

FOR INTERNAL AND EXTERNAL USE.

Instantly stops the most excruciating pains, allays inflammation and cures congestions, whether of the Lungs, Stomach, Bowels, or other glands or nucous membranes.

ACHES AND PAINS.

For headache (whether sick or nervous), toothache, hearligh, theunatism, lumbage, pains and weakness in the back, spine or kidneys, pains around the liver, pleurisy, swelling of the joints and pains of all kinds, the application of Radway's Ready Relief will afford immediate ease, and its continued use for a few days effect a permanent cure.

Strong Testimony of Emigrant Commissioner, the Hon. George Starr, as to the power of Radway's Ready Relief in a Case of Sciatica, Rheumatism.

VAN NESS PLACE, NEW YORK.

DR. RADWAY—With me your Relief has worked wonders. For the last three years I have had frequent and severe attacks of sciatica, sometimes extending from the lumbar regions to my ankles, and at times to both lower limbs.

During the time I have been afflicted I have tried almost all the remedies recommended by wise men and fools, hoping to find relief, but all proved to be failures.

and roots, noping to marreller, but all proved to be failures.

I have tried various kinds of baths, manipulation, outward application of liniments too numerous to mention, and prescriptions of the most eminent physicians, all of which failed to give me relief.

Last September at the urgent request of a friend (who had been afflicted as myself), I was induced to try your remedy. I was then suffering fearfully with one of my old turns. To my surprise and delight the first application gave me case, after bathing and rub bing the parts affected, leaving the limbs in a warm glow, created by the Relief. In a short time the pain passed entirely away. Although I have slight periodical attacks approaching a change of weather I know now how to cure myself, and feel quite master of the situation. RADWAYS READY RELIEF is my friend. I never travel without a bottle in my valise.

Yours truly, GEO. STARR.

ENTERNALEY.—A half to a traspoonful in half a tumbler of water will in a few minutes cure. Cramps, Spasms, Sour Stomach, Nausea, Vomiting, Heartburn, Nervousness, Sloeplessness, Sick Headache, Distribus, Colic, Flatuency and all internal pains.

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There is not a remedial agent in the world that will cure fever and ague and all other malarious, bilious and other fevers, and of the IAADWAY 8 PILLLS, so quickly as RADWAY'S READY RELIEF.

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sold by all Druggists.

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Manufactured from the Best Cannala Grapes without the use of either artificial coloring or distilled spirits in any form.

After repested chemical analyses of the Wines made by Robert Bradford of No. 595 Parliament St., Toronto, I do not hesitate to pronounce them to be unsurpassed by any of the native Wines that have come under my observation.

Analyses show them to contain liberal amounts of the othercal and saline elements, sugar and tannic seid etc., characteristic of true Wine and which modify materially the effects which would be produced by alcohol alone.

Hetaining to a high degree the natural flavor of the grape, they serve the purpose of a pleasant table Wine as well as that of a most valuable medicinal Wine CHAS. F. HEEBNER, Ph. G. Phm. B.

CHAS. F. HEEBNER, Ph. G. Phm. B. Dean and Professor of Pharmacy. Ontario College of Pharmacy.

R. BRADFORD,

595 PARLIAMENT ST., TORONTO. ONT.

Beferences by permission.—Mr. Jas. Alison Tressurer Cookes Church, Toronto; Mr. John Duncan Clerk of Sessions, Enox Church, Toronto.

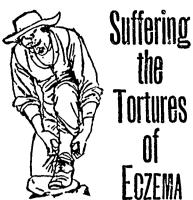
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And yet lives in ignorance of the fact that a single application of CUTRURA will afford instant relief, permit rest and sleep, and point to a speedy and economical cure, when all other remedies fail. Cutrurura works wonders, and its cures of torturing, disfiguring humors are the most wonderful ever recorded. Sold throughout the world. Price, Cuticura, 55c.; Soap, 35c.; Resolvent, \$1.50 Portrain Discass. And Curk. Conp., Sole Proprietors, Boaton. 49"How to Cure Skin Diseases." free.



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in place of

Tea, Coffee or Cocoa, has become quite universal. It Nourishes and Strengthens. If served iced, during warm weather, it is most Delicious and Invigorating.

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MILITIA.

EALED TENDERS for the supply of Clothing for the Militia and Permanent Corus comprising Tunics, Trousers, Great Coats and Caps. Militia Store Supplies and Necessaries consisting of Boots, Gloves, Shirts, Drawers, Socks. Iron Redsteads, Brooms. Brushes, Saddlery, Horse Blarkets, etc.; Hard and Sof. Coal. Hard and Soft Wood (English measure, for the heating of all Military Buillings in each of the Military Districts, will be received up to moon Thursday, 5th July, 1894. Tenders to be marked on the left hand corner of the envelope Tender for "MILITIA CLOTHING." "MILITIA STORE SUPPLIES." "COAL" or "FOEL WOOD," as the case may be, and addressed to the Honourable the Minister of Militia and defence, Ottawa.

The contracts for Clothing are to cover a period of

The contracts for Clothing are to cover a period of three years from the let July, 1894; those for Store Supplies and Necessaries, Coal and Wood, are for one year from let July, 1894.

Printed forms of tender containing full particulars may be obtained from the Department at Ottawa, and at the following Militia Steres, viz.:—The offices of the Superintendents of Stores at London, Toronto, Kingston, Montreal, Quebec, Halifax, N.S., St. John, N.B. and Winnipeg, Man.

Every article of Clotbing, Store Supplies and Necessaries to be furnished, as well as the material therein, must be of Canadian manufacture, and similar in all respects to the scaled patterns, which can be seen at the Militia Stores at Ottawa. This does not apply to material for saddlery.

No tender will be received unless made on a printed form furnished by the Department, nor will a tender be considered if the printed form is altered in any manner whatever.

Each tender must be accompanied by an accepted cheque on a Canadian Chartered Bank for an amount oqual to ten per cent. of the total value of the criticle tendered for, which will be forfeited if the party making the tender declines to sign a contract when called upon to do so. If the tender be not accepted the cheque will be returned.

The Department does not bind itself to accept the lowest or any tendor. A. BENOIT, Capt.,

Department of Militia and Defence, Ottaws, 2nd June, 1894.

Minard's Liniment the best Hair Restorer.

HEALTH AND HOUSEHOLD HINTS.

A gargle of salt and water is a remedy for an ordinary sore throat.

A strong solution of salt and water will remove the poison of bee or mosquito stings.

There is nothing more soothing in case of nervous restlessness than a hot salt bath just before retiring.

Coarse ground coffee sprinkled on a shovel-ful of burning coals will remove offensive odors from a sick room.

When you go to whitewash your cellars put a lot of copperas in the whitewash. It will keep the vermin away.

If you desire to paper a wall that has been whitewashed rub the wall down with a cloth wet in strong vinegar or saleratus.

Handsome parlor vases are usually filled with some such ingredient as sand to weight them and prevent the light porcelain from being brushed off the mantel-piece.

Flowers will keep better in damp sand than in water, and a centrepiece of flowers for the table may be more gracefully and firmly arranged in a jar of wet sand than in a founda-

It is said that oil spilled on a carpet or any woollen material may be removed by applying buckwheat plentifully, brushing it into a dustpan after a short time, and putting on a fresh supply until the oil has disappeared.

Sweet briar or eglantine has a most delightful fragrance, as those who have gathered it in the fields, and enjoyed it afterward in the house, well know; and the leaves of it are said to be excellent, when dried, to fill pillows to put under the head, instead of balsam or pine.

The little sponge racks sold at the house-furnishing stores should be in every bath-room. Those of open-work wire permit the air to cir-culate about the sponge so that it dries quickly, and is kept free from odor. Wash your sponge and rinse it thoroughly in clean warm water after using. Squeeze the water out, for wringing breaks the fibres of the sponge.

An efficient fly poison, which has the merit of being poisonous only to flies, is made of the of being poisonous only to mes, is made of the yolk of an egg, beaten up with a tablespoonful each of ground black pepper and molasses. It should be poured in shallow plates and set about. This is a simple process by which to catch the few flies that slip into a house before the screens are put up, for most housekeepers wait until warned by the buzzing insects of their arrival to put in these safeguards.

The ordinary wheat bread is usually a forbidden article in the diet of a diabetic invalid. A substitute which is sometimes permitted is made from four ounces of almond meal, two tablespoonfuls of prepared bran, one ounce of butter, two teaspoonfuls of baking powder, one egg and a little milk—about a tablespoonful; mix the bran meal and powder together, beat the butter and add it, and finally the egg well beaten; bake twenty minutes in a shallow tin. This is very good cut in biscuit squares before it is cool, and browned in a moderate oven.

There is a simple way to reduce the heat of any oil stove. Set it on a table before a window open at the top, and when the pots and pans are on turn over the stove and all a wooden box with large holes sawed on the side next the window for draught. Wood will not throw out heat, but will concentrate it on the cooking. The same theory gives a use for worn-out wash boilers, which can have the bottom loosened one side to give aperture for draught, and be turned over the stove, reducing the heat. I found this out one hot day when baking by a coal stove was unendurable, some old sheets of tin, which had been under the stove, were set on edge round the stove, and large tin pans turned over the top, jacketing it completely, and cutting off the heat from the kitchen till it was quite comfortable.

A woman who has tried it says that the way things are served is as important to chilas to their elders, oftentime the former may not be able to formulate the difference. For example, she says, my children, all of them, dislike hash; no matter how careful it was made, it was invariably refused. One day, it occurred to my cook to put the hash into little cups, and set them into the oven to brown. She did it, serving one to each plate, and since then "mince in cups," as it is judiciously called, is a favorite dish. Another point, which the same authority suggested, was to serve the things the children like the least, when there is a difference, at their hungriest meal. This is usually luncheon on school days. They come home ravenous, and the sauce of a good appetite imparts a relish to the dishes that at other times do not receive a cordial welcome. Any one who habitually caters to a family of growing children will appreciate any assisting hint in the work.—N. Y. Times.



A Long Face

-very good cause for it. She does her 🕅 washing and cleaning without Pearline;

andherwork is like her face - just

twice as long as it ought to be. That's not the worst of it, her work isn't as well done.

Tires her out, and hurts whatever she washes with the rub, rub, rub that wears and tears. Pretty hard, isn't it? Millions of women think so. They prefer to save time, labor, clothes, and money by washing with Pearline.

Beware Peddlers and some unsura pulous grocers will tell you. "this is as good as "or "the same as Pearline " IT'S FALSE - Pearline is never peddled, if your grocer sends you an imitation, be honest—send it back "Ell JAMES PYLE, N.Y.

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Minard's Liniment for Rheumatism.