

ABBE LISZT.

What The Great Master Did for Modern Music.

But he introduced into the dusty academic atmosphere of musical Europe a strong fresh breeze from the Hungarian puzta; this wandering piona player of Hungarian-Austrian blood, a genuine cosmopolite, taught music a new charm, the charm of the unexpected, of the improvised. The freedom of Beethoven in his later works and of Chopin in all his music, became the principal factor in the style of Liszt. Music must have the shape of an improvisation. In the Hungarian rhapsodies, the majority of which begin in a mosque and always end in a tavern, are the extremes of his system. His orchestral and vocal works, the two symphonies, the masses and oratorios and symphonic poems, are full of dignity, poetic feeling, religious spirit, and a largeness of accent and manner. Yet the gypsy glance and gypsy voice lurk behind many a pious or pompous form. Apart from his invention of a new form—or, rather the condensation and revival of an old one—the symphonic poem—Liszt's greatest contribution to art, is the world, quaint, rhapsodic extemporé element he infused into modern music; nature in her most reckless, untrammelled moods he interpreted with fidelity. But the drummers in the line of moral gasoline who controlled criticism in Germany refused to see Liszt except as an ex-piano virtuoso with the morals of a fly and a perverter of art. Even the piquant triangle in his piano concerto was suspected as possibly suggesting the usual situation of French comedy.

The Liszt-Wagner question no longer presents difficulties to the far-minded. It is a simple one, for men still living knew that Wagner, to reach his musical apogee, to reach his public, had to lean heavily on the musical genius and individual inspiration of Liszt. The later Wagner would not have existed—as we now know him—without first traversing the garden of Liszt. This is not a theory, but a fact.—From "Franz Liszt—The Real and Legendary," by James Huneker, in the October Scribner.

SLEEP, GENTLE SLEEP.

Should Not Be Too Particular About Noise When Children Sleep.

Mr. Alfred H. Harmer, lecturer on physiology and hygiene at Wandsworth Technical Institute, writing in the Sanitary Record, says: "As most people spend at least one-third of their lives in sleep and as the conditions under which they sleep must influence the whole of their lives, it would be wise for all to consider whether their sleep is of the most healthful and refreshing type. There are sound hygienic methods by which sleep may be induced. It is, of course, essential that plenty of pure air should be admitted into the sleeping apartment. Oxygen is as necessary to the body cells during the hours of sleep as at any other time. Perhaps in the case of children it is even more necessary for them to sleep in the time of anabolism, growth and repair. That there are yet large sections of the community which do not understand this can be easily proved by a walk through out town and country roads any night after the occupants of the houses have retired to rest. The old prejudice against open windows still exists, particularly among the class inhabiting the smaller houses. Dust in the rooms, an imaginary draught, the fear of colds, and many other like stupid reasons are advanced in excuse for this pernicious prejudice.

The organs of the body should also be considered, and no excessive work should be given to the heart or digestive organs before retiring to rest. High pillows lead to an increase in the heart's force at a time when the heart should have the slightest work. Very low pillows may cause headaches, and even sleeplessness, through an excess of blood being in the brain. Heavy latex suppers are very unwise, but a light meal followed by such moderate exercise as a short walk, is generally conducive to sound sleep. The light meal causes a withdrawal of blood from the head into the stomach area and the body generally. The body is therefore warmed, and this is very important. Cold extremities, particularly cold feet, cause sensory stimulations which produce sleeplessness, often for hours. People who suffer in this way should take means to artificially keep their feet warm by using sleeping socks, or slipper baths, or by the use of hot water bottles, and by sleeping between blankets.

It is, of course, fatal to sound sleep to go to bed with anything on the mind. In these sensational and pleasure-loving days we often retire to rest after receiving a long series of very vivid sensations which often account for hours of sleepless tossing. Sometimes this may be relieved by a gentle friction of the head with a medium hard brush. We cannot hope to always drive away the disturbing sensory impulses, for, built as man is, joy, suffering, grief, responsibility and worry (last but by no means least, must find their place in his life at some time or other. Life without these would be at best a mere existence, and so we must pay the bill at such times. And even then fatigue must cause sleep ere long.

Under ordinary circumstances, quiet is essential to refreshing sleep. It is well known that the brain can be trained to sleep during the continuance of sounds

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constantly repeated. The confused din of traffic, the rattle of passing trains and many other noises do not seem to disturb the rest of those accustomed to them. But, ordinarily speaking, quiet should precede and accompany sleep. In this connection it may be wise not to be too particular about noises when little children are asleep. At some future time they may be thankful for learning to sleep while a certain amount of noise is going on. For instance, there is no reason why they should not be accustomed to sleep while a piano is being played in another room in the house.

LOVE, THE GIVER.

True love is service. You who sit apart And wait for love to bring you happiness. Who drop his hand if once you feel distress, And if he stumbles, drive him from your heart— You know not love. This have you seen no more: His faint, swift shadow as he passed you by, And but he heard the echo of his cry; He enters not where pride stands at the door. But if with him comes sorrow, and you meet And hid it welcome in love's holy name, If with each grief still brighter burns the flame, And you would grasp each arrow, keen and fleet, To save the other heart a pang of pain— Then know you love, the king, and own his reign. —Ninette M. Lowater in New York Sun.

For regulating the bowels, invigorating the kidneys and stirring up the lazy liver

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THE PICTURE'S NAME.

An engaging old gentleman teetered softly into our office yesterday afternoon and apologized gracefully for telling us this story in a picture gallery the other day and just ahead of me was a young couple. They paused before one large painting. "What a lovely picture!" exclaimed the woman. "It sure is," answered the man. "What is it about?" "Why, can't you see, stupid? The man has evidently just proposed to the girl, and she has said 'yes.' Isn't it dear?" "Very dear. I have no doubt. But what is the title to it?" "I don't know—but isn't there a little label in the corner?" "Why, yes—I didn't notice it. He has proposed and she has accepted. The little card says 'Sold.'"

PUTNAM'S CORN EXTRACTOR RIDES FEET OF CORNS.

What any corn needs is the soothing influence of Putnam's Painless Corn and Wart Extractor, which in twenty-four hours lifts out every root, branch and stem of corns and warts, no matter of how long standing. No pain, no scar, no sore—just clean riddance to the old offenders—that's the way Putnam's Painless Corn and Wart Extractor acts. Get a 25c bottle, and refuse a substitute preparation.

THE GERMAN CENSUS.

(Vancouver Province.) The Canadian census questions are considered sufficiently inquisitorial, but they do not compare in pertinency (or inquisitiveness) to the reported requirements of the German interrogations. A few examples of the demands: Are you married or not? When were you married? Have you been divorced? What age was your wife at the time of your marriage? Are you or your wife subject to nervous attacks? If you have children under 12 months, state how they are nourished? Are you blind or simply in one eye? Do you use lognettes, spectacles or pince-nez? What size boots and shoes does your wife take? Do you drink alcohol?

Minard's Liniment for sale everywhere.

A GOOD PLEDGE.

(Niagara Falls Journal.) The members of the men's Sunday school class of the rich and fashionable Lake Avenue Episcopal Church, Pasadena, have all taken what they term the "Help the Other Fellow Pledge." Here are some of the promises included in the pledge: Not to shop after 5 p. m. Saturday. Not to ride on street cars Sunday. Not to get mad at telephone girls, no matter how bad the telephone service is. Not to require the butcher, baker or grocer to deliver his wares more than once a day. To do Christmas shopping a month and a half before Christmas. Some of these promises will be hard to keep, but they are all for the better. Other people would be helped considerably were these pledges faithfully observed.

HE SAW DAD.

(Puck.) Willis—Great Scott, man! You don't mean to say you can't do anything with that son of yours, who is reported to be doing such awful carousing at college? Gillis (sadly)—I haven't the heart to say a word. You see I was foolish enough to take him with me to the national convention of my lodge last summer.

HOW SHE DID IT.

(Pathfinder.) The wife—After all, Adolphus, this visit isn't going to be so expensive. With the half-dozen dresses I simply had to get and your clothes cleaned and pressed, we'll manage splendidly.

'Lost 16 lbs. in Weight'

Was Kept Down by Bilious Indigestion, and When in Despair Dr. Hamilton's Pills Cured

In the following interesting letter Mrs. H. R. Plunkett, well known in her home town of Hewittville, tells how she conquered bilious indigestion: "I think it was drinking ice water on a very hot July day two years ago that caused an inflamed condition in my stomach, which gave me such repeated and weakening attacks of biliousness and stomach trouble. So severely did I suffer, that my strength was impaired, and I lost ten pounds in weight. My whole body was weakened, both kidneys and bowels failing to keep the system in natural condition. Food fermented, skin was dry and yellow. I had flushes of heat, and pricking sensations in various parts of the body. In the winter I had feet and clammy hands, and not until I commenced to take Dr. Hamilton's Pills did I obtain relief. In a short time Dr. Hamilton's Pills cured the bilious dyspepsia, and in a month I gained almost four pounds. The pain over the liver disappeared, the bowels acted regularly, and I kept on improving so rapidly that in three months I was vigorous and well. I recommend Dr. Hamilton's Pills to every one in poor health."

To receive the same benefit as Mrs. Plunkett, commence Dr. Hamilton's Pills at once, per box. All dealers, or The Catarthorose Co., Kingston, Ont.

THE RESURRECTION PLANT.

One of the most extraordinary plants in the world is undoubtedly that known to botanists as anastatica, commonly called the "Resurrection Plant," or occasionally the "Rose of Jericho." It is an annual inhabiting the Egyptian desert. It is so highly hygrometric that when fully developed it contracts its rigid branches so as to constitute a ball. Exposed then to the action of the wind, it is blown hither and thither toward the sea, when it is gathered and exported to Europe. If, then, when apparently dead and dried up, its roots is plunged into water, the buds swell with new life, the leaves of its calyx open, the petals unfold, the flower-stalk grows, and the full-blown flowers appear as if by magic. When removed from the water the plant returns to its original apparently dead condition, until again placed in water—hence its title of the "Resurrection Plant."

There are many superstitious tales concerning this so-called rose afloat in the East. It is said to have first bloomed on Christmas Eve, and continued to flower till Easter, at its birth heralding the advent of the Redeemer, and immediately before His departure honoring His resurrection.

A WINDSOR LADY'S APPEAL.

To All Women: I will send free with full instructions, my home treatment which positively cures Leucorrhoea, Ulceration, Displacements, Falling of the Womb, Painful or Irregular Periods, Uterine and Ovarian Tumors or Growths, also Hot Flashes, Nervousness, Melancholy Pains in the Head, Back or Bowels, Kidney and Bladder Trouble, where caused by weakness. I send you a card of cost of only about 12 cents a week. My book, "Women's Own Medical Advice," also sent free on request. Write to-day. Address Mrs. M. Summers, Box H. S. Windsor, Ont.

A SURPRISE FOR SWAGGER.

"Yes," said Swagger, "this is a turkeze ring." "Excuse me," said Bangs, "the correct pronunciation of that word is 'turquoise.'" "No, turkeze, excuse me." "I say turquoise." "Well, let's go to a jeweler and ask him." "Right." "In order to settle a wager," said Swagger to the jeweler, "would you mind telling me if the correct pronunciation of the stone in this ring is turkeze or turquoise?" The jeweler took the ring and examined it carefully. "The correct pronunciation," he said, "is glass."—Tit-Bits.

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THE OPTIMIST.

(Ellis O. Jones, in the Independent.) "Oh, well," said the Optimist after election, "it seems to be a pretty bad Congress, but it is not at all likely that it will pass any evil laws." "Oh, well," said the Optimist, after Congress had passed a particularly evil law, "it will undoubtedly be killed in the Senate." "Oh, well," said the Optimist, after the Senate had concurred in the action of the House, "perhaps the president will veto it." "Oh, well," said the Optimist, after the President had affixed his signature, "perhaps the Supreme Court will declare it unconstitutional." "Oh, well," said the Optimist after the Supreme Court had declared the evil law not only constitutional, but also quite reasonable, perhaps the Administration will forget to execute it." "Oh, well," said the Optimist after the Administration gave evidence of intending to execute the law, both in letter and in spirit, "perhaps it will be repealed some time."

Minard's Liniment Cures Burns, Etc.

REFLECTIONS OF A BACHELOR.

(New York Press.) After all, lunacy in a man is only somebody else's opinion. A man will take a bigger risk with his soul than with his money. The reason a man has a hobby is so he can be disgusted, if you want to talk to him about yours. A woman thinks she eats no more than a bird just because it is ice cream and cake instead of potatoes. Being generous to your father's expense is a lot more satisfactory than having your son generous at your expense. The right man in the right place is not apt to be left.

WORSE AND WORSE.

"Did you ever notice," said Walter Grimes, "how a fellow when he once gets 'lalled up' and says the wrong thing has a tendency to get in deeper and deeper?" "A friend was first telling me of his experience in attending a reception in Indianapolis some time ago. During the progress of the function an elaborately gowned woman sang for the guests. Her voice wasn't anything to brag on, and my friend, who is very plain spoken, turned to a meek looking little man sitting at his right, and asked in a low voice, 'who was that old hen who has just squawked for us?' "That replied the man addressed, 'is my wife.' "My friend gasped, 'Oh, b-b-beg your pardon, he stuttered. She's really a rather nice looking woman and I know she'd sing beautiful yif she had made a better selection of her music. Who do you suppose ever wrote a rotten song like that?' "I am the author of that song," replied the meek looking little man." —Louisville Times.

JAPANESE FRUIT TREES.

Among the many ways of their own that the Japanese have for doing things is their system of pruning and training fruit trees. The system is called "tana," and consists in training the branches overhead on trelliswork, made of bamboo or wire, supported on wooden posts about five and a half feet high. This offers advantages in gathering the fruit, and not only serves to protect the trees against wind and storm, but is said to increase production. Only very light pruning is done, and that usually in the winter time. This system is generally adopted for pears and vines, less often for apples and plums.

Well, Well! THIS IS A HOME DYE THAT ANYONE CAN USE. I dyed ALL these DIFFERENT KINDS of Goods with the SAME Dye. I used DYOLA ONE DYE FOR ALL KINDS OF GOODS. CLEAN and SIMPLE to Use. THE APPLICATION. A carping old Scotchman said to his pastor one day, "Dear me, ministers mak' muckle ado about their sermons in the week tae mak' up I cud dae it myself!" "Well, well, Janet," said the minister, "let's hear ye." "Come awa' wi' a text, then," quoth she. He repeated with emphasis: "It is better to dwell in the corner of the housepost than with a brawling woman and in a wide house." Janet fired up instantly. "What's that ye say, sir? Dae ye intend anything personal?" "Stop! stop!" broke in the pastor. "You wud never dae for a messenger." "An' what for, sir?" she asked sharply. "Because, Janet, you came over soon tae the application."

LIFE OF THE GRAPEVINE.

There are some who contend that the life of the grapevine is longer than that of the oak. It is rare that a wild grapevine is found that has died of old age. Pliny mentions a vine 600 years old. There is a vine at Hampton Court, England, planted in 1769, while here in America there is a wild grapevine on the shores of Mobile Bay, within a mile of Daphne, Ala., commonly known as the "General Jackson" vine, more than 6 feet in circumference at its base. There is a grapevine in Carpenter's, Cal., under which more than eight hundred persons may stand. Its trunk is eight feet in diameter at the base and it has borne as high as ten tons of fruit. It is said that this vine was planted in 1842.

THE THREE MEDALS.

Delegate James Wickersham, of Alaska, at a reception in Washington, nodded rather contemptuously toward a much-decorated general. "You see those three superb medals on the general's breast?" he said, "Well, I'll tell you how he got them. He got the third because he already had two. He got the second because he had one. And he got the first because he had none."—Washington Star.

DIRE NECESSITY.

(Judge.) "Yes, sir, in a year from now this Amalgamated Banooon Stock will be worth ten thousand dollars, and I'll sell it to you for fifty cents." "If it'll be worth ten thousand dollars in a year from now, why don't you keep it yourself?" "Well, you see, I need a shave and a hair cut, and I'd be a holy show if I waited that long." "We have both proposed to her." "Which is the lucky man?" "Don't know yet. She just married the other fellow last week."—Toledo Blade.

GILLET'S PERFUMED LYE. FOR MAKING SOAP, SOFTENING WATER, REMOVING PAINT, DISINFECTING SINKS, CLOSETS, DRAINS, ETC. SOLD EVERYWHERE REFUSE SUBSTITUTES.

FAMILIAR QUOTATIONS.

Honor to the strong man, in these ages, who, shaken himself loose of shame, and is something. For in the way of being worthy, the first condition surely is that one can be. Let cant cease, at all risks and at all costs; till cant ceases, nothing can begin. —Carlyle. There is no genius like the genius of labor. There is no reward like that which comes to energy, system, perseverance. —Napoleon. Without the resolution in your hearts to do good work, so long as your right hands have motion in them, and to do it whether the issue be that you die or live, no life worthy the name will ever be possible to you; while in once forming the resolution that your work is to be well done, life is really won, here and forever. —John Ruskin. Divinent autumn; who may paint thee best, Forever changeful o'er the changeful globe. —R. H. Stoddard. The flowers must close their tender leaves and die; The lily's gracious head All low must lie. Because the gentle summer is now dead. —Adelaide A. Proctor. In man's most dark extremity Oft succour dawns from heaven. —Sir Walter Scott. THE OWEN OF THE BUILDING. (Kansas City Journal.) A devout poor man was lecturing a stranger for smoking cigarettes. "Stranger," said the devout one, "you not only injure your health, but you waste your money smoking those things. Why, you can save enough in a lifetime to own a five-story building like that one" (pointing to it). "Do you own it?" asked the cigarette smoker. "No," replied the devout man, "and I don't know who does." "Well, I own it," replied the cigarette fiend. "And here is a \$5 note for your subscription paper which you are circulating so that you can take treatment at some health resort."

STAMMERERS

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IN WALL PAPERING.

You can help. And it will pay. With this a fine room may be had at ordinary price. Cutting out enough border for one room takes little time. A white satin stripe with a dotted ceiling to match down to the window tops is pretty, a little border (a blue ribbon caught at intervals with two or three pink roses) covering the joining. Ordinary borders, of course, are tiresome, and borders in bedrooms are often just the effect needed, provided they are dainty and in harmonious colors.

WHY TOMMY STOPPED PRAYING

(Philadelphia Record.) "Why, Tommy," exclaimed the Sunday school teacher, "don't you say your prayers every night before you go to bed?" "Not any more," said Tommy. "I stop when I slept in a folding bed, though."

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