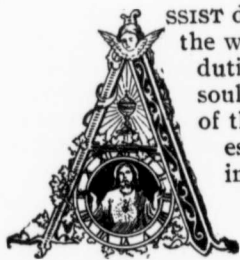




## THE HOLY SACRIFICE.

*Père Eymard, S.S.S.*

### I



ASSIST daily at the Holy Sacrifice. It fills the whole day with happiness. All your duties are better performed, and your soul is stronger to bear the daily cross of the Christian. The Mass is the holiest act of religion. You can do nothing that gives God more glory, that is more advantageous to your soul, than to hear it frequently and devoutly. It is the privileged devotion of the saints.

It has, in effect, all the valor of the sacrifice of the Cross, which it applies to us personally. It is the same sacrifice, the same Victim, the same Priest, Jesus Christ, immolated in a real and efficacious, though in an unbloody, manner. Ah! could you see the Mystery of the Altar as it really is after the Consecration, you would behold Jesus Christ on the Cross, offering to His Father His wounds, His blood, His death for the salvation of your own soul and for the whole world. You would see the angels prostrate around the altar, amazed, almost