

Through the courtesy of the press we are enabled to place before the citizens a short weekly article on "Health"—twenty of these have been prepared. We are indebted to the press of the city for the space given to us, and we appreciate the immense value of it as a means of keeping before the people, by frequent repetition, the important facts concerning Health. If the newspapers are, as we believe them to be, anxious to give the people what they desire, it seems to indicate an increasing demand from the public for such knowledge when we note the amount of space being given to health information.

The staff of the League accept every opportunity to talk to groups whether large or small, and we are being given many such opportunities, which we welcome, and we thank those who are kind enough to aid our work by inviting us to speak. It is not that we wish to be making speeches, but we consider it part of our work, for some people are best reached in that way. Then again, when the press publish our remarks, the effort is further reinforced.

This month has seen the start of our group instruction work. We have our manual called "Health in the Home," the French edition of which is in the hands of the printer. So, within a month we shall be in a position to offer instruction to the French group. The preparation of the manual was quite a task, but it was felt that in addition to having a text-book for group instruction, it was well to have the teachings of the League concerning health set out in print. We have four groups—that is, approximately sixty women—taking the course at present. It is a new idea and so takes time to get under way; also, most organizations had their programmes filled until May when their seasons close. We have been assured by many organizations that they will gladly avail themselves of the opportunity next fall and include the course in their programmes, making it a regular activity. The members are asked to keep this in mind and to assist the undertaking.

We believe that group instruction is an effective method, and further, it appears that it may be more economical than home instruction—not that home visiting and instruction can ever be entirely replaced by a system of group teaching, but the two together may be modified and adjusted to give the best results for the least expenditure.

As a health organization, we welcome any chance to serve with other groups or organizations in carrying on the educational work.

2. SURVEYS

(a) *General*.—We are gradually collecting the information concerning the available resources of the community.

(b) *Milk Survey*.—Through the courtesy and assistance of the Health Department, our friends in this as in every other connection, a general survey of the existing conditions of the milk supply in Montreal was made. It was evident that a large percentage of the supply was potentially dangerous, and as a safe milk supply is a fundamental health necessity, the need for action was apparent.

The natural and logical course was to support the Health Director in his request that the Milk By-Law, as drafted by him, be passed and made effective. At the first of the year, we requested various agencies to consider the subject and if they approved of our intended action, which was to support this by-law, to pass a resolution to that effect. The response was what one would expect, and today we presented to His Worship the Mayor our petition, asking that the by-law be passed, supported by the resolutions of fifty organizations. In addition, we secured statements of approval from most of the Provincial Health Officers and other authorities. These we have furnished to the press, which has been kind enough to give publicity to them.

We ask you as members to do everything in your power to prevent this from drifting along, and also to act as a delegation waiting upon the City Council if you are called upon to do so.