

Personal Paragraphs

Mr. Geo. Nowlan was home from Halifax this week.

Mrs. A. L. Gue made a short trip to Halifax this week.

Dr. W. H. Eagar has gone to New York on a business trip.

Mr. H. P. Davidson left this morning for Boston expecting to be gone a week.

Mrs. McKimmon, of Charlottetown, P. E. I. is visiting her daughter, Mrs. A. D. Borden.

Mrs. Frank Hennigar, of Kentville, spent the week-end with Mrs. Cyrus Duncanson.

Dr. J. G. Allen, accompanied by his son Balfour, left on Monday for Boston for a short trip.

Miss Margaret Troyte-Bullock has arrived safely in England where she will remain till spring.

Dr. A. J. McKenna was in Halifax this week attending the funeral of the late Dr. Frank Woodbury.

Mrs. R. R. Duffy, of Hillsboro N. B. is visiting at the home of her parents, Mr. and Mrs. C. M. Vaughan.

Dr. S. W. Phinney, of Lawrencetown, Annapolis county was a visitor this week at the home of Mr. and Mrs. B. O. Davidson.

Mrs. Julia Ruffee returned on Tuesday afternoon from Halifax where she has been spending some weeks with her daughter, Mrs. McMahon.

Mr. Claude Shaw returned yesterday afternoon from Calgary and intends remaining in Wolfville with his mother, Mrs. D. B. Shaw. It is five years since Mr. Shaw last visited Wolfville, and he expressed himself as much pleased with the progress made by his native town during that time.

THE CANADIAN INDIAN

Do you know how many Indians there are in Canada?

The population, according to the latest census, is 105,998. The number shows a steady, if slight, increase. They are found in every province, representing hundreds of tribes and branches, on 1625 reserves, and are the wards of the nation—"human nature bound in red." 12,196 Indian children attend the 339 reserve schools.

The Canadian Indian made a splendid record during the war, more than 4,000 enlisting out of 15,000 of military age, and that under voluntary system, and many wonderful records of heroism are to their credit. Indian cash gifts to war funds totaled nearly \$50,000.

The Canadian Indians on the reserves do a lot of farming, cultivating 221,800 acres of land last year, which produced two million bushels of grain and roots, valued at three and a half million.

They have a trust fund with the Government amounting to \$11,458,660. Their lands are estimated to be worth \$52,000,000 and their buildings \$5,100,000. The value per capita of their real and personal property amounts to \$682.

Canada's method of caring for the Indians—who are the original Canadians—has merited praise from other countries, and is regarded as superior to that of the United States.

INTEREST IN FOREST TREE PLANTING

Items are constantly going the rounds of the Canadian press setting forth various plans for replanting the forests of this continent. Some have found a solution in letting the squirrels and bluejays reforest cut-over tracts by their habit of secreting nuts and tree seeds in the ground, where, later on, if the animals or birds have forgotten about them, they will begin to grow. A more ambitious scheme is the enrolment of twenty thousand boys in a society the members of which are pledged to plant so many trees per year. It is naively asserted that a boy can plant and care for five acres of trees without interfering either with his school work, or his doing the "chores". While these schemes show a considerable lack of knowledge, both of trees and boys, not to speak of squirrels, they are nevertheless important in that they show that the public is waking up to the need of doing something to reforest denuded acres, where the soil is not fit for agriculture, but is suited to growing trees. The greatest power in securing reforestation is public opinion, and from the amount of discussion now going on it is evident that that power is being enlisted in this work.

The Dominion Parliament will be summoned to meet Wednesday March 8.

Wolfville Board of Trade

The postponed Annual meeting of the Wolfville Board of Trade will be held at the Town Hall on Tuesday, Feb. 21st at 8 p. m. This will be the meeting for the election of officers and the mapping out of activities for the coming year. The meeting will be an important one, and it is hoped that every member will make it convenient to be present.

By order
H. P. D. VISION,
Secy.

CLINIC ITEMS

Pre-natal and Infant Welfare Clinic, Friday, Feb. 10, at Clinic Rooms, Kentville commencing 2 p. m.

Dental Clinic, Kentville Academy, Friday, Feb. 17.

"Our teeth are like flour mills. They grind the food into small particles ready to pass on to the stomach. If our teeth are not strong and healthy, our food will not be ground up properly and our stomach will always be overworked and tired." (From Metropolitan Life, "A peep into the future.")

THE EYE POLICEMAN. (concluded.)
On his way home, perhaps the Policeman will look in at the movies, and it he finds the same children there more than once a week, he'll have something to write in his note book about them. Pictures make your eyes cry, if you go too often, and when your eyes cry it means that you're working them too hard, unless of course you've been playing with the pepper pot.

Even if you go away on a journey the Eye Policeman goes with you. In fact most children keep him very busy on journeys, for they love to lean out of windows where they are in danger of getting soot and bits of coal in their eyes. That makes the Policeman frown and look for his pencil, for he knows that eyes are sometimes badly hurt that way.

You see what a busy person the Eye Policeman is. He goes about everywhere writing down these things in his note book, and then some day he has a grand reckoning-up, and if you're one of the careless ones he may send you a pair of spectacles, so be careful to keep your name out of the Eye Policeman's note book.
(Dept. of Health, League of the Red Cross Societies.)

WALK AND LIVE LONG

Some put walking on the shelf with many others of the "lost arts". No one ever walks now excepting the Boy Scouts.

Dr. R. E. Castelow believes the body should never be tired after exercise. He says never walk to the point of exhaustion and never walk more than two miles at one time. The man who goes for a long mile walk for fun is not only a fool, but a man who is liable to get into a bad sort of laminitis, but really is one.

Surely the busiest business man has time to walk two miles each day! It would only take thirty minutes, and then he might never require a family physician. Even a walk once a week helps a great deal. Try it next Saturday.

Put on an old sweater and walk briskly, but not hurriedly, Dr. Castelow says. Stand erect and breathe through the nose. Air taken into the body through the mouth goes direct to the lungs while cold. Air taken in through the nose-passages is warmed by the time it reaches the lungs. Make the breaths long and deep.

Oxygen is a deadly poison to some things—chief among which are the tuberculosis and meningitis germs. Breathe deeply and kill them. Walking exercises every muscle in the body, except, possibly the muscles of the face. And if a man looks around at the beauties of Nature while he is walking, he will exercise those. Walk and you'll never have a cold, lung trouble, or tuberculosis.

"The people who walk the most live the longest."

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SPECIAL FEATURES AT THE THEATRE

Next Monday and Tuesday Dug Fairbanks will appear in his latest and best picture, "The Nut", in which Dug appears as an eccentric resident of Greenwich Village, New York. Many are the gags pulled and new stunts added to the long list of this famous star.

Wednesday and Thursday patrons will be afforded a long looked for production in "The Sky Pilot", taken from that famous book written by Ralph Connor, whose real name is Rev Charles W. Gordon and whose steady occupation is not writing books but preaching the gospel in Winnipeg. Few authors can claim as interesting a film version of their work as can the Rev. Mr. Gordon. In the Sky Pilot you will see a cattle stampede outrilling all thrills and its just one of the breath-catching heart-hitting moments that sweep through Ralph Connor's great drama of Romance and Reality in the Canadian Rockies.

Friday and Saturday we shall present Mae Murray in the Paramount Lasky Production, "The Gilded Lily", a romance of New York and its gay night life and a girl whose dash and folly hid a heart of gold. By night she was a glittering salamander. She lived on the lights of Broadway laughing and playing with fire—and escaped. By day a simple-hearted wholesome girl as sweet as any that raised their brows at her name and as good always. Really folks we guarantee a host of joy and pleasure if you will spend the time and the cost is small.

Winter is wearing away. February will soon be over and we will be looking for spring.

Blue Bird Tea
"Brings Happiness!"

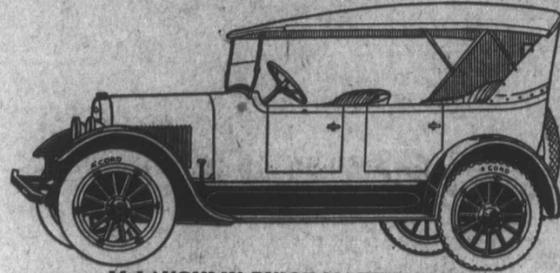
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WOLFVILLE OPERA HOUSE

ANOTHER BIG WEEK AT YOUR FAMILY THEATRE

<p>MONDAY & TUESDAY, February 13 - 14.</p> <p>Your Favorite athlete Dug. Fairbanks in "The Nut" Crammed full of new gags and stunts. "Some Nut" Don't Miss this one. also Weekly News Reels Show at 7.30. Prices 20-35c.</p>	<p>WED. and THURS., February 15 - 16.</p> <p>Ralph Connor whose real name is Rev. Charles W. Gordon Presents the "Sky Pilot" notable for its remarkable array of thrills and heart interest as pictured in his famous book: Romance and Reality in the Canadian Rockies. also Polo in "The Woman in Black" Show 7.30. Prices 20 - 35c.</p>	<p>FRIDAY & SATURDAY, February 17 - 18.</p> <p>Paramount Lasky Presents Mae Murray directed by her husband ROBERT LEONARD in "The Gilded Lily" See Miss Murray display her dancing skill, in Neutral Color Photography. A Splendid Photoplay. also LARRY SEMON in "The Stage Hand" Show at 7.30. Prices 20 - 30c.</p>
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FEBRUARY OFFERINGS

A LOT OF Men's Suits for \$17.50

THESE WERE FORMERLY \$30.00

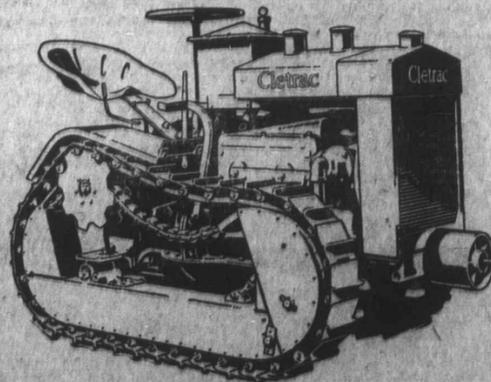
Men's Woolen Mitts 35c.

Men's Black and Brown Grain Blucher \$4.45

Men's Tweed Caps 75c

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