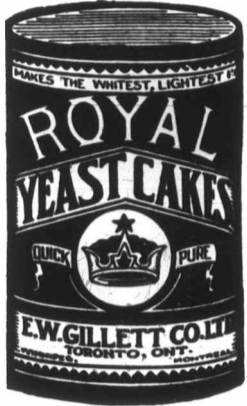


# MADE IN CANADA ROYAL YEAST CAKES



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work in College, but has taken great interest in games, for which Winchester has always been famous. He is a keen cricketer, and is a member of such leading clubs as the M.C.C. and I. Zingari. During his Head Mastership there have been built several new adjuncts, such as extensive art buildings, the music school, and new fives and racket courts, while the playing-fields opened in Dr. Moberly's time have

been still further extended. At the Head-Masters' Conference he has been a frequent speaker. At the beginning of the last October term he was selected as the preacher before the University of Cambridge on May 21st, when he follows in the list another schoolmaster Bishop—the Bishop of Norwich—who also was without any parochial experience when he was promoted to the Episcopate. The names of Tait, Temple, Moberly, and Ridding (Dr. Fearon's predecessor at Winchester) are sufficient to show that many schoolmasters who had not the training of parish work made excellent Diocesan, and Dr. Burge's past career fully justifies the hope and the expectation that he will succeed in the great task which lies before him.

A man or a woman in tolerable health has no moral right to indulge in an unpleasant mood, nor to depend upon moods for the performance of the duties of life.—J. G. Holland.

It is a matter of especial notice that in every department of applied science we have to deal with the unseen. All forces, whether in physics, mechanics or electricity are invisible.—A. Mackey.

Christmas thoughts and affections make our spirits a land of the unsetting sun; its brightness and its warmth spreading a softened glory over all the world.—Cunningham Geikie.



## A New Head In 30 Minutes

Exchange that aching, throbbing, suffering, muddled head for a clear, cool, comfortable one by taking a

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Use well the moment; what the hour brings for thy use is in thy power, But what thou best can understand Best claims the service of thy hand.—Goethe.

neighbourhood has been too fine to hold Brutus, the hero.—Youth's Companion.

### Children's Department

#### BRUTUS, THE VEGETARIAN.

Twelve years is a long time for a cat to live unappreciated, but Brutus never seemed to mind. The tenor of his life had run smoothly, in spite of constant gibes and jeers from the man of the house, who had no liking for a cat that loved asparagus above all things and refused to show the least interest in a live mouse.

"If you will insist on calling him 'brute,' I shall have to name him 'Brutus,'" the gentle mistress had remarked to her husband one day while the peace-loving cat was still a kitten. So Brutus he was from that hour—a queer, big, unoffending creature that not only declined to catch mice, but utterly disdained meat of all kinds, dining contentedly every noontime on a plain, cold, boiled potato, with perhaps a bit of lettuce, or on special feast days a dish of asparagus.

For years he was a neighbourhood joke, a harmless, amusing oddity, until one morning a terrible commotion called the mistress of the house to her kitchen window. It seemed that the small kitten belonging to the neighbour on the north had scaled her fence, and the fierce little bulldog belonging to the neighbour on the south had crept under his; and now the two were met in unequal combat in the back yard where Brutus had so long held peaceful sway.

"Call your dog off! Get him away quick!" the neighbour behind the north fence was demanding excitedly, while the neighbour behind the south fence was wringing her hands and protesting that her dog would not mind, and he would surely kill the kitten, and what in the world could they do?

Just at this point twelve-year-old vegetarian Brutus, the cat without spirit, roused from a peaceful snooze on the top of a barrel, and, giving a mighty leap into the midst of the fray, furnished that bulldog with surprise.

It was a snarling, clawing, merciless surprise. It shed blood and caused howls of pain; but it was thoroughly effective, for in less than two minutes it sent the bulldog, whipped, slinking home to his own back yard, while Brutus calmly picked up the frightened kitten by the nape of the neck and carried it straight to its mistress.

This done, he resumed the barrel top, an appreciated cat, and since that moment no silken cushion in the

#### MASTER AND SERVANT.

The story of Naanian, the leper, set for Sunday School lesson on April 2nd, gives a fine example of the right relations between master and servant. The little maid was a model servant, very anxious for her master's welfare. Her character and faithfulness, as we see, was due to her piety, and she was not afraid to testify for God in a heathen land. Her zeal for her master's welfare would surely win her influence and good-will. A pious servant in any household is an inestimable blessing. The Rev. Henry Venn used to thank God for such a servant, and said to his children that his place on the judgment day would not be a low one if he was found at his servant's feet. It was a high tribute to real worth in a humble sphere, and masters would do well if they emulated the example set by the great Henry Venn, and give hearty, affectionate testimony to the real worth of a true and trustworthy servant.

### TIRED IN BODY AND IN MIND

Worn Out by the Monotonous Indoor Life of Winter.

Spring Finds the Blood Weak and the System Run Down—Vigor is Restored by

### DR. CHASE'S NERVE FOOD

Just at the time when the buds are bursting and the birds are chirping merrily in the treetops, many people feel most keenly the debilitating and enervating effects of indoor winter life.

The blood is so thin and watery that it fails to supply nutrition to the nervous system and to the vital organs. You feel tired, weak and discouraged, appetite fails, digestion is impaired, energy and ambition are lacking, and strange depressing feelings come over you.

But nature has provided certain restoratives to be used at this time of year to form new, rich blood and create new nerve force. These elements are found in condensed and easily assimilated form in Dr. Chase's Nerve Food.

Thousands of men and women have learned to escape this spring depression and weakness and discouragement by using this great restorative.

Vitality is increased, strength and confidence return, buoyancy is felt in every movement of the body, pallor and weakness and disease give place to the glow of health and vigor of mind and body.

Dr. Chase's Nerve Food, the great spring tonic and restorative, 50c. a box, 6 for \$2.50, at all dealers, or Edmanson, Bates & Co., Limited, Toronto.



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