

pied with Thy Greatness ; my Words, that they may proclaim Thy Goodness ; my Actions, that they may be regulated by Thy Law ; and my Sufferings, that they may be submissive to Thy Decrees.

I will whatever Thou wiltest—because Thou wiltest, in the manner Thou wiltest—and as much as Thou wiltest.

May I Accept what Thou Approvest—Reject what Thou Hatest—Shun what Thou Forbiddest—and Observe what Thou Commandest.

To this end I beseech Thee—
to Enlighten my Understanding—to Inflammé my Will—to Purify my Body—and to Sanctify my Soul.

May I Bewail my Past Offences—Surmount Future Temptations—Correct Vicious Propensities—and practice the Christian Virtues.

Inspire me, good God ! with a Love of Thee—a Hatred of Myself—a zeal for my Neighbor—and a contempt for the World.

May I studiously Respect my Superiors—Condescend to my Inferiors—Assist my Friends—and Spare my Foes.

May I vanquish Pleasure by Austerity—Avarice by Liberality—Anger by Meekness—and Tepidity by Devotion.

Infuse in my heart, Fear without Despair—Confidence without Presumption—Piety without Enthusiasm—and Joy without Levity.

Render me also Prudent in Undertakings—Couragious in Dangers—Patient in Adversity—and Humble in Prosperity.

Grant, O Lord, that I may be Recollected in my Prayers—Sober in my Repasts—Diligent in my Employments—and constant in my Resolutions.

May I so govern my Senses, that I may Hear nothing Injurious—Speak nothing Licentious—See nothing Impure—and do nothing Perverse.

May I be careful to maintain—
an Inward Innocence—an Outward Modesty—an Exemplary Conversation—and a Regular life.

May I assiduously watch to Subdue nature—to Cherish Thy Grace—to Obey Thy Law—and to secure my Salvation.

May I learn from Thee
how Little what is Earthly—how Great what is Heavenly—
how Short what is Temporal—and how Durable what is Eternal.

Grant that I may Anticipate Death—Fear Thy Judgments—Escape Hell—and Obtain Heaven.

Finally, Grant Repentance to Sinners—Perseverance to the Just—Peace to the Living—and Happiness to the Departed.

THROUGH Christ our Mediator—Mary our Intercessor—the Prayers of the Saints—and the Suffrages of the Church.—

AMEN.