

**JOHNSON'S LINIMENT**

The old reliable household remedy. Give inwardly for Coughs, Colds, Croup, Hoarseness and Bowel Complaint. Sold by all Dealers.

25c and 50c Bottles

**L. S. JOHNSON & CO., Boston, Mass.**

Persons who regulate the bowels and keep the liver active.

## CURIOSITY Prompted Many Women To Try PURITY FLOUR

THEY were curious to see exactly what results would be produced by flour consisting entirely of the high-grade portions of the best Western hard wheat.

They were curious to know more about a flour that contained none of the low-grade portions, which are found in every wheat berry, but which are separated and excluded from the high-grade in the process of milling PURITY FLOUR.



THEY were curious to know whether an ALL-HIGH-GRADE hard wheat flour was really superior to a mixed hard and soft wheat flour.

They were curious to see and taste the kind of bread, buns, biscuits, cakes and pies PURITY FLOUR would make.

Curiosity prompts you to seek the knowledge they discovered. It's urging you to try PURITY FLOUR.

REMINDER: On account of the extra strength and extra quality of PURITY FLOUR it is necessary, for best pastry-results, to add more shortening than you are accustomed to use with an ordinary flour. Add more water when making bread.

Add PURITY FLOUR to your grocery list right now

# PURITY FLOUR

"More bread and better bread"

## REWARD.

WHEREAS five years ago the word Zam-Buk was unknown in Canada, and Zam-Buk is to-day admitted to be the finest cure for skin injuries and diseases;

AND WHEREAS it has been represented to us that there are still some good Canadians, and even some mothers and heads of families who have not yet tried this great balm, we hereby offer a REWARD of one free trial box of Zam-Buk to every person who has not yet tried this wonderful balm;

PROVIDED they send by mail to us this proclamation together with one-cent stamp to pay return postage of such box;

AND FURTHER PROVIDED that they address such application to our offices at Toronto.

Given under our hand this day.

# ZAM-BUK.

THE ADVOCATE \$1.00 PER YEAR  
SUBSCRIBE TO-DAY

### SPORTING COLUMN.

#### ENGLISHMEN AND OLYMPIC GAMES.

To win the Olympic games seemed to be the ruling passion of a large number of Englishmen, just now. The wave of patriotism is sweeping in England. The cry for Olympic material has reached national proportions.

Englishmen have always been wonderful distance runners. They have been great at the sprint and in some of the field events.

The effect now being made in England of the Olympic games is to find men capable of holding the Olympic torch in the field and in the sprint in the hope that the distance runners



"Bring home the bacon." Two of the best sprinters in England are Harry Green, a marathon runner of ability and W. Scott, England's 10-mile champion.

#### LACROSSE ON SKATES.

A new game is being introduced in England this winter, lacrosse on skates. It has been tried and accepted by the sportsmen in Eastern Ontario, and will be given a trial. It is played by seven-men teams, who line up as they would on a lacrosse team. A soft ball is used and players are not allowed to raise their sticks above the shoulders. An offender's stick is sent to the penalty box. This rule makes underhand passing and shooting imperative.

The Rough Riders are instituting the game in Regina, and are ready to meet any team in town that would like to take a whirl at it. They organized at a meeting held in the Palmer House, when the following officers were elected:

Honorary president, A. W. Melver; president, Geo. Harger; vice-president, C. N. Galvin; secretary, Chas. Wood; treasurer, A. A. Fisher; manager, Wm. Egan.

The following players will be in the line-up: L. Arnold, A. Urquhart, P. Harger, H. Bell, W. Egan, J. Staples, Barlow, B. Hopp and James MacLaughlin.

#### VARIETY OF HOLES IN GOLF.

The up-to-date golf architects generally agree nowadays that in the arrangement of courses that mean something there should be a complete variety of holes not only as to length, but in the character, the way in which they are bunkered, the kind of tee shot that is required at them, and, not least, the kind of approach, in every case the putting greens should be thoroughly well guarded.

It has also been claimed that the shorter the hole the smaller should be the green and the more closely it should be guarded, so that the principle when in good play a long shot can reach the green which should be fairly large and open in order to give the player encouragement to which he is entitled.

In this subject, however, there must ever be difference of opinion. There are those who argue that it is wrong to say that a fairly long course is a sufficient test to select the best golfer out of a field of any fifty or one hundred competitors. In other words, no course can be a thorough test of the skill and nerve of the player which has not so closely guarded greens that on occasions there is but one, and that a most skillful shot, by which the long approach can get home.

#### FOOTBALL.

How sports, once only followed in the British Empire, have become popular all over the world, is again illustrated by Association football. Its growth has been rapid and its popularity is by no means confined to the white race. Some of the native teams in the ramparts of Empire are capable of showing really good football, all of which is satisfactory. How other nations have taken to "soccer," rather come home to one through Fulham having tried Hussar Hegazi as centre forward on Saturday, against Stockport. He is an Egyptian, who showed capital form against English teams at Cairo before coming to England a few months ago. His play in England was closely watched, and he shaped very well for a first appearance in an important game.

The Little Chap — We're getting up a tug-of-war between the married and single men. You're married, aren't you?

The American — No, I've just been single. That's why I look that way.

### ALL-REPUBLICAN ELECTION IN U.S.A.

"Oscar Underwood, Born President Possibility, Write Down What He For and Against."

(Publishers Press News Service) Washington. — Oscar W. Underwood the Dem. leader in the house, met a fierce rival in the house, a strongly republican with a fighting spirit of the most robust kind. Underwood's place were or less to be a presidential possibility than a generally known, in order to give him a chance to be understood by the public a list of questions were submitted to him. Herewith follow the chief question and the answer which Mr. Underwood wrote to them:

Q.—Do you believe in the Initiative Referendum and Recall, including the recall of judges?

A.—I am utterly opposed to the initiative and referendum — utterly and unalterably opposed. I believe that is it subversive of the very form of our government. It is the negation of representative government. It is wholly reactionary if not progressive. I believe, however, that the Initiative Referendum and Recall should not be placed in the national platform, but that as a local matter it should be

worked out in each state, and not be made a party issue. I am absolutely against the recall, even in its worst form — the recall of judges — to be so dangerous as the initiative and referendum. The recall of an officer merely affects the tenure of an office. I believe that at reasonable intervals the people should have an opportunity to re-elect their officers, and short terms of office could accomplish much more than the recall.

#### CARRY POCKET TELEPHONE AND TALK ANYWHERE.

Berlin. — They are introducing vest pocket telephones in some of the cities of Germany. Connections are placed on walls all over town and if you happen to walk along the street



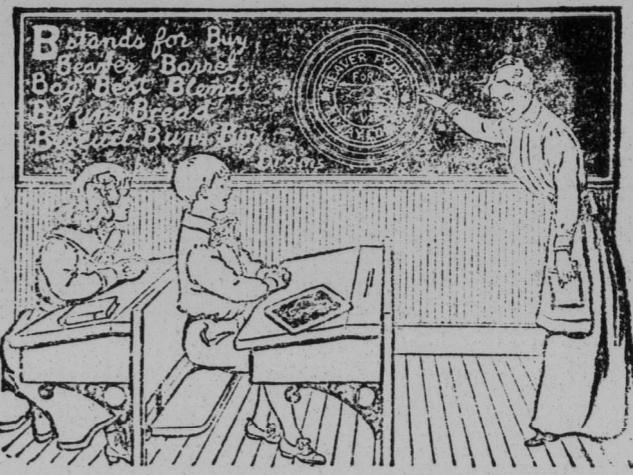
#### AMERICAN PACKERS LOSE BRITISH CONTRACTS.

Decision Will Hit Meat Barons Hard and Argentine W.J. Benefit.

London. — The British government has decided to exclude the American meat packers against whom prosecutions have been instituted in the United States from tendering for contracts for the supply of meat to the British army and navy, pending settlement of suits. The decision of the government is due to the opposition of labor and advanced radical members of parliament to the American trusts.

The contracts given out by the war office which had hitherto been secured by American firms are now expected to go to Argentine meat packers.

It was explained by officials of the war office that the government's action was in accordance with its regular policy. In case any company with which the government dealt became in serious litigation, the government immediately refrained from giving it contracts. British firms received the same treatment under the same circumstances.



### This First Lesson in Economy

is not alone for children. Older heads take it to heart, and profit by it.

Thousands of housewives have proved the economy of using "Beaver" Flour for all baking.

DEALERS—Write us for prices on Feed, Coarse Grain and Cereals.

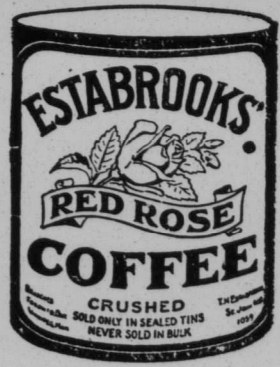
THE T. H. TAYLOR CO. LIMITED, - CHATEAU, Ont.

Did you ever hear any one say they could not get good coffee except in the States?

I have heard it, scores of times, and it's one of the reasons that made me decide to go into the Coffee business.

Of the Americans who visit us in summer, hundreds take home a supply of Red Rose Tea because they have never used such good tea before. I determined to put up a coffee that would make for itself just as good a reputation. It has not been easy, but I am sure I have succeeded.

Estabrooks' Red Rose Coffee, put up in sealed tins is—well, it's good coffee. You and your American friends will say so.



A good combination is Estabrooks' Coffee for breakfast and Red Rose Tea for other meals.

# Estabrooks' RED ROSE Coffee

ORDER A TIN IN TIME FOR BREAKFAST.



The Airtight Package Keeps Tea Good.



Finest Quality.

THE ADVOCATE 1.00 A YEAR