

## Sparks From Other Anvils.

**Irish Presbyterian:**—Christian parents are primarily responsible for the training of their children, and must not hand that duty over to the Sunday-school and the Church. Meetings sometimes multiply to the injury of home duties.

**Texas Presbyterian Record:**—Happy is the man who can preach his best to a congregation large or small. A small congregation is like a small, select gathering, each one is as hungry and enjoys the feast as much as if there were many.

**Lutheran Observer:**—Spiritual results are the product of spiritual forces; and while these forces may and do operate through human instrumentalities, no amount of machinery, however perfectly organized, can convert sinners and energize saints.

**Christian Guardian:**—Has not the field for the heroic and honorable been shifted too exclusively to the distant lands? Christian heroism is shifted to Africa, India, China or some such far-away field, and is not thought of as existing any longer in any part of Canada, in Ontario or Quebec, or in Newfoundland.

**The (London) Presbyterian:**—If the nineteenth has been the century of missionary awakening, the twentieth will be the century of missionary triumph. "Ye that are the Lord's remembrancers, keep not silence, and give Him no rest, till He establish, and till He make Jerusalem a praise in the earth."

**Canadian Baptist:**—Churches must prepare the most helpful atmosphere for converts, if they are to have committed to them these tender lives for nurture and growth. It would be as reasonable to expect a loving father to put his babe into a pest-house as for God to put his children into the keeping of a church infected with moral inertia and disease.

**Sunday School Times:**—Civilization has its advantages. But civilization without Christianity is a poor reliance, either for the people who civilize or for the people who are civilized. Only as the missionary goes before, or keeps pace with, the explorer, the trader, the railway, the steamboat, the manufacturer, is there any substantial progress, or any extension of true civilization.

**Michigan Presbyterian:**—Philip D. Armour, who died a few days ago, was one of the ideal American millionaires. He held his great wealth as a trust for humanity. The Armour Institute is his best known monument; but his benefactions were numerous and wise. It is hoped that the provisions of his will, will make certain the continuance of the noble work which he cared for so generously while he lived.

**Herald and Presbyter:**—A great many people talked impressively of "the wonderful nineteenth century" who did nothing to make it wonderful, and a great many will talk ponderously of the "problems of our opening twentieth century" who will do nothing to solve them. The fact is that, whatever century we may be living in, there is nothing to take the place of conscientious and faithful service, doing with our might what our hands find to do, and doing all to the glory of God.

A strip of flannel or towel folded several times lengthwise and dipped in hot water, then slightly wrung out and applied about the neck of a child suffering with an acute attack of the croup will usually relieve the sufferer in the course of ten minutes if the flannel is kept hot.

## Home and Health Hints.

Never stand still in cold weather, especially after having taken a slight degree of exercise, and always avoid standing on ice or snow, or where the person is exposed to a cold wind.

A towel folded several times and dipped in hot water, quickly wrung out and applied quickly over the seat of pain will in most cases promptly relieve toothache and neuralgia.

**Onion Soup.**—Twice as many onions may be prepared and boiled on Tuesday as will be needed. The extra quantity, rubbed through a sieve, will give sufficient pulp for soup on Wednesday. Use as much water as you have of pulp and twice as much milk (or all milk if you wish it richer) and thickening in the proportion of one tablespoonful of butter and one tablespoonful of flour to each quart. These proportions will hold good for all vegetable soups of this character.

The mere fact of living in a close atmosphere begets a shivery, susceptible condition of the body, which is intolerant of the slightest sensation of chill. If you accustom yourself and children to fresh air, you become robust, your lungs play freely, the vital heat is sustained, and even a draught becomes exhilarating. All through the day remember to have a small chink open at the tops of your windows; or, better still, raise the lower sash, close the opening beneath with a piece of wood fitting closely, and so the air will enter at the junction of the sashes, and pass upward without draught.

**Apple Charlotte.**—Pare and slice twelve large apples; cut up stale bread into dice, a quart bowlful. Now put several bits of butter into a pudding dish, then a layer of the sliced apples, then of the bread crumbs, a pinch of salt, butter and ground cinnamon and sugar, all added liberally. Repeat the order of ingredients till the dish is very full—as they settle down in cooking—having apple and spice on the top. Use one and a half cups of sugar and a generous half cup of cup of butter all together. Now over all pour a coffee cup of boiling water. Cover with a plate and bake in a moderate oven a full hour. When about half done remove the plate, with a spoon press down the apples sift sugar over them, return to the oven and cook till done. It needs close watching, but well repays the trouble. The bread seems turned to jelly, and the pudding is of a deep red color. It is good hot or cold, and with cream or without.

## The Care of Lace.

Iron lace on the right side first, then on the wrong side, to throw up the pattern.

When ironing laces cover them with clean white tissue paper. This prevents the shiny look seen on washed lace.

When putting lace away fold as little as possible. A good plan is to wind it around a card, as they do in shops.

Use corn flour instead of ordinary starch for stiffening laces. This makes them firm and does not detract from the 'lace' appearance.

Laces and other delicate trifles should be placed in a muslin bag before being boiled. This prevents their getting lost and torn in the wash.

All laces before being ironed should be carefully pulled out, each point receiving attention. You will be repaid for your trouble, as the lace will look twice as nice and last clean a much longer time.

## RENEWED VIGOR

BROUGHT ABOUT THROUGH THE  
USE OF DR. WILLIAMS' PINK  
PILLS.

Mrs. Peter Beamer Tells How These Pills Released Her From Years of Neuralgia; Pain After Doctors And Other Medicines Had Failed.

Among the best known and most respected residents of the township of Gainsboro, Lincoln county, Ont., are Mr. and Mrs. Peter Beamer. For a long time Mrs. Beamer was the victim of a complication of diseases, which made her life one of almost constant misery, and from which she nearly despaired of obtaining relief. To a reporter who recently interviewed her, Mrs. Beamer gave the following particulars of her illness, and ultimate cure:—"For some nine years I was troubled with a pain in the back, and neuralgia, which caused me unspeakable misery. The pain in my back was so bad that whether sitting or lying down, I suffered more or less torture. My appetite left me, and I suffered from headache accompanied by attacks of dizziness that left me at times too weak to walk. My nervous system was badly shattered, so that the slightest noise would startle me, and my sleep at night was broken by sheer exhaustion. I was under the care of three different doctors at various times, but did not succeed in getting more than the merest temporary relief. I also used several advertised medicines, but with no better results. I was finally urged to try Dr. Williams' Pink Pills, and got half a dozen boxes. In the course of a few weeks I noted considerable improvement, and as a consequence, I gladly continued the use of the pills for several months, with the result that every symptom of the malady left me, and I was able to do my housework without the least trouble. As several years have passed since I have used the pills, I feel safe in saying that the cure is permanent, and the result also verifies the claim that Dr. Williams' Pink Pills cure when other medicine fails." The reporter can only add that Mrs. Beamer's present condition indicates a state of perfect health, and speaks louder than mere words can do, the benefit these pills have been to her.

Dr. Williams' Pink Pills have restored more weak and ailing women and girls to robust health than any other medicine discovered, which in part accounts for their popularity throughout the world. These pills are sold by all dealers or may be had by mail at 50 cents a box, or six boxes for \$2.50, by addressing the Dr. Williams Medicine Co., Brockville, Ont.

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