CHATS WITH YOUNG MEN

BEFORE THE TABERNACLE I knelt one evening all alone Before my hidden Lord, With wondrous bitter grief and dread My inmost soul was stirred

My heart was hard and cold, And to my gentle, loving Lord My restless grief I told.

I felt that He was very near, His face I could not see, But I could almost hear His voice— "Come, oh! my child, to Me."

I crept still closer to His throne. Then sank down at His feet, The sense of peace that o'er me stole Was strangely calm and sweet.

I felt that tender, earnest love Beat in His heart for me, And, dearest Lord, my wearied soul Found peace and rest in Thee.

THE SAME EVERYWHERE The man who is affable in public and irritable in private is making a fradulent over-issue of stock, he is as bad as a bank that might have four or five hundred thousand dollars of bills in circulation with no specie in the vault. The home is a being of some use mighty test of character. What you their own affair. are at home, you are everywhere, whether you demonstrate it or not.

THE PRAYERS OF HIS COMRADES

policeman mortally wounded by discharge of his duty, said to the priest who bent over him! If I to their neighbors. They are under

the boys to pray for me."

This brave young man, unflinchsimple faith in two things, he sent message to his fellow members of The Looker on, in the Boston Pilot. the police force. First, his belief in prayer to the God who had given and taken away his life and an implied confidence in the character of his companions in duty. prayer of a righteous man availeth much," is a precept ingrained in the understanding of most adherents of the Christian religion.

John Fitzpatrick, about to die, in his spontaneous words of parting, paid tribute alike to the God, he served and to the associates of his daily work in this life. His simple message must sink deep into the minds of the men who heard it transmitted to them. Such incidents have a significance rising far I don't like her to punish me; beyond the limits of time and circumstance.—New York Evening

THE LITTLE MISERIES

were a tedious wait at a lonely rall-road station. They walk idly hither and thither, investigate matters in She loves him most as much as me. which they have not the least interest; in brief, kill time. They occupy their days with an endless An' grabs me up an' pats my head; amount of petty details and their nights are given to harrowing anxie. An' love him put' nigh much as ma. ties over the details of the morrow.

Now that details are to be minimized. They have their place and

on a treadmill.

A boy leaves the ancestral farm and plunging into the vortex of city life manages to keep his head above the surface. Finally he ac commodates himself to his new environment, comes to see what an invaluable asset time is and that the main thing in life is to get things

Having achieved a measure of for a moment.—True Voice. success he returns home on a vacation. With a shock he finds out that the repair of an old rail fence occupies a week of his brother's time, that the whole family rack their brains night after night in attempting to decide what kind of phosphate is to be used on the meadow lot.

The great majority of mankind are stupeiying themselves with laborious hypnotics, small duties lengthened out into young eternities, small worries that loom as large as the pyramids. This is what keeps humanity with its nose to the grind-stone, an idea that there is nothing else in the world comparable in importance to that grindstone.

John Jones takes to drink because Jake Smith got the best of him on the sale of a load of potatoes. Mrs. Jones neglects her housework and Jones neglects her nousework and enlist her sympathies in your retires to bed in tears because Mrs. and enlist her sympathies in your smith is reported to have said ful projects, hopes and plans, so that Smith is reported to have said the projects, hopes and plans, so that she may carry youth into old age.

that mean life to millions of people.

I have an idea that the grievances of the female world that are grouped under the word suffrage are in great part founded on domestic auto-hypnotism. Women's mental equipment is probably as good as man's, but its range has been for centuries

ing else. This sort of thing easily way. becomes a habit. A woman can, by good management, take as much time, consult as many people over the purchase of a dress, as did the Japanese and Russians over the treaty of Portsmouth. All things are and tasteful. are relative. The massacre of ten thousand people in Teheran does not bother you as much as the baby's

must escape from the vicious circle of personal petty anxieties and cocupations. Their only result is to waste time and dull the mental hold duties, do not let her feel that faculties. Of course if a woman she has lost any of her importance prefers that domestic hasheen com- as the central factor in the family. monly called housework or millinery to real accomplishment, if a man prefers to emulate the horse who winds up the windless instead of being of some use in the world, it is

But there are many who see dimly that they are wasting their lives but cannot get out of the vicious circle. There are hundreds capable to do better things wearing themselves out in a dull round of distasteful have to go across, father, please tell a malign spell. One good half day spent in an impartial survey of them-This brave young man, unflinching in the prospect of death—"the fog in his throat, the mist in his face"— made perfectly clear his simple faith in two things he solves would break the spell, enable them to see things rightly, put small worries where they belong and realize the value of time and the nobility of life that accomplishes .-

OUR BOYS AND GIRLS

A BOY'S MOTHER

My mother she's so good to me! Ef I was good as I could be, I couldn't be as good—no, sir! Can't any boy be good as her!

She loves me when I'm glad or mad She loves me when I'm good or bad; And what's the funniest thing, she

ваув She loves me when she punishes.

That don't hurt; but it hurts me to 898 Her cryin'-nen I cry, an' nen

We both cry-an' be good again, Some people treat life as if it | She loves me when she cuts an' sews

> She laughs an' tells him all I said An' I hug her, an' hug my pa,

-JAMES WHITCOMB RILEY

of activity. But broadly the question is this: Shall we use them or let them master us? It is the difference between Grant and McClellan.

The vice is a very subtle one to be some than told himself and the constant of the The vice is a very subtle one.

Many people would indignantly deny a charge of laziness but they spend half a day accomplishing what another can finish up in fifteen minutes. They hypoptical them is a leak in the dyke. And before his mind at once unfolded a vision of the terrible effects sure to another. They hypoptical them is a leak in the dyke. And before his mind at once unfolded a vision of the terrible effects sure to follow. He remembered the stories follow. He remembered the stories is the document of the first one and superior of the first one. minutes. They hypnotize themselves into an affectation of activity.

The line of cleavage between efficient with its rich farms and beautiful lady thinks ahead. She doesn't come workmen and inefficient is clear. homes under water. It must not be. rushing in for a new dress that she Every employer of labor understands He climbed down and searched in this.

He climbed down and searched in the dark until he found the spot. Change her mind a dozen time about The purposeful workman goes at the core of the business, every movement to grow into a volume of ment of his hands shows intelligence; the other fellow eats as if he collected water. There was no time to get them. ment of his hands shows intelligence; deluging water. There was no time the other fellow acts as if he so loved now to run for help. He called—no answer. He quickly looked around for something to stop the hole—nothing to stop the hole—nothing to be found. One glance at the hole showed him that his arm would just fit in; in it went arm the lowest places are filled with men who used as much intelligence in their labor as a donkey on a treadmill.

In color and line and does not blame the dressmaker because she insisted, against the dressmaker's pleas, on having a thing that makes her look hideous. She pays her bills when she gets them. She is never cranky at fittings. I would know a lady on a treadmill. he is loath to see the end of it. The for something to stop the hole-

position so long. He was the savior of the whole country round.

True nerve in that boy! He had staying power—even a better thing hands and she washes her face and than the nerve that is needed only not just once a day either. And to

BE KIND TO MOTHER

Lift all the burdens you can from your mother's shoulders.

Seek her comfort and pleasure in all things before your own.

Never intimate by word or deed that your world and hers are differ-

ent, or that you feel in any way superior to her. Manifest an interest in whatever interests or amuses her.

Make her a partner, so far as your different ages will permit, in all your as goft as mist, and her hands, you pleasures and recreations.

Remember that her life is monot-

onous compared with yours, and to take her to some suitable place of amusement, or for a trip to the country, or to the city if your home is in the country, as frequently as possi-

Introduce all your friends to her and enlist her sympathies in youth-

cerns you is of interest to her.

Treat her with the unvarying cour-

arities or infirmities of temper or own lives.—Bishop Hedley. disposition, which may be the result

attentions are concerned.

Write to her and visit her. Do your best to keep her youthful in appearance, as well as in spirit, by helping her to take pains with To accomplish anything in life one her dress and the little accessories

Do not forget to show your appre-

ciation of all her years of selfsacrifice. Be as generous as you can in keep ing her supplied with money so that she will not have to ask for it.

-Exchange. WHAT IS A LADY ANYHOW?

It was a cosy and rosy inside and rainy and gray without. The good friends were gathered about the tea table, happy at that delighted sense of relaxation that comes at the close of a day well filled with duties done. The door flew open and in came the business girl, her face rueful and a big splash of wet mud on her skirt.

Just look," she exclaimed, " at the splash I got from an automobile ! And mother used to say that a lady could cross a muddy street and never even soil her shoes! Whew! I'd like to know what a lady is, any.

As the business girl took her seat amid the smiles and chuckles at her words, the nurse said : Well, let's define a lady. Sup-

pose you begin," turning to the novelist.

"A lady," spoke the novelist thoughtfully, "may be silken clad walk in rage, but you will know her instantly because she is gentle kind and wise. She thinks of her-self last and of even the humblest first. She will never cause suffering and she would rather die than turn aside from truth. She is as brave as a soldier and as tender as a babe She will be faithful even unto death,

" A lady," added the business girl is prompt. She never keeps people waiting. She keeps her ments, she answers her letters, she never borrows and forgets to repay In fact I think she never borrows anyway, but I fancy she lends. is always trim and neat, always cheerful. She doesn't complain about her pains and aches, about the subway and the telephone. those things she just keeps still. If you are looking a bit down she tells STAYING POWER

It happened in Holland. Once, we lady is around you feel sorta bucked

clothes in plenty of time to get them when she needs them. She wears only those things that are becoming in color and line and does not blame At last, when dawn came, they found him there, stiffened and benumbed with wet and cold and the agony of holding himself in that

"That may be," interjected the nurse, but in my opinion a lady is first of all clean. She washes her not just once a day either. And to see her you know she is clean all through. Her mind and her heart are as clean as her face and hands. She is sanitary. She doesn't cough and sneeze in people's faces; she doesn't wipe her hands on her nose and mouth and then shake hands

with you. She doesn't-" "Oh, pshaw!" the poet interrupted her. "How sordid! Let me tell you what a lady really is. Her eyes are wells of sympathy and understanding, her mouth is as sweet and tender as a rose, her touch should see her hands-!"-Casholic Citizen.

A WORLD WITHOUT GOD

Take away God, and this world is unintelligible. Take away God, and human life is a melanchely puzzle. Take away God and each human existence drifts like a frail bark, which has been cast loose from its made over. The younger generation of Joneses raise a wail because Jimmy studies, your friends, your amuse waves and currents of the treachest our sent, the books you read, the places our sea. Take away God, and death

Such are the epoch-making events you visit, for everything that con- hangs over our life's end like a dark and heavy curtain, hiding we know not what, extinguishing hope, and tesy and deference you accord to tempting perplexed mortals to give those who are above you in rank or position.

Bear patiently with all her peculibrate to life their hands against their life.

restricted.

Small duties of one kind or another so fill the horizon of woman's life that she can see noth.

Study her tastes and habits, her likes and dislikes, and cater to them, woman's life that she can see noth.

This cort of these seals as possible, in an unobtrusive full of affection for him, particularly when he is wearisome and displeas Remember that she is still a girl ing to us, for then we find nothing in at heart, so far as delicate little him to make us love him but respect for our Saviour.'

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Eastern Canada Extends Hearty Welcome to Visiting Members of United States National Editorial Association.

National Editorial Association.

Toronto, June 21st. 1920.—With the annual convention couchided in Boston this year, some 130 members of the National Editorial Association commenced at Yarmouth, N.S., a tour of Eastern Canada wia the Canadian National Grand Trunk Railways.

They have visited the Land of Evanageline, Halifax, the mines and steel works at the Sydneys, the Bras d'Or Lakes in Cape Breton, the industrial centres of New Glasgow and Stellarton, Truro, Amherst, Sackville, Prince Edward Island (the million-acre farm), historic Quebec, and Ste. Anne de Beaupré, the big power plants and industries at Grand Mere and Shawinigan, and are to-day in Montreal.

This week they will conclude their 1920 tour by visiting Ottawa, the Silver Camps at Cobalt and Gold Mines at Porcupine, the pulp and paper industries at Iroquois Falls, the Lake of Bays District in the Highlands of Ontario, Toronto, Niagara Falls, Hamilton, winding up the trip at Windsor, Altogether, some 3,690 miles will have been traveled in what has been termed "The Million Dollar Special" one of the finest all steel car trains that has ever been assembled on this continent, consisting of six standard sleeping cars, two dining cars, tourist and baggage car. The new steel sleepers are of the very latest type and construction, with all modern devices that make for pleasure and comfort in travel. The dining cars are manned by a specially-selected staff, and the excellence of the cuisine has been frequently commented upon by the American newspaper writers. Every possible arrangement for the safety and comfort of the editors while en route is being carried out by an efficient staff of the Canadian National Railways which has been specially assigned to the various duties.

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\$50,000.00 REWARD

The following rewards have been offered in connection with the appearance of Ambrose J. Small from Toronto, on December

\$50,000.00 for information leading to the return to Toronto of Mr. Small, if alive.

\$15,000.00 for information leading to the discovery of the present whereabouts of the body if dead.

\$5,000.00 for information leading to the return to Toronto of John Doughty, the former Secretary of Mr. Small, who is missing since December 28th, 1919.

The above rewards are subject to the conditions recorded at Police Headquarters, Toronto. Address all communications to -"Chief Constable, Toronto."

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In fact, Coca-Cola may be very well described as "a carbonated fruit-flavored counterpart of tea, of approximately one-third the stimulating strength of the average cup of tea."

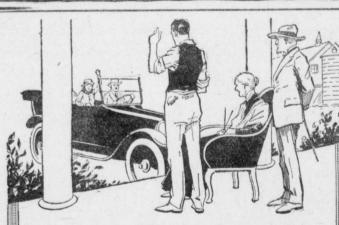
The following analyses, made and confirmed by the leading chemists throughout America, show the comparative stimulating strength of tea and Coca-Cola stated in terms of the quantity of caffein contained in each:

Black tea-1 cupful 1.54 gr. Green tea—1 glassful 2.02 gr. (cold) (8 fl. oz., exclusive of ice)

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