Special Train From Toronto

via Canadian National Rail-

ways.

Maritime Province teachers will do

well to note that in connection with

to be held from August 12th to 16th

under the auspices of the Dominion

train arrangements have been made

Railways. There will be a special

and numerous optional trips may be

The special train will be one

compartment-observation cars. Lib-

rary-Buffet Car; Standard Sleepers

and Diners. Nothing will be lack-

ing in the way of entertainment.

There will be a radio set in the

Observation Car and a phonograph will be placed in the diner; this car

to be used for concerts or dancing

points to Toronto the regular train

service of the Canadian Nationa

Railways is of the finest. It might

be noted that the special train will

stop at lacper Park from Thersday

July 31st to Sunday August 3rd and

the educational party will thus have

three days in the delightful play-

ground of the Bockies. The cars

will be used for sleeping accommo-

dation while meals will be had a

No more delightfud trip could be

devised for the teachers who are

to take this tour across Canada by

Canadian National Lines.

From all Maritime

taken for the return journey.

with most modern type

Educational Association

the

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Notice

All persons are warned that ties Beaubear's Island is strictly prohibited and any person who is found on the Island will be

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MAIL YOUR REMITTANCE e have rendered our subscripti and would respectfully

WANTS TO HELP TEACHERS GONFER-OTHER WOMEN ENCE AT VICTORIA,

Grateful for Health Restored by Lydia E. Pinkham's Vegetable Compound

Toronto, Ont.—"I took Lydia E. Pinkham's Vegetable Compound for backache and for weak and dreary feelings caused by my condition. Sometimes I felt as bad that I couldn't do my housework. My neighbor told me of your medicine and I read about it in the 'Toronto Telegram' and thought I would take it. I got very good results. It pull me up and I have told several triends what it has done for me. You may use this testimonial as it may be of help to some one who has suffered as I ave."—Mrs. J. LEE, 25 Harvie Ave., Toronto, Ont.

nave."—Mrs. J. LEE, 20 Harvie Ave., Poronto, Ont.

Mrs. Lee is willing to write to any cirl or woman suffering from such troubles, and answer any questions they nay like to ask.

Women suffering from female troubles causing backache, irregularities, cains bearing-down feelings and weak-

women suntering from female trou-bles causing backache, irregularities, pains, bearing-down feelings and weak-ness should take Lydia E. Pinkham's Vegetable Compound. Not only is the worth of this splendid medicine shown by such cases as this, but for nearly fifty years letters like this have been re-ceived from thousands of women.

You might be interested in reading Mrs. Pinkham's Private l'ext-Book upon the "Aliments of Women." You can get a copy free by writing the Lydia E. Pinkham Medicine Co., Cobourg, Ontario.

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My property on Chaplin Island Road, 5 miles from Newcastle, with house erected thereon, consisting of 100 acres with 12 acres under cultivation and . balance heavily wooded. For terms and particulars apply to.

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A maid capable of cooking at Hotel, , and also a maid for general housework at Hotel. Apply at once to

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I am prepared to buy all kinds of Junk and Hides at regular market prices. Any one having such for sale, kindly Call or Phone

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I am hauling mill wood from Fraser's this summer. Let me have your order now. First-come First served. Phone 162-21. E. E. BENSON

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Mill Wood For Sale Slabs & Edgings at \$1.00

per load, Cash with order Orders must be left at office. D. & J. RITCHIE Co. Ltd.;

MILITIA THIS YEAR TO BE SMALL

On account of reduced appropriation B (the training camp for the .. New Brunswick militia this year will be a skeleton; commissioned and nonditails of privates for fati:ue and other duties attending. Unqualifisubalterns; non-commissioned the 1924 Conference at Victoria; B.C officers will go in June 27th.

REPORTS HIGHWAY FINE

The road between Fredericton and train to the Pacific Coast leaving Newcastle was never in better shape Toronto at 1:00 p.m. on July 26th; according to a commercial man who was here last night. The distance which is roughly 106 mil-s he said the finest; of all steel ejuipment; three hours. No less than three he traveled in a little better than been lucky had he been able to make the trip in six hours and that was only if he did not go in the ditch.

FOUR TIMES SEALED



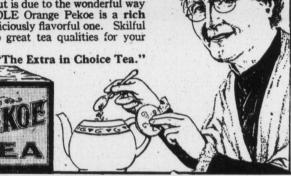
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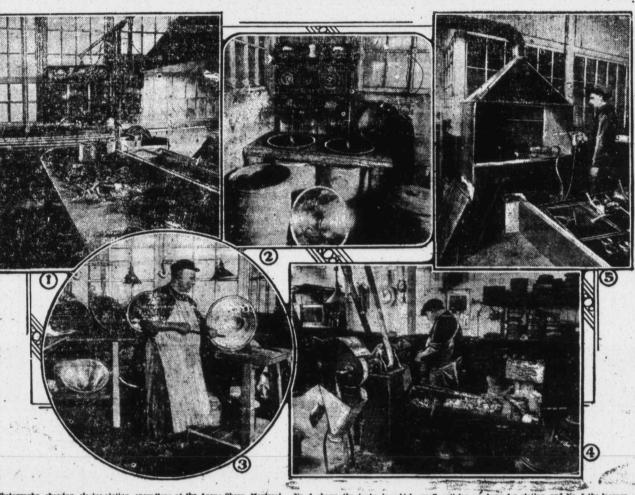
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Wonderful Tea!

Users of KING COLE Orange Pekoe are frequently heard to remark: "It's really wonderful tea." This is not particularly in reference to its outstanding quality although that is necessarily included, but is due to the wonderful way it "spends." For KING COLE Orange Pekoe is a rich liquoring tea as well as a deliciously flavorful one. Skilful blending combines these two great tea qualities for your



Electro-plating a Canadian Railway Operation



ing electro-plating operations at the Angus Shops, Ming process. The text

Passengers on the Trans-Canada and other Canadian trains have often admired the tableware with which the dining cars are equipped, but comparatively few of the travelling public appreciate the extent to which electro-plating enters into every day use on a Railway. As a matter of fact, practically all metal hardware parts of passenger equipment in teriors are plated, many of the engine parts, including the copper reflector of the head-light are plated, and various platings are used on a thousand and one articles which enter daily into the life of a railroader. The travellar-notices the silver plate perhaps more than any other, out many metals are used by the Canadian Pacific for plating pepper caster tops and similar articles, copper is used on lighting and other metal car fix tures, sinc on refrigerator hardware, nickel on kitchen utensits, tin on rainmen's lanterns, mercury on telegraph elements and aluminum or lead on miscellaneous articles.

At its Angus Shops, Montreal, the Canadian Pacific Railway Company and quite an extensive plant where the most of its electro-plating is carried on. The method used by this Company is a simple one but none the positied. The electric current, which is of low voltage, is connected, the positive pole to the metal plate or plates, and the negative to the barlought of the metal plate or plates, and the negative to the barlough of the metal plate or plates, and the negative to the barlough of the metal plate or plates, and the negative to the barlough of the metal plate or plates, and the negative to the barlough of the metal plate or plates, and the negative to the barlough of the metal plate or plates, and the negative to the barlough of the metal plate or plates, and the negative to the barlough of the metal plate or plates, and the negative to the barlough of the metal plate or plates, and the negative to the barlough of the metal plate or plates, and the negative to the barlough of the metal plate or plates, and the negative to the barlough of the negative pole to the met

The articles to be plated are first chemically cleaned, after which they are usually hung from a metal bar into a long vat where they are mmersed in a chemical solution which varies with the metal to be deposited. The electric current, which is of low voltage, is connected, the positive pole to the metal plate or plates, and the negative to the bar from which the articles to be plated are suspended. As the electric current which the articles to be plated are suspended.