

often burn very deep. Let others see how patient you can be with your hand in his; how cheerful, walking in the light of his face; how glad, with your eyes upon the eternal shore. Let them catch the living fragrance of the cordial of his love as you taste it day by day. Let them know that Christ has overcome the world, and through Him you. Live as those who "seek a country," and are not to be discomfited by the roughness of the way; as those who "wait for their Lord," and know that He will come. Live for Christ, and let every minute of the day praise him.—*Anna Warner.*

OBEDIENCE—PEACE.

True peace of mind does not depend, as some seem to suppose, on the external incidents of riches and poverty, of health and sickness, of friendship and enmities. It has no necessary dependence upon society or seclusion, upon dwelling in cities or in the desert, upon the possession of temporal power or a condition of temporal insignificance and weakness. "The kingdom of God is within you." Let the heart be right, let it be fully with the will of God, and we shall be entirely contented with those circumstances in which Providence has seen fit to place us, however unpropitious they may be in a worldly point of view. He who gains the victory over himself, gains the victory over all his enemies.

Some persons think of obedience as if it were nothing else, and could be nothing else, than servitude. And it must be admitted that constrained obedience is so. He who obeys by compulsion, and not freely, wears a chain upon his spirit which continually frets and torments, while it confines him. But this is not Christian obedience. To obey with the whole heart—in other words, to obey as Christ would have us—is essentially the same as to be perfectly resigned to the will of God, having no will but his. And he must have strange notions of the interior and purified life, who supposes that the obedience which revolves constantly and joyfully within the limits of the divine will partakes of the nature of servitude. On the contrary, true obedience, that which has its seat in the affections, and which flows out like the gushing of water, may be said in a very important sense to possess, not only the nature, but the very essence of freedom.—*T. C. Upham.*