieutenant Shel-SUREST SAFEGUARD on Wright of the American Red Cross Commission to Poland, recent-ly returned to the United States after onths of relief work in eastern

He painted a vivid picture of this alf-starved people, clad in rags, who are now creeping back toward their levastated homes after months of refugee wandering, and dying of starvation and typhus along the roads, as they go. "Outside starvation, numerous dis-Infuenza throughout Canada is one of grave concern. It is quite true that the number of cases does not constitute an epidemic such as caused

eases, attributed to malnutrition and typhus have killed men and women tion of the Jews in Eastern Europe and children like flies," he said. at present. The children in them are barefoot, almost without exception. emember a family trying to live unter an over-turned waggon by the oadside. The mother was dead under a tree a few yards away—she had been dead for days. The father was stretched upon the ground dying of that both boys and girls are wrappe typhus. He died that day. Under the aggon were two little children, both nder five, sick with typhus. An older child sat stupidly beside them-a girl driven out of her mind." Many of the people are driven to

making "bread" out of leaves and bark, and "soup" out of grass and water, Lieutenant Wright reported. There was unspeakable joy among processions throughout eternity. them when the American ships, loaded. with relief supplies purchased with the funds raised by the Amer-ican Jewish Relief Committee and other American Jewish agencies, and children are so tired and so weak that they sit down upon the pavements to await their turn in line. Up on the faces of every one of them American and Canadian Red Cross upplies were unloaded at Dansig and there is an expression of unchildlike anxiety. It has to do with the only other ports. In spite of the fact that really vital question in the world to them-whether or not the soup or the American Jewish Relief agencies are spending almost \$2,000,000 a month now on their relief work in Poland, and that the Red Cross is milk will hold out, until their turn Those who are not as well and strong as they should be; those who are underweight; those who are "run-down" through overwork or sickness; should build up at once. What they need is a Blood-purifier, a body-builder, a strength-giver, like "Fruit-a-tives", the wonderful fruit medicine comes. Every day some of them have to be turned away without food, since oing its work on so vast a scale, their numbers are so great that the undreds of thousands of Jews and funds at present on hand are not al-ways sufficient to care for them all. Poles will die during the winter un-

"Every box-car full of refugees re-turning to their homes has in it those who die along the way, and those who have contracted typhus," Lieutenant Wright said. "The people try to avoid disease by keeping clean, but it is impossible to do so, under exist-ing conditions. Even our nurses and

doctors fall ill of typhus, a disease caused by filth and lice." The Red Cross and the American Newish Relief agencies are doing their itmost to keep both the Jews and the fentiles in these stricken lands alive. Six million Jews in eastern Europe face death unless immediate ship-ments of food, clothing, and bedding from Canada and the United States reach them before the cold weather system would be in the best possible endition to resist disease. Now is the time to build up your health and strength, not only as a precation against the ravages of influenza, but also to protect you against "spring fever" and the inevitable reaction which comes with the appearance of warmer weather. Get a box, of "Fruit, a tives" today ets in.

that are sold at a simply prohibitive price," he explained, "and even if these were as cheap as in Canada and

the United States, their taste would

still be unknown to the hungry Jew-

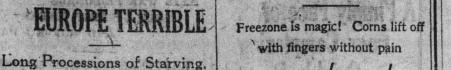
get the taste of it.

Burbosa.

and prices tended easy,

An appeal for funds is to be made In Ontario and a generous response from this district is confidently expected.

relief workers abread. Cloth of any kind, either cotton or wool, is particularly impossible to ob-**MOBS OF CHILDREN** tain in Eastern Europe, except at pro-



LIFT OFF CORNS!

THE EVENING JOURNAL, ST. CATHARINES, ONTARIO SATURDAY, MARCH 6, 1920

Long processions of little Jewish hildren in Eastern Europe, bearing their tin cups in their hands, daily walk from their villages to the nearest town in which there is a Jewish relief station, according to relief workers in these stricken lands, sometimes journeying five or six miles

milk which is often their sole food Those fin-cup processions empha-size, as nothing else could do, the reief workers say, the terrible destitulittle Freezone on that touchy corn nstantly it stops aching, then you Reports received by the Canadian Jewish War Relief Committee say lift that bothersome corn right off. in burlap, or dressed in clothing made from the sacks in which the relief supplies have come, or in the rags which they have worn during the five years of the war, their gaunt ittle bodies showing through the tatters. They do not walk as children usually do, without effort or restraint but drag themselves along wearily and hopelessly, like tired little ghosts condemned to move in hungry

> OMMISSIONER HIGGINS HERE TO CONFER ON SAL-

Com. W. J. Richards,-head of the Salvation Army in Eastern Canada and Col. John McHillan, Chief Secretary are conferring with Commissioner Higgins, Chief of Staff and Second in Command of the Salvation Army for the work who arrived in Boston from London, England, recent

vation and Misery.

ARE CLAD IN RAGS

Their Wasted Bodies Show

Thru Tatters, Result of Star-

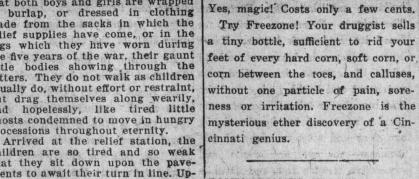
MILLION CHILDREN

The art of making two flowers bloom where only one bloomed before isn't half so hard as that of making two garments exist where only one existed before; yet even this can be accomplished, according to reports recently received by the Canadian Jewish War Relief Committee from

hibitive prices. A round million little

Jewish children in these unhappy lands are clad in the rags that they

have worn all through the war, their



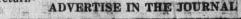
VATION ARMY MATTERS

to discuss matters pertaining to Salation Army affairs in Canada and



Our February Clearance Sales Of Women's, Misses', Juniors and Children's Apparel offer most extraordinary valuesvalues that are not duplicated elsewhere.

ly. Com. Higgins came to America the Canadian officials. He was for having any important bearing upon Com. Richards will have something many years Chief Secretary of the the future policy of the Salvation to say in regard to the questions atthe United States, with Commander United States and recently succeeded Army, and its reconstruction work fecting the policies to be followed in Eva Booth, head of the Salvation Com. Howard as Chitf of Staff and are to be taken up at this meeting Canada. Army in the United States and with Second in Command. Many matters and it is expected that on his return



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Conally, Manager Ikner, Manager W. Wilson.

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and let this fruit medicine keep you **CRAVING FOR BREAD** "Fruit-a-tives." is sold by all dealers at 50c a box, 6 boxes for \$2.50, trial size 25c, or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottewas Gaze Into Bakeshop Windows for Hours at a Time,

wasted little bodies showing through great tatters. Some of these children are still sleeping on the streets, since there are at present neither orphan-Hoping for Something, ages nor funds for all. Miss Harriet B. Lowenstein, of New York, sent to Europe as a commisto Eat.

sioner of the Joint Distribution Com-"The saddest thing in all Eastern mittee of American Funds for Jew-Europe at the present momentish War Sufferers, was able to purworse than all the other instances of chase more than a carload of pajamas starvation and even of death and disfrom the salvage department of the ease on every hand-are the child-American army in France. These mobs one sees outside of the few bakwere sent to Eastern Europe, and in eries that are able to keep going in Warsaw," Sholom Asch, the famous the workrooms opened there were Warsaw, Sholom Asch, the famous Yiddish playwright and poet report-ed to the American Jewish Relief Committee upon his return from Eastern Europe, where he went as a commissioner of the Joint Distri-bution Committee of American Funds made over into clothing for children. Each pair of pajamas made at least two Russian blouse suits for little boys it was reported. The larger pieces left over in the cutting were used for the cloths that the children of Eastern Europe bind around their for Jewish Sufferers from the War. feet in lieu of shoes. "In the bakery windows are a few loaves of bread, and sometimes cakes,

MILLION PAIRS OF SHOES ARE NEEDED

ish children, who live on the cup of soup a day they get from American Jewish relief agencies. But the youngsters tantalize themselves with Destitute Jewish Children of he sight of food, when they cannot Eastern Europe Use Rags to "They press up to the window, and Protect Feet From the Cold.

at first merely stare respectfully at the bread, an uncanny little crew of gaunt small folks with old faces and A million pairs of shoes are needsuffering unchildish eyes. Perhaps it is raining, or the wind is blowing ed by the destitute Jewish children of Eastern Europe to-day, according coldly through the tatters that they wear, that little barefoot army, but they huddle together for warmth, and o reports received by the Canadian Jewish Relief Committee from relief workers abroad. do not stir. The sight of the bread At least that many of the helpless

and hungry Jewish youngsters of has fascinated them, it is so rarely Eastern Europe are absolutely with out footgear of any kind, their relief 'A customer comes out, leaving the door ajar for a moment, and the agents say. Thousands of others have warm fragrance of the bake-shop drifts out to the little ragamuffins, rags sewn around their feet in lieu of shoes.

maddening them. They press closer to the window, their thin little faces Several carloads of shoes that fornerly belonged to Allied soldiers in against the glass. Those in front put France were purchased there by the out their tongues and lick the glass, Joint Distribution Committee as if, by so doing, they could taste the bread behind it. No poet could Funds for Jewish Sufferers from the War. for the Jewish women of East ever write into words the wistfulness of their faces as they do it. "One of the men from the bakery ern Europe. But it was impossible o buy the shoes in sizes that could be worn by the children, and all oth comes out and drives them away ers sold in Europe are at a prohibi

tive price. So a million youngsters are every few minutes, else they would break the glass. They are afraid of barefoot during the hard winter of Eastern Europe. stand at a distance, their eyes still upon the bread. Then hunger over-There is a great lack of every con ceivable kind of clothing, as well as comes their fear, and they press up shoes. In Serbia, a common child's costume just now consists of two sacks, with holes cut through for the head and feet. In Poland, flour sacks every day in front of the bakery winand sugar sacks sent with supplies to the destitute Jews by Jewish relief More money is needed to help feed agencies are all being made over into those children, and an appeal soon clothing, and even small salt sacks is to be made in Canada for that are pieced together, and used for this purpose, it stated a land the

The New York market was profes-The Toronto Presbytery nominated sional in character. Trading was dull Rev. Dr. J. Ballantyne for the chair of the General Assembly.

WATE ARE Ford Dealers in this district and have formed an estimate of the number of cars we will require to meet the needs of this territory. We cannot get enough cars to fill that estimate because there are not enough cars being made to fill all dealers' estimates throughout Canada.

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