

USEFUL INFORMATION.

DISINFECTANTS IN DISEASE.—Recent investigations have developed the fact, that cholera may be prevented from spreading by disinfecting, without delay, everything that may be discharged by the patient. Sulphate of copperas, chloride of lime, or some other cheap disinfectant, should be kept in the house for general disinfecting purposes.

SOAP.—A young lady who makes all the family soap, gives the following recipe for a good cheap article: "Add to ten quarts of water six pounds of quick lime (shell lime is best) and six pounds of common washing soda. Put all together, and boil for half an hour, and let it stand all night to clear. Draw off the lye, and add to it one pound of common resin, and seven pounds of fat (any fat will do). Boil this for half an hour, then let it stand till cool, and cut into bars."

THE BEST MEDICINE.—Dr. Hall says the best medicines in the world, more efficient in the cure of disease than all the potencies of the materia medica, are warmth, rest, cleanliness, and pure air. Some persons make it a virtue to brave disease, "to keep up" so long as they can move a foot, or crook a finger, and it sometimes succeeds; but in others, the powers of life are thereby so completely exhausted that the system has lost ability to recuperate, and typhoid fever sets in and carries the patient to a premature grave. Whenever walking or work is an effort, a warm bed and a cool room are the very first indispensables to a sure and speedy recovery. Instinct leads all beasts and birds to quietude and rest the very moment disease or wounds assail the system.

FLORAL ORNAMENT.—In the *Gardener's Magazine* is related a pretty story of a lady gardener who gathered a handful of the world-renowned flowers of forget-me-not (*Myosotis Palustris*), and, to preserve them as long a period as possible, they were put in a large soup-plate, filled with rain water. The flowers were placed near the window, so as to enjoy the advantages resulting from an abundance of light and air, and the water was replenished when needful. In a surprisingly short space of time (three weeks, I believe) white thread-like roots were emitted from the portion of the