hearthstone of the Christian family, around which all members gathered in loving communion with God and with one another. In later ages of spiritual laxity and drought this great Service was neglectfully allowed to sink into the back-ground, and its place taken by other services (Morning and Evening Prayer) which had been originally compiled for daily use in religious communities in subordination to the great Divine Service of Holy Communion which marked the Sundays. Though this unscriptural custom is still prevalent, the Holy Communion is gradually being restored to its proper place, and in increasing numbers the Father's children gather, like the Disciples of old, to celebrate the weekly Eucharist.

All new communicants are urged to take up a right position in this important matter, and to be gi d, not by custom, but by Truth Put from you all dea of participating in the distinctive Christian Service only once a month or at still greater intervals. Such infrequent reception will prevent your coming to know the hidden inward spirit of this holy Service, and rob it of its power to influence your daily lives. We do not take only an occasional meal to strengthen our bodies, and our souls likewise need regular sustenance by feeding on the Bread of Life. You may not feel able at first to come oftener than once a fortnight, but keep the weekly celebration before you as the true