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o be found? rtant duties f Matthew OP HUMILITY.

Q. What is humility?.
A. A lowly temper of mind.

Q. What are the advantages of humility?

A. The advantages of humility in this life are very numerous and great. The humble man has few or no enemies. Every one loves him and is ready to do him good. If he is rich and prosperous, people do not envy him; if he is poor and unfortunate, every one pities him, and is disposed to alleviate his distresses.

Q. What is pride?.

A. A lofty high minded disposition.

Q. Is pride commendable?

A. By no means. A modest self-approving opinion of our own good deeds is very right—it is natural—it is agreeable, and a spur to good actions. But we should not suffer our hearts to be blown up with pride, whatever great and good deeds we have done; for pride brings upon us the ill-will of mankind, and the displeasure of our Maker.

Q. What effect has humility upon our own minds

A. Humility is attended with peace of mind and self-satisfaction. The humble man is not disturbed with cross accidents, and is never fretful and uneasy; nor does he repine when others grow rich. He is contented, because his mind is at ease.

Q. What is the effect of pride on a man's happiness?

A. Pride exposes a man to numberless disappointments and mortifications. The proud man expects more attention and respect will be paid to him, than he deserves, or than others are willing to pay him. He is neglected, laughed at and despised, and this treatment frets him, so that his own mind becomes a seat of torment. A proud man cannot be a happy man.

Q. What has Christ said, respecting the virtue of hu-

mility?

A. He has said, "Blessed are the poor in spirit; for theirs is the kingdom of heaven." Poorness of spirit is humility; and this humble te aper prepares a man for heaven, where all is peace and love.

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