

### Clean Within!

Dr. Morse's Indian Root Pills  
Purify the Blood and Prolong Life



Vigorous health at 70 due to Dr. Morse's Indian Root Pills.

If the bowels fail, as they often do late in life, to waste regularly at least once a day, the waste matter from the food accumulates, decays, poisons the system and upsets the stomach.

If the kidneys are sluggish the impurities which they should filter from the blood remain and cause rheumatism.

Dr. Morse's Indian Root Pills regulate the bowels, stimulate the kidneys and open up the pores of the skin. The result is a body clean within—pure, red blood—good digestion—and a hale and hearty old age.

Three generations have proved the value of Dr. Morse's Indian Root Pills, and their sale is steadily increasing all over the world.

25c. at all dealers' or from W. H. Comstock Co., Ltd., Brockville, Ont. 1

### WHAT TO WEAR.

Moire Silk as a Trimming—The Vogue of Black Evening Gowns.

An odd fancy of the moment is the trimming of colored velvet gowns such as navy, dark brown, plum or prune shades with bands of black moire silk.

The present vogue of black evening gowns is a boon to the woman of limited income, for while a good black gown may seem ruinously expensive at first, it is almost tediously serviceable.

A favorite small hat has an upturned brim which flares out and up at the



A MODISH FROCK.

back and is caught up by a cockade at the left side.

The swathed drapery about the costume illustrated is a novel feature in fashiondom this winter. The skirt is cut off at the waist line and joined to the bodice or it may extend above if liked. The transparent yoke and long sleeves are admirable for occasions when a dressy informal costume is required. If something more elaborate is needed the yoke and sleeves could be omitted. JUDIC CHOLLET.

These May Manton patterns come for the bodice, No. 6528, in sizes from 32 to 42 inches bust measure and for the skirt, No. 6488, from 22 to 32 inches waist measure. Send 10 cents each for these patterns to this office, giving numbers, and they will be promptly forwarded to you by mail. If in haste send an additional two cent stamp for letter postage, which insures more prompt delivery.

### FRILLS AND FANCIES.

Fan Fancies of the Season—The Fashionable Coiffure.

A fan of broad quills in shades of peacock blue and green makes an effective accessory for a black gown.

A tiny purse which is fastened to a leather bracelet is a useful possession when one does not care to carry a hand purse or bag.

A part is suggested if not made in the fashionable coiffure. When one



CHILD'S DOUBLE BREASTED COAT.

does not fancy a "path" extending from brow to bob the locks may be separated the width of a few hairs at the edge of the pompadour.

Handkerchiefs with buttonhole edges done in colors are among the season's fancies, and collections of pink, rose, violet, green and blue bordered cambric and linen squares are made by many girls.

The double breasted coat that is buttoned right up to the throat is one of the most satisfactory that a child can wear. The coat in the cut is of this style carried out in dark red cloth, with a collar of the same shade of velvet. JUDIC CHOLLET.

This May Manton pattern is cut in sizes for children of one, two, four and six years of age. Send 10 cents to this office, giving number, 6531, and it will be promptly forwarded to you by mail. If in haste send an additional two cent stamp for letter postage, which insures more prompt delivery.

5 cent and 10 cent bundles of newspapers at MONITOR OFFICE.

### MIDSEASON STYLES.

Smart Trimmings For Evening Frocks. Red a Favorite Color This Year.

A favored idea this season in evening dresses is the use of wide soft satin ribbon draped softly from shoulder to bust, or when a girle is not used a sash is drawn around the bust or from the waist line up to the point on the bust.

In each case the ribbon is veiled with lace net. The effect is charming.

A beautiful golden shade, the genuine gold color, is a favorite for evening wear and may be used for daytime functions if appropriately made. But it is better for the woman who has only a few evening frocks to select a less conspicuous color for her gown.

Red, the season's color, brightens hats and frocks that are beginning to



FANCY EVENING WAIST.

show signs of wear. Red tipped veils are liked for hats, pipings and ties for dresses.

The blouse illustrated is exceptionally attractive and allows most effective use of different materials. In this case the waist is made of white charmeuse, while the trimming pieces on the front, back and sleeves are of soutache net, and the little frill or tucker is of chiffon. A gump can be inserted for daytime occasions. JUDIC CHOLLET.

This May Manton pattern is cut in sizes from 32 to 42 inches bust measure. Send 10 cents to this office, giving number, 6528, and it will be promptly forwarded to you by mail. If in haste send an additional two cent stamp for letter postage, which insures more prompt delivery.

### FADS OF THE FAIR.

Combining Different Materials is Smart. A Handkerchief Wrinkle.

Now that the fashion is revived of combining two materials in one gown women who must study economy should take advantage of the fad. A pretty gown could be developed by using old material for skirt and sleeves and buying new for a tunic that would fall to the hem of the skirt in front or longer.

An idea of the moment is to work the initials on handkerchiefs in cross stitch, and good effects may be obtained.



MISSIE'S PRINCESS DRESS.

ed by using colored cottons when the handkerchief has a tiny colored border.

The dress pictured is smart for girls of fourteen and sixteen years of age. For winter any of the new materials of light weight are suitable for its manufacture. Mothers who think ahead for the future will be glad to know that the same model promises to be a great favorite in the summer made from linen and materials of like texture. JUDIC CHOLLET.

This May Manton pattern is cut in sizes for girls of fourteen and sixteen years of age. Send 10 cents to this office, giving number, 6531, and it will be promptly forwarded to you by mail. If in haste send an additional two cent stamp for letter postage, which insures more prompt delivery.

MINARD'S LINIMENT CURES DANDRUFF.

### Cold Storage Law

If we are to be thorough in dealing with the food problem, says the New York Sun, we must take up the matter of cold storage, which is not merely an indispensable part of the packing combination, but may be a most formidable weapon of extortion. The consumer has lost some of his appetite for food, thanks to the quality and cost of the food he has been getting. The hideous insipidity of fowls and fish which departed this life in 1909 or earlier is enough to reduce him to plain living and high thinking. He ought to think to some purpose right now.

There is no question that cold storage has become a necessity for supplying our big cities, the Wall Street Journal says. With the conditions which obtained well within the memory of many of us it would be impossible to feed cities like New York and Chicago. We should be alternating between periods of wasteful plenty in such commodities as eggs and poultry and times when they would be unobtainable at any price. But this is no reason for saying that where we can regulate the interstate distributors of produce, the railroads, we cannot take the same means to prevent the instrument of cold storage from being abused.

We have arrived at a state where for all but a fortunate few, really fresh eggs do not come on to the market at all. They are bought at their cheapest and when they are most plentiful. They are stored and even at such times the market is supplied with eggs which may be anything from a year to three years old. The bakers who manufacture the cheapest kind of pastry are supplied with garbage which is actually five years old—eggs which could not even be used for political purposes outside a South American revolution.

The question of whether beef will keep for longer than one year, or whether one commodity will keep longer than another, is beside the point. All that is required is to provide such cold storage as will distribute the year's food product evenly throughout the year. There would be two results from such legislation. One would be an immediate improvement in the quality of food, and the other would be a reduction in its price for the farmer who produces it. The man who would lose is the one who is getting the big profit now—the cold storage man.

To Whom It May Concern:

I have been selling Empire Liniment for the past two or three years and have found the sale to be steady and the Liniment has given entire satisfaction.

Yours, etc.,  
A. E. HOLSTEAD,  
Druzzist.

### HE WHO FORGETS

The merchant said, in caustic tones: "James Henry Charles Augustus Jones, please get your pay and leave the store; I will not need you any more. Important chores you seem to shun; you're always leaving work undone; and when I ask the reason why, you have a sad and soulful sigh, and idly scratch your dome of thought, and feebly say: 'Oh, I forgot!' James Henry Charles Augustus Jones, this world's a poor report for drones, for their long suit is to forget. No man will ever write his name upon the shining wall of fame, or soar aloft on glowing wings because he can't remember things. I've noticed that such chaps as you remember when your pay is due; and when the noontime whistles throbs, your memory is on the job; and when a holiday's at hand your recollection isn't canned. The failures on life's busy way, the paupers, friendless, wan and gray, through out their bootless days, like you, forget the things they ought to do. So take your coat, and draw your bones, James Henry Charles Augustus Jones

### GIN PILLS FREE, SO YOU CAN TRY THEM

#### Before You Buy Them

We certainly make it easy for anyone, who needs Gin Pills, to find out how valuable they are.

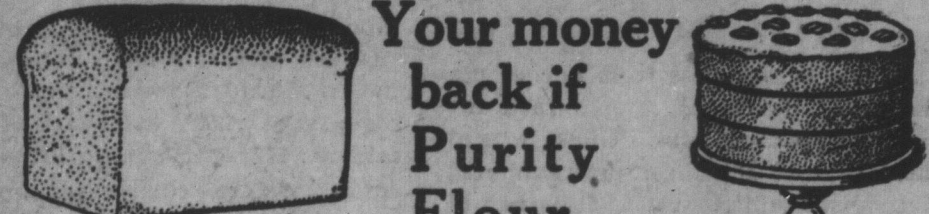
First of all, we will send absolutely free of charge, a sample of Gin Pills to every sufferer from Kidney or Bladder Trouble, Lamé Back or Rheumatism.

Then, after you have purchased the regular 50c. boxes, we guarantee to return your money if Gin Pills do not do all that we claim for them.

You risk nothing—you have everything to gain—by writing for a free sample of Gin Pills. You can try them and see for yourself just how much good they will do you. This is the way Mr. Dietrich cured himself of serious Kidney Trouble.

St. Agathe, Que., April 6th, 1909.  
"I received your sample box of Gin Pills and as I found them highly satisfactory, I am using Gin Pills regularly and can highly recommend them."  
I. P. DIETRICH.

Write the National Drug & Chem. Co., Limited Dept. N.S., Toronto, and a free sample will be sent you by return mail. Regular size boxes are sold by dealers at 50c. a box—6 for \$2.50.



Your money back if Purity Flour does not prove entirely satisfactory in the baking.

DON'T simply buy flour from the dollar and cent side of it. Buy high-quality flour. That means PURITY FLOUR. The first little extra cost is more than made up by the extra number of loaves of bread it makes—by the superiority of the bread and pastry in sweetness of flavor and nourishing qualities. Buying Purity Flour is a safe investment. You get large returns, not only on account of Purity's ability to produce more, but because Purity contains the greater nutriment and the vim of a strong hard wheat flour. Food made from Purity Flour gives the consumer health, snap and force, which cannot be gained from the use of the weaker soft wheat flour.

"MORE BREAD AND BETTER BREAD"

## PURITY FLOUR

You can buy as little as a 7 pound cotton bag or in 14, 24, 49, and 98 pound sacks. Also in barrels and half-barrels.



Purity may cost a little more than some flours but you'll find its more than worth the difference. To be genuine, must bear the Purity trade mark.

WESTERN CANADA FLOUR MILLS CO., LIMITED  
Mills at Winnipeg, Goderich, Brandon

## CLEARANCE SALE

FOR Less Than Can Be Bought at the Factory

Men's 1 Buckle Snow Excluders	1.00
" 2 " " "	2.00
" 4 " " "	2.50
" Heavy Felt Boots	2.10
" " " "	1.65
Woman's 2 Buckle Overshoes	1.75
" Felt Bals	1.10
" Flannel Lined Bals	1.55
<b>Lumberman's Rubbers</b>	
Men's 1 Buckle	1.50
" 1 " 5 inch	1.70
" 2 " "	1.95
" 2 " Rolled Edge	2.40
Boys' 1 " "	1.40
Children's Rubbers, 4 to 10	.45
Felt Slippers and Lumberman's Socks	

20 per cent off - CASH ONLY - 20 per cent off.  
E. S. PGGOTT, Street.

## Our Mid-winter Clothing and Furnishings Clearance Sale



Every winter, as is the general custom, we have a Clearance Sale; and this time we have a number of SPECIAL BARGAINS that are well worthy of your attention.

Our stock includes Men's and Boys' Ready-to-wear Suits:-

Men and Boy's Overcoats, Odd Pants, Shirts, Fleece-lined Underwear, Stanfield's All Wool Underwear, Sweaters, Cardigans, etc., etc.

All at very attractive prices and terms.  
DON'T FAIL TO CALL

## J. HARRY HICKS

Advertise in the Monitor

## Mail Contract.

SEALED TENDERS addressed to the Postmaster General, will be received at Ottawa until Noon on Friday, 18th March, 1910, for the conveyance of His Majesty's Mails, on a proposed Contract for four years, four times per week each way, between BRIDGETOWN and LAWRENCETOWN from the first April next.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Office of Bridgetown, Paradise, Lawrencetown and at the office of the Post Office Inspector at Halifax.  
POST OFFICE DEPARTMENT  
MAIL SERVICE BRANCH  
Ottawa, 29th January, 1910.  
G. C. ANDERSON,  
Superintendent.

New  
WHITEWEAR  
and other  
lines of  
SPRING GOODS  
arriving  
this week.  
Geo. S. Davies  
Union Bank Building

## Feeds And Flour

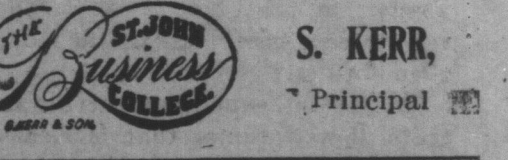
Will be higher, Millers are advancing their prices and I would not be able to sell low if I had not bought before the advance. ASK FOR PRICES Low prices also on other goods.

## Jos. I Foster

Granville Street

## Up-To-Date Specialties

Card Systems, Loose Leaf Systems, Manfolding Systems, Modern Methods of Analyzing Results Latest Office Systems, Latest Edition of Pitman's Short-hand, General up-to-dateness, Free Catalogue to any address.



MINARD'S LINIMENT CURES DIPHTHERIA.