

Young Folks

The Rainbow.
"Oh come, mother, come! It's so beautiful!" cried Tiny-tot, as she looked from the window with shining blue eyes.

Mother smiled and hurried to look where Tiny-tot's chubby finger was pointing. There, way up in the sky, —red, orange, yellow, green, blue, indigo, and violet,—hung a rainbow.
"O mother, I never saw anything so wonderful! It looks like a bridge in fairyland. What is it? Where did it come from?"

Tiny-tot, quite breathless from her tumbled words, looked up, round-eyed, into her mother's face.
"Well, Tiny-tot," and mother took her on her lap, "long, long ago the little raindrops and the dancing, merry sunbeams used to play together in the sky. They were cousins and loved one another very dearly. They used to play hide and seek round the clouds, and sometimes they would come down to earth together. The little raindrops would softly bathe all the gentle flowers, and the laughing sunbeams would slip up and dry the bright flower faces with light fingers. The rain-drops would whisper beautiful stories to all the blossoms, and give them a sip to drink when they were thirsty, and the sunbeams would warmly caress every little bloom. When they found a wee green bud that longed to become a lovely flower, the sunbeams would smile upon the bud, and then it would turn into a blossom."

"One day a little whispering rain-drop and a gay little sunbeam met over the same flower. 'See, Red Rose,' said the Raindrop, 'I have brought a cool drink of sky water for you.'"

"And I," said the Sunbeam, 'have come to warm you, and to ask whether you know of any little green buds that would like to have me smile at them.' I do more to make you happy than my cousin Raindrop."

"I help you more than Sunbeam, don't I, Red Rose?" asked Raindrop in a soft voice.
"Both of you are very good to me, and without you I could never live," the little blossom answered.

"But Raindrop and Sunbeam were not satisfied. Each wanted the flower to say that he did more for her than the other. So they went from the red rose to the marigold, from the marigold to the buttercup, from the buttercup to the forget-me-not, and last to the little green vine and the violet, and asked of each in turn the same questions:

"I make you happier than Raindrop does, don't I?" asked Sunbeam.
"I do help you more than Sunbeam, don't I?" asked Raindrop.

"Well, I shall never again come out when you do, Cousin Raindrop!" Sunbeam exclaimed.

"I wish you would stay away when I am about!" cried Raindrop.

"Now, the flowers loved to have the cousins visit them, and mourned to hear them quarreling. 'O Sunbeam and Raindrop!' said the flowers, 'We are sorry to hear you say that you will never again come dancing through the sky together. The summer is almost over, and soon we shall be gone. What shall we do to make you love each other as before?'"

"Forget-me-not lifted up her shy face and said, 'I know what we shall do. When we become flower angels we shall follow Sunbeam and Raindrop into the sky. We shall fly from the earth high into the air and form a bridge for them to come down on. Then, as they pass, we shall beg them to love each other and never again to quarrel.'"

"So we shall! So we shall!" joyously cried Red Rose, Marigold, Buttercup, little Green Vine and Violet.
"The next time Sunbeam and Raindrop came out together, everyone on earth who looked up into the air saw a gleaming fairy bridge springing from the earth in a broad arch across the sky."

"Look!" they cried. "How beautiful is that shining bridge of colors! It makes us want to love one another more, and never, never, never to quarrel. Because it appears only when the rain is falling and is built by the sunlight with the colors of many flowers, we shall call it a rainbow."—Youth's Companion.

Every man realizes that he used to be a chump.

The man who knows it all is never too full for utterance.

Outmeal is generally adulterated with barley-flour to give it a whiter appearance.

The Turkish mother loads her child with amulets as soon as it is born, and a small bit of mud, steeped in hot water, prepared by previous charms, is stuck on its forehead.

Impressment—the seizing of men for the Navy—was practised for centuries, and did not become obsolete till just before the Crimean War. Sometimes the crews were taken from foreign ships on the high seas.

Officers and crews of some British submarines have already nice sums to their credit, because the Admiralty awards a bounty of \$5 per head of the crews of enemy ships sent to the bottom, even if those aboard are not killed or drowned.

HOW TO CURE RHEUMATISM

The Disease is in the Blood and Must Be Treated Through the Blood.

There are almost as many ways of treating rheumatism as there are doctors. Most of these treatments are directed at the symptoms and are considered successful if they relieve the pain and the stiffness. But the pain and the stiffness return particularly if the patient has been exposed to dampness. This shows that the poison was not driven from the system by the treatment employed. Rheumatism can be relieved in a number of ways, but there is only one way to cure it, and that is through the blood, expelling the poisonous acid that causes the aches and pains and stiffness. To renew and enrich the blood there is no medicine can equal Dr. Williams' Pink Pills, which go right to the root of the trouble and cure rheumatism to stay cured. The following is an example of what Dr. Williams' Pink Pills can do in cases of this kind. Mr. Henry Smith, St. Jerome, Que., says:—"For upwards of a year I was a victim of rheumatism in a most painful form. The trouble was located in my legs, and for a long time was so bad that I could not walk. The suffering which I endured can only be imagined by those who have been similarly afflicted. Doctors' treatment did not help me, and then I began trying other remedies, but with no better results. Finally I was advised to try Dr. Williams' Pink Pills, and although I had begun to lose faith in medicine, I finally decided to give the pills a trial. I am very grateful now that I did so, for after taking eight boxes of the pills the trouble completely disappeared, I was free from pain and could walk as well as ever I did in my life. I have since taken the pills occasionally as a precautionary measure, and I cannot speak too highly in their favor."

You can get Dr. Williams' Pink Pills through any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

SHORTAGE OF CLEVER HUNS.

Not Enough Autocrats to Run the German Army.

The East Prussian and Pomeranian families have by no means a monopoly of high posts in the German army. In that army there is a point in the advancement of an officer known as "die Majors Ecke"—the major's corner—the doubling of which is purely a matter of merit and efficiency. The finest blood and most refined arrogance that ever came out of Prussia will not carry the incompetent officer round it, and, perhaps, considering the size of the German staff, there are not enough clever Prussians to go round. So side by side with Von Falkenhayn, Von Strantz, and Von der Marwitz we find Alexander von Kluck, son of von Mackensen, whose father was a country squire; Friedrich von Scholtz, son of a minor official in Flensburg. Von Emmich began life as plain Otto Emmich.

As for the German navy, that service never was looked up to by the Prussians as worthy of the attention of a well-born man. All its principal officers are middle-class men. Grand Admiral Alfred von Tirpitz is the son of a lawyer; Admiral von Koester is the son of Hans Koester, a well-known German dramatic poet; Von Pohl, chief of the Admiralty staff, was plain Captain Pohl till he returned from the China expedition in 1899, and Von Mueller, head of the Marine Cabinet, was the son of a manufacturer of agricultural implements as remote from the sea as Chemnitz in Saxony. But Germany is not a parvenu at sea, and has not yet acquired the cult of "old naval families."

WISE WORDS

A Physician on Food.

A Western physician has views about food. He says:
"I have always believed that the duty of the physician does not cease with treating the sick, but that we owe it to humanity to teach them how to protect their health especially by hygienic and dietetic laws."

"With such a feeling as to my duty I take great pleasure in saying, that, in my own experience and also from personal observation, I have found no food to equal Grape-Nuts and that I find there is almost no limit to the great benefit this food will bring when used in all cases of sickness and convalescence."

"It is my experience that no physical condition forbids the use of Grape-Nuts. To persons in health there is nothing so nourishing and acceptable to the stomach especially at breakfast to start the machinery of the human system on the day's work."

"In cases of indigestion I know that a complete breakfast can be made of Grape-Nuts and cream; and I think it is necessary not to overload the stomach at the morning meal. I also know the great value of Grape-Nuts when the stomach is too weak to digest other food."

"This is written after an experience of more than 20 years treating all manner of chronic and acute diseases, and the letter is voluntary on my part without any request for it."

Name given by Canadian Postum Co., Windsor, Ont.

Give read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

NEW ENVELOPE COMBINATION.

Extremely new and attractive is the envelope combination shown herewith. It slips on over the head, and may be made with or without the circular skirt. The garment, Ladies' Home Journal Pattern No. 9133, is delightfully smart, full and most practicable for winter wear. The petticoat can



9133

easily be made removable by finishing the upper edge with buttons and buttonholes. Cuts in sizes 32, 36, 40, 44 and 48 inches bust measure, size 36 requiring 3/4 yards 36-inch material. Patterns, 15 cents each, can be purchased at your local Ladies' Home Journal dealer, or from The Home Pattern Company, 183 George Street, Toronto, Ontario.

How to Save Your Eyes

Try This Free Prescription

Do your eyes give you trouble? Do you already wear eyeglasses or spectacles? Thousands of people wear these "windows" who might easily dispense with them. You may be one of these, and it is your duty to save your eyes before it is too late. The eyes are neglected more than any other organ of the entire body. After you finish your day's work you sit down and rest your muscles, but how about your eyes? Do you rest them? You know you do not. You read or do something else that keeps your eyes busy; you work your eyes until they feel tired. That is why so many have strained eyes, and finally other eye troubles that threaten partial or total blindness. Eyeglasses are merely crutches; they never cure. This free prescription, which has benefited the eyes of so many, may work equal wonders for you. Use it a short time. Would you like your eye troubles to disappear as if by magic? Try this prescription. Go to the nearest wide-awake drug store and get a bottle of Ben-Oxal tablets; fill a two-ounce bottle with warm water, drop in one tablet and allow it to thoroughly dissolve. With this liquid bathe the eyes two to four times daily. Just note how quickly your eyes clear up and how soon the inflammation will disappear. Don't be afraid to use it; it is absolutely harmless. Many who are now blind might have saved their eyes had they started to care for them in time. This is a simple treatment, but marvellous in its results in hundreds of cases. Now that you have been warned don't delay a day, but do what you can to save your eyes. You are likely to thank us as long as you live for publishing this prescription. The Valmar Drug Co., of Toronto, will mail the above prescription by mail, if your druggist cannot.

SPIES AT THE FRONT.

Illustrated By An Incident Related by a British Sapper.

There is no limit to the daring and effrontery of spies in France, and so necessary is it to take every precaution against them that conversation between soldiers and civilians is viewed with great disfavor by the authorities. The strictest orders have been issued to the troops that no information is to be given to anyone, either civil or military.

The daring of spies is illustrated by an incident related by a sapper, Signals Section, R.E., now in France. On one occasion two officers went into a certain signal office and peremptorily demanded certain information. They were both of high rank, and at first the officer in charge had not the slightest suspicion. But the British "th" proved their undoing. They were cunning enough to avoid words beginning, thus, but the fatal "dis" for "this" slipped out, and soon they were looking down a couple of revolver barrels while a sharp voice said, "Hands up." That was the end of their spying, tersely says the sapper.

On another occasion a dispatch-rider went tearing on his motor-cycle by a field, in which a man was ploughing. Suddenly a bullet went through his cap, twisting it round his head. The rider increased his speed, rounded a bend in the road, and met a motor-lorry. Soon three soldiers went out for a walk across the field. They stopped and spoke to the ploughman, and one of them held out his hand. The ploughman took it, and the next minute was on his back, with a knee pressing in his chest. The other two soldiers searched the hedge, and found a rifle and cartridges concealed there. So the ploughman was marched off, and as he was not in uniform, he was tried as a would-be murderer.

It is an insult in France to call anyone "a melon."

WOULD NOT BE WITHOUT BABY'S OWN TABLETS

Thousands of mothers throughout Canada have written of their thankfulness for what Baby's Own Tablets have done for their little ones. Among them is Mrs. Frank Wright, Clifford, Ont., who says:—"I would not be without Baby's Own Tablets, as they were of great help to me when my little boy was troubled with constipation and sour stomach." The Tablets cure indigestion; colds and simple fevers; colic; expel worms and promote healthy sleep. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

"HERRING SOUP."

Scots Guardsman Tells a Remarkable Story.

Private James Law, Scots Guards, has returned to his home after spending eight months as a prisoner in Germany. He was captured on January 25th. About 100 of the enemy entered the trench where he was and Law was wounded in three places—the left thigh, chest, and right shoulder. He lost much blood and became unconscious. He was in a semi-comatose condition for nearly four days, and found himself in the hands of the Germans. One big soldier attempted to bayonet him, and was only restrained by a humane comrade, who confided to Law in good English that war was a dreadful thing. He remained in hospital for ten days, and was fed during that period entirely on hot milk.

Life in camp was very miserable. Those who were able to work were sent out in batches to pull ploughs, barrows, etc. Food was very bad and, according to Law, would not have been given even to pigs in Scotland. Black coffee was served without sugar or milk and so strong that the men could not drink it. The "food" called bread appeared to be composed of potatoes, oilseeds, and bran. It was soft and damp, and would, said Law, have made a splendid substitute for putty. It was indigestible and made most of the men ill. Latterly Law subsisted almost entirely on food sent from home. Even worse than the bread was the "potato soup." The prisoners were given plenty of a watery mixture containing an abundance of potato skins, but it is Law's belief that the sentries got the potatoes. Another dish was herring soup—with the herring in a raw state—skin, scales, entrails, eyes, and everything mixed together in a bucket.

Postcards took a long time to reach home. If the writer praised the Germans the letter was passed. If not, it was destroyed. On one occasion a German corporal interrupted Law, who was engaged in playing a game of cards, and pulled him off his seat. Law learned afterwards that he had been treated in that way because he did not salute the corporal! He refused to do so even when he knew the truth. Many of the German soldiers were downhearted regarding the issue of the war. One man said that in peace time he was given a bread ration of 4 pounds per day for his wife and children. That was now reduced to 1 pound. A publication called the Continental Times was issued to the men purporting to give correct news. The soldiers re-christened it the "Continental Lie." Twice a month the Russian prisoners were forced to hoist flags in celebration of supposed German victories. Law was examined by German professors three times before being exchanged. He has almost lost the power of his right arm, and his left leg is stiff. He hopes to improve, but does not expect to return to his former employment as a miner. He enlisted after war was declared.

Willie's Trade.

Willie had a yellow dog that was a perfect nuisance, but so devoted was the boy to him that he could not be persuaded to have him killed. One day, when his father had been usually annoyed by the antics of the dog, he called Willie in from play, and said to him, "My boy, I'll give you ten dollars if you'll get rid of that dog." Willie's face expressed great amazement at the thought of so much money belonging to him. He looked long at the dog, and finally told his father he would give him his decision the next day. The following day Willie sought his father, and said, "I've got rid of Max, father." "I'm more than glad, Willie," said the father. "Here's your money; you earned it. How did you get rid of him?" "Why," answered Willie as he put the money in his pocket, "I traded him to Bill Morgan for two yellow pups."

DODD'S KIDNEY PILLS
CURES ALL KIDNEY DISEASES
RHEUMATISM
BRIGHT'S DISEASE
DIABETES
GRAVEL
23 THE PR

FARMS FOR SALE.

FARMS — ALL SIZES — STOCK, Grain, Dairy or Fruit. When you want to buy, write H. W. Dawson, Brampton, Ont.

NEWSPAPERS FOR SALE.

PROFIT-MAKING NEWS AND JOB OFFICES for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 22 West Adelaide St., Toronto.

RAW FURS.

TRAPPERS, ATTENTION! — RAW Furs wanted. Get the highest prices with reliable assortment. Send for price list. H. Haimovitch, retail manufacturer, 267 Main Street, Paterson, N.J.

FOR SALE.

100 ACRES 14 IN SIXTH CON- cession Franklin, Muskoka. Louisa Wilder, Birkendale, Muskoka.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. Internal and external cured with- out pain by our home treatment. Write before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

NIAGRADOT

Winners at biggest shows. Good cockerels \$2, \$3, \$5 each. Catalog free. MARSHALL & MARSHALL, Box. W., Niagara Falls, Canada.

TRAPPERS
Furs Have Advanced
Ship to Rogers. We give liberal trade, full value in cash or quick returns. We have best market in America for Furs, Hides, etc. No commission. Write today for free price list. ROGERS FUR COMPANY, Dept. 5, St. Louis, Mo.

FURS
YOU owe it to yourself to obtain the Highest Market Price for your Raw Fur. Write for our au- thentic Price List. TODAY — Sure. Make a Trial Shipment. MAX WILLIAMS, 122-124 York St., New York City.

HIRAM JOHNSON LIMITED.
The Old No. 494 St. Paul St. MONTREAL.
Established over 38 years as Raw Fur Dealers
No inflated price list from us.
Send us your Furs and get the highest market price.

Minard's Liniment Co., Limited.
Gentlemen,—Last winter I received great benefit from the use of MINARD'S LINIMENT in a severe attack of LaGrippe, and I have frequently proved it to be very effective in cases of Inflammation.
Yours,
W. A. HUTCHINSON.

Sore Eyes
Grunulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, Just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Back of the Eye Break Druggists or Murine Eye Remedy Co., Chicago

Sore Eyes
Grunulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, Just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Back of the Eye Break Druggists or Murine Eye Remedy Co., Chicago

Sore Eyes
Grunulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, Just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Back of the Eye Break Druggists or Murine Eye Remedy Co., Chicago

Sore Eyes
Grunulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, Just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Back of the Eye Break Druggists or Murine Eye Remedy Co., Chicago

Sore Eyes
Grunulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, Just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Back of the Eye Break Druggists or Murine Eye Remedy Co., Chicago

Sore Eyes
Grunulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, Just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Back of the Eye Break Druggists or Murine Eye Remedy Co., Chicago

Sore Eyes
Grunulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, Just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Back of the Eye Break Druggists or Murine Eye Remedy Co., Chicago

Sore Eyes
Grunulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, Just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Back of the Eye Break Druggists or Murine Eye Remedy Co., Chicago

Sore Eyes
Grunulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, Just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Back of the Eye Break Druggists or Murine Eye Remedy Co., Chicago

GETS V.C. AT AGE OF 18.

Lance-Corporal Dwyer Held Trench Against Germans.

The youngest soldier of the British army to receive the Victoria Cross is Lance-Corporal Dwyer, who is only 19 years old. He won the V.C. for holding, single-handed, a trench against the Germans during the fighting around the famous Hill No. 60. He is now back in London on a short leave from the front and is devoting this time, which has been granted to him for a rest, to recruiting work. He appeared the other day in Trafalgar Square and delivered a stirring appeal for more recruits, which was loudly applauded.

Acting Corporal Issy Smith of the Manchester Regiment is the first soldier of Jewish faith to receive the Victoria Cross. His reward was given him for having assisted a wounded comrade over 250 yards of ground under heavy shell fire at Ypres.

A FAMOUS DOCTOR WRITES

"Dear Dr. Jackson: "I can truly say your Roman Meal is a veritable godsend to humanity. It has proved all but miraculous in my hands. I prescribe it freely for indigestion, neurasthenia, anæmia, and all untuned conditions, but especially for constipation. In this latter condition it has not failed me in a single case."

Roman Meal is made into delicious porridge, pancakes, puddings, and bread. Ask your doctor about it. At all grocers', 10 and 25 cents.

London Laundries Raise Price.

The latest industrial combination to force up its prices is the Launderers' Association, which adds 10 per cent. to laundry bills because the British public is alleged to wear 12,000,000 fewer collars since the war than before the war. This saving in collars is based, says the secretary, on the assumption that the 3,000,000 men now in the army and navy used to send an average of four collars a week to be washed.

In ten years 800 persons were found guilty of murder in Austria, but only 23 were put to death.

ZAM-BUK
Purely Herbal—No poison- ous coloring matter. Antiseptic—Stops blood- poisoning, festering, etc. Soothing—Ends quickly the pain and smarting. Heals all sores. 50c. Box. All Druggists and Stores

32ND ANNUAL Ontario Provincial Winter Fair

GUELPH

DECEMBER 3rd to 9th, 1915

CANADA'S oldest and biggest WINTER FAIR. In the Arena you will see the BEST STOCK produced on the BEST FARMS in CANADA and in the Lecture room you will hear how they were produced.

YOU cannot AFFORD to miss it. Single Fare on all Railways.

WM. SMITH, M.P., President, Columbus, Ont.

R. W. WADE, Secretary, Parliament Buildings, Toronto, Ont.

Victrola IV

\$21

With 15 ten-inch double-sided Victor Records (30 selections, your own choice), \$34.50.

Easy Payments if Desired.

A Genuine Victrola for Christmas

is both a gift for the day and means of entertainment and happiness the year round.

It will bring to your fireside all the delights of music the world has to offer—vocal, instrumental, dance and orchestral; and make your hours as socially pleasant as those you have enjoyed when listening to the Victrola at the homes of your friends.

There are 6000 Victor Records from which to choose. You can get ten-inch, double-sided Victor Records for 90c., including any of your favorite selections of standard and popular songs and instrumental pieces.

Any of "His Master's Voice" dealers will let you hear them. If there is not one in your vicinity, notify us and we will see that you are not disappointed on Christmas morning.

BERLINER GRAM-O-PHONE CO., Limited

601 Lenoir Street, Montreal

DEALERS IN EVERY TOWN AND CITY ONE PRICE FROM COAST TO COAST VICTOR RECORDS—MADE IN CANADA LOOK FOR "HIS MASTER'S VOICE"—TRADE MARK.

New Agencies Considered Where We Are Not Properly Represented.

GILLETT'S PERFUMED LYE
CLEANS AND DISINFECTS 100% PURE MADE IN CANADA

The Comforter.

"I understand Mrs. Green is very ill."
"That so? What's the matter?"
"The doctor thinks it's pleurisy."
"Oh, my, I must hurry right over to see. I know dozens of people who died of that."

Minard's Liniment Cures Garglet in Cows

Willie—"Pa, what is a slave to fashion?" Pa—"A man who has a wife and some grown daughters, my son."

"Mary Queen of Scots had three husbands and a great many other troubles," wrote a schoolgirl in an examination paper.

ZAM-BUK
Purely Herbal—No poison- ous coloring matter. Antiseptic—Stops blood- poisoning, festering, etc. Soothing—Ends quickly the pain and smarting. Heals all sores. 50c. Box. All Druggists and Stores