

## POETRY.

From the London Imperial Magazine.

## THE PLEASURES OF READING

*"Reading makes a wise man."*—BACON.

Some follow pleasure in the chase,  
Others in building towers;  
These in the smile of beauty's face,  
And those in tinted flowers:  
But give to me a pleasant book,  
That's fit for mental feeding,  
Lost earthly joys I'll calmly brook,  
For undisturbed reading.

I envy not the man of wealth,  
The titled, or the rover,  
Who waste the vital lamp of health,  
And think they live in clover,  
Let me, in some sequester'd grove,  
From vanity receding,  
With one heart-touching volume rove,  
I'll solace find in reading.

The classic page of those who e,  
Or wits of ancient story;  
With purest honey fill my hive,  
And raise my heart to glory:  
I cull the flowers of Rome and Greece,  
And every age succeeding;  
(Prized more than Jason's golden fleece,  
The sweet reward of reading.

Like bees I range the gay parterre,  
Its nectar'd sweetness borrow;  
And find a balm for all my care,  
A recipe for sorrow,  
The worthies of the olden time,  
Heroes and martyrs bleaching,  
Embalmed in the page sublime,  
Encircle me while reading.

Poet, and traveller, and sage,  
Seer, prophet, saint, and Druid,  
With richer pictures fill the page  
Than fill the vale of Clwyd,  
I glance my thoughts from that to this,  
No other pastime needing;  
Books are the patentees of bliss,  
When truth is sought in reading.

The soul by reading grows refined;  
Though tinge of melancholy  
May cast a shadow o'er the mind,  
'Tis not the shade of folly.  
Faith glances at the future crown,  
For which my Lord is pleading;  
And when I lay the volume down,  
Prayer sanctifies my reading.

Let fashion boast its magic ring,  
And wealth its mansion splendid;  
Soft music melt and syrens sing,  
Till life's gay dream is ended.  
Give me a book with seal of mind  
Impress'd on every section;  
I'll pass the vale of life resign'd,  
In reading and reflection.

Worcester, April 5th. JOSHUA MARSDEN.

\* A beautiful vale in Denbighshire.

## THE JOURNAL.

**CORONER'S INQUEST.**—A report having reached Annapolis, that a male infant belonging to George and Margaret Koy, in the Dalhousie settlement, had come to his death in some unaccountable manner, and as it had been buried without intimation of the circumstances to any lawful authority; an opulor was entertained that the child had been murdered.—On Sunday the 29th ult., PETER BOSWELL, Esq. the Coroner, went from Annapolis to the Dalhousie settlement, and found that much uneasiness existed in the minds of the people upon the subject. The Coroner, called his Jury, and had the body disinterred, after it having been buried seven days, five ovidences were sworn and examined.—the Jury retired for about an hour, and then returned their verdict—that the child had been accidentally smothered by his mother. The Jury at the same time recommended, that if unhappily, any such circumstance should hereafter occur, the earliest possible information thereof, be given to the proper authorities; by which means all unnecessary excitement on so painful a subject might be avoided.

From the Royal Gazette.  
BY AUTHORITY.

SECRETARY'S OFFICE, 25th Nov. 1822.

**HIS** Honor the PRESIDENT having thought proper, in consequence of a representation from the Trustees of Schools for the Parish of Kent, in the County of York to revoke and cancel a Licence granted on the 1st day of August last past, to Thomas Cockburn, to keep a School in this Province, Public Notice of the revocation is hereby given, that the Trustees of Schools in the different Parishes may be apprised thereof, and govern themselves accordingly.

The Collogo which His Majesty has been graciously pleased to establish with the privileges of an University for this Province is now regularly organized and in operation.

On Sunday, last, being the first in Advent and the Ecclesiastical year, the Collegiate body assembled at the Parish Church of Fredericton in their proper costume, a part of the Church having been allotted for their exclusive occupation, and a Discourse was delivered by the Vice President, explanatory of the principles and objects of the Institution, and exhibiting a view of the great and good effects, of which by the blessing of Almighty God it may be productive in the present and futura ages. The proscribed routine of Academic duties and exercise commenced on the following day in the Chapel and Lecture Rooms of the College; and notifications of the course of Lectures for the Term and the Rules of Discipline to be observed are fixed up in the Great Hall.

It is intended to adopt, as nearly as circumstances will admit, the most approved parts of the system pursued in the Universities of England; but the College being competently endowed by the bounty of its Royal Patron and the Legislature of the Province, the expenses necessary to be incurred by the Students will be comparatively very moderate.

The Rev. GEORGE COWELL, A.M. of the University of Cambridge, has been appointed Head Master of the Collegiate Grammar School, and the appointment of the Rev. Geo. McCRAWLEY to a Professorship in the Collogo.

## ANIMAL AND VEGETABLE FOOD.

It is amusing to hear a nervous female, whose daily exercise consists in going up and down stairs two or three times a day, and shopping once a week, complain that she cannot preserve her strength unless she eats freely of some kind of meat and takes her twice daily potatoes of strong coffee, to say nothing of porter, or wine and sugar. The same opinion prevails among all classes of our community. A child (in the arms) cannot, it is thought, thrive unless it have a leg of a chicken, or piece of bacon, in its fist to suck; a boy or girl going to school, must be gorged with the most substantial aliment at dinner, and perhaps little less at breakfast and supper. The child is crying and screaming every hour in the day—has, after a while, convulsion, or obstinate diseases of the skin, or droop of the brain. The little personage going to school, complains of headache, is fretful and unhappy, and becomes pale and feeble. The poor books are now blamed for the fault of the dishes, and school is given up. The doctor is next consulted, on the best means of restoring strength to the dear creature, that has lost its appetite, and can eat nothing but a little cake, or custard, or at most some fat broth. Should he tell the fond mother the unpalatable truth, and desire her to suspend the system of stuffing, and allow her child, for sole food, a little bread and milk diluted with water, and daily exercise in the open air, she will be heard exclaiming, in a tone of mingled astonishment and reproach, why, doctor, would you starve my child!

For the information of all such misguided persons, we would beg leave to state, that the large majority of mankind do not eat any animal food, or so sparingly, and at such long intervals, that it cannot be said to form their nourishment. Millions in Asia are sustained by rice alone, with perhaps, a little vegetable oil, for seasoning. In Italy, and Southern Europe generally, bread, made of the flour of wheat, or Indian corn, with lettuce and the like, mixed with oil, constitutes the food of the most robust part of its population. The Lazzaroni of Naples, with forms so active and finely proportioned, cannot even calculate on this much; coarse bread and potatoes are their chief reliance; their drink of luxury is a glass

of iced water slightly acidulated. Hundreds of thousands, we might say millions of Irish do not see flesh or meat from one week's end to the other. Potatoes and oat meal are their articles of food—if milk can be added it is thought a luxury; yet where shall we find a more healthy and robust population, or one more enduring of bodily fatigue and exhibiting more mental vivacity? What a contrast between these people and the inhabitants of the extreme North, timid Laplanders, Esquimaux, Samoide, whose food is almost entirely animal.

**ON HUMILITY.**—Pride aims at the utmost pitch of honour; yet undermines what it would advance. Humility, on the contrary, leads us to the bottom of our condition, and gives us the true sight of our vileness; yet raises heroupon a most magnificent structure, like to the creation of the world, out of emptiness and darkness. Humility is solid and real, is just and reasonable, is wise and holy, is beautiful and amiable, is peaceable and righteous, is good and profitable; and there is no end in counting its excellencies. Humility is suitable to all objects, is agreeable to all the ends and causes of human life, is fitted to all the circumstances of our present state and condition. Humility is full of grace and truth; it is the ground of all the divine works; it is the footstool of God's throne; it is the mirror of his greatness; it is the magnet of all his glories and beauties. In a word, it is the most agreeable to all the principles of nature and grace; to all the desires of angels and men; and to all the designs of God himself. So that nothing is more true, than that, "before honour is humility."

Collect for the Third Sunday in Advent.

O Lord Jesu Christ, who at thy first coming didst send thy messenger to prepare thy way before thee; Grant that the Ministers and Stewards of thy mysteries may likewise so prepare and make ready thy way, by turning the hearts of the disobedient to the wisdom of the just; that at thy second coming to judge the world, we may be found an acceptable people in thy sight, who live and reignest with the Father and the Holy Spirit, over one God, world without end.—Amen.

## EVENING SERMON.

ON SUNDAY evening next, a SERMON will be preached in St. Andrews Church, by the Rev. Dr. Burns; after which, a Collection will be made to assist the Presbyterian Society of Horton, Nova Scotia, in completing their Mission House, so as to enable them to retain the valuable services of their present Minister, who was sent out to them by the Glasgow Colonial Missionary Society, in connexion with the National Established Church of Scotland. Service will commence at 6 o'clock. *Des. 9.*

## AGENTS FOR THIS PAPER.

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Charlotte Town, Mr. John Bowes.

## CANADA.

Quebec, John Bignall, Esq. P. M.

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