

THE LADY BYNG OF VIMY FUND FOR MENTAL HYGIENE
INCLUDING INDUSTRIAL HYGIENE.

Foreword

In April 1918, a few far-visioned and philanthropic individuals in Montreal, Quebec, Toronto and other cities subscribed \$100,000 for mental hygiene activities in Canada. This amount was supplemented by an additional \$50,000 from Governments and the Canadian Red Cross Society, and it was found possible to institute work throughout the Dominion of an important character. Accomplishments of note include (1) The introduction of the principle of early diagnosis and early treatment of mental disorders, and the demonstration that recoveries can be increased 25% by this means, (2) The inclusion of mental hygiene activities as part and parcel of public school programmes that have shown possibilities in the prevention of insanity and in the heading off of delinquent careers, (3) The stimulation of governments to provide more scientific treatment for the twenty thousand insane in our institutions and to grant greater institutional accommodation for the feeble-minded, (4) The improvement of the teaching of Mental Hygiene to medical students, nurses and social workers, (5) The securing of a more adequate mental examination of immigrants for the exclusion of the insane, feeble-minded and degenerate from Canadian citizenship, etc.

The results outlined above indicate the feasibility of conducting, successfully, a national enterprise to prevent and bring under control, in
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Canada, insanity, mental deficiency and the less serious mental disorders,