

fishing for cod, haddock and pollock is within a few miles of the town, and in the near-by Chamcock Lakes are land-locked salmon, and the numerous brooks and streams of the locality are filled with trout. There are clambakes and dulse parties at St. Andrews-by-the-Sea, and the operation of seining sardines after the fish are impounded in the weirs is an interesting operation to the stranger. Golf is a favorite amusement, and the Algonquin Club, with a membership of 125, distributed over Canada and the United States, has an unequalled, natural nine hole golf links.

One of the great charms of St. Andrews-by-the-Sea is in the restfulness of the surroundings. The town boasts of an excellent modern summer hotel and several smaller ones, and there are numerous boarding houses for those with limited purses. Cottages, both furnished and unfurnished, are also procurable.

St. Andrews-by-the-Sea is reached by the Canadian Pacific Railway, which runs through sleepers from Montreal every Tuesday and Friday nights during the summer, and very low fares are in effect for this delightful outing.

On the Upper Lakes, what is practically an ocean voyage may be enjoyed by taking one of the C.P.R.'s magnificent lake steamers from Owen Sound, and crossing Lake Huron, running up the Sault Ste. Marie river and through the locks to Lake Superior and across that greatest of all bodies of fresh water to Port Arthur and Fort William. There are three sailings a week from Owen Sound and the round trip can be made in less than a week.

Beyond the Great Lakes, lie the gold fields of New Ontario, to reach which is involved a pleasant trip on Lake of the Woods, and further west are the great prairies and ranching grounds of Western Canada, and beyond again are the mountain regions of British Columbia, in which the Canadian Pacific has materially aided Nature in creating delightful resorts—at Banff, in the Canadian National Park, the famed Lakes in the Clouds, Field at the base of Mount Stephen, the Great Glacier, the largest of all Ice-fields, Revelstoke, on the Columbia, Sicamons, at the galency to the Okanagan Valley, and at North Bend, in the wonderful canons of the Fraser. Vancouver and Victoria will present to the eastern traveller an idea of the growth and progress of Canadian cities on the Pacific Coast, and in returning home, the gold fields of the Kootenay and boundary countries can be visited and the great plains of the North-West revealed again by the Crow's Nest Pass Railway—thus affording views of the mountain region from different degrees of latitude.