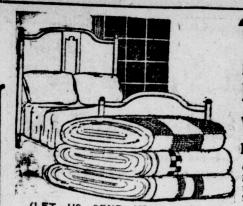
Advertiser Patterns



LET US SEND YOUR HEAVY BLANKETS HOME LIKE THIS.

Wash Blankets for a day, Mr. Man, and you'll wish you'd never been born

heart-aching jobs that fall to woman's lot, the washing of balnkets is about the worst. It is a task that over-taxes the strength of nine women out of ten, and

even the tenth is "all in" when the day is done. There is no need to undertake this heavy drudgery, when there machinery made to do it for you. Send blankets, quilts, and all other ashing to the Forest City Laundry. Have the classy white wagon call at your door and take everything away, so you won't see it again until it is delivered, clean, pressed, sweet-smelling and wholesome, ready for

The cost is trifling, and is more than earned in freedom from backaches, tiredness and premature ageing. Try our expert service with your next wash, or part of it.

FOREST CITY LAUNDRY

DYERS AND DRY-CLEANERS.



adam

Ladies and men who know, are sticklers

Dent's Gloves Your gill will be doubly welcome when the Gloves bear this well - known

INSIST ON **DENT'S**

Canada Food Board License No. 14-385.

THIN PEOPLE SHOULD TAKE

Nothing Like Plain Bitro-Phosphate To Put on Firm, Healthy Flesh and to Increase Strength, Vigor and Nerve Force.

should not, owing to its remarkable flesh-growing properties, be used by anyone who does not desire to put on flesh.—Advt.

2 Cakes Cuticura Soap and 3 Boxes Ointment

Heal Two Weeks Old Baby
Of Skin Trouble.

When about two weeks old my baby turned blue, and in a couple of days broke out in a rash. Then she turned sore around her ears and on the top of her head, and on her arms and legs.
The skin was red and she scratched till she made it

bleed. She could not sleep.
"I wrote for a free sample of Cuticura Soap and Ointment. It was a great relief, so I bought more, and I used two cakes of Cuticura Soap and three boxes of Cuticura Ointment when she was healed." (Signed) Mrs. Alfred Ryan, 167A St. Martin St., Montreal, Que., August 10, 1917.

For every purpose of the toilet Cuti-cura Soap and Ointment are supreme. For Free Sample Each by Mail address post-card: "Cuticura, Dept. A. Boston, U. S. A." Sold everywhere.



Of all the back-breaking,

PHONE 381.

RED CROSS

AND

C. W. C. A.

COLUMN

Are You Running Away?

It seems too bad to have to say it, but the war isn't really over, not for us women of the Red Cross Society, at the war isn't really over, not for us women of the Red Cross Society, at least. We have had our peace celebration, to be sure—and oh, wasn't it a grand and glorious day!—but now that we have rung our bells, and tooted our horns, and now that everything has become quiet again, it would be wise for cus to look around and see if the red crossed banner still waves over our heads.

"Tm going to drop everything and run straight home the very day peace is declared?" cried one Red Cross worker. "And I'm going to dust and mend all the althing to the last four years!"

Don't we all feel just a little bit like hear? Mustn't we confess that every one hear? Mustn't we confess that every one hear? Mustn't we confess that every one hear? Book the last four years!"

Don't we all feel just a little bit like hear? Mustn't we confess that every one hear? Book of the last four years!"

Don't we all feel just a little bit like hear? Mustn't we confess that every one hear? Book of the last four years!"

Don't we all feel just a little bit like hear? Book of the feel of the last four years!"

Don't we all feel just a little bit like hear? Book of the last four years!"

Don't we all feel just a little bit like hear? Grounds and the peace of the feel of the red of the last four years!"

Don't we all feel just a little bit like hear? Book of the last four years!"

Don't we all feel just a little bit like hear? Grounds and the limit of the last four years!"

Don't we all feel just a little bit like hear? Grounds and the limit of the last four years!"

Don't we all feel just a little bit like hear? Grounds and the limit of the last four years!"

Don't we all feel just a little bit like hear? Grounds and year years are the last four years!"

Don't we a

London went over the top so magnifi-

ently in the Victory Loan Campaign hat we feel sure she will go straight to that we feel sure she will go straight to Berlin in this new charge. With our hearts full of gratitude to God for the sliencing of the guns, we shall surely give \$75,000 merely as a thankoffering.

Stick to Your Needies.

Meanwhile, we must hold our societies together a little longer, all over Military District No. 1. So don't let anyone talk of running home yet. Stand to! dear Red Cross workers. Steady there, in the ranks! No falling out till the smoke of battle clears. We have stood gallantly for four years—we can stand to the end!

MARIAN KEITH,

Press Secretary.

That Kind-Hearted Beth.

Dear Miss Grey,—I am sending you a few more patterns as the others went so soon. I can send you some went so soon. I can send you some more in a few days, as I suppose they are always wanted.

BETH FROM DOWN EAST.

Ans.—Of all the kind hearts, Beth!

How ever shall I thank you enough.
Can only hope that your own feet,
like your heart, may never grow cold.

INSEED COMPOUND is a reliable old English COUCHS, COLDS, Asthma, Bronchitis, & all Lung & Throat Troubles.

HOW TO CURE GOITRE OR THICK By a painless home treatment of roots and herbs, which entire system, we have cured goitre of forty years' standing in a few weeks' time. This treatment is guaranteed to be harmless and will not harm the most delicate system. Write for information to

Page of Interest to Women

CYNTHIA GREY'S MAIL-BOX

Narcissi and Tulips.

Dear Miss Grey,—Will you please answer some questions for me? 1. How do you grow narcissi and when or how often do you transplant them? 2. Is it too late to plant tulips, and how do you plant them? I hope I may help you and your readers sometime. I will sign myself BROWN EYES.

Ans.—Once again I have consulted a wise man who can induce "booful flowers" to bloom where others fail. He says, plant narcissus now, about three or four inches deep, six inches apart, raising ground over them so that water won't lie there. Will go years without transplanting, and make fine clumps from which one may cut freely each following spring. Get in all the tulips you now—they're cheap—and you will be pleased when the springtime comes again. Treat same as narcissus, but lift every two or three years, separate bulbs, and plant again in fall. Narcissi and Tulips.

Is It Out-of-Sort-ness?

worder. "And I'm going to dust and mend eith chings I've left undusted and unmanded for the last four yeas." "F.S.—" do not know."

**Feely to Girl Patricts.

**Feel to Gir

Thanks the Readers.

Dear Cynthia Grey,—I received your letter yesterday with the coupons inclosed. I must first thank the readers of the Mail-Box for the coupons they have sent, and thank them for the trouble. I have 302 coupons now. I have had a very bad hand (the right hand). It took me six hours to write

Bothersome Dandruff.

Dear Miss Grey,—As we are taking The Advertiser I am very interested in your Mail-Box. I am ten years old and have lots of dandruff, so could you please tell me what will cure it? I have tried danderine, vaseline, and also olive oil, and it don't seem to do any good. Yours truly, KITTY.

Ans.—I'm sorry the dandruff is prov-

Increase strength, Vigor and Nerve Force and Selfum who Nerve Force and Belfum who will be a proportion and treatments which are another ally being advertised for the counties preparations and treatments which are another ally being advertised for the counties preparations and treatments which are another ally being advertised for the counties preparations and treatments which are not all the society has wonderful plants of milding a pretty, homey place near the big hospital, where the solider bow wonderful plants are evidently thousands of men and women who keenly feet their excession who keenly feet their excession. The place of the society has wonderful plants are evidently thousands of men and women who keenly feet their excession who keenly feet their excession. The place of the society has well and the plants know among druggists as birst with the responsibility of the plants which as a plant of the London orbits and the plants know among druggists are birst with the nearly all supplying the body cells with the necessary phosphoric food elegates, burst of the plants know among druggists are birst with the necessary phosphoric food elegates. Burst of the London orbits and the plants know among druggists are birst orbits. The Adventures of the Little Poople of the Great Forest.

Som the waters of Sparkling Brook plants and the light of the plants know among druggists are birst orbits. The Adventures of the Little Poople of the Great Forest.

Som the waters of Sparkling Brook plants and the plants are evidenced by the plants and the plan

suppose told the secret? It was that little scamp, Sammy Muskrat. As soon as Mirror Pond was made, he found it out, and without being invited he built a little house at the other end of the Pond, and settled down to live there just as if he owned the Pond.

Daily Bible Question Club

SUGGESTIVE QUESTIONS ON THE UNIFORM LESSON FOR SUNDAY, DEC. 15, 1918.

ONE GOLDEN TEXT SUGGESTION. By Rev. T. S. Linscott, D.D. MONDAY.

Joseph Forgives His Brothers.—Gen. 45: 1-15.

Joseph Forgives His Brothers.—Gen.
45: 1-15.
QUESTIONS FOR TODAY.
4. Verses 1-4. Let this scene impines any what the thoughts and feelings of the seemen were as they stood before any what the thoughts and feelings of the seemen were as they stood before the same acute sense of guilt as a sin recently committed? Give your read criss-cross over his little brown for the same acute sense of guilt as a sin recently committed? Give your read criss-cross over his little brown for the same acute sense of guilt as a sin recently committed? Give your read criss-cross over his little brown for the same acute sense of guilt as a sin recently committed? Give your read criss-cross over his little brown for the same acute sense of guilt as a sin recently committed? Give your read criss-cross over his little brown for sons.

What was it at that moment which brown for the seem of the could not keep from sobbing aloud brown for sons.

Golden Text.—If ye forgive men their trespasses, your heavenly Father will also forgive you. Matt vi., 14.

AND SHETM-ONES OUR TO REAL—If ye forgive men their trespasses, where we raise no room for real anger. It is, however the sense of pity for them was so strong that there is no room for real anger. It is, however not come to really anger, at the pile forget to keep their promise, for the was so strong that there is no room for real anger. It is, however the sense of pity for them was so strong that there is no room for real anger. It is, however the sense of pity for them was so strong that there is no room for real anger. It is, however the sense of pity for them was so strong that there is no room for real anger. It is, however the sense of pity for them was so strong that there is a warning, "boy earnry and sin if we can do so without stranged down the form of the sense of the pity for the pity of the p



"The Thoughts of Youth are Long, Long Thoughts"--

and just whither they are directed no one knows entirely. The importance of their early formation is a matter about which mothers and fathers are anxious—that they shall tend toward the highest ideals.

Every inclination of childhood leans toward the love and enjoyment of music—it wields a potent influence and develops imagination, inspiration, and character. It is a duty we owe to youth that their longest thoughts shall be beautifully formed in a harmonious way.



Victrola IV.

other Styles \$49.00 and TERMS TO MEET YOUR CONVENIENCE.

This wonderful instrument enables you and your family, at Christmas time or any time to hear the most celebrated bands, the greatest opera artists, the most famous instrumentalists, and cleverest comedians—it will bring into your home the best of music-it will continually give that subtle musical atmosphere so valuable to your children.

"HOME OF THE VICTROLA"

"THOUSANDS OF RECORDS"

119 Ontario Street, Stratford.

If you have a friend or relative on your list who already has a Victrola, a Record reproducing the splendor and genius of a great artist, is always valued. Let us help you select.

Patriotic Western Ontario

Address All News for This Column to the Editor of the Women's Page.

LAWRENCE STATION PAT. LEAGUE The annual business meeting of the Patriotic League will be held in the hall

THORNCLIFFE RED CROSS. The Thorncliffe Red Cross Society net at the home of the president, Mrs. met at the nome of the president factors. Ernest Ellis, for the purpose of cutting out and making garments for the French and Belgium children.

A collection of \$3.10 was taken up the afternoon. The next meetduring the afternoon. The next meeting will take place at the home of Mrs.

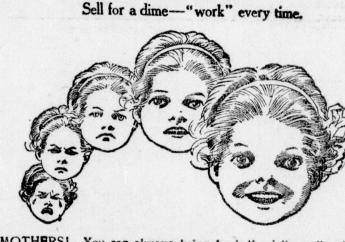
KOMOKA W. I. The regular meeting of the Komoka Women's Institute will be held on Wednesday afternoon, December 11, at the home of Mrs. G. Lofthouse.

KEEP THE BOWELS REGULAR AND YOU WON'T BE SICK

If the bowels do not move regularly, they will, sooner or later, become constipated, and constipation is productive! of more ill-health than almost any other

ing so stubborn, as it sadly interferes with the health of the hair. Some find a remedy in applications of borax, dissolved in a little soft water, or you might try this: Yellow vaseline, haif a bottle, sulphur one teaspoonful, boracic acid one teaspoonful, acid acid acid one teaspoonful, acid acid one teaspoonful, acid acid acid one teaspoonful, ac

Watch Your Little One Smile Cascarets clean the clogged-up places, Bring joy to cross little faces.



MOTHERS! You can always bring back the jolly smile of health with Candy Cascarets. When a child's tongue is white or if breath is feverish and stomach sour, remember a Cascaret to rid the liver and bowels of bile, nasty fermentations and constipation poison, is all that is needed. Children love this pleasant candy cathartic which never gripes, never injures. Cascarets never disappoint the worried mother. Give Cascarets to children aged one year old and upwards. Each 10 cent box contains full directions.

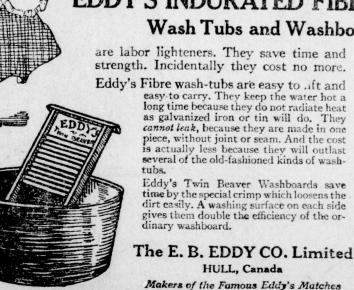
STOPS PAIN FOR EXTERNAL PAIN AND INTERNAL

Get Your Digestion in Shape

Many ailments are caused by stomach weakness. Faulty digestion leads to biliousness, sick headache. dizziness, sallow skin and eruptions. Maintain a healthy condition of the stomach and you will get rid of the chief cause of your sufferings. Do not neglect the laws of health. Keep stomach, liver and bowels in order by timely use of



HULL, Canada



every purpose.