

THE CHIEF CHARM OF LOVELY WOMAN

Soft, Clear, Smooth Skin Comes With The Use Of "FRUIT-A-TIVES".



NORAH WATSON
86 Drayton Ave., Toronto.

Nov. 10th, 1915.
A beautiful complexion is a handsome woman's chief glory and the envy of her less fortunate rivals. Yet a soft, clear skin—glowing with health—is only the natural result of pure blood.

"I was troubled for a considerable time with a very unpleasant, disfiguring rash, which covered my face and for which I used applications and remedies without relief. After using 'Fruit-a-tives' for one week, the rash is completely gone. I am deeply thankful for the relief and in the future, I will not be without 'Fruit-a-tives'."

NORAH WATSON.
50c. a box, 6 for \$2.50, trial size, 25c.
At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

MEDICAL.

JAMES NEWELL, PH. B.; M. D.
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Coroner County of Lambton,
Watford, Ont.

OFFICE—Main St., next door to Merchants Bank. Residence—Front street, one block east of Main street.

C. W. SAWERS, M. D.
WATFORD, ONT.

FORMERLY OF NAPIER) OFFICE—Main Street, formerly occupied by Dr. Kelly. Phone 23 A. Residence—Ontario Street, opposite Mr. A. McDonnell's. Night calls Phone 15 B.

W. G. SIDDALL, M. D.
WATFORD, ONTARIO

Formerly of Victoria Hospital, London.
OFFICE—Main street, in office formerly occupied by Dr. Brandon. Day and night calls phone

DENTAL.

GEORGE HICKS,

D. D. S., TRINITY UNIVERSITY, L. D. S.,
Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Forensic work. The best methods employed to preserve the natural teeth.
OFFICE—Opposite Taylor & Son's drug store MAIN ST., Watford.
At Queen's Hotel, Arkona, 1st and 3rd Thursday, of each month.

G. N. HOWDEN
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GRADUATE of the Royal College of Dental Surgeons, of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge Work. Office—Over Dr. Kelly's Surgery, MAIN ST.—WATFORD

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Ontario's Best Commercial School

Courses are thorough, the instructors are experienced, students get individual attention and graduates are placed in positions. During 3 months we turned down over 300 calls for trained help. This is the school for those who want the practical training and the good positions. COMMERCIAL, SHORTHAND and TELEGRAPHY departments. Get our free catalogue. It will interest you.

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METAL FILLINGS IN TEETH.

The Use of Different Materials Does Not Cause Electrolysis.

Among dentists there is a difference of opinion as to whether the filling of two cavities in one tooth with different metals—one with mercury amalgam, one with gold, for instance—will cause rapid decay of the tooth through electrolytic action between the two metals. The matter was submitted to the editor of the Electrical Review, who replies that if the amalgam is thoroughly mixed there is no danger of electrolysis, but that if the mercury be not properly incorporated in the mass chemical action is quite likely to follow. He says that he and a dentist experimented with voltaic piles made of gold and amalgam, with blotters wet with sodium chloride and later with acetic acid, and when the amalgam had been properly mixed they were unable to measure any electrolytic action.

When decay does follow in such cases, he says, it is due not to electrolytic but to chemical action. This causes disintegration of the filling, and, of course, as soon as this has begun the acids of the mouth and the juices of the food can penetrate to the unprotected surface of the cavity and start further decay. And this takes place irrespective of whether or not gold has been used near by.

IT'S AN ILL WIND.

When It Comes Out of the East It Bears an Evil Reputation.

No one has a good word for the east wind. In whatever part of the world it blows it is of ill repute, and this evil name began in old times.

At least one of the plagues of Egypt came on the wings of the east wind. "The Lord brought an east wind upon the land . . . and when it was morning the east wind brought the locusts." "Thou, Lord, breakest the ships off Tarshish with an east wind," cries the psalmist. "I will scatter them as with an east wind before the enemy" was the word concerning Judah that came to Jeremiah from the Lord. "Thus saith the Lord God of Jerusalem, according to Ezekiel: 'Shall it not utterly wither when the east wind toucheth it?' And the east wind dried up her fruit," says the same authority, speaking again of Jerusalem.

Thus the stigma has come down the centuries. "Wind of the clinging mists and gray, harsh rains," a modern poet calls it.

Good old Isaac Walton knew its malefic influence when he wished, for the honest angler, that the east wind might never blow when he went fishing.

Animal Sentinels.

Man is not alone in using sentries to guard him from danger. Birds and animals have been doing this for countless ages. Every gunner who knows anything about hunting geese is familiar with the fact that if he is to be successful he must always evade the wild goose picket.

Most birds that congregate in flocks, particularly in winter, always put a picket on guard. The golden plover is an example of this. The British starlings conduct their movements on military lines.

The beaver always posts a picket on guard, and that probably accounts for the reason that so few are ever seen, although their work is much in evidence. Sentries of the wild are often killed "doing their bit."

Evidence Required.

The editor of the local paper believed that he was doing a kindly act by suppressing from the list of "drunk and disorderly" on market day the name of a country subscriber that by rights belonged there. The subscriber, however, did not regard the omission as a favor.

"I suppressed your name for your wife's sake," the editor politely explained.

"Well, that's the awkward part of it," the farmer said, "for, not seeing my name among the rest, she won't believe I came to town at all."

Her Self Sacrifice.

"She's awfully self sacrificing," "How do you make that out?" "Well, she stayed at home from church Sunday to sit up with a sick woman."

"Huh! She isn't a regular church-goer. I don't see anything self sacrificing in that."

"You don't? But, my dear, she had a new gown and a new hat that had just arrived Saturday night."—Cleveland Plain Dealer.

Externally or Internally, It is Good.—When applied externally by brisk rubbing, Dr. Thomas' Electric Oil opens the pores and penetrates the tissues as few liniments do, touching the seat of the trouble and immediately affording relief. Administered internally, it will still the irritation in the throat which induces coughing and will cure affections of the bronchial tubes and respiratory organs. Try it and be convinced.

MAKE PERFECT BREAD

ROYAL YEAST CAKES
MADE IN CANADA
W. GILLET COMPANY LIMITED

East and West.

A trifle of a trinket for his women folk is the only saving as an insurance for the poor against famine and starvation for a rainless day, a native writes in the Times of India. Kipling was right. East is east and west is west.—London Punch.

Its Chief Merit.

Clara—I don't see why you liked that group picture of our society. It wasn't particularly good of you. Isabelle—I know it, but it was so perfectly horrid of that conceited Miss Gushing.

Easily Mended.

"I thought you broke your engagement?" "I did, but I've had it—er—reset,"—Browning's Magazine.

Usual Thing.

She—The moon is under a cloud. He (bitterly)—Everybody is who gets down to the last quarter.—Baltimore American.

Miller's Worm Powders can do no injury to the most delicate child. Any child, or infant in the state of adolescence who is infested with worms can take this preparation without a qualm of the stomach, and will find in it a sure relief and a full protection from these destructive pests, which are responsible for much sickness and great suffering to legions of little ones.

EDISON IS AN INVENTOR.

And That, He Claims, Is Very Different From a Discoverer.

Thomas A. Edison has always liked the term "discoverer" as applied to himself. "Discovery is not invention," he once remarked to an intimate associate. "A discovery is more or less in the nature of an accident. A man walks along the road intending to catch a train. On the way his foot kicks against something and, looking down to see what he has hit, he sees a gold bracelet imbedded in the dust. He has discovered that, certainly not invented it. He did not set out to find a bracelet, yet the value of it is just as great to him at the moment as if, after long years of study, he had invented a machine for making a gold bracelet out of common red metal.

"Goodyear discovered the way to make hard rubber. He was at work experimenting with india rubber, and quite by chance he hit upon a process which hardened it—the last result in the world that he wished or expected to attain. In a discovery there must be an element of the accidental, and an important one, too, while an invention is purely deductive.

"In my own case but few, and those the least important, of my inventions owed anything to accident. Most of them have been hammered out after long and patient labor and are the results of countless experiments, all directed toward attaining some well defined object.

"All mechanical improvements may safely be said to be inventions and not discoveries. The sewing machine was an invention. So were the steam engine and the typewriter."

THAT NIGHT COUGH

Could anything be more trying or more exhausting? Peps will end it! The Pine vapor breathed down the air passages when a Peps is dissolved in the mouth relieves their irritation, soothes the inflamed place and stops the cough. Mr. John Dousset of Little Current, Ont., says: "I was troubled with an irritating cough that kept me awake at nights. Nothing I took gave me relief until I used Peps. This wonderful breathe-able remedy, however, has entirely rid me of the cough."

For asthma, bronchitis, laryngitis, sore throat and colds use Peps. All dealers. 50c. box.

PEPS

HAITI CLEANS HOUSE.

Changes That Were Brought About by the American Occupation.

Five years ago in Haiti there was on the whole island not more than one mile of macadamized roadway, and the new streets, taking the place of combination trails and sewers, are the most noticeable changes brought about by the American occupation.

But more remarkable than the streets is the astonishing sight of squads of Haitians actually cleaning the streets. Under the old regime the chief occupations of the male citizens of Haiti were cockfighting and politics.

The refuse and smells have departed, and, better still, most of the children have disappeared from the streets. They are actually at school, where by Haitian law they are supposed to be, but where by Haitian lawlessness only about 10 per cent of them ever used to be.

About 4 o'clock every week day you will see this newly mobilized infantry coming home in squads clean and, unfortunately for the picturesque value of Haitian highways and byways, now thoroughly provided with clothes.

Humor Found Everywhere.

Among those pre-eminently gifted with humor were Abraham Lincoln, Disraeli, Goethe and Heine, the late Lord Salisbury, Arthur Balfour, Dickens, Thackeray, Fielding, Shakespeare, Queen Elizabeth, Henry VIII., Charles II., Dr. Johnson, Charles Lamb, Emerson and Byron. The only persons who lack it altogether are madmen. Criminals as a whole are never without it. There is the case of one murderer at the bar in London who on being asked if there were any reason why sentence of death should not be passed upon him replied, "No; I am disgusted with the whole proceedings." Another in a similar situation on being asked whether he had a last request to make said, "Well, I should like to learn to play the piano."—Sir Herbert Beerbohm Tree.

Pleasures of Irritability.

Learn how to be irritable. When any one says anything to you always imagine he is trying to insult you. Few appreciate the innocent enjoyment to be had in snapping and snarling at those we meet through the day. Have things get on your nerves. If things get on your nerves you will find it an easy matter to be sour and surly. After awhile you will find that most anything gets on your nerves, especially people who are happy and cheerful. The idiots! Some people are born irritable, others acquire it, and they all should have curses cursed upon them.

Torpedoes From a Submarine.

The torpedo from a submarine can be fired either while the submarine is on the surface or completely submerged. Usually a submarine comes within ten feet of the surface, with only the periscope showing, and discharges its torpedo. If there is danger of the submarine being fired upon by the ship the submarine gets the proper position of the ship, submerges itself completely and then fires.

Many a man thinks himself a genius because he lives by his wits.

Many lives would be a great deal sweeter if they were not quite so sugary.

Praises this Asthma Remedy. A grateful user of Dr. J. D. Kellogg's Asthma Remedy finds it the only remedy that will give relief, though for thirteen years he had sought other help. Years of needless suffering may be prevented by using this wonderful remedy at the first warning of trouble. Its use is simple, its cost is slight and it can be purchased almost anywhere.

MEN WHO ENLISTED IN

149 BATT. AT WATFORD

- Lieut. W. H. Smyth, Headquarters
Ottawa.
Lieut. R. D. Swift, Scout Officer.
Sergt. W. D. Lamb
Sergt. M. W. Davies
Sergt. S. H. Hawkins
Sergt. E. A. Dadds
Sergt. W. C. McKinnon
Sergt. Geo. Gibbs
Sergt. H. Murphy
Sergt. C. F. Roche
Corp. W. M. Bruce
Corp. J. C. Anderson
Corp. J. Menzies
Corp. S. E. Dadds
Corp. H. Cooper
Corp. C. Skillen
Corp. C. E. Sisson
L. Corp. A. I. Small
B. Q. S.—B. C. Culley
C. Q. S.—C. McCormick
Pte. A. Banks
Pte. F. Collins
Pte. A. Dempsey
Pte. J. R. Garrett
Pte. H. Jamieson
Pte. G. Lawrence
Pte. R. J. Lawrence
Pte. C. F. Lang
Pte. W. C. Pearce
Pte. T. E. Stilwell
Pte. A. H. Lewis, Band
Pte. G. A. Parker
Pte. A. W. Stilwell
Pte. W. J. Saunders
Pte. A. Armond

NEW STRENGTH FOR LAME BACK.

Letter Tells of Long-looked-for Prescription.

Dear Mr. Editor—I suffered from lame back and a constant tired, worn-out feeling. At times I was unable to stand erect and scarcely able to get around. It would usually come on at first with crick in small of my back. I took one box of Dr. Pierce's Anuric Tablets and my back commenced to get better soon after starting to take them. I did not have to walk doubled over as I did before using the "Anuric." It is the best remedy I have ever taken for what it is intended to relieve.

I hope those who are in need of such a remedy will give the "Anuric Tablets" a trial.

(Signed) A. G. DRAKE.

NOTE: Up to this time, "Anuric" has not been on sale to the public, but by the persuasion of many patients and the increased demand for this wonderful healing tablet, Doctor Pierce has finally decided to put it into the drug stores of this country within immediate reach of all sufferers.

Simply ask for Doctor Pierce's Anuric Tablets. There can be no imitation. Every package of "Anuric" is sure to be Doctor Pierce's. You will find the signature on the package just as you do on Dr. Pierce's Favorite Prescription, the ever-famous friend to ailing women, and Dr. Pierce's Golden Medical Discovery, proven by years to be the greatest general tonic. Send 10 cents to Dr. V. M. Pierce, Buffalo, N. Y., for large trial package.

At any rate don't give up hope of being cured of your malady until just a few doses of "Anuric" have proven that it will make you feel like a different person.

EDITOR—Please insert this letter in some conspicuous place in your paper.

You can always find a choice assortment of

CANDIES NUTS

HOME-MADE TAFFIES

NEILSON'S CHOCOLATES

(IN BULK OR BOXES)

and one of the best assortments of other candies to be found in Watford at—

LOVELL'S

Give our Bread a trial.

Fresh Cakes made every day.

CHANTRY FARM

SHORTHORN CATTLE and LINCOLN SHEEP

WANTED—Homes for one hundred good strong Lincoln lambs till next September. For sale, hire or on shares on easy terms, the most popular and highest priced of all British bred sheep, will improve any breed and increase your wool and mutton production.

ED. de GEX Kerwood

FARM FOR SALE

100 ACRES, being west half of lot 4, con. 13, township of Brooke, On the premises are frame house and stable, good supply of water. Place all seeded down. For particulars apply to

ARCHIE A. FISHER, R. K. 7, Alvinston.

FARM FOR SALE

100 ACRES, East Half of Lot 25, on the 4th Concession of Warwick. On the premises are a comfortable brick house, two barns on concrete foundation, stable fitted with steel stalls and stanchions. Convenient to church and school. For particulars apply to

THOS. A. GAULT, R. R. No. 4, Watford

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Pte. R. Clark, Bugler
Pte. S. L. McClung
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Pte. W. Palmer
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Pte. F. Thomas
Pte. B. Trenouth
Pte. E. A. Shanessy
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Pte. W. J. Sayers
Pte. Lot Nicholls
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Git Pills sell for 50c at all good dealers. 40 National Drug & Limited, Toronto, 40 McDev Co., Inc., 20

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